

U13AA GIRLS HOCKEY 2026

# OTTAWA 67'S

2026-2027 INFORMATION BROCHURE

OFFICIAL NEW  
PROGRAM  
LAUNCH



## TRYOUTS:

Registration Opens: Mid-March  
Tryouts Begin: Mid-April



PRIDE.DEVELOPMENT.COMPETE

# WEAR THE CREST BUILD THE PLAYER LOVE THE GAME

## *THE OPPORTUNITY*

The Ottawa 67's U13AA Girls team is designed for athletes who are motivated, competitive, and eager to grow. Our program blends elite skill development with a positive, player-first environment that builds confident hockey players and strong teammates.

This is a critical age for development – and we take that responsibility seriously.

## *THE 67'S ADVANTAGE*

- Respected Ottawa 67's AA brand
- **Development-first coaching philosophy**
- Structured, well-communicated season
- **Competitive environment that values effort, attitude, and growth**
- Clear pathway toward U15 AA and beyond



# MEET THE COACHES



**BRAD MCANINCH**  
HEAD COACH

- **Certified Hockey Canada Coach** since 2006
- **Coached** multiple levels within the **Ottawa Girls Hockey Association** since 2019
- Assistant Coach with the U11 A and U15 BB teams
- **Proud OGHA parent** with three daughters currently playing within OGHA



**CRAIG NOOYEN**  
CO-COACH - DEFENCE

- **Hockey Canada**-certified coach with experience since 2019
- Coached across multiple competitive levels within **CMHA** and **EO Stars** programs
- Currently serving as Head Coach, EO Stars U13 B
- Brings high-performance experience from **CCHL Junior A** and **NCAA Division I** hockey.

***LOOKING FORWARD TO  
THE SEASON AHEAD  
LET'S GO 67'S!***



# OUR COACHING PHILOSOPHY

## *AT U13, DEVELOPMENT COMES FIRST*

Our coaching approach emphasizes: - Strong skating fundamentals and puck skills - Hockey IQ, decision-making, and confidence - Accountability, teamwork, and coachability - A positive environment where mistakes are part of learning

**Players are challenged, supported and encouraged to play with creativity and pace**

***EVERY PLAYER MATTERS. EVERY SHIFT COUNTS***

We coach for **development, confidence, and team success in that order**. Every player receives **fair ice time and opportunities** in all situations because limiting ice time limits growth and confidence. **We are one team**, and everyone is a contributor. Only when the goalie is pulled will we use the group best suited to create scoring chances.

# PLAYER & GOALIE DEVELOPMENT

## *Weekly Player Skill Development with Amped coaches*

Weekly Player Skill Development with Amped coaches: - Mandatory player development at Amped. Sessions will be every Tuesday at 6 PM (included in budget/fees below). While the Forwards and Defence are on the ice, our goalies will alternate weekly between joining these sessions and receiving cognitive training with Concept Hockey (located at Amped Sports Lab).

**Optional additional skills & skating sessions will be arranged. These will not be mandatory and will be 7 AM once per week (typically at Amped).**

## *What To Expect:*

- 90 hours of OGHA ice (practices & home games)
- 22 league games
- Additional purchased practice ice (10 hours currently budgeted)

*Off-Ice Focus: - Strength, mobility, endurance, and injury prevention. In the coming months we will determine the best approach to off-ice training.*



# IS THIS TEAM THE RIGHT FIT?

This team is ideal for players who:

- ✓ Love to compete and improve
- ✓ Are coachable and team-focused
- ✓ Want a structured, high-tempo environment
- ✓ Aspire to continue on the AA pathway

## TRYOUT PROCESS & TIMELINE

- REGISTRATION OPENS: Mid-March
- TRYOUTS BEGIN: Mid-April

## EVALUATION APPROACH

- Fair, transparent evaluations conducted across multiple sessions

## EVALUATION FOCUS

- Skating, puck skills, and execution
- Game intelligence and decision-making
- Team play, effort, and coachability
- Goaltenders: positioning, technique and resilience



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# SEASON STRUCTURE



## MAY (POST-TRYOUT)

1-2 ice times per week (mix of practices and exhibition games). We will also do 1-2 team building and goal-setting events.

## AUGUST 15 - FEBRUARY 28

~5.9 hours of ice per week (avg.) – Practices, league games, and tournaments –Note that in August we will have 1-2 mandatory sessions (incl. off-ice).

## JUNE 1 - AUGUST 15

Optional weekly ice (likely 3-on-3 at Amped) – Optional off-ice challenges will be developed.

## MARCH - MID APRIL

Playdowns, playoffs, and Provincials. Practices continue.

\*NON-MANDATORY  
PERIOD



# WHAT TO EXPECT THIS SEASON



## *PROJECTED TOURNAMENTS*

- **September:** Oshawa
- **October:** Clarington / Cornwall
- **November:** Gatineau / Barrie / North York
- **December:** EO
- **January:** Mississauga
- **February/March:** Leaside (Provincials dependent)

## *COMMUNICATION & EXPECTATIONS*

We value clear, respectful communication. – Regular updates to families – Clear expectations for players and parents – Open, professional dialogue

## *FINANCIAL OVERVIEW*

Estimated Team Fees: **\$3,000/player**  
Does not include registration or tryout fees.

Cost Management: – Sponsorship and fundraising (\$21K total) initiatives to reduce overall costs



***READY TO TAKE THE NEXT  
STEP?***

**If your daughter is passionate about hockey,  
eager to learn, and ready to be challenged, we  
encourage her to try out.**

**Ottawa 67's U13AA – 2026-2027**

**Pride. Development. Compete**