

Info For Cadet Families Regarding Measles

You are receiving this info because you (or your child) will be participating at one of the Summer Training Centres this year. Due to recent increases in confirmed cases of measles within various regions across Canada, the Canadian Armed Forces and the Cadets Organization would like to ensure Cadets and Legal Guardians are aware of the risks associated with this infection and to afford you the opportunity to ensure you have maximum protection from contracting this disease.

Diseases that are prevented by vaccines, such as measles, may be introduced into Cadet Camps by Cadets (or Cadet Instructors) attending such Camps which can then be transmitted to other Cadets (or Cadet Instructors).

It is highly recommended, that all Cadets (or Cadet Instructors) coming to Camp have had all the immunizations that are recommended for the age of the Cadet (or Cadet Instructor) by the Provincial/Territorial Public Health Authority. Such immunization may well have been necessary to attend school in your province.

Recently, there have been cases of measles in several provinces, and this makes being up-to-date for measles vaccine important for the Cadet (or Cadet Instructor) as well as all others participating in, or working at, the Camp. Note that measles (and measles vaccination) is not the only concern. Other diseases prevented by vaccination may also present a problem at Cadet Camps, e.g. meningococcal disease, whooping cough, and vaccination for these should also be up-to-date.

Should you have any questions please discuss with you doctor or RMLO. The following professional, evidence-based references may be useful:

- <https://www.canada.ca/en/public-health/services/diseases/measles.html>
- <https://www.cdc.gov/measles/about/parents-top4.pdf> (english only)
- <https://www.cdc.gov/vaccines/parents/diseases/child/measles-basics-color.pdf> (english only)

Before you (your child) travel to a CTC this summer please ensure:

- The Cadet carries their immunization record booklet with them
- You have read and understood the content of this document
- You have read and understood the recommended references if needed
- The Cadet has had two (2) vaccines from the MMR series (not mandatory but highly recommended)