

Basic Parachutist Course (Para)

The Canadian Forces Basic Parachutist Course provides cadets an opportunity to develop the skills and knowledge to become a Canadian Forces Basic Paratrooper.

Cadets must participate in the para selection weekend in Edmonton, AB prior to selection for this course. This weekend will normally be conducted early February and applications are due in Fortress 15 January.

Cadets will participate in instruction including flight procedures, onboard aircraft drills, landing, and equipment. During the course, physical training activities are usually scheduled in the morning and in the afternoon of each day, however, the entire course is physically demanding so a high level of fitness and endurance is required. If successful in all testing, cadets will complete the Jump Stage (J-Stage) which includes five successful jumps, with a minimum of 1 night jump all at a maximum altitude of 1250 ft (381 m).

Duration: 6 weeks.

Location: Trenton, ON.

Age: 16 y/o before July 1 of the year of the course.

Star Level: Gold Star.

CTC: Previous 6 week course.

Medical: Meet the criteria described in CATO 42-05.

Fitness Level: Applicants are to successfully achieve the standard of fitness outlined in CATO 42-05.

Run: 1.6 km in a max of 7 min and 30 sec.

Sit-ups: 31 consecutive.

Chin-ups: 7 consecutive.

Advanced Training - Staff Cadet

Cadets interested in applying for Staff Cadet positions must be 16 by 1 January of the year of the summer training opportunity and cannot turn 19 before the last day of summer training. Prerequisites for SCdts are outlined in CATO 13-28. All cadet qualifications found in Fortress are used for SCdt selection including current fitness qualification, NSE points, first aid, etc.

Applications are due 1 February.

Additional Information

*Due to recent legislation in England, International Exchanges are limited to a maximum age of 17. Further information can be found in the Interim Policy to amend CATO 40-01 and CATO 42-05.

More information on Advanced Training, Senior Courses and Exchanges can be found in the annexes of CATO 42-05. Information on Staff Cadets can be found at CATO 13-28.

Note: Training locations are determined by the annual billet allocation released by Natl CJCR Sp Gp and are subject to change.

Remember: Submitting an application for summer training does not mean that you will be selected. Only one third of all army cadets will be selected for summer training. Priority is given to cadets with excellent participation and attendance.



What should I apply for this summer?

Your guide to Army Cadet Advanced Summer Training Courses



Advanced Training Courses

Cadet Leadership and Challenge Course (CLCC)

This course provides cadets an opportunity to develop, through the use of unique advanced adventure training leadership and challenge development activities, as a self-aware outdoor leader with the skills and subject matter knowledge required to act as an activity leader at a Cadet Corps, Expedition Centre or Cadet Training Centre (CTC). Activities include wilderness first aid, outdoor leadership, and adventure activities such as biking, kayaking, horseback riding or mountaineering.

Duration: 6 weeks.

Location: Rocky Mountain CTC (Ghost River, AB)

Star Level: Gold Star.

CTC: Previous 6 week course.

Cadet Fitness Assessment Incentive Level (CFAIP): Bronze, Must be prepared to participate in water activities while wearing a PFD.

Fullbore Marksman – Phase 2

This course provides cadets an opportunity to develop as a specialist with the attitude, skills and subject matter knowledge required to participate in competitive full-bore marksmanship as a member of a competitive team. Activities include advanced marksmanship and adventure training.

Duration: 6 weeks.

Location: Connaught CTC (Connaught, ON)

Star Level: Gold Star.

CTC: Priority will be given to cadets who have been identified from their successful completion of the Fullbore Marksman, Phase 1 Course.

Military Band - Advanced Musician (MB-AM)

This course provides cadets an opportunity to participate in advanced music training and military band activities, to prepare them to lead and instruct corps' music programs. Activities include music theory, executing drill as a member of a band, performing ensemble music as a member of a band, leadership, and instructional technique.

Duration: 6 weeks.

Location: Vernon CTC (Vernon, BC).

Star Level: Gold Star.

Music Proficiency Level: Preference will be given to cadets that have achieved Level 2.

Pipe Band - Advanced Musician (PB-AM)

This course provides cadets an opportunity to participate in advanced music training and pipe band activities, to prepare them to lead and instruct corps' music programs. Activities include highland dance, music theory, executing drill as a member of a band, performing ensemble music as a member of a band, leadership, and instructional technique.

Duration: 6 weeks.

Location: Rocky Mountain CTC (Ghost River, AB)

Star Level: Gold Star.

Music Proficiency Level: Preference will be given to cadets that have achieved Level 3.

Senior Courses and Exchanges

Maple Leaf England (MLE)

This course provides an opportunity for cadets to take part in an exchange program in England for training and cultural exchange. During the training phase, cadets can spend time with battalions of the Army Cadet Force (ACF) and/or the Combined Cadet Force (CCF), taking part in their annual summer concentrations. The cadets will also take the cadet leadership course taught at Cadet Training Centre Frimley Park in Surrey. During the adventure training portion, the cadets will participate in a series of adventure type activities. The cultural portion may include visits to English historical and cultural sites, a stay in London that includes visits to sites of national importance, and a visit to Vimy Ridge and Beaumont-Hamel in France.

Duration: 6 weeks.

Location: Connaught, ON and Scotland.

Age: 16 y/o before July 1 of the year of the course and max 17 y/o*.

Star Level: Gold Star.

CTC: Previous 6 week course.

Cadet Fitness Assessment Incentive Level (CFAIP): Bronze.

Language: Functional English.

RCAC National Rifle Team

This course provides the opportunity for cadets to compete in national/international large bore rifle competitions, to introduce cadets to the British Army Cadet training program and to participate in cultural activities.

Duration: 8 weeks.

Location: Connaught, ON and Bisley, England.

Star Level: Gold Star.

CTC: Cadets are prioritized from previous Fullbore Marksman - Phase 2.

Cadet Fitness Assessment Incentive Level (CFAIP): Bronze.

Language: Functional English.

Army Cadet Voyage in History Tour

Cadets will attend tours of battle fields in Europe as well as conduct cultural activities.

Duration: 5 weeks.

Location: Various TBD.

Age: 16 y/o before July 1 of the year of the course.

Star Level: Gold Star.

CTC: Previous 6 week course.

Cadet Fitness Assessment Incentive Level (CFAIP): Bronze.

Language: Functional English.

Preferred age group: 16–17 y/o.

Starting in Summer 2017, the management of the Army Cadets International Exchanges in the United Kingdom (UK) will be amended to improve the Royal Canadian Army Cadets (RCAC) training experience and to maximize the use of resources. The 60 RCAC and six CIC Officers that would have previously been divided in three smaller exchanges (Outward Bound Scotland (OBS), Outward Bound Wales (OBW) and Maple Leaf Exchange (MLE)) will be merged into one group, under the name of Maple Leaf Exchange.