**CLARENCE-ROCKLAND GIRLS HOCKEY**

**ASSOCIATION**

**RULES AND REGULATIONS**



Revised: May 2025

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# 1.0 Registration

Player definitions

1. Veteran Player - Registered with the CRGHA during the previous fall/winter season.

2. Former Player - Registered with the CRGHA for a fall/winter season prior to but not

during the previous fall/winter season.

3. New Player - Never registered with the CRGHA for a fall/winter season.

## 1.1 Registration Priority

• For all CRGHA players, registration will be on a first-come first-served basis, within the

‘Registration Timetable’ described in 1.2.

## 1.2 Registration Timetable

• January

o Determination by the Executive of the registration fee schedule.

• February

o Distribution of registration information to all CRGHA members.

• March

o Registration for veteran CRGHA players only.

• April

o Registration opens to veteran, new and former CRGHA players. Preliminary

determination of the number and distribution of CRGHA teams.

• August

o Late registration opens to all CRGHA players. CRGHA will accept new and

former players not residing in Clarence-Rockland if space is available.

• September

o Final determination of the number and distribution of CRGHA teams.

## 1.3 General Rules

• Registration forms must be submitted at scheduled registration dates and locations.

• Registrations will only be accepted with full payment in accordance with the payment

plan and accompanied with all required documentation.

• Required Documentation:

o Veteran players:

* Completed registration form

o New and former players:

* Completed registration form
* Copy of Proof of Age (e.g. copy of birth certificate)
* Copy of Permission to Skate and/or Release form.

• Registrations will not be processed for players who have not fulfilled their financial

obligations to CRGHA or who have not returned all CRGHA equipment and jerseys.

• There will be a late registration fee of $100 applied to all registrations beginning August

31st.

• There will be a $50.00 charge on all NSF cheques. At the discretion of the Executive,

repeat offenders will be required to submit payment in full either in cash, by certified

cheque or by money order at the time of registration.

• Any registration special is for new players only (see description at the beginning of

section 1 “Player Definitions”). Veteran and Former Players are NOT eligible.

• Players can play only once they have paid in accordance to the payment schedule in the

CRGHA Registration fees.

## 1.4 Registration Refunds

• To receive a refund, a written request must be submitted to the Registrar.

• A fee in line with the OWHA participant registration fee will be charged to all withdrawing players.

• Refunds will be issued only after the player’s cheque has cleared the CRGHA bank

account, all outstanding team fees and/or CRGHA charges have been paid and all CRGHA equipment and

jerseys have been returned to the CRGHA.

• The amount of the refund will be determined as follows:

Refund requested Non-refundable portion (\*)

Before September 1st Administration Fee

September 2nd to December 31st Administration Fee + Pro-rated to the

amount of ice time used + any other fees paid on the players behalf

After December 31st No reimbursement

\* Any exceptions to the above must be brought to the CRGHA Executive Committee

for approval.

# 2.0 Permissions to Skate and Releases

In Line with OWHA’s Player Movement Policy;

* A Permission to Skate and/or Release will not be issued to a member who has not fulfilled their financial obligations to the CRGHA or who has not returned all CRGHA assets, equipment and jerseys.
* A Permission to Skate will be given to any member wishing to tryout for a team with another OWHA Association, providing the below timelines are met:
	+ Requests must be submitted a minimum of 48 hours prior to the player’s tryout.
	+ Permissions to Skate will only be provided to players up until 10 days before CRGHA tryouts begin at that level, any requests made between this date and the end of tryouts will be accommodated via a release.3.0 Team Staff
* A Release will be granted to a member who has been accepted onto a competitive team with another OWHA Association or would like to tryout for another team but has not met the Permission to Skate timeline obligations, with the explicit understanding that:
	+ Players leaving to attain play at a higher level than that which is offered by CRGHA will be released without conditions.
	+ Players leaving to play at a level offered by CRGHA or lower will not be invited back to competitive team tryouts for a period of 2 years unless granted an exception by the executive board.
	+ Release requests made after a player has been offered and accepted a position on a competitive team (level B or higher) will incur a $200 administrative fine.
* All Permissions to Skate and/or Releases may only be approved by the President or Vice President.
* All Permission to Skate and/or Releases may only be signed by the President or delegate.

# 3.0 General

## 3.1 General

• All team staff must consent to a Vulnerable Sector Check.

• All on-ice and and/or on-bench team staff must complete the online Respect in

Sport for Leaders course.

• The deadline for team staff to acquire the minimum required certification is November 1 for coaches

and November 15 for trainers. Failure to do so will result in the removal of the individual from the

relevant team staff position on the team.

• The Association will cover the cost for up to 5 bench staff per team for insurance purposes.

• The cost to team staff for acquiring the necessary trainer certification (Level I or II) coach

certification (Intro Coach/IP, Coach Stream or Development 1) will be reimbursed by the

CRGHA.

\* Any exceptions to the above must be brought to the CRGHA Executive Committee for

Approval.

## 3.2 Head Coach

### 3.2.1. General

• CRGHA will attempt to recruit the best possible head coaches for all teams, seeking the most qualified

candidates.

o A program will be established to enable the coaches to follow the same teaching basics of a game plan

and practice system of our national sport. Occasional meetings may be held with the coaches and

coordinator of the program.

o A program for each category will be set forth. The coordinator may assist team practices in order to see

the player progression or suggest any modifications whatever the case may be.

• Individuals wishing to be considered for a head coaching position must submit a coaching application

to CRGHA by the advertised date and be willing to attend an interview by the Coach Selection

Committee. Late applications will be considered on an individual basis.

#### 3.2.1.1. Coach Selection Committee

• The Coach Selection Committee will consist of the President, the Development Coordinator and the VP

of Hockey Operations (A delegate will be chosen when a conflict of interest arises between an executive

member and coach). Interview panels consisting of three members will be chosen to conduct the

coaches’ interviews. The panel will provide recommendations to the Coach Selection Committee.

### 3.2.2 Selection Criteria

#### 3.2.2.1. Training

• Training qualification is based on the National Coaching Certification Program (NCCP) standard coach

certifications. All prospective head coaches in the CRGHA program must have the minimum NCCP

designation, or have committed to obtaining the minimum designation before November 1st.

Preference will generally be given to coach candidates with higher levels of qualification.

#### 3.2.2.2. Experience

• Relevant experience includes the number of years as a head coach, the number of years as an assistant

coach, the category and level of the teams coached and the association of the teams coached.

• Background experience includes the number of years playing hockey and the category and level of the

teams played on.

#### 3.2.2.3. Evaluations

• Coaching evaluations by both parents and players will be carried out before the end of the regular season.

• It is recommended the parents and players be notified in advance of the date set to complete evaluations.

• Evaluation results will be shared with individual coaches and the President and used by the Coach

Selection Committee when recommending coaches for ensuing seasons. The greater emphasis shall be

placed on the player evaluations.

#### 3.2.2.4. Other Commitments

• Preference will be given to coach candidates that are relatively free of other commitments. Specifically,

coaching another team, extensive job-related travel or volunteer time in non-hockey organizations are

items that would be considered here. The Coach Selection Committee will evaluate the level of these

other commitments and may include them as a factor in the selection process.

#### 3.2.2.5. Other Criteria

• Other attributes that will be assessed include, but are not limited to, coaching

philosophy and style, life experience, organizational abilities, adherence to

fair play, and conduct with officials.

## 3.3 Other Team Staff

• Once teams are formed, both House League and Competitive Head Coaches will

choose their own Assistant Coach(es), Manager(s) and Trainer(s), subject to CRGHA

Executive approval.

* The Head Coach, along with the executive support, will make every effort to have a female on the

coaching staff.

• Primary Trainer must be a female Trainer (mandatory).

• Backup Trainer should be a female but a male will be accepted.

• Trainer Requirements:

o Games: Must be on the Bench

o Practices: Must be in the vicinity of the ice surface

o Land Training: Must be at the training in the vicinity of the players

o Team Event: Attendance is recommended

• It is strongly recommended that spouses do not serve as primary staff members (Head Coach, Assistant

Coach, Manager, Trainer) on the same team.

# 4.0 Formation of Teams

## 4.1 General

• Generally, teams will be restricted to a maximum of 15 players, excluding goalies. The

Executive must approve any exceptions.

• The Executive will determine the number of players per team.

## 4.2 Competitive Teams

• The evaluation committee, as formed by the President, will monitor the selection of the

Competitive teams.

• Players added to the waiting list after the first ice time can try out for a competitive team

only if there is space available, as defined by the Executive.

• To be eligible for a competitive team, players must attend a minimum number of

competitive tryouts as determined by the Executive.

• All players within an age level (such as U7, U9, U11, U13, U15, U18) are eligible to try-out for a competitive team including players that are brought up from a lower age level.

• All players wanting to try-out for a competitive team will be charged a try-out fee.

• Any eligible player that is moved up to a different level that doesn’t have a competitive

team and had registered and paid their try-out fee will be reimbursed.

• All players released from a team of higher caliber who return to CRGHA will be

reinstated into the Registration Priority format (see Item 1.1)

• Players chosen for competitive teams who are related to that team’s potential coaches,

assistants, trainers or managers will be assessed by an independent evaluator to ensure

they belong on the team for which they have been chosen.

* The head coach will be consulted on the final 2 players for the competitive team. Giving the coach

the opportunity to choose the last 2 players (within a 5-player bubble)

• At the discretion of the Executive, player changes can be made in any team up to the

end of November.

* A competitive fee will be administered to every player who is rostered on a competitive team. $200 competitive fee for B/C teams, and a $300 competitive fee for A/BB teams.

## 4.3 House League Teams

• Only registered players will be assigned to house league teams.

• Players will be assigned to teams such that the balancing of the teams in terms of skill

shall be the first priority. The process to determine the equal balancing of players on

teams will include rating of players’ skills at on-ice stations by independent evaluators,

and a controlled scrimmage.

• Players are expected to play within their age level (such as U7, U9, U11, U13, U15, U18). A request to

play in a higher age level will be considered only if the following criteria are met:

o The player and/or player’s parent has made the request in writing.

o The higher age level needs additional players.

o The player is capable of playing at the higher age level.

* The player displays exceptional status, as determined by an outside source at the expense of the parents.

• At the discretion of the Executive, player changes can be made in any team up to the

end of November.

# 5.0 Team/Player Commitment

## 5.1 General

• At the Executive’s discretion, all players will be asked to sign a statement at the

beginning of the season agreeing to abide by all rules, regulations, policies and

procedures of the CRGHA, ODWHA (or pertinent league), OWHA and Hockey Canada

and agreeing to accept the consequences of failing to do so.

• At the Coaches discretion, players may be asked to sign a statement agreeing to abide

by team rules that must have been submitted to the Executive for approval prior to

signature. Agreeing to these team rules implies acceptance of the consequences of

failing to do so.

• Other than for reasons of illness, injury, family commitments or school activities, a player

is expected to attend all team activities.

• All players must notify their coach in advance when unable to attend a team function.

This includes games, practices and all other team activities such as social functions and

fundraising efforts.

• Players who regularly miss practices, games or tournaments may, at the Coach’s

discretion, be given less ice time than other players on her team. The executive will

monitor such denial of equal ice.

# 6.0 Use of Affiliate/Pick-Up Players

## 6.1 General

• CRGHA promotes player development through affiliation opportunities, helping players gain

experience and grow their skills. Teams are encouraged to use affiliates whenever possible, following

OWHA regulations, while ensuring it does not interfere with a player’s own team commitments. By

supporting affiliation, CRGHA enhances development and enriches the experience for all players.

6.2 Conditions for Use of Affiliate Players in League Games

• For Regular Season League games, a team may pick up any eligible player, to a maximum of three (3)

affiliate players, from a lower category to bring the total team strength to, but not exceed, the number of

officially registered players on the team.

• Affiliate players are not permitted for suspended players.

• There are no Affiliate Players during league playoffs, playdowns, championship day and/or provincial

championships.

• The OWHA may authorize the movement of a goaltender for emergency situations only, identified as

being situations in which the team would have no roster goalie available to play.

• Special permission may be granted, on approval from the OWHA, for a team to pick up players from

 another Association or Independent team. It is the responsibility of the team to make a specific written

 application ([OWHA Pick-Up Consent Form](https://cloud.rampinteractive.com/whaontario/files/Forms%20and%20Policies/FINAL_-_Pickup_Consent_Forms_%28NOT_for_Tournaments%29_2.pdf)) to the League, stating their rationale for the request. The

formmust be e-mailed to leagues@owha.on.ca.

 • An OWHA Pick-Up Consent Form is not required when a player is transferred from a lower team within

the same association.

• **Affiliate Player** is defined as EITHER from: (i) a lower age level and the same classification or lower;

 (ii) the same age level and lower classification

**Examples** - U15H team can call from U13H team - U15A team can call from U15BB, B, C, H; U13A, BB, B,

C, H teams - U15A team can NOT call from U13AA team

6.3 Procedures for Affiliation for Exhibition or League Game

• Anytime a player is affiliated for a league or exhibition game, the requesting head coach must complete

the OWHA pickup (AP) player request through the RAMP Games portal. Instruction can be found at the

following link ([CLICK HERE](https://cloud.rampinteractive.com/whaontario/files/FAQ/Player%20Pick%20Up%20Requests%20%28Oct%202022%29.pdf)). The requesting coach is responsible for ensuring that the proper Ramp

procedure is completed.

• To affiliate players from a CRGHA house league team to a CRGHA competitive team, the same process

and Ramp procedure requirements as outlined above apply.

• To affiliate players from one CRGHA house league team to another CRGHA house league team, the

same process and Ramp requirements as outlined above apply.

6.4 Procedures for Affiliation for Sanctioned Tournaments

• Before an affiliated player participates in a sanctioned tournament, all players participating in the

tournament must be properly registered through the OWHA to play on the team with which they are

listed, or qualified to play by properly completing the Pick-Up Player/AP Section within RAMP. The RAMP

procedure must be completed by the team's coach . The requesting coach is responsible for ensuring all

RAMP procedures are completed properly.

• All affiliated players must be identified on the game sheet with the letters “AP” (affiliate player). Note

that for tournaments, the affiliate player may only participate with one team during the tournament and

specific tournament rules may need to be followed (please ensure to check in advance of bringing an

affiliate player).

6.5 Procedures for Use of an Affiliate Goalie

• The OWHA may authorize the movement of a goaltender for emergency situations only, identified as

being situations in which the team would have no roster goalie available to play.

6.6 Procedures for Use of Affiliation Players in Playoffs, Playdowns and Championships

• Pick Up players are not eligible for playoffs. (Exception for Goalies with League approval).

• Pickup players are not permitted for Regional Playdowns or Provincial Championships.

6.7 Procedure for Use of Affiliation Players for Practice

• There are no limits to the number of players permitted to attend a higher-level team practice and no

official OWHA paperwork is required. The same process and agreement as detailed above are to occur

between both the requesting coach and affiliated player-coach before any player is permitted to attend.

6.8 Procedure for Appeal

• If any disagreement arises between coaches, parents or players regarding this affiliation policy, the Vice

President of Hockey Operations or Complaint Committee has the authority to intervene to uphold the

intent of this policy.

• This policy does not supersede the OWHA policy or rules on pick-up players.

7.0 Player Ice Time

## 7.1 General

• Coaches are encouraged to develop all players for specialty units such as power play

and penalty killing.

## 7.2 House League and Competitive Teams – Equal Ice

• The only exception to the rules below is when a player is denied equal ice for disciplinary

reasons. These may include, but are not necessarily limited to, violations to the Players

Code of Conduct, non-compliance with team rules or repeated absences from team

activities. The Executive will monitor such a denial of equal ice time.

• All players will receive equal ice time with the exception of:

o the last two minutes of close games.

o the last minute of close periods (in cases where continuation in tournament play

is dependent upon successful allocation of points for each period.)

# 8.0 Team Finances

• All teams are required to open a team account at an accredited financial institution for

the current season.

* The account must provide proof of financial summary with coaches validation
* Financial validation must be a 2 person process, with neither persons residing at the same address
* The account must be made available for auditing by team personal or executive at any time throughout the season

• A team budget is to be presented to and approved by the team players/parents and provided to the

CRGHA Treasurer at the beginning of the season.

• Both a mid-season (by December 31) and year-end (by the year-end banquet) financial

report is to be distributed to all team players/parents and to the CRGHA Treasurer.

• Financial statements and/or team budgets must be provided to the Executive upon

request.

• It is highly recommended that all fees be collected by December 31st of the current

season.

• If a player leaves the team after the start of the season, her team fees must be pro-rated

and refunded.

• If a player joins the team after the start of the season, team fees must be pro-rated and

charged.

• Player team fee refunds must be issued in a timely fashion at the end of the season, no

later than the end of the fiscal season May 31st.

# 9.0 Fundraising

## 9.1 By the CRGHA

• The CRGHA may, at the Executive’s discretion, initiate an association wide fundraising

effort. Teams will be required to participate as determined by the Executive.

## 9.2 By the CRGHA Team

• Teams are encouraged to organize fundraisers to ease the financial burden for parents.

• If agreed to by all the parents, minimum family quotas can be established. Otherwise,

individual family results should be allocated against their respective expenses.

• Fundraising must be conducted in such a manner, and at such a time, as to cover actual

or anticipated team and player expenses only and must be approved by CRGHA

Executive Committee.

• Teams need to complete the appropriate form in the forms section of the CRGHA Web

Site and to submit the request to the CRGHA Executive Committee via the instructions

provided on the form.

 All sponsorship and fundraising request letters must be signed by the CRGHA President.

• The CRGHA Executive Committee may limit the number of fundraisers per team.

• Sanctions:

o First offence: coach suspension – 1 game

o Second offence: coach suspension – 2 games

o Third offence: coach suspension – remainder of the season

# 10.0 Ice Allocation and Scheduling

• Each team must specify someone, be it a coach, manager, or parent, with,

phone number, and email address, as the contact for the team's ice allocation. All communication on ice allocation and scheduling will be between this contact person and the Ice Scheduler.

• The Ice Scheduler is responsible to ensure all ice is allocated, including ice for league play and team practice.

ice.

• All teams will be allocated their fair share of the less attractive ice times.

• Depending on the total ice allocation and monitored by the Ice Scheduler, teams will

generally be allocated practice ice as follows:

o Competitive teams - Shared ice practices can be allotted by the ice scheduler

wherever necessary, 1 practice per week.

o House League teams - Shared ice practices can be allotted by the Ice Scheduler

wherever necessary, 1 practice per week.

o Intermediate teams - The number of ice practices for Intermediate teams will

decided by the Executive at the beginning of every season.

• The Ice scheduler will not assign any practice ice times that conflict with the team’s

schedule provided that he/she has been informed by the team well in advance of all

rescheduled league and playoff games as well as any additions to the team schedule,

tournaments the team has entered and exhibition games.

• The Ice Scheduler may take away any previously allocated ice time as necessary.

• So as not to jeopardize attempts to get more ice from the City of Clarence-Rockland, no

ice may go unused. The Ice Scheduler will closely monitor the use of allocated ice.

• Teams are responsible for ensuring that none of their assigned ice goes unused.

• If a team cannot use an assigned ice allotment (e.g. tournament, rescheduled game),

the following procedure applies:

o The team must notify the Ice Scheduler at least 7 days prior to the ice time.

o Sanctions will be imposed on any team failing to ensure that its allotted ice is

used or failing to follow the procedure described above for allocated ice that a

team is unable to use. Such sanctions will take the form of, but are not

necessarily limited to:

* The team will be charged for the ice costs, including the cost of referees

and timekeepers, if applicable.

* The team fined $100.
* Failure to pay any of the above costs and the associated fine within

fourteen (14) days of notification by the Ice Scheduler may result in

suspension of the Coach, Manager or team.

• Any team renting ice time in another arena must notify the Ice-Scheduler at least 7

days before the event.

• Each team (excluding AA or A) is only allowed one additional practice session (on ice or

dry-land) per week. Any costs of these additional sessions are to be paid by the team.

# 11.0 Tournaments

## 11.1 General

• Decisions regarding a team’s entry into tournaments will be made at the parents meeting

held at the beginning of the season. Both the team staff and the players/parents will have

input into these decisions.

## 11.2 CRGHA Tournaments

• CRGHA teams must participate in the CRGHA Tournament if their Age/Level is part of

the tournament.

## 11.3 Other Local and Out-of-Town Tournaments

• All teams must notify the Vice-President of their intentions to participate in any given

tournament prior to submitting their application. A complete list of tournaments that the

team will be attending must be submitted in writing to the Vice-President.

• All teams must notify the Vice-President in writing of any changes to tournament

participation throughout the season.

• Participation in any tournament must not conflict with regular league games or play-off

games.

• A team cannot register for more than one tournament being played on the same dates.

• Teams are responsible for obtaining any travel permits that may be required (including

required signatures).

• All teams can participate in a maximum of 5 tournaments (including CRGHA tournament, if

applicable). Participation in Provincials is not considered part of this maximum number.

• Failure to abide by the above will result in a hearing with the Disciplinary Committee.

# 12.0 Equipment

## 12.1 Purchase of Equipment

### 12.1.1 General

• The Equipment Officer will present to the Executive quotes from a minimum of three

(2) different suppliers for the purchase of new equipment exceeding $500.

• The recommendation of the Equipment Director and authorization of the Executive

will precipitate the purchase of all equipment.

### 12.1.1. Goalie Equipment

• New: The CRGHA will purchase what is deemed “association” type equipment,

which is essentially base model equipment that is safe and adequate for the level of

hockey for which it is being used.

• Used: Used equipment must be in very good to excellent condition and at a fair price.

When purchasing used equipment a comparison will be made between comparable

new equipment and the used equipment in question.

## 12.2 Provision of Equipment

### 12.2.1. General

• Players, their parents or guardians, will be held financially responsible for any

damage caused to any CRGHA equipment and jerseys deemed to be caused by

improper care

### 12.2.2. Goalie Equipment

• The provision of goalie equipment by the CRGHA is restricted to leg pads, blocker,

trapper, body armour and throat protectors.

• Full-time goalies are expected to purchase their own sticks.

• CRGHA Goalie equipment must be returned promptly at the end of each season for

inventory.

• A deposit and rental fee, set by the Executive, may be required for each set of goalie

equipment. This deposit and rental fee will cover one calendar year, from September

to April.

• The association will not reimburse players who provide their own goalie equipment

for all or part of the cost of the equipment.

### 12.2.3. Team Jerseys

• Each team will be provided with two sets of team jerseys.

• Any damage to said jerseys will result in reimbursement to

repair or replace the jersey at the discretion of the executive.

• At the end of each season team jerseys are to be returned clean, on hangers and

with all nametags removed by a date determined by the executive or a late fee of $50 may be applied to

the players account for non-returned jerseys.

* Any jerseys returned to the association with the players name bars and sponsor bars still attached

will be subject to a $25 fee administered by the association.

• Jerseys are to be worn for games only, not for practices or scrimmages.

• Jerseys may not be altered in any manner, except for stitching of nametags, “C” and

“A” symbols, association approved sponsors tags, stop patches, Canadian flags or for emergency player

number clarification. Any alterations (number change) must be approved by the executive and paid for

by the requesting player at a cost determined at the start of the season.

• Jerseys must not be placed in an automatic dryer.

### 12.2.4. Team Socks

• Players are required to wear socks that match both the home and away jerseys.

These are to be purchased by the players.

### 12.2.5 Team Logoware (Jackets, Pants & Other)

• Clothing must be from an association approved vendor. Any new clothing designs must be approved by

the Board of Directors.

### 12.2.6 Competitive Team Equipment Compliance

• Players in a competitive Team B or higher must wear

* -Black Gloves
* -Black Helmet
* -Black pant or pant covers

# 13.0 Concerns/Questions/Complaints

## 13.1 Team Issues

• The manner in which to address issues that do not concern the operation of a team shall

be to communicate with the following in the order specified.

1. The Manager or Coach, as appropriate

2. The Vice-President

3. The President

4. The Board of Directors as a whole

13.2 Non-Team Issues

• The manner in which to address issues that do not concern the operation of a team shall

be to communicate with the following in the order specified.

1. The Executive member who has responsibility for the issue

2. The President

3. The Board of Directors as a whole

# 14.0 Risk and Safety

## 14.1 General

• The CRGHA is committed to creating and maintaining a safe environment for its

participants.

• All CRGHA participants must adhere to the policies and procedures outlined in the

Hockey Canada publications “Fair Play Means Safety for All” and “Safety Requires

Teamwork”.

• No one, other than OWHA registered players and OWHA registered on-ice and/or on bench personnel,

may go on the ice or the bench for any of the team’s ice activities.

• Any illness or injury, which causes a player to miss any team ice activity, must be

reported to the team trainer. Any player who has been absent from team ice activities for

fourteen (14) or more consecutive days due to injury or illness must have a doctor’s

written permission before he/she will be allowed to return to the ice.

• If a player is unable to complete a game due to injury, they must have a doctor’s written

permission or the parent (guardian) must sign a waiver before she will be allowed to

return to the ice.

• The CRGHA Vice President and Ice Scheduler need to be advised of all On Ice and Off

Ice activities.

## 14.2 Vulnerable Sector Check (VSC)

• An integral part of the CRGHA’s screening process for volunteers is the use of Vulnerable Sector Checks

to identify any person who may harm children or vulnerable adults.

• All volunteers working closely with players and holding positions of authority must be

screened utilizing Vulnerable Sector Checks.

• VSC’s are required for each volunteer. These are valid for 2 years.

• CRGHA Executive members must complete a VSC consent form within two months

following the Annual General Meeting. Coaches, assistant coaches, managers and trainers

must complete a VSC consent form within two (2) weeks after assuming their respective

role. Individuals failing to complete the form within the required time frame will relinquish

their role on the team or Executive.

• Any individual who receives a ‘positive hit’ will be required to provide a confidential, written

disclosure of their criminal record to a committee consisting of the President, Vice President

and Risk and Safety Director. Such an individual must also submit his/her fingerprints and

any other information required, to the RCMP in order to obtain a complete disclosure of their

criminal record. The Committee will determine whether the individual may continue as a

CRGHA volunteer pending a full report from the RCMP as well as on receipt of the RCMP

report, taking into consideration the position held by the individual, the nature of the offence

and the time frame of the conviction. Where appropriate, the Committee will utilize the

services of the local police community to provide advice. The Committee will determine an

appropriate course of action, including, but not limited to, the suspension and/or release of

the individual from their CRGHA responsibilities. The individual will be informed of the results

within twenty-four (24) hours of any decision having been made. Decisions that result in the

release of individuals from their CRGHA responsibilities will be forwarded to the OWHA in the

interest of preventing high risk individuals from involvement in another hockey association

within the Ottawa area.

• Refusal to provide written disclosure of a criminal record or any record of a sexual offence

(including a pardoned sexual offence) or to submit fingerprints to the RCMP for a complete

criminal record check will cause the individual to be ineligible for a volunteer position within

the CRGHA. In addition, the OWHA/ODWHA will be advised accordingly.

## 14.3. Respect in Sport

• All volunteers working closely with players, including head coaches, assistant coaches,

trainers, and changing room supervisors with the CRGHA must complete the online

Respect in Sport course before November 1.

# 15.0 Code of Conduct

## 15.1 General

• This Code of Conduct identifies the standard of behaviour that is expected of all CRGHA

members, including players, coaches, parents, volunteers and Board members.

• The CRGHA is committed to providing and maintaining an athlete-centred minor hockey

environment where all individuals are treated with respect. During the course of all CRGHA

activities and events, members of the CRGHA shall conduct themselves at all times in a fair

and responsible manner. They are expected to refrain from comments or actions that are

disrespectful, offensive, abusive, racist, or sexist. Behaviour that constitutes harassment or

abuse (as defined by Canadian hockey governing bodies) will not be tolerated by the CRGHA.

• Members shall avoid behaviour that brings the CRGHA or the sport of hockey into

disrepute, including but not limited to abusive use of alcohol and non-medicinal use of

drugs, or that endangers the safety of others. CRGHA members shall at all times adhere

to CRGHA operational policies and procedures, to rules governing CRGHA events and

activities and to rules governing any events and activities that the member participates

on behalf of the CRGHA.

* Executive members are parents who are volunteers, and when at the rink should be treated as

parents and not executive members.

* Parents should not be sending executive members messages on personal social medias to voice

complaints or concerns.

• Failure to comply with this Code of Conduct may result in disciplinary action in accordance

with the policy and guidelines of the CRGHA. Such action may result in the member losing

the privileges that come with membership in the Association, including the opportunity to

participate in CRGHA activities.

## 15.2 Parents Fair Play Code and CRGHA Additional Rules

### Parent Fair Play Code

• I will not force my daughter to participate in hockey.

• I will remember that my daughter plays hockey for her enjoyment, not mine.

• I will encourage my daughter to play by the rules and to resolve conflict without resorting

to hostility or violence.

• I will teach my daughter that doing one's best is as important as winning so that my

daughter will never feel defeated by the outcome of the game.

• I will make my daughter feel like a winner every time by offering praise for competing

fairly and hard.

• I will never ridicule or yell at my daughter for making a mistake or losing a game.

• I will remember that children learn by example. I will acknowledge good plays and

performances by both my daughter’s team and their opponents.

• I will never question the official’s judgement or honesty in public. I recognize officials are

being developed in the same manner as players.

• I will support all efforts to remove verbal and physical abuse from children's hockey

games.

• I will respect and show appreciation for the volunteers who give their time to hockey for

my daughter.

### CRGHA Additional Rules

• The coaching staff will make sure that the players are wearing proper equipment when

on the ice. Name stickers are not allowed on the helmets. I will ensure that the needed

equipment is obtained or replaced when needed. The coaching staff and CRGHA

executive may remove my child from the ice surface if the proper equipment is not worn.

• There will always be at least 2 adults in the change rooms with the players when

changing. If I’m one of these adults, I will have followed a “Respect in Sport” course.

## 15.3 Player Fair Play Code and CRGHA Additional Rules

### Player Fair Play Code

• I will play hockey because I want to, not because others or coaches want me to.

• I will play by the rules of hockey and in the spirit of the Game.

• I will control my temper - fighting or "mouthing-off" can spoil the activity of everyone.

• I will respect my teammates and opponents.

• I will do my best to be a true team player.

• I will remember that winning isn't everything - that having fun, improving skills, making

friends and doing my best are also important.

• I will acknowledge all good plays and performances - those of my team and my

opponents.

• I will remember that coaches and officials are there to help me. I will accept their

decisions and show them respect.

### CRGHA Additional Rules

• The coaching staff will make sure that the players are wearing proper equipment when

on the ice. Name stickers are not allowed on the helmets. I will make sure with my

parents that I am wearing the proper equipment. The coaching staff and CRGHA

executive may remove me from the ice surface if the proper equipment is not worn.

• When practice time is up and the arena staff sounds the alarm, I will leave the ice as

quickly and safely as possible.

• After games and practices, I will not undress (except helmet and gloves) until the coach

has talked to us and indicated that we can now undress.

## 15.4 Coaches Fair Play code and CRGHA Additional Rules

### Coach Fair Play Code

• I will be reasonable when scheduling games and practices, remembering that young

athletes have other interests and obligations.

• I will teach my players to play fairly, to respect the rules, officials and opponents and

teammates, and to resolve conflicts without aggressivety or violence.

• I will ensure that all athletes receive equal instruction, disciple, support and appropriate

fair playing time.

• I will not ridicule or yell at my athletes for making mistakes or performing poorly. I will

remember that children play to have fun and must be encouraged to have confidence in

themselves.

• I will teach the player that doing one’s best is as important as winning so that my players

will never feel defeated by the outcome of the game.

• I will make sure that equipment and facilities are safe and match the athletes’ ages and

abilities.

• I will remember that children need a coach they can respect. I will be generous with

praise and set a good example.

• I will obtain proper training and continue to upgrade my coaching skills.

• I will never question the official’s judgment or honesty in public.

• I will collaborate with the officials for the benefit of the sport.

I will ensure that the “2 deep rule” is respect in all areas of the game such as but not limited to; dressing

rooms, hallway conversations, etc. Any texting or social media interactions with a player must take place

in a group team chat or the player and parents must be in the chat.

### CRGHA Additional Rules

• CRGHA coaches give the example to the players. I will wear proper equipment when on

the ice. This includes a CSA approved helmet with ear protectors as required by Hockey

Canada proper hockey gloves and a safe hockey stick. My hockey helmet will be tied

when I’m on the ice.

• I will make sure that the players are wearing proper equipment when on the ice. Name

stickers are not allowed on the helmets.

• Any player that I use as a helper will be wearing full hockey equipment when on the ice.

All other people I use on the ice will be registered with CRGHA as an active member for

my team.

• There will always be at least 2 adults in the change rooms with the players when

changing. These 2 adults will have followed a “Respect in Sport” course.

• Any helpers I use on the bench during games will be registered with CRGHA as an

active member for my team. They will have followed a “Respect in Sport” course.

• I will make sure that a trainer is present at all CRGHA activities that include players.

• When practice time is up and the arena staff sounds the alarm, I will clear the ice with

my team as quickly and safely as possible. (no laps)

• I will support my Association’s administrative decisions and will always respect my

Association and my fellow volunteers. I will not shed negative comments or inflammatory

comments towards Clarence-Rockland Girls Hockey Association, and above all, I will

always respect my code of conduct towards the players, officials and parents.

• Should I have concerns or discontentment with regards to my role within the Association,

I will voice my thoughts in a respectable manner through the appropriate channels set

forth for this purpose.

## 15.5 Officials Code of Conduct

• I will make sure that every player has a reasonable opportunity to perform to the best of

his or her ability, within the rules.

• I will avoid or remedy any situation that threatens the safety of the players.

• I will maintain a healthy atmosphere and environment for competition.

• I will not permit the intimidation of any player either by word or action. I will not tolerate

unacceptable conduct towards officials, players, coaches, spectators or myself.

• I will be consistent and objective in calling all infraction, regardless of my personal

feelings towards a team or individual player.

• I will handle all conflicts firmly but with dignity.

• I will accept my role as a teacher.

• I will be open to discussion and contact with players before and after the game.

• I will remain open to constructive criticism and show respect and consideration for

different points of view.

• I will obtain proper training to upgrade my official’s skills.

• I will work in co-operation with coaches for the benefit of the game.

## 15.6 Guidelines for Spectators

• Display good sportsmanship. Always respect players, coaches, and officials.

• Act appropriately; don’t taunt or disturb other fans; enjoy the game together.

• Cheer the good play of all participants; avoid booing or jeering opponents.

• Cheer in a positive manner and encourage fair play; profanity and objectionable cheers

or gestures are offensive and will not be tolerated.

• Help provide a safe and fun environment; throwing any items on the ice surface can

cause injury to players and officials.

• Do not lean over or pound on the glass; the glass surrounding the ice surface is part of

the playing area.

• Support the referees and coaches by trusting their judgment and integrity.

• Be responsible for your own safety -- be alert to prevent accidents from flying pucks and

other avoidable situations.

• Respect locker rooms as private areas for players, coaches, and officials.

• Never appear for a game while intoxicated by drugs or alcohol.

• Be supportive after the game . . . win or lose.

• Recognize good effort, teamwork and sportsmanship.

15.7 Guidelines for Administrators, Director and other Volunteers

• Understand and support the rules and regulations of Hockey Canada, OWHA, ODWHA

and the CRGHA to ensure that the philosophy and objectives of these organizations are

promoted.

• Work with on-ice officials, coaches, parents, and other administrators to provide a

positive and safe experience for all participants.

• Support programs that train and educate players, coaches, parents, officials and

volunteers.

• Promote and publicize your programs effectively and in a fair manner.

• Never appear for an Association event while intoxicated by drugs or alcohol.

• Communicate with parents by attending parent/player orientation meetings and/or by

being available to answer questions and address problems throughout the season.

• Treat all players, coaches and other volunteers with fairness, to promote fair play and

sportsmanship.

• Recruit volunteers, including coaches, who demonstrate qualities conducive to being

role models to the youth in our sport.

• Perform your duties impartially, in furtherance of the aims of the CRGHA. Do not use

your position or influence to further purely personal objectives.

## 15.7 Youth Volunteers

Youth volunteers must provide the Risk and Safety coordinator with proof of insurance prior to

participating in any on-ice activities. This can typically be obtained from their home association.

* Youth volunteers must always wear full equipment when on the ice.
* Youth volunteers are not permitted on the ice when injured and must provide a doctor’s note or a

waiver signed by a parent/guardian before they are permitted to return to the ice following an injury.

# 16.0 Discipline

## 16.1 General

• All bench staff and player suspensions must be reported to the team’s appropriate

convenor immediately following the relevant game.

• A disciplinary committee will be formed to deal with player/parent/official/team discipline

problems that cannot be handled by the team’s Head Coach or by ODWHA or OWHA

Officials.

• Such discipline may take the form of, but is not limited to:

o A verbal reprimand

o A written reprimand

o A demand for an apology, either written or verbal, to any affected party

o A suspension from participation in or at Association activities

o An expulsion from the Association

o A combination of two or more of the above

• Should it be necessary for CRGHA to conduct a disciplinary hearing, the following

procedures will go into effect:

o The hearing will be conducted within seven (7) days of the event or from receipt

of formal letter of complaint

o A parent or legal guardian shall accompany minor aged players appearing at

CRGHA Disciplinary hearings

o Following completion of the hearing, the Committee will have 24 hours to

consider their decision pertaining to the matter

o The Chairman of the Committee will be responsible for contacting the parties and

advising them of the decision and following up with a written summary

## 16.2 Player Conduct and Suspensions

• Team officials are responsible for supervising and controlling the conduct of their players,

before during and after each game or practice. Failure by team officials to control the

conduct of their team (i.e. vandalism, lobby or parking lot altercations etc.) may result in

suspensions or other disciplinary action with the cost of any damages being paid by those

involved.

• Fighting anywhere in the arena complex or during a game/practice could result in an interim

suspension of two games, pending further review at the discretion of the Vice-President.

• Any player who is under the influence or in possession of alcohol or drugs while participating

in a minor hockey game or practice will be suspended. This includes arriving at or leaving

the arena. Smoking, swearing and verbal harassment in dressing rooms, hallways or

players’ benches are also offences liable for suspension.

• A Coach may suspend, for disciplinary reasons, any player for up to one game at his or her

discretion. CRGHA, through the Vice-President, will be advised of all such suspensions.

Suspensions of more than one game must have the approval of the Disciplinary Committee.

16.3 Players with Excess Penalty Minute Patterns

• Coaches will ensure that all match and gross penalties and suspensions are reported to

the appropriate CRGHA convenor, without exception. In addition, where an undesirable

penalty pattern or attitude is deemed to be developing in any hockey player, the Coach

and Manager will discuss the problem with the appropriate CRGHA executive to correct

the matter. If the problem is considered to be of a serious nature, the convenor, after

consultation with the Coach may have the player referred to the Disciplinary Committee

for corrective action.

• The first review will take place with player, parent or guardian for minor age players, and

Head Coach of the team. A written summary of this review will be filed with the VicePresident.

• The second review will take place with the player, parent, Head Coach, and the VicePresident. A written summary of this review will be filed with the Vice-President.

• Players that continue to show excess patterns of penalty minutes and disregard for the

Code of Conduct after having been reviewed will be called before the Disciplinary

Committee for review.

• After a review, action may be taken in accordance with CRGHA Disciplinary Committee

guidelines. A written summary of this review will be filed with the Vice-President for

future reference.

NOTE: The ODWHA (or League) and OWHA Constitution/Rules & Regulations must be

followed

## 16.4 Player receiving major penalties

• CRGHA will not tolerate abuses under the rules regarding major penalties as set forth by

Hockey Canada. Players taking penalties under these rules will be subject to review.

• This review will take place in the following manner:

o First Offence - The first offence review will take place with the player, parent and

the team’s Head Coach. A written summary of this review will be filed with the VicePresident.

o Second offence - The second offence review will take place with the player,

parent, the team’s Head Coach and the Vice-President. A written summary of this

review will be filed with the Vice-President.

o Third offence- The third offence review will involve the CRGHA Disciplinary

Committee. This review will be conducted with the team’s Head Coach, Manager,

and Assistant Coaches. After this disciplinary hearing has been conducted,

action may be taken in accordance with CRGHA Disciplinary Committee

guidelines.

# 17.0 Changes to CRGHA Rules & Regulations

• Changes to CRGHA Rules & Regulations may be enacted by absolute 2/3 majority vote

of the CRGHA Executive

• All changes to CRGHA Rules & Regulations will be publicized to the membership via

email, posting on the CRGHA website, posting on the CRGHA arena bulletin board

and/or notification to team Managers and Coaches.

• In order for changes to be incorporated for the following season they must be ratified at

the Annual General Meeting, as described in the Constitution.

# CRGHA Rules and Regulation Amendments

|  |  |  |
| --- | --- | --- |
|  | CURRENT RULE | AMENDMENT |
| May 2025 |
| 2.0 Permissions to skate and  | 2.0 Permissions to skate and releases (4) | Permission to skate/tryout must only be signed by the President or delegate.   |
| 3.0 General 3.1 General  | The Association will cover the cost for up to 4 bench staff per team for insurance purposes. | The Association will cover the cost for up to 5 bench staff per team for insurance purposes. |
| 3.0 General3.2.1.1. Coach Selection Committee | The Coach Selection Committee will consist of the President, the Development Coordinator and the VP Hockey Operations. Interview panels consisting of three members will be chosen to conduct the coaches’ interviews. The panel will provide recommendations to the Coach Selection Committee. | The Coach Selection Committee will consist of the President, the Development Coordinator and the VP of Hockey Operations (A delegate will be chosen when a conflict of interest arises between an executive member and coach). Interview panels consisting of three members will be chosen to conduct the coaches’ interviews. The panel will provide recommendations to the Coach Selection Committee. |
| 3.0 General 3.3 (2) |  | The Head Coach, along with the executive support, will make every effort to have a female on the coaching staff.  |
| 3.0 General 3.3 (last bulletin) | It is strongly recommended that spouses do not serve as primary staff members (Head Coach, Manager, Trainer) on the same team. | It is strongly recommended that spouses do not serve as primary staff members (Head Coach, Assistant Coach, Manager, Trainer) on the same team. |
| 4.0 Formation of Teams 4.2 Competitive Teams |  | A competitive fee will be administered to every player who is rostered on a competitive team. $200 competitive fee for B/C teams, and a $300 competitive fee for A/BB teams.  |
| 4.0 Formation of Teams4.2 Competitive Teams |  | The head coach will be consulted on the final 2 players for the competitive team. Giving the coach the opportunity to choose the last 2 players (within a 5-player bubble)  |
| 4.0 Formation of Teams 4.3 (3) House League Teams | • Players are expected to play within their age level (such as U7, U9, U11, U13, U15, U18). A request to play in a higher age level will be considered only if the following criteria are met:o The player and/or player’s parent has made the request in writing.o The higher age level needs additional players.o The player is capable of playing at the higher age level. | • Players are expected to play within their age level (such as U7, U9, U11, U13, U15, U18). A request to play in a higher age level will be considered only if the following criteria are met:o The player and/or player’s parent has made the request in writing.o The higher age level needs additional players.o The player is capable of playing at the higher age level.* They display exceptional status (determined by an outside source at the expense of the parents.) And/or there is a need for players at that level.

**Moving players up becoming it’s own section (4.4)** |
| Article 66.0 Use of Affiliate/Pick-Up Players6.1 General  | • A player’s first commitment is to the team on which she is registered. Prior to using an affiliate/Pick up player, the Coach must receive permission from the affiliate player’s Coach. | CRGHA promotes player development through affiliation opportunities, helping players gain experience and grow their skills. Teams are encouraged to use affiliates whenever possible, following OWHA regulations, while ensuring it does not interfere with a player’s own team commitments. By supporting affiliation, CRGHA enhances development and enriches the experience for all players. |
|  | Article 6***Addition*** | 6.2 Conditions for Use of Affiliate Players in League Games• For Regular Season League games, a team may pick up any eligible player, to a maximum of three (3) affiliate players, from a lower category to bring the total team strength to, but not exceed, the number of officially registered players on the team. • Affiliate players are not permitted for suspended players.• There are no Affiliate Players during league playoffs, playdowns, championship day and/or provincial championships.• The OWHA may authorize the movement of a goaltender for emergency situations only, identified as being situations in which the team would have no roster goalie available to play.• Special permission may be granted, on approval from the OWHA, for a team to pick up players from another Association or Independent team. It is the responsibility of the team to make a specific written application ([OWHA Pick-Up Consent Form](https://cloud.rampinteractive.com/whaontario/files/Forms%20and%20Policies/FINAL_-_Pickup_Consent_Forms_%28NOT_for_Tournaments%29_2.pdf)) to the League, stating their rationale for the request. The form must be e-mailed to leagues@owha.on.ca.  • An OWHA Pick-Up Consent Form is not required when a player is transferred from a lower team within the same association. • **Affiliate Player** is defined as EITHER from: (i) a lower age level and the same classification or lower; (ii) the same age level and lower classification **Examples** - U15H team can call from U13H team - U15A team can call from U15BB, B, C, H; U13A, BB, B, C, H teams - U15A team can NOT call from U13AA team |
|  | Article 6***Addition*** | 6.3 Procedures for Affiliation for Exhibition or League Game• Anytime a player is affiliated for a league or exhibition game, the requesting head coach must complete the OWHA pickup (AP) player request through the RAMP Games portal. Instruction can be found at the following link ([CLICK HERE](https://cloud.rampinteractive.com/whaontario/files/FAQ/Player%20Pick%20Up%20Requests%20%28Oct%202022%29.pdf)). The requesting coach is responsible for ensuring that the proper Ramp procedure is completed. • To affiliate players from a CRGHA house league team to a CRGHA competitive team, the same process and Ramp procedure requirements as outlined above apply. • To affiliate players from one CRGHA house league team to another CRGHA house league team, the same process and Ramp requirements as outlined above apply. |
|  | Article 6***Addition*** | 6.4 Procedures for Affiliation for Sanctioned Tournaments• Before an affiliated player participates in a sanctioned tournament, all players participating in the tournament must be properly registered through the OWHA to play on the team with which they are listed, or qualified to play by properly completing the Pick-Up Player/AP Section within RAMP. The RAMP procedure must be completed by the team's coach . The requesting coach is responsible for ensuring all RAMP procedures are completed properly.• All affiliated players must be identified on the game sheet with the letters “AP” (affiliate player). Note that for tournaments, the affiliate player may only participate with one team during the tournament and specific tournament rules may need to be followed (please ensure to check in advance of bringing an affiliate player). |
|  | Article 6***Addition*** | 6.5 Procedures for Use of an Affiliate Goalie• The OWHA may authorize the movement of a goaltender for emergency situations only, identified as being situations in which the team would have no roster goalie available to play. |
|  | Article 6***Addition*** | 6.6 Procedures for Use of Affiliation Players in Playoffs, Playdowns and Championships• Pick Up players are not eligible for playoffs. (Exception for Goalies with League approval).• Pickup players are not permitted for Regional Playdowns or Provincial Championships. |
|  | Article 6***Addition*** | 6.7 Procedure for Use of Affiliation Players for Practice• There are no limits to the number of players permitted to attend a higher-level team practice and no official OWHA paperwork is required. The same process and agreement as detailed above are to occur between both the requesting coach and affiliated player-coach before any player is permitted to attend. |
|  | Article 6***Addition*** | 6.8 Procedure for Appeal • If any disagreement arises between coaches, parents or players regarding this affiliation policy, the Vice President of Hockey Operations or Complaint Committee has the authority to intervene to uphold the intent of this policy.• This policy does not supersede the OWHA policy or rules on pick-up players. |
| 9.0 Fundraising9.2 - By the CRGHA team | * It is prohibited for CRGHA Teams to contact local merchants or associations (Lions Club,

Club Optimiste, ...). Funds received from personal relationships with people of thesebusinesses or organizations are permitted with prior approval of the CRGHA ExecutiveCommittee. Only the CRGHA Association is allowed to canvas these businesses orassociations.• Teams are encouraged to organize fundraisers to ease the financial burden for parents.• All fundraising activities must be approved by the CRGHA Executive Committee exceptfor 50/50 and the selling of drinks. | ~~It is prohibited for CRGHA Teams to contact local merchants or associations (Lions Club,~~~~Club Optimiste, ...). Funds received from personal relationships with people of these~~~~businesses or organizations are permitted with prior approval of the CRGHA Executive~~~~Committee. Only the CRGHA Association is allowed to canvas these businesses or~~~~associations.~~• Teams are encouraged to organize fundraisers to ease the financial burden for parents.~~• All fundraising activities must be approved by the CRGHA Executive Committee except~~~~for 50/50 and the selling of drinks.~~All sponsorship and fundraising request letters must be signed by the CRGHA President.  |
|  | 12.0 Equipment12.2.6 Competitive Team Equipment Compliance • Players in a competitive Team B or higher must wear • -Black Gloves• -Blank Helmet • -Black pant or pant covers  | **Edit Typo:**Should state Black helmet, not Blank |
| 12.0 Equipment 12.2.3 Team Jerseys | • At the end of each season team jerseys are to be returned clean, on hangers andwith all nametags removed by a date determined by the executive or a late fee of $50 may be applied to the players account. | • At the end of each season team jerseys are to be returned clean, on hangers andwith all nametags removed by a date determined by the executive or a late fee of $50 may be applied to the players account for non-returned jerseys. Any jerseys returned to the association with the players name bars and sponsor bars still attached will be subject to a $25 fee administered by the association.  |
|  | 13.0 Concerns/Questions/Complaints**13.1 Team Issues**• The manner in which to address issues that do not concern the operation of a team shallbe to communicate with the following in the order specified.1. The Manager or Coach, as appropriate2. The Vice-President3. The President4. The Board of Directors as a whole13.2 Non-Team Issues• The manner in which to address issues that do not concern the operation of a team shallbe to communicate with the following in the order specified.1. The Executive member who has responsibility for the issue2. The President3. The Board of Directors as a whole |  13.0 Concerns/Complaints ProcedureThe CRGHA is committed to providing a safe and inclusive environment for all participants. Weunderstand that concerns or complaints may arise from time to time. This complaints procedureis designed to ensure that complaints are addressed promptly and fairly.Please wait 24 hours before attempting to resolve any emotionally charged situationsor submitting a formal complaint.This procedure covers complaints related to any aspect of the CRGHA’s activities, includingbut not limited to players’ safety, coaching, behaviour, discrimination, harassment, or anyother matter of concern.If the behaviour is criminal in nature, the aggrieved member is encouraged to contact thepolice directly and notify the Executive/Discipline/Code of Conduct Committee.Step 1: Informal Resolution: Speak with the coach and manager, or memberInitially, the member or player (or parent if the child is under the age of 18) should bring theirissues or concerns to the coach and manager, or member, and a meeting or discussion shouldbe held.CRGHA will always attempt to have an issue resolved within the team. Using the formalComplaint Submission form to escalate an issue to the Discipline Committee forresolution should be viewed as a last resort. Step 2: Issue or ComplaintIf discussing the issue with the coach, manager, or member does not resolve it to everyone’ssatisfaction, or if the coach, manager, or member fails to respond, to the complaint, a formalcomplaint can be submitted.Formal Complaint:To file a formal complaint, the complainant should submit a written complaint to the CRGHAusing the Complaint Submission FormPlease note the following:The CRGHA cannot guarantee complete confidentiality. The contents of the ComplaintSubmission Form may be shared in an effort to resolve the complaint. By completingthe form, you agree that the CRGHA may share some or all of this information in theprocess of resolving the complaint.Complaints will be addressed according to severity, resources, and safety forparticipants.This process is meant for serious complaints such as negligent endangerment, playersafety, harassment or other egregious behaviour that are serious enough to bringquestion as to the ability of an individual to continue to be a part of the team. Below is alist of some of the complaints that may be referred back to the team and will not receivefurther action from the Board.Parental Ice Time frustrations do not warrant a Formal Complaint and any parentalsubmissions that relate fundamentally to ice time will be dismissed without action. Whena parent has an issue with the ice time their child is receiving then they are to contact thecoach and manager for discussion and resolution. If the problem is not resolved thenthey may lodge a complaint against the coach in that circumstance to the Executive(President/Risk?).This form is NOT meant for simple disagreements or personal conflicts betweenindividuals. Baseless complaints filed with the sheer intent of besmirching a coach orother individual may result in corrective actions against the complainant.Submissions that lack specific details about an alleged incident will not be actioned untilall details from both sides are assembled.Complaints will only be accepted using a fully completed Complaint Form obtained fromthe CRGHA website. Unsolicited emails or other contacts to Board or Staff members willbe summarily dismissed. Forms lacking details will not be actioned.Anonymous complaint forms will be immediately disregarded.Complaints against referees using this form will be rejected. Such complaints must beentered using that form; also available on the CRGHA website.Please note complaints are forwarded to our Discipline/Code of Conduct Committee not to theboard directly.Review and Investigation:Upon reviewing the formal complaint, the Discipline Committee will review anddetermine if an investigation is warranted. If an investigation is warranted, a thoroughand impartial investigation will be conducted.The Discipline Committee members may interview all relevant parties, gather evidence,and assess the situation to determine an appropriate resolution.Resolution:Once the investigation is complete, the Discipline Committee chair will communicate theoutcome to the complainant and the parties involved where appropriate.Depending on the nature and severity of the complaint, resolutions may includecorrective actions, mediation, counselling, or other appropriate measures.The CRGHA is committed to ensuring the safety and well-being during the resolutionprocess for everyone involved.Conclusion:The CRGHA is dedicated to addressing complaints promptly and fairly to maintain a positiveand safe environment for all participants. We encourage open communication and respect for allinvolved parties throughout the complaints procedure.This policy and procedure will be regularly reviewed and updated to ensure its effectiveness andcompliance with applicable laws and regulations. |
|  | 13.2 ***Addition***  | 13.2 Discipline/Code of Conduct Committee: Roles, Policies, and Procedures1. Discipline Committee StructureThe Discipline Committee is chaired by the Director of Risk and consists of a panel ofvolunteer community members who have no affiliation with CRGHA as a coach, player,parent, or executive member.Committee members must be approved by the CRGHA Board of Directors.The Chair attends all hearings to represent CRGHA but does not have decision-makingor voting authority.If the Chair has a conflict of interest regarding a specific issue, the VP of Hockey willassume the Chair’s role temporarily. If the VP of Hockey is unavailable, the CRGHAExecutive will appoint an alternate Board Member as Chair on an ad hoc basis.2. Complaint ProcessCRGHA encourages members to follow the established Complaint Process before escalatingissues:1. Resolution at the Team Level: Issues should be resolved within the team wheneverpossible. Filling a formal complaint to the Board should be a last resort.2. Documenting the Complaint: The complainant should provide specific details, includingdates, names, locations, bystanders, and actions taken.3. Initial Reporting: The complainant should first address the issue with the team manager.4. 24-Hour Waiting Period: All parties are encouraged to wait 24 hours before contactingthe manager. However, if necessary, immediate contact is allowed at the manager’sdiscretion.5. Escalation: If no resolution is reached, the Director of Risk may convene a meeting. Ifwarranted, the matter will be escalated to the Discipline Committee.6. Emergency Situations: If a serious issue threatens player safety or the Association’sviability, the CRGHA President has the authority to take immediate action, overridingstandard procedures.3. Hearing ProceduresAll individuals appearing before the Committee will have a full opportunity to be heard.The Committee has the authority to hear and decide on all matters related to theviolation of CRGHA By-laws, Rules, or Regulations.The Committee may conduct investigations or hearings as directed by the Board ofDirectors and must submit a written report of findings to the Board.4. Progressive Discipline ApproachThe Committee is encouraged to follow a progressive discipline policy:o First Offense: A written warning may be issued for minor infractions that do notthreaten safety or the well-being of participants.o Repeat Offenses: Additional violations may result in stricter consequences, up toand including removal from CRGHA.5. Immediate Referral to the Discipline CommitteeCertain issues require immediate referral to the Committee, bypassing initial team-levelresolution:Serious Misconduct, including but not limited to:1. Physical assault between a coach and a player, coach and a parent, or coachand an official (\*).2. Physical or sexual abuse/harassment (\*\*).3. Confirmed use of illegal substances by a coach, team official, or player at asanctioned event.4. Complaints directly against an Executive member (\*\*\*).(\*) &amp; (\*\*) If law enforcement is involved, a copy of the police report should be provided to theCommittee. CRGHA will fully cooperate with any police investigations.(\*\*\*) Complaints against an Executive member will be reported to the CRGHA Director of Risk.The Director of Risk will determine the extent of communication to the Board and OWHA. Ifnecessary, the President will be informed unless in conflict, in which case the 1st or 2nd VP willbe notified instead.6. Timelines for ResolutionWithin 48 hours of receiving a valid complaint, the Chair will notify the complainant andthe Discipline Committee and initiate scheduling a hearing.The hearing must occur within 14 days of the initial complaint.A final report must be submitted to the Chair and the CRGHA President within 48 hoursof the hearing.A summary of the issue, findings, and recommendations will be presented to the Boardof Directors.Once escalated to the Discipline Committee, its decisions are final and will be accepted by CRGHA as binding. |
| 15.0 Code of Conduct.15.1 General  | 15.0 Code of Conduct.15.1 General ***Addition*** | **Add:** Executive members are parents who are volunteers, and when at the rink should be treated as parents and not executive members. **Add:** Parents should not be sending executive members messages on personal social medias to voice complaints or concerns.  |
| 15.7 Youth Volunteers | · Youth volunteers interested in supporting younger teams must be at least a registered U13 player or above.· All youth volunteers will be approved at the discretion of the coaching staff in consultation with the VP of Hockey Operations and Risk & Safety coordinator. |  Youth volunteers must provide the Risk and Safety coordinator with proof of insurance prior to participating in any on-ice activities. This can typically be obtained from their home association.· Youth volunteers must always wear full equipment when on the ice.· Youth volunteers are not permitted on the ice when injured and must provide a doctor’s note or a waiver signed by a parent/guardian before they are permitted to return to the ice following an injury.  |

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| --- | --- | --- |
|  | CURRENT RULE | AMENDMENT |
| May 2024 |
| 1.4 | A $50.00 administration fee will be charged to all withdrawing players | A fee in line with the OWHA participant registration fee will be charged to all withdrawing players |
| 3.2.1 | o A program will be established to enable the coaches to follow thesame teaching basics of a game plan and practice system of ournational sport. Occasional meetings will be held with the coaches andcoordinator of the program.o A program for each category from Novice to Intermediate, startingwith the basics of hockey will be set forth. The coordinator will beinvited to assist all team practices in order to see the playerprogression or suggest any modifications whatever the case may be. | o A program will be established to enable the coaches to follow thesame teaching basics of a game plan and practice system of ournational sport. Occasional meetings ~~will~~ may be held with the coaches andcoordinator of the program.o A program for each category ~~from~~ ~~Novice to Intermediate~~, ~~starting~~~~with the basics of hockey~~ will be set forth. The coordinator ~~will be~~~~invited to~~ may assist ~~all~~ team practices in order to see the playerprogression or suggest any modifications whatever the case may be. |
| 3.2.1 |  | Formatting: Remove~~Rules & Regulations May 2019~~~~Page 9 of 34~~ |
| 3.2.1.1 | The Coach Selection Committee will consist of the President, the DevelopmentCoordinator and the Risk and Safety Coordinator. | The Coach Selection Committee will consist of the President, the DevelopmentCoordinator and the VP Hockey Operations ~~Risk and Safety Coordinator~~. |
| 3.2.2.1 | • Minimum Certifications Required:Intro Coach/IP Players(Fundamentals)For All Coaches on the Ice with 5-6year oldCoach Stream (or equivalent) For All House League Coaches,Competitive Coaches & AssistantCoaches in CompetitiveDevelopment 1 (or equivalent)(recommended)For All Competitive Head Coaches | • ~~Minimum Certifications Required:~~~~Intro Coach/IP Players~~~~(Fundamentals)~~~~For All Coaches on the Ice with 5-6~~~~year old~~~~Coach Stream (or equivalent) For All House League Coaches,~~~~Competitive Coaches & Assistant~~~~Coaches in Competitive~~~~Development 1 (or equivalent)~~~~(recommended)~~~~For All Competitive Head Coaches~~ |
| 3.3 | It is strongly recommended that spouses do not serve as staff on the same team. | It is strongly recommended that spouses do not serve as primary staff members (Head Coach, Manager, Trainer) on the same team. |
| 5.1 | • Players who regularly miss practices, games or tournaments may, at the Coach’s discretion, be given less ice time than other players on her team. The executive willmonitor such denial of equal ice. | ~~• Players who regularly miss practices, games or tournaments may, at the Coach’s discretion, be given less ice time than other players on her team. The executive will~~~~monitor such denial of equal ice.~~ |
| 7.1 | • Coaches are encouraged to develop all players for specialty units such as power playand penalty killing since each team will be only as strong as its weakest players. | • Coaches are encouraged to develop all players for specialty units such as power playand penalty killing. ~~since each team will be only as strong as its weakest players.~~ |
| 8.0 | • All teams are required to open a team account at an accredited financial institution forthe current season, with signing authority for the account requiring two signatures. | • All teams are required to open a team account at an accredited financial institution for the current season~~, with signing authority for the account requiring two signatures.~~* The account must provide proof of financial summary with coaches validation
* Financial validation must be a 2 person process, with neither persons residing at the same address
* The account must be made available for auditing by team personal or executive at any time throughout the season
 |
|  | • A team budget is to be presented to and approved by the team players/parents and theCRGHA Treasurer at the beginning of the season. | • A team budget is to be presented to and approved by the team players/parents and provided to theCRGHA Treasurer at the beginning of the season. |
|  | • Player team fee refunds must be issued in a timely fashion at the end of the season, nolater than the year-end banquet. | • Player team fee refunds must be issued in a timely fashion at the end of the season, nolater than the end of the fiscal season May 31st ~~year-end banquet~~. |
| 10.0 | • Each team must specify someone, be it a coach, manager or parent, with an address,phone number, fax number and email address, as the contact for the team's iceallocation. All communication on ice allocation and scheduling will be between thiscontact person and the Ice Scheduler. | • Each team must specify someone, be it a coach, manager or parent, with a~~n~~ ~~address~~,phone number~~, fax number~~ and email address, as the contact for the team's iceallocation. All communication on ice allocation and scheduling will be between this contact person and the Ice Scheduler. |
| 10.0 | • The Ice Scheduler will allocate all ice, including ice for league play and team practiceice. | • The Ice Scheduler ~~will~~ is responsible to ensure all ice is allocated, including ice for league play and team practiceice. |
| 10.0 | Competitive teams - Shared ice practices can be allotted by the ice scheduler wherever necessary for Novice to Midget, 1 practice per week. | Competitive teams - Shared ice practices can be allotted by the ice scheduler wherever necessary ~~for~~ ~~Novice to Midget~~, 1 practice per week. |
| 10.0 | o House League teams - Shared ice practices can be allotted by the Ice Scheduler wherever necessary for Novice to Midget, 1 practice per week. | o House League teams - Shared ice practices can be allotted by the Ice Scheduler wherever necessary ~~for Novice to Midget,~~ 1 practice per week. |
| 12.1.1 | • The Equipment Director will present to the Executive quotes from a minimum of three (3) different suppliers for the purchase of new equipment exceeding $500. | • The Equipment Officer will present to the Executive quotes from a minimum of three (2) different suppliers for the purchase of new equipment exceeding $500. |
| 12.2.3 | • Each CRGHA player will receive a home and an away jersey. Each player is responsible for the maintenance and upkeep of their home/away jersey for the entirety of the season. Any damage to said jerseys will result in reimbursement to repair or replace the jersey. | ~~Each CRGHA player will receive a home and an away jersey. Each player is responsible for the maintenance and upkeep of their home/away jersey for the entirety of the season.~~ Any damage to said jerseys will result in reimbursement to repair or replace the jersey at the discretion of the executive. |
| 12.2.3 | • Jerseys may not be altered in any manner, except for stitching of nametags, “C” and “A” symbols, sponsors tags, stop patches, Canadian flags or for emergency player number clarification. | • Jerseys may not be altered in any manner, except for stitching of nametags, “C” and “A” symbols, Association approved sponsors tags, stop patches, Canadian flags or for emergency player number clarification.Any alterations (number change) must be approved by the executive and paid for by the requesting player at a cost determined at the start of the season. |
|  | At the end of each season team jerseys are to be returned clean, on hangers and with all nametags removed. | At the end of each season team jerseys are to be returned clean, on hangers and with all nametags removed by a date determined by the executive or a late fee of 50$ may be applied to the players account. |
| 12.2.5 | • Clothing Colours and Styles must include Red and White• The official CRGHA Logo must be used and located on the upper front left of the jackets.• Writing must be in white or red.• Any design and / or style must be submitted to the Vice President for approval by theCRGHA Executive Committee. | • Clothing must be from an association approved vendor. Any new clothing designs must be approved by the Board of Directors. ~~Colours and Styles must include Red and White~~~~• The official CRGHA Logo must be used and located on the upper front left of the jackets.~~~~• Writing must be in white or red.~~~~• Any design and / or style must be submitted to the Vice President for approval by the~~~~CRGHA Executive Committee~~. |
| 13.1 | 4. The Executive as a whole | 4. The Board of Directors as a whole |
| 13.2 | 3. The Executive as a whole | 3. The Board of Directors as a whole |
| 14.2 |  | Replace PRC with VSC |
| 15.4 |  | I will ensure that the “2 deep rule” is respect in all areas of the game such as but not limited to; dressing rooms, hallway conversations, etc. Any texting or social media interactions with a player must take place in a group team chat or the player and parents must be in the chat.  |
| June 2023 |
| 2.0 Permissions to Skate and Releases | 2.0 Permissions to Skate and Releases ● A Permission to Skate and/or Release will not be issued to a player who has not fulfilled her financial obligations to the CRGHA or who has not returned all CRGHA equipment and jerseys. ● A Permission to Skate will only be given to a player wishing to tryout for a team with another OWHA Association at a level higher than the team(s) offered by the CRGHA at her age level for the current season (September to April). If the player has registered with the CRGHA, her registration will remain in effect. ● A Release will only be given to a player who has been accepted onto a competitive team with another OWHA Association at a level higher than the team(s) offered by the CRGHA at her age level for the current season (September to April), or for a house league team if the CRGHA does not offer such a team at her age level. The player's registration will no longer remain in effect. ● All Permission to Skate and/or Releases must be approved by the Executive. | 2.0 CRGHA Player Movement Policy in line with OWHA’s Player Movement Policy; ● A Permission to Skate and/or Release will not be issued to a member who has not fulfilled their financial obligations to the CRGHA or who has not returned all CRGHA assets, equipment and jerseys. ● A Permission to Skate will be given to any member wishing to tryout for a team with another OWHA Association, providing the below timelines are met: − Requests must be submitted a minimum of 48 hours prior to the player’s tryout. − Permissions to Skate will only be provided to players up until 10 days before CRGHA tryouts begin at that level, any requests made between this date and the end of tryouts will be accommodated via a release. ● A Release will be granted to a member who has been accepted onto a competitive team with another OWHA Association or would like to tryout for another team but has not met the Permission to Skate timeline obligations, with the explicit understanding that: − Players leaving to attain play at a higher level than that which is offered by CRGHA will be released without conditions. − Players leaving to play at a level offered by CRGHA or lower will not be invited back to competitive team tryouts for a period of 2 years unless granted an exception by the executive board. − Release requests made after a player has been offered and accepted a position on a competitive team (level B or higher) will incur a $200 administrative fine. ● All Permissions to Skate and/or Releases may only be approved by the President or Vice President |
| May 2023 |
| 1.4 -Registration Refunds | September 2nd to December 31st Administration Fee + Pro-rated to the amount of ice time used + OWHA and ODWHA Fees paid on the players behalf | September 2nd to December 31st Administration Fee + Pro-rated to the amount of ice time used + any other Fees paid on the players behalf |
| 3.1 General | Association will cover the cost for up 5 bench staff per team for insurance purposes. | Association will cover the cost for up 4 bench staff per team for insurance purposes. |
| 4.2 Competitive Teams  | players within a division are eligible to try-out for a competitive team including players that are brought up from a lower level. | players within an age level (such as U7, U9, U11, U13, U15, U18) are eligible to try-out for a competitive team including players that are brought up from a lower age level. |
| 4.3 House League Teams | Players are expected to play within their age level. A request to play in a higher division will be considered only if the following criteria are met: | Players are expected to play within their age level (such as U7, U9, U11, U13, U15, U18). A request to play in a higher age level will be considered only if the following criteria are met: |
| 4.3 House League Teams | The higher division needs additional players.The player is capable of playing at the higher division. | The higher age level needs additional players.The player is capable of playing at the higher age level. |
| 15.7  |  | Youth volunteers interested in supporting younger teams must be at least a registered U13 player or above and be insured. All youth volunteers will be approved at the discretion of the coaching staff in consultation with the VP of Hockey Operations and Risk & Safety coordinator.  |
| 1.4 | A $25.00 administration fee will be charged to all withdrawing players. | A $50.00 administration fee will be charged to all withdrawing players. |
| 1.3 | There will be a $25.00 charge on all NSF cheques. At the discretion of the Executive, | There will be a $50.00 charge on all NSF cheques. At the discretion of the Executive, |
| 12.2.6 |  | Competitive Team Equipment Compliance• Players in a competitive Team B or higher must wear -Black Gloves-Blank Helmet-Black pant or pant covers |
| 3.2.2.3 | • At the discretion of the Risk & Safety Officer, coaching evaluations by both parents and players will be carried out before the end of the regular season.• It is recommended the parents and players be notified in advance by the Risk & Safety Officer of the date set to complete evaluations. | • Coaching evaluations by both parents and players will be carried out before the end of the regular season.It is recommended the parents and players be notified in advance of the date set to complete evaluations. |
| 3.2.2.3 | • While players have the option of not signing, parents will be strongly encouraged to sign their evaluation.• Each season the coach evaluation process produces a rating of eachincumbent Coach in one of three categories:1. Acceptable to continue coaching2. Conditionally acceptable to continue coaching subject to certainconditions:(e.g. more training, identified areas for improvement, probationary basis, assistant coach only etc.)3. Unacceptable for continued coaching (extreme cases only)• Preference will be given to coach candidates that have a successful category 1 coach rating.• Candidates in category 2 will be assessed by the Coach Selection Committeeand may result in the disqualification or lowering of preference for the coach candidate. | Don’t believe this is necessary. Remove |
|  | Past Changes April 25, 2019 |  |
| 3.1 General | Point 2 – All on-ice and/or on-bench teamstaff must attend a Speak Out! AgainstAbuse and Harassment sessionPoint 5 - The cost to team staff for acquiringthe necessary trainer certification (Level I or II)and coach certification (Intro Coach/IP, CoachStream or Development 1) will not bereimbursed by the CRGHA. | Point 2 – All on-ice and and/or on-benchteam staff must complete the online Respectin Sport for Leaders course.Point 5 - The cost to team staff for acquiring thenecessary trainer certification (Level I or II) coachcertification (Intro Coach/IP, Coach Stream orDevelopment 1) will be reimbursed by theCRGHA. |
| 12.2.3 – Team Jerseys | Each team shall appoint one or two people tocollect all jerseys after every game andmaintain as required.At the end of each season team jerseys are tobe returned clean, on hangers and with allnametags removed. | Each CRGHA player will receive a home andan away jersey. Each player is responsible forthe maintenance and upkeep of their home/awayjersey for the entirety of the season. Any damageto said jerseys will result in reimbursement torepair or replace the jersey.At the end of each season team jerseys are to bereturned clean, with all nametags removed. |
| 12.3.5 – Team Logoware | Clothing Colours and Styles must be Greenand BlackThe word “Lightning” is optionalWriting must be in gold | Clothing Colours and Styles must include Redand WhiteWriting must be in white or red |
| 14.2 – Police RecordChecks | PRC’s are required for each volunteer once ayear. | PRC’s are required for each volunteer. These arevalid for 2 years |
| 14.3 Speak out! AgainstAbuse and Harassment | All volunteers working closely with players,including head coaches, assistant coaches,trainers, and changing room supervisors mustattend an accredited Speak Out! Session withinone month of assuming their respective role inthe CRGHA. | This is now called Respect in SportAll volunteers working closely with players,including head coaches, assistant coaches,trainers, and changing room supervisors with theCRGHA must complete the online Respect inSport course before November 1. |
| 15.2 CRGHA additionalrules | There will always be at least 2 adults in thechange rooms with the players when changing.If I’m one of these adults, I will have followed a“Speak Out” class. | There will always be at least 2 adults in thechange rooms with the players when changing. IfI’m one of these adults, I will have followed a“Respect in Sport” course. |
| 15.4 CRGHA additionalrules | There will always be at least 2 adults in thechange rooms with the players when changing.These 2 adults will have followed a “Speak Out”class.Any helpers I use on the bench during gameswill be registered with CRGHA as an activemember for my team. They will have followed a“Speak Out” class | There will always be at least 2 adults in thechange rooms with the players when changing.These 2 adults will have followed a “Respect inSport” course.Any helpers I use on the bench during games willbe registered with CRGHA as an active memberfor my team. They will have followed a “Respectin Sport” course. |
| 16.4 Players receivingpenalties under Hockey Canada rules 33, 34, 49,50, 53 AND 71 | CRGHA will not tolerate abuses under theseHockey Canada rules. Players taking penaltiesunder these rules will be subject to review. | This section referred to rules that HockeyCanada has but are now adopted in differentdocuments so the numbers aren’t the same. Iwas not able to locate the old rules so I havetweaked the heading this way for now.The body itself is still fine, just the heading andthe first point that needs to be changed.16.4 Players receiving major penaltiesCRGHA will not tolerate abuses under the rulesregarding major penalties as set forth by HockeyCanada. Players taking penalties under theserules will be subject to review. |
| 1.3 General rules | There will be a late registration fee of $100applied to all registrations beginning August2nd. | There will be a late registration fee of $100applied to all registrations beginning August 31st |