



## AA RINGETTE CALGARY Jersey Care

### At the start of the season, the **Team Apparel Coordinator or Designate** will:

- Collect red and white jersey sets (housed in catalogued jersey bags) from the Head Coach, Manager or Equipment Manager.
- Collect name bars from previous seasons from returning athletes, or when mandatory team apparel is distributed.
- Arrange for name bars to be sewn on the jerseys, as per guidelines below—either by ONE designated, sewing-qualified team parent OR by a professional seamstress paid out of team funds. The Equipment Manager can provide names of professional seamstresses.

### During the season, the **Team Apparel Coordinator** will:

- Inspect jerseys and report damage (**skate cuts, excessive wear/snagging, staining, etc.**) to the Equipment Manager on an ongoing basis.
- It is recommended to carry extra jerseys as a back-up if athletes have forgotten theirs

### At the end of season, the **Team Apparel Coordinator** will:

- Arrange for removal of the name bars by same process used at the beginning (one qualified team parent or professional paid out of team funds), as per guidelines below.
- Launder and give final inspection to report damage or excessive wear.
- Ensure all jerseys are accounted for and organized by number in their jersey bags, and arrange return to the Equipment Manager on the pre-arranged equipment return date.

### During the season, **Athletes** will:

- Use drawstring bags or other protective items to carry their jerseys in. Jerseys should not be left loose in equipment bags where they can be snagged on Velcro or cut with blades.
- Occasionally wash (cold water) and hang-to-dry to help keep odours at bay. Gentle spot cleaning when required. **Please don't put AA jerseys in the dryer, as this will decrease the life-expectancy of the jersey.**

## Name Bar Sewing and Removal Guidelines:

- Name bars should be placed **2 inches below the number and centered (see photo)**.
- Use a wide zigzag stitch (see photo) or a basting stitch (wider straight stitch). **Please use white thread only.**
- **Do not 'back stitch'** as this makes it harder to remove and may result in damage to the jersey.
- When removing, always use a proper seam-ripper (available at some grocery stores or a sewing store). Use the seam-ripper from the top of the name bar only (not the jersey underneath).



Coloured thread shows zigzag stitch example.  
Please only use WHITE thread.

