

Personal Kit List (winter)

Cadets should arrive at the bus wearing combats with long underwear and their DEU parka, toque and gloves. Upon arrival at the camp they will be issued with a winter parka, wind pants, mitts, balaclava and mukluks. The list below is the minimum gear the Cadets need to bring.

Extra clothing	Plastic bag for wet clothes
1 Sweater	
1 Sweatpants	
4 t-shirts	
4 underwear	Toiletry kit
1 pair long johns	Tooth brush and paste
6 pairs of wool socks	Wash cloth and soap
1 PJ's	Towel
Camping gear	Comb
Pocket knife with locking blade	Electronics
Small flashlight	cell phone is allowed
sunglasses	Do not bring
Mess Kit	radio
water bottle	mp3
plastic mug	electronic games
Misc.	spending money
Medications	pillow

Sleeping Arrangements

Cadets will sleep in arctic tents. They are very warm. Heated cabins are available as a back-up if needed. On Saturday they may build Quincy's, and other improvised shelters. All Cadets will be issued military arctic *sleeping* bags and an air mattress.

Notes on Proper Winter Clothing

1. Wool socks are best. Cotton socks are a very poor choice. Extra socks are a good idea.
2. Mitts and gloves. Both are required.
 - a. Military arctic mitts-perfect but the smallest size is adult small.
 - b. Gloves will be needed for tasks that require greater hand dexterity.
 - i. Thin wool gloves are good for fine work, for short periods
 - ii. Water and snow resistant gloves are okay for warmer days and for working.
 - iii. Leather glove are useful for handling hot pots.
 - iv. Extra gloves and mitts are a good idea.
3. Sunglasses are a must to cut the glare of the sun on the snow.
4. Pants and shirt
 - a. Fleece-perfect
 - b. Sweats-good
 - c. Flannel-good
 - d. Wool-good
 - e. Denim-not good (once they get wet they stay wet and cold)
5. Thermal Underwear
 - a. Polypropylene-perfect
 - b. Under-armor-perfect
 - c. Long-johns- good