

## Visiting Team Medical Outline – 2024 Men’s Field Lacrosse National Championships

U19 First Nations Championship  
U17 Alumni Cup

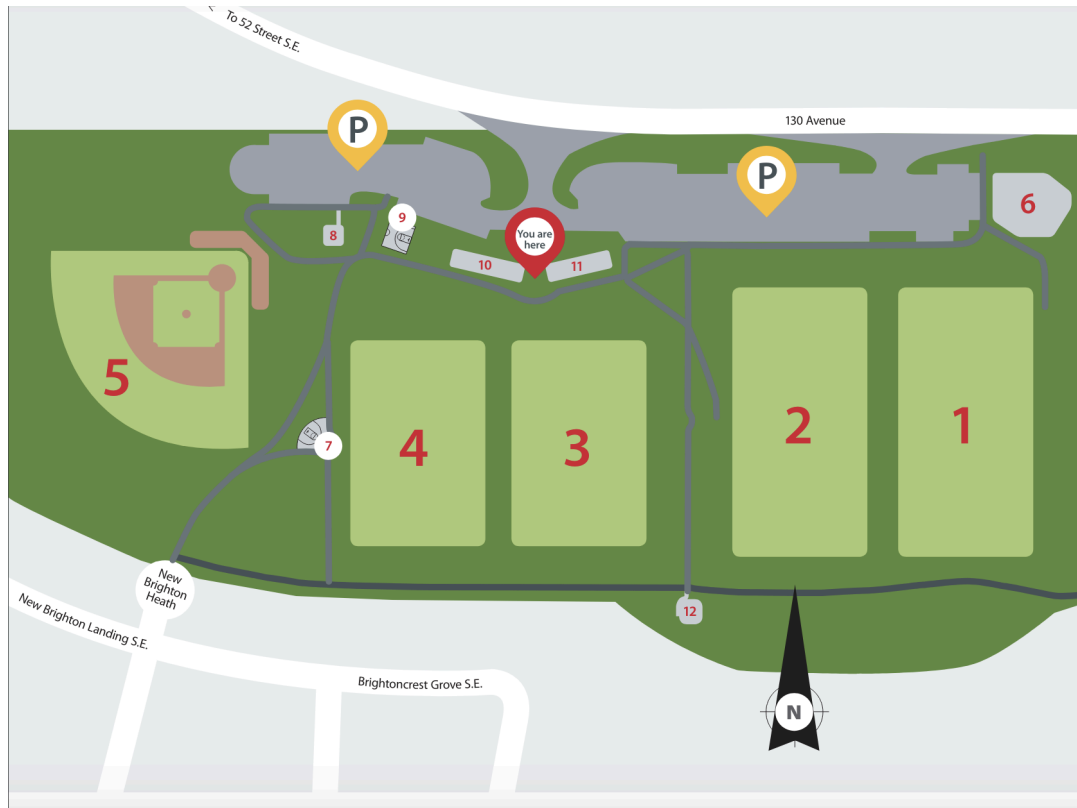
August 29th - September 1st, 2024

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  - To be held prior to event.
- Location map
- Therapy station and supplies
  - Staffed medical station on-site      yes
  - Ice      yes
  - Spine board on-site      yes
  - Splints      yes
  - Telephone      yes
  - Misc. first aid supplies      yes
- Policy and procedure
  - EAP – overview
  - Non-emergency
    - Physician
    - Imaging
    - Athletic Therapy
  - EAP – Field-of-play medical situation
- Medical contact information
- Hospital / Medical facilities

# New Brighton Athletic Park

5801 130 Avenue S.E.



## Pre-game prep and first aid area – Medical tent located between field 1 & 2

In the tent there will be a taping table, fully stocked therapy bag, ice, all emergency equipment and the medical binder.

This area will house all the medical supplies as well as serve as the:

- “go-to” area in the event of a treatable injury.
- Area for prep of athletes (taping/stretching).
- Area for first aid care
- staffed with certified Athletic therapists and Sport First Responders

## Emergency medical supplies Medical tent located between field 1 & 2

Blood kit	Fully stocked trauma bag	Ice	Crutches
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Blood kit: gauze, non-adhesive dressings, wound covering supplies, band-aids

Trauma bag: speed splints, sam splints, c-collar, triangular bandages, padding, tape, tensors, scissors, OPA's, BP cuff, BVM, stethoscope, pen light

### Field-of-Play Medical Emergency – EAP

- There will be NO ambulance on site
- Team medical staff are responsible for attending all injured players on the FOP.
- Team medical staff will be the charge person and will work in conjunction with host medical when able.
- Team medical staff is responsible for initiating the EAP and **alerting the host medical** in the event of a medical emergency
- If the player can be safely removed from the FOP with assistance, please encourage visiting medical personnel to use the side-line or prep-area for further follow-up assessment and care. This would provide more privacy than on the bench and is in close proximity to the field, should another incident occur.
- Medical emergencies will likely be directed to the South Health Campus (please review EAP for hospital location) for official games and practice sessions at the host facility.

Note: athletes may be re-routed to Children's Hospital if they are 16 years of age or younger.

### Non-emergency

Medical staff will be in place to provide care pre-game and post-game.

***Should an athlete require non-emergent assessment by a sport medicine physician, the following protocol should be followed:***

- Vivo Cura Health sport medicine physicians will be on call through the entirety of the tournament. Sport medicine physicians will also be on site for limited hours during the tournament.
- Rapid access appointments can be made for athletes on Thursday Aug 29, Friday Aug 30, and Aug 3-6. All situations requiring emergency and non-emergent care (utilizing the minor injury clinic), please contact the medical lead promptly to assist with the process as well if you require further assistance or clarification on any issue prior to accessing services for athletes.
- Transportation may be arranged through host medical and each team's host person.

**Imaging services**

- No specific x-ray services are available for this tournament. Individuals should contact the medical lead for assistance and attend the South Health Campus emergency department.

**Athletic Therapy Services**

- Athletic therapists will be available on-site to assist with any injury assessment, management, taping, first aid, or emergency medical care as needed

# EMERGENCY ACTION PLAN

## Location:

New Brighton Athletic Park  
5801 130 Avenue S.E.

311

<https://www.calgary.ca/planning/parks-rec/new-brighton-athletic-park.html>

## Telephone Numbers:

EMS	911
South Health Campus (4448 Front St SE)	403- 956-1111
Children's Hospital (28 Oki Dr)	403-955-7211
Medical Lead - Terra Sergeant	403-404-4477
Medical Lead - Micah Reim	403-923-5044

## Emergency Access

**Athlete in Field of Play (FOP) or in prep area;** call person will direct emergency vehicles to the facility entrance and meet them to direct directly to the situation.

## Equipment

### On-site (games only)

Ice, trauma bag (Splints, collar, OA's, triangular bandages, blanket, towels), telephone (cell phone present at all times), miscellaneous first aid supplies.

## Signals

**Major Situation** – fist in the air (this signal will alert assistant and call person)

**Minor Situation** – Hand on head (this will signal that assistance is required but not emergency)

## Procedures

### Major Procedures

- Evaluate the situation
- Signal to Activate EMS
- Complete appropriate management and treatment
- Clear the area as necessary

### **Minor Procedures**

- Evaluate the situation
- Signal
- Complete appropriate management and treatment

## **Duties**

### **\*Duties are to be performed within the scope of practice of the personnel**

#### **Charge Person (team medical staff)**

- First on scene, head and neck motion restriction
- Conducts primary survey (AVPU & ABC's) to assess if urgent or non-urgent
- Determines if EMS needs to be activated
- Determine if the athlete should be removed from the field of play or signal for assistant
- Monitors athlete visually throughout situation
- Maintain head and neck control if spinal injury suspected
- Manages life threats as appropriate
- Offers information to EMS that is required/requested about the situation
- Does the documentation for the situation

#### **Assistant Person (as assigned by team medical staff)**

- Watches for signals to enter the area with trauma bag
- Performs secondary survey
- Monitors vitals throughout situation
- Assists charge with managing life threats
- If stabilization is not required, will prepare trauma bag, splints, ice packs, etc..

#### **Call Person (as assigned by team medical staff)**

- Uses cell phone to contact EMS
- Ensures doors are open for EMS
- Reports back to charge person with ETA
- Updates EMS
- Assists where needed as problems arise
- Meets ambulance and assists with directions to needed area

#### **Ambulance Escort (by call person)**

- Meets the ambulance at the entrance to the parking lot of the facility and directs to area of need.

#### **Crowd Control (as assigned by team medical staff)**

- Keeps crowd calm and away from situation
- Assists where needed as situations present

# Host Medical Contact Info

Medical Lead 1	Terra Sergeant	403-404-4477	terra@absoluteathletictherapy.com
Medical Lead 2	Micah Reim	403-923-5044	micah@absoluteathletictherapy.com

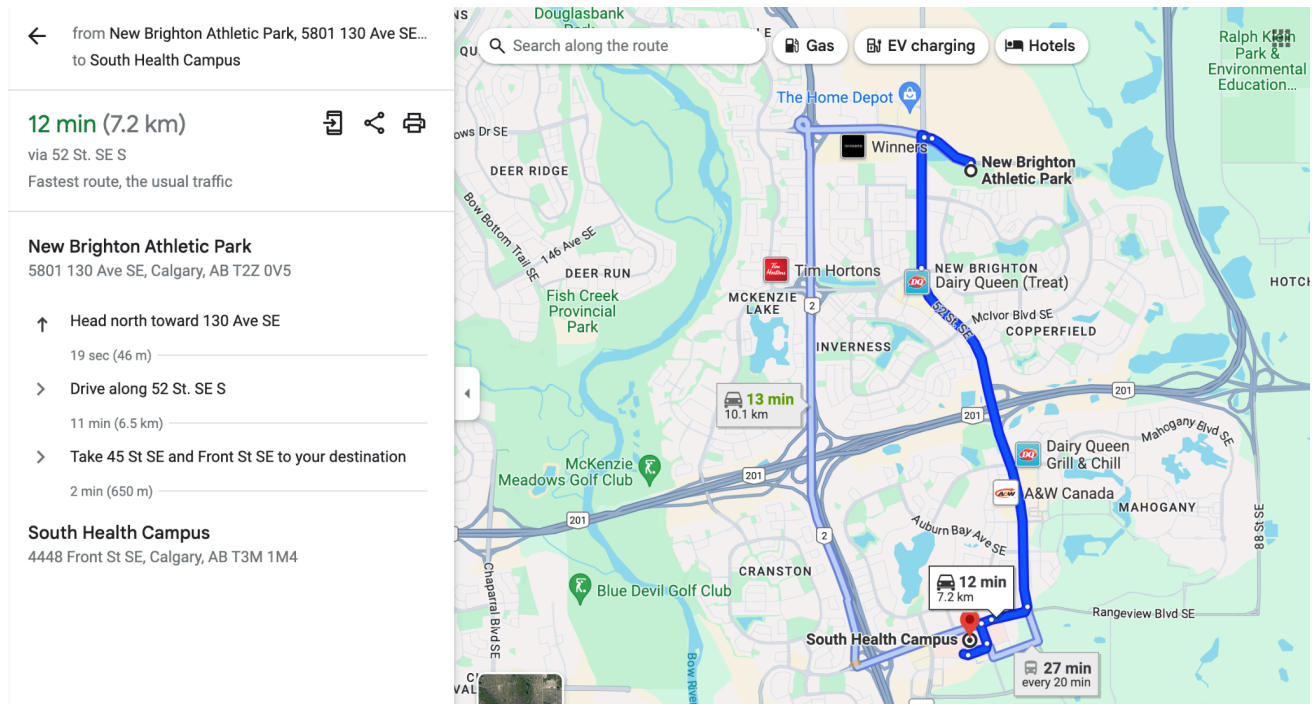
## Hospital / Medical Facilities

These directions are for planning purposes only.

### South Health Campus

Address: 4448 Front St SE

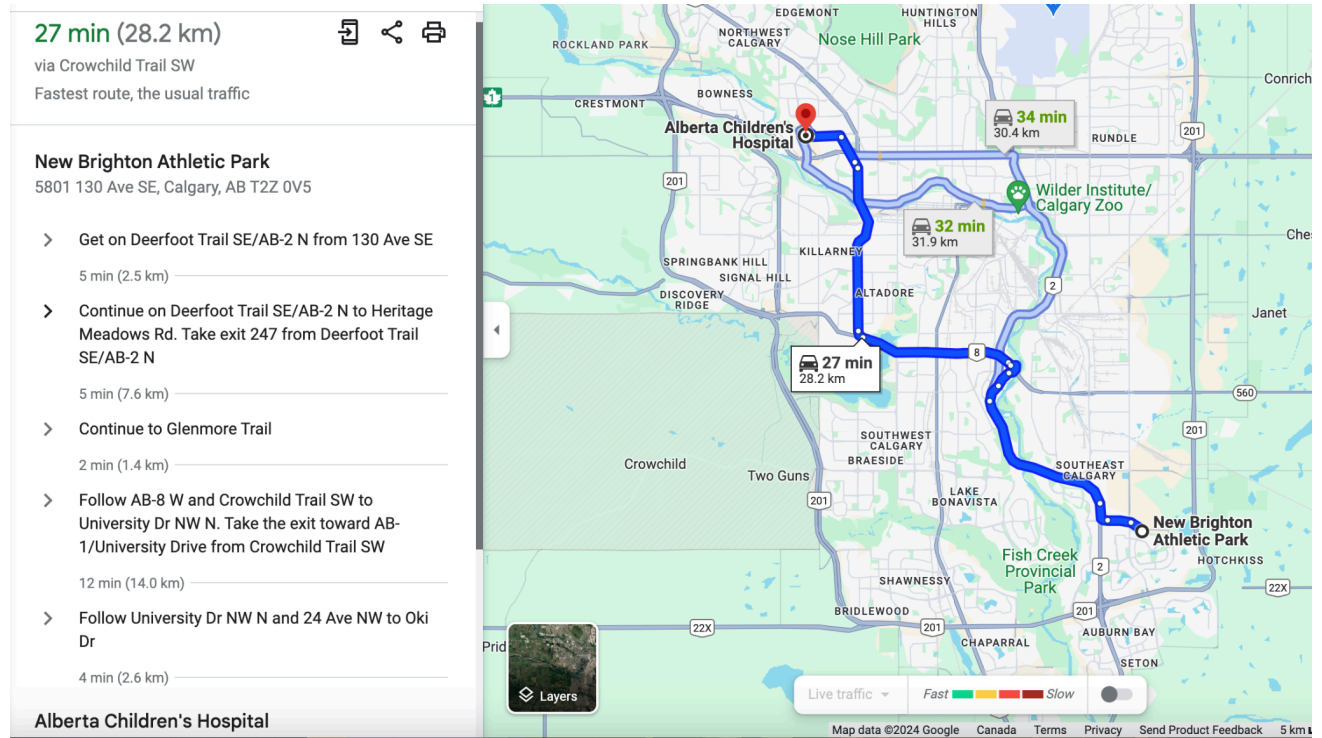
Phone number: 403- 956-1111



# Children's Hospital

Address: 28 Oki Dr

Phone number: 403-955-7211





# Vivo Cura Health - Central location

#100 - 325 Manning Rd NE

Phone number: 403-265-3838

21 min (22.2 km)

via AB-2 N

Fastest route, the usual traffic

Get on Deerfoot Trail SE/AB-2 N from 130 Ave SE

5 min (2.5 km)

Follow Deerfoot Trail SE/AB-2 N to Memorial Dr.

Take exit 256 from Deerfoot Trail SE/AB-2 N

11 min (16.7 km)

Take 19 St SE and Centre Ave to Manning Rd NE

4 min (3.0 km)

New Brighton Athletic Park

5801 130 Ave SE, Calgary, AB T2Z 0V5

Vivo Cura Health - Central

325 Manning Rd NE Suite #100, Calgary, AB T2E 2P5

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# Vivo Cura Health - Northwest location

11300 Rocky Ridge Rd NW Unit 180

Phone number: 587-391-4874

best 38 min 1 hr 48 9 hr 2 hr 30

New Brighton Athletic Park, 5801 130 Ave

Shane Homes YMCA at Rocky Ridge, 11300 Rocky Ridge Rd NW Unit 180

Add destination

Leave now Options

Send directions to iPhone Copy link

via AB-8 W and AB-201

Fastest route, the usual traffic

Details

via AB-201 N

Some traffic, as usual

via AB-2 N

Some traffic, as usual

Shane Homes YMCA at Rocky Ridge

Alberta Children's Hospital Recently viewed

New Brighton Athletic Park

Calgary

White Elk

Crowchild

Two Guns

Artists View Park West

Bearspaw

47 min 44 km

38 min 44.5 km

39 min 55.8 km

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