



## Windermere Valley Minor Hockey Association

P.O. Box 2848, Invermere, B.C. V0A 1K0

to all registered members of the WVMHA

Skills are a vital component to any hockey players progression but not a focus component of many practice times. The win/loss column also has tremendous focus put on it. Would it not be great to see your child's skills at the start, mid-point and end of the season to celebrate those accomplishments we well as team successes?

This season, open to all registered players and goalies in the WVMHA we will conduct skills standards and evaluation. This is not to show how much more skilled a certain player is, but more focused around a players improvement through the season.

Players will be tested using a Hockey Canada standard set of skills at the start, mid-point and finish of the season so they can see how their skills have improved.

Included in the skills will be-

- passing accuracy
- weave skating (timed both with and without a puck)
- shooting accuracy
- stationary stick handling
- forward/backward transition (timed both with and without a puck)
- a straight 100ft timed skate both forwards and backwards.

Times and scores will be recorded and used as comparison thru the season.

The overall results of the skills testing and/or ranking will not be shared, but you can receive a copy of your child's results via email.

The WVMHA has agreed to cover the cost of the ice for these sessions, so it will be run at no charge; the only request is that you pre-register so we know how much time to allot. The first skills session will be held on Saturday September 29th from 9-12.

Based on participation, groups will be split by age group and times will be assigned (your child will not be on the ice for 3 hours)

This is a minor hockey event, so only registered players will be permitted to participate and full equipment must be worn.

To register please do so by Sunday September 23rd at the link below

<https://goo.gl/forms/qRtof3rLAxeDQJB53>

Any questions, please feel free to contact Craig Wilcock at

[equipment@windermerevalleyminorhockey.com](mailto:equipment@windermerevalleyminorhockey.com)