

Recreation Program Guidelines

Pre-Initiation (aged 4), Initiation (ages 5-6), Novice (ages 7-8)

Pre-Initiation – will have 1 hour of ice weekly (on a Sunday or a Monday)

Initiation – will have 1 hour practice ice on either a Monday or Tuesday and game day will be on Saturdays for 1.15 hours (Initiation kids don't play games until after December so will practice 2x per week to begin with)

Novice – will have 1 hour of practice ice on either a Tuesday, Wednesday or Thursday and game day will be on Sunday mornings for approximately 1.5 hours between Armstrong Arena and Vernon (Novice kids don't play games until December, so will practice 2x per week to begin with).

Atom (aged 9-10), Peewee (aged 11-12), Bantam (aged 13-14) and Midget (aged 15-17) Recreation

Practices will be assigned on a fair and equitable basis once ice/teams are identified.

Atom – 1 practice on Monday or Tuesday with Superleague games on Friday, Saturday **or** Sunday

Peewee – 1 practice on Monday or Tuesday with Superleague games on Friday, Saturday **or** Sunday

Bantam – 1 practice on Monday or Tuesday with Superleague games on Friday, Saturday **or** Sunday.

Midget – 1 intersquad game on Mondays and/or practice on Tuesday with Superleague games on Friday, Saturday **or** Sunday

There will be a minimum of 12 and a maximum of 19 players per team. The target is 14 skaters and 2 goalies per team. At the discretion of the Director of Hockey Operations, this clause may be waived to prevent the cutting or turning away of any players from minor hockey.

Practices:

Full-ice, with two teams on the ice at a time. At the discretion of the coaches, and in accordance with GVMHA policy the practice time shall allow for full ice skill drills, and half ice team drills.

Games:

Atom through Midget will participate in the Okanagan North Super League which consists of recreation teams from Armstrong/Enderby, Lumby, Winfield, Salmon Arm, Sicamous, Chase and Revelstoke. The league consists of 8 home games and 8 away games.

Tournaments:

Maximum three out of town and one home tournament per year with the knowledge and consent of GVMHA and OMAHA. There must be unanimous parent consent on the tournaments the team is attending.