

## **Recreation Program Guidelines – subject to change**

Season runs from September 2018 through March 2019

*For the 2018-19 Season, the recreation hockey program will begin the week of Sept 24<sup>th</sup> – players will be sent a schedule in September to attend assessments. Following this stage, the Head Coaches will go to a draft with the Division Manager and a Board Member/DOH to select even teams. Please see below your division information:*

### **Pre-Initiation (aged 4), Initiation (ages 5-6), Novice (ages 7-8)**

**Pre-Initiation** – will have 1 hour of ice weekly (planned for Sundays at OTR)

**Initiation** – will have 1 hour practice ice on Mondays or Tuesdays (4-5pm) and game day will be on Saturday mornings (won't play actual games until December)

**Novice** – will have 1 hour of practice ice on either a Tuesday, Wednesday or Thursday (between 4-6pm) and game day will be on Sundays between Armstrong Arena and Vernon (won't play actual games until December)

### **Atom (aged 9-10), Peewee (aged 11-12), Bantam (aged 13-14) and Midget (aged 15-17) Recreation**

Full and half ice practices will be assigned on a fair and equitable basis once ice is identified.

**Atom** – 1 practice on Monday or Tuesday with Superleague games on Friday, Saturday **or** Sunday

**Peewee** – 1 practice on Monday or Wednesday with Superleague games on Friday, Saturday **or** Sunday.

**Bantam** – 1 practice on Monday with Superleague games on Friday, Saturday **or** Sunday.

**Midget** – 1 practice on Monday or Tuesday with Superleague games on Friday, Saturday **or** Sunday.

There will be a minimum of 12 and a maximum of 19 players per team. The target is 14 skaters and 2 goalies per team. At the discretion of the Director of Hockey Operations, this clause may be waived to prevent the release or turning away of any players from minor hockey.

#### **Practices:**

Full-ice (as schedules allow) or two teams on the ice at a time. At the discretion of the coaches, and in accordance with GVMHA policy the practice time shall allow for full ice skill drills, and half ice team drills.

#### **Games:**

Atom through Midget will participate in the Okanagan North Super League which consists of recreation teams from Armstrong/Enderby, Lumby, Winfield, Salmon Arm, Sicamous, Chase and Revelstoke. The league consists of 8 home games and 8 away games.

#### **Tournaments:**

Maximum three out of town and one home tournament per year with the knowledge and consent of GVMHA and OMAHA. There must be unanimous parent consent on the tournaments the team is attending.