

Part I

CONSTITUTION

As amended at the Annual General Meeting of the Cornwall Girl's Hockey Association on May 15, 2018.

WHEREAS the Cornwall Girl's Hockey Association (CGHA) is a voluntary Association of members and individuals designed to promote and foster female hockey.

AND WHEREAS members and individuals participating in the activities and games sponsored by the CGHA have confidence in the judgment of the Executive of the CGHA.

AND WHEREAS it is declared that one of the purposes of this Constitution, and the Association's By-laws, Regulations and Rules shall be to confer upon the CGHA and its Executive all of the powers of a fully self-governing organization;

NOW THEREFORE be it enacted:

ARTICLE ONE

Name

This organization shall be called the Cornwall Girl's Hockey Association.

ARTICLE TWO

Governing Body

This Association is the governing body of female hockey in Cornwall. This Association is a member of the Ontario Women's Hockey Association, the Ontario Hockey Association and the Ontario Hockey Federation. Through the Ontario Women's Hockey Association (OWHA), this Association shall be affiliated with Hockey Canada. The Constitution, Rules and Regulations and By-Laws of the OWHA shall prevail for all issues not covered by this constitution

ARTICLE THREE

Objectives

The objectives of the Association are:

To promote the participation of girls and women in all aspects of female hockey.

To foster and encourage leadership programs in all areas related to the development of female hockey in Cornwall; and

To promote hockey as a game played primarily for enjoyment but also fostering sportsmanship and life skills.

ARTICLE FOUR
Membership

Membership in the Association shall consist of:

Players who:

1. Have registered and have been accepted by the Executive of the Association; and
 2. Have agreed to abide by and comply with the Constitution, By-Laws, Regulations and Rules, Code of Conduct of the Association; and
 3. Are in good standing.
- B. Parents/Guardians of players who have not reached the legal voting age.
C. Officers and Members of the Executive Committee.

Coaches and managers and other officials appointed by the Executive Committee

ARTICLE FIVE
Officers

The Officers shall consist of the President, the First Vice-President, the Second Vice-President, the Secretary and the Treasurer.

ARTICLE SIX
Executive Committee

The Executive Committee shall be composed of:

1. The five Officers and as many Directors as deemed necessary by the Executive Committee to operate the CGHA effectively.

The Members of the Executive Committee will be elected for a one year term at the Annual General Meeting with the exception of the Immediate Past President and the Major Sponsor representative.

- A. The Members of the Executive Committee shall not be subject to any personal legal liability for any actions taken by them in that capacity.
- B. The Executive Committee shall have the power to fill any vacancies among the elected Officers by appointing other members of the Association as Officers.
- C. The President shall only vote when it is necessary to break a tie.
- D. Any Executive Member missing three consecutive meetings may be replaced at the discretion of the Executive Committee.

ARTICLE SEVEN
Authority of Executive Committee

The Executive Committee shall have control of the affairs of the Association and the primary responsibility for achieving its objectives

The Executive Committee shall have the power to appoint such committees, as it considers necessary to assist in carrying out its responsibilities.

ARTICLE EIGHT

Annual General Meeting

- A. There shall be an Annual General Meeting on or before May 31st of each year, with the date and location to be designated by the Executive Committee.
- B. The agenda for the Annual General Meeting must include:
 - 1. the minutes of the preceding Annual General Meeting;
 - 2. the presentation of the Annual Financial Statement which is in accordance with generally accepted accounting principles;
 - 3. the election of Officers and Executive Committee; and
 - 4. the ratification of any expulsions, By-Laws, Regulations, Rules or Appointments made by the Executive Committee during the previous year.

ARTICLE NINE

By-Laws

The Executive Committee may, from time to time, set, repeal or amend such By-laws as it deems necessary for the conduct of the business of the Association in a manner consistent with this Constitution. The powers in ARTICLE NINE (A) of this Constitution may be exercised by a majority vote at an Annual General Meeting.

- A. Any changes to the By-Laws by the Executive Committee shall be in force but subject to ratification by a majority vote at the next Annual General Meeting.
- B. Any changes to the By-Laws by the Executive Committee, which fail to receive ratification, may not be re-introduced and any By-Law changes made at an Annual General Meeting may not be modified by the Executive Committee, in both cases, for a period of three years.

ARTICLE TEN

Regulations and Rules

- A. The Executive Committee may, from time to time, set, repeal or amend:
 - 1. such Regulations as it deems necessary for the structure of leagues and teams, age categories, fees, membership, associate membership and any other matter related to the carrying out of its objective; and
 - 2. such Rules as are more restrictive than those established by Hockey Canada and the Ontario Women's Hockey Association.
- B. The powers in ARTICLE TEN (A) of this constitution may be exercised by a majority vote at an Annual General Meeting.
- C. Any changes to the Regulations or Rules made by the Executive Committee shall be subject to ratification by a majority vote at the next Annual General Meeting.
- D. Any changes to the Regulations or Rules by the Executive Committee, which fail to receive ratification, may not be re-introduced and any changes made at an Annual General Meeting may not be modified by the Executive Committee, in both cases, for a period of three years.
- E. All hockey played under the jurisdiction of the Association shall be governed by the Association's Regulations and Rules.

ARTICLE ELEVEN**Financial Year**

The fiscal year of the Cornwall Girl's Hockey Association shall terminate on the 31st day of May each year.

ARTICLE TWELVE**Constitutional Amendment**

This Constitution may be amended at an Annual General Meeting by a two-thirds majority of all votes cast, provided that notice of proposed amendments are announced to the Association members at any time during the preceding Annual General Meeting.

Part II

BY-LAWS

ARTICLE ONE Executive Committee

The Executive Committee shall set the policies and conduct the business of the Association

The Members of the Executive Committee shall report to and be subject to the direction of the Executive Committee in carrying out their responsibilities.

ARTICLE TWO Duties of Officers

(A) President

1. The President shall be the chief executive officer of the Association.
2. The President shall keep informed of all matters pertaining to the business of the Association.
3. The President shall preside at all meetings of the Executive Committee and at all Annual General Meetings of the Association.
4. The President shall be an *ex officio* member of any Committees appointed pursuant to ARTICLE SEVEN (B) of the Constitution.
5. The President shall represent the Association in relation to other bodies and at events and shall have the prerogative to appoint any person to carry out this duty on behalf of the President.
6. The President may, from time to time, appoint persons to *ad hoc* Discipline Committees.
7. The President may designate, from time to time, the Vice-President-Competitive to carry out the duties of the President when the President is absent or unable to act.
8. The President shall be responsible for player registration and releases.
9. The President sets up agendas for all executive meetings.
10. The President shall submit to the Annual General Meeting a report of the Association's activities over the previous year.

(B) Vice-Presidents (3)

1. The First Vice-President shall assist the President and assume the duties of the President in his/her absence, with the Second Vice-President then assuming the responsibilities of the First Vice-President and the Third Vice-President then assuming the responsibilities of the Second Vice-President accordingly.

(C) Secretary

1. Shall record and preserve the minutes of all meetings of the Executive Committee and all General Meetings of the Association.
2. Shall deal with all correspondence of the Association as instructed by the President or the Executive Committee.
3. Shall maintain an up-to-date list of the Executive with addresses and phone numbers.
4. Shall notify the Executive Officers of the time and place of meetings.
5. Shall be one of three signing officers for the Association.
6. Shall organize all meetings of the CGHA executive committee.
7. Shall ensure that all Association records are duly filed and safely stored; including financial, membership, meetings, correspondence and statistical files.
8. Shall provide minutes of previous meetings.

(D) Treasurer

1. Shall have general responsibility for the finances of the Association and shall chair the Finance Sub-Committee to be appointed pursuant to ARTICLE SEVEN (B) of the Constitution.
2. Shall collect and record all funds received by the Association and shall record and pay all accounts. Payment of accounts in excess of \$500.00 shall require the prior approval of the Executive Committee. The Treasurer shall have joint signing authority together with two other Officers designated by the Executive Committee in relation to all disbursements.
3. Shall keep under review the financial position of the Association.
4. Shall present a budget for the approval of the Executive Committee at its first meeting following the Annual General Meeting.

**ARTICLE THREE
Duties of Directors**

- A. A Director is a member of the Association elected for a one-year term at the Annual General Meeting.
- B. Each Director and the two Vice-Presidents will be elected to fill one of the following positions:

1. Special Projects Coordinator

- i. Shall be a member of the finance sub-committee.
- ii. Shall organize Special Projects and Events
- iii. Shall organize the Annual General Meeting and Banquet/Team Parties
- iv. Shall be responsible for maintaining the CGHA trophy case.

2. Vice President of House League

- i. Shall chair all house league Disciplinary committees.
- ii. Shall be responsible for the registration of all House league teams with the OWHA.
- iii. Shall recommend Atom to Midget House League Coaches to the Executive Committee.
- iv. Shall organize all House League pre-season player evaluations.
- v. The Junior and Senior House league Directors shall report directly to the V.P. of House League

- vi. Shall ensure that all House League Coaches, volunteers and players adhere to the Code of Conduct

3. House League Director - Fundamentals

- i. Shall be responsible for the formation of the Hockey FUNdamentals Program (Tyke) and the Novice House League teams.
- ii. Shall develop the Novice House League schedule, including games, tournaments and playoffs.
- iii. Shall work with the Vice-President of Development on Skills Development for the Novice House League teams.
- iv. Shall recommend Novice House League Coaches to the V.P. Development.
- v. Shall serve as co-chair for House League Disciplinary Committees.
- vi. Shall be responsible for allocation of Novice House League team equipment working with the Equipment Manager.
- vii. Shall ensure that all Novice House League Convenors and Team Officials are kept up to date with all OWHA policies and procedures that may affect them.
- viii. Shall co-ordinate team photographs for the Novice House League programs

4. (F) Vice President of Competitive Teams

- i. Shall be responsible for the registration of competitive teams with the appropriate governing body.
- ii. Shall be the CGHA representative for district and provincial play.
- iii. Shall recommend competitive team coaches to the Executive Committee.
- iv. Shall chair all competitive team disciplinary committees.
- v. Shall be the CGHA representative for competitive team categorization.
- vi. Shall be responsible for allocation of competitive team equipment working with the Equipment Manager.
- vii. Shall ensure that all Competitive Team Officials are kept up to date with all OWHA policies and procedures that may affect them.
- viii. Shall conduct pre-season meetings with coaching staffs.

5. Director of Ice & Referees

- i. Shall negotiate Ice Contracts.
- ii. Shall assign Ice allotments to House League and Competitive teams.
- iii. Shall co-ordinate ice purchases, sales, cancellations and payments.
- iv. Shall prepare invoicing for all internal ice sales.
- v. Shall recommend a Referee-In-Chief to the Executive Committee.
- vi. Shall be a standing member of all discipline committees.
- vii. Shall assign timekeepers for House League games.
- viii. Shall arrange for payment of referees and timekeepers for House Leagues.

6. Vice President of Hockey Development

- i. Shall work with Directors - House League and convenors on Skills Development
- ii. Shall develop and maintain off-ice programs.

- iii. Shall provide information and instruction on programs for new volunteers and players.
- iv. Shall organize special programs i.e.: Power skating and goaltender clinics.
- v. Shall organize clinics for coaches, trainers and referees.
- vi. Shall be responsible for the Development and Curriculum of the Initiation Program.

9. Tournament Coordinator

- i. Shall handle all aspects of the CGHA Annual Tournaments
- ii. Shall ensure that all OWHA criteria are met.
- iii. Shall recruit tournament subcommittee members.
- iv. Shall prepare a Tournament Budget and present to the Executive Committee.
- v. Shall be one of three signing Officers for the Association.

10. Registrar

- i. Shall be responsible for the overall management of the Registration program.
- ii. Shall collect and process all player registration fees.
- iii. Shall deposit all registration funds and provide the Treasurer with a reconciliation of all registration funds.
- iv. Shall maintain a database record of all membership within the CGHA.
- v. Shall retain all association registration documentation.
- vi. Shall assist the Directors of Competitive and House League teams in finalizing team registrations with the OWHA, according to OWHA regulations.
- vii. The Registrar, in conjunction with the President and Treasurer, may determine special registration payment arrangements.
- viii. Shall advertise registration dates in the media and newsletter.

11. Website Manager

- i. Shall be responsible for the Association's Website and upkeep.
- ii. Shall produce and promote communication and materials as may be required by the Executive of the CGHA

12. Equipment Manager

- i. Shall be responsible for the distribution, collection, storage and repair of equipment belonging to the Association.
- ii. Shall maintain an up-to-date inventory of all CGHA equipment and team uniforms.
- iii. Shall make recommendations to the executive committee on equipment needs and repairs for the upcoming season and shall prepare a budget to cover those expenditures.
- iv. Shall be responsible for the purchase of all equipment as approved by the Executive.

13. Past President

- i. Assist the President in conducting the business of the CGHA.
- ii. Shall serve as a chairperson at the elections of the officers at the AGM.

14. Risk and Safety Manager

What is Risk Management?

1. Risk Management is using a structured risk management process to minimize reasonably foreseeable physical, financial or legal harm to people, disruption to operations and damage to the environment and property.
2. The CGHA policy is to practice risk management to support and enhance activities in all areas of our organization and to ensure that risk management is an integral part of CGHA's decision-making process

What is Safety Management?

1. Before and during an event, ensure all CGHA members' are responsible to monitor the playing area for any potential safety hazards.
2. All involved with the on-ice portion of events should identify, minimize or eliminate all risks to make the playing area as safe as possible.

1, The director of Risk and Safety shall be responsible for VS Police checks for all coaches, bench staff and managers. Also, will be responsible for all other requirements set out by CGHA.

2, The director of Risk and Safety shall follow the above principles to make sure players, parents, officials and spectators are safe

3, The director of Risk and Safety shall ensure the proper use of Portable Digital Devices

4, The director of Risk and Safety shall keep up to date on concussion policy and make sure it is implemented. Hockey Canada concussion policy. 6 steps concussion return to play protocol.

5, The director of Risk and Safety shall make sure locker room protocol is followed

6, The director of Risk and Safety shall report to the executive for above listed duties

15. Marketing Director

- 1, The Marketing Director shall be responsible for the organization and implementation of all apparel
- 2, The Marketing Director shall be responsible for all marketing activities for CGHA
- 3, The Marketing Director shall ensure the proper use of the CGHA logo
- 4, The Marketing Director shall be responsible for the undertaking of approved vendors
- 5, The Marketing Director shall help with all aspects of marketing for both the Cornwall Tournaments
- 6, The Marketing Director must report and seek approval from the executive for all aspects listed.

1.01 The by-laws of the CGHA may be repealed or amended by by-law enacted by a two thirds(2/3) vole of the Executive Members entitled to vote and present a meeting of the Executive duty called for the purpose of considering the said by-law

1.02 A proposed by-law amendment shall be presented to the Members of the Executiveand endorsed at its next annual meeting By-law 2018-001.

1.03 Removal of Elected Executive Members

Once elected any Executive Member may be removed from the position,by a majority vote of the members at a regular meeting of CGHA. However in the event that the Member has been found guilty of fraud or other such serious misconduct or found to be damaging the reputation of CGHA and what it stands for the Member shall be immediately removed from the Executive By-law 2018-01 CGHA

1.04 Conflict of Interest

Every Member who has or is perceived have a pecuniary or vested interest in any of the decisions taken by the executive of CGHA shall declare it and refrain from discussing and voting on the matter declared.

ARTICLE FOUR

General Meetings

A. General Meetings

1. The Executive Committee may call a general meeting of the Association from time to time as may be required.
2. At least 30 days notice of such meetings shall be provided to all members of the Association together with a statement of the purpose of the meeting and the proposed agenda.

B. Annual General Meeting

1. Nominating Committee: At each Annual General Meeting a Nominating Committee shall be elected, consisting of the Immediate Past President and two other members elected

from the floor, whose duty shall be to present a slate of candidates for election to the Executive Committee at the next Annual General Meeting. The Secretary must receive the slate in writing at least 30 days in advance of the Annual General Meeting.

2. Other Nominations: Members may nominate additional candidates for election to the Executive Committee, in writing and received by the Secretary at least 30 days in advance of the Annual General Meeting. All such nominations must have a nominator, a seconder and permission from the candidate.
3. Amendments: All proposed amendments to the By-Laws, Regulations or Rules must be received in writing by the Secretary at least 30 days in advance of the Annual General Meeting.
4. Notice: At least 30 days in advance of the Annual General Meeting, the Secretary must send out to all members the notice of the Annual General Meeting, the Agenda, the Nominating Committee's Slate of candidates, any other nominations which have been received and all proposed amendments to By-Laws, Regulations and Rules.
5. Amendments Made During the Year by the Executive Committee: All changes to By-Laws, Regulation or Rules made during the year by the Executive Committee, as authorized in the Constitution, ARTICLES NINE and TEN, must be included on the list of amendments sent out by the Secretary.
6. Agenda for Annual General Meeting
 - i. Acceptance of the Minutes of the previous Annual General Meeting.
 - ii. Report of Officers and committees.
 - iii. Presentation of Awards
 - iv. Presentation to players.
 - v. Financial Statement
 - vi. Amendments to the Constitution and or By-Laws.
 - vii. Election of Officers and Directors.
 - viii. New Business
 - ix. Motion to adjourn.

C. Voting at General Meetings

1. Every member of the Association shall be entitled to vote at the Annual General Meeting.
2. Players who are not of age (18 years) may be represented by one parent or legal guardian.
3. The President shall only vote in the event of a tie.
4. No *quorum* shall be required at general meetings including the Annual General Meeting.
5. Voting for the purpose of elections shall be by secret ballot.
6. Voting for the purpose of elections shall be the responsibility of the nominations committee.

ARTICLE FIVE

Meetings of the Executive Committee

Calling, Notice and Agenda

1. The President shall call meetings of the Executive Committee as required but at least four times per year.
2. Notice of meetings shall be provided in writing at least 3 days in advance together with notice of any proposed agenda items that are known by the President at the time.
3. The financial sub-committee shall review the financial situation of the Association and report to the Executive Committee.
 - i. Immediately after registration has been reconciled.
 - ii. After the Annual tournaments.
 - iii. The end of January.

- iv. Before the Annual General Meeting.
4. Minutes of the Executive Committee meetings will be posted.

Voting

1. Every member of the Executive Committee shall be entitled to vote at meetings of the Executive Committee.
2. The President shall only vote in the event of a tie
3. A *quorum* of at least one-half of the Members of the Executive Committee is required.
4. Voting by proxy shall not be permitted at Executive Committee meetings.

ARTICLE SIX

Expulsion

The Executive Committee shall hold a special meeting to consider whether any member should be expelled for cause. At least 7 days notice of such meeting shall be provided to such member and to the Members of the Executive Committee together with the reasons for the proposed expulsion. Such member shall be given full opportunity to be present and to be heard.

ARTICLE SEVEN

Disciplinary Committee, Appeal Tribunal

All disciplinary matters, including suspensions, shall be dealt with by the Association in accordance with the Rules and Regulations of the Association and the Code of Conduct.

Disciplinary Committee

1. Where a disciplinary matter arises, the President shall appoint a special Disciplinary Committee to deal with the matter.
2. The Disciplinary Committee shall be chaired by the Director of Competitive teams or the Director of House Leagues as appropriate.
3. A Disciplinary Committee shall conduct itself with fairness and impartiality and shall provide a full opportunity for all parties to be heard.

Appeal Tribunal:

1. Where the Rules and Regulations provide for an Appeal from the decision of the local association, the Appeal shall be heard by the Appeal Tribunal of the OWHA, as per the OWHA Constitution.

ARTICLE EIGHT

Amendments

A proposed amendment to the By-laws of the Association must be received by the Secretary in writing at least 30 days in advance of the Annual General Meeting.

PART III REGULATIONS

REGULATION ONE

1) Registration

- a. Players must have completed CGHA registration requirements and fees before being allowed on to the ice or participating in any CGHA event.
- b.
- c. Completed registration forms shall be accompanied by a copy of the player's birth certificate, and shall be signed by legal parent or guardian.
- d. Post-dated cheques will not be allowed.
- e. Financial hardship cases shall be referred to the President, Registrar and Treasurer. They may determine special registration payment arrangements.

f. **Refund Policy**

Refunds – if player withdraws before September 15

- i. All monies paid will be returned if a player cannot participate due to lack of space/team viability.
- ii. All but the \$50.00 non-refundable fee due at time of registration will be returned if a player withdraws.
- iii. All refund cheques will be issued on approximately October 15.

Refunds – if player withdraws after September 15

- i. Withdrawals must be requested in writing to the registrar. The registrar will date the receipt of the request.
- ii. Before November 15, \$100.00 administrative fee will be deducted from the refund.
- iii. No refunds will be given after November 15.
- iv. All financial commitments to teams must be met or this cost will be subtracted from refund.
- v. All equipment and sweaters must be returned or this cost will be subtracted from refund.
- vi. Refund cheques will be issued on approximately December 1.

- g. The OWHA Insurance fees are non-refundable.

2) **Player Release or Permission to Skate ****

A player Release or Permission to Skate is not required for movement to and from boys hockey associations as they are not part of the OWHA. However, if the player was with a another girl's association prior to playing in a boy's association, then she will need to obtain a Release from that girl's association before playing with CGHA.

A player will also be required to produce a Release from her most recent association even if she has not played for a number of years.

a. Permission to Skate (PTS)

A PTS will not be issued to a CGHA player who has not fulfilled her CGHA/team financial obligations and has not returned all CGHA equipment/materials.

A PTS may be granted for the purpose of participating in another girls association off-season programs such as summer camps and skills development events.

A PTS will not be granted for a registered CGHA player that has been offered a position on a CGHA team and that player has communicated acceptance and has paid a CGHA registration fee as well as a team fee. In this scenario, it will be ruled that the player has committed to that team and tier for the upcoming season with the CGHA.

A PTS will be granted to players who have tried out for a team within the CGHA and was not successful in making that team to allow them to try out for another team at the same level.

To request a PTS from the CGHA, please fill out the OWHA PTS Form and send to the CGHA Registrar.

b. Releases

A Release will not be issued to a CGHA player who has not fulfilled her CGHA/team financial obligations and has not returned all CGHA equipment/materials.

A Release will not be granted to a registered player who has been offered a position on a CGHA team and that player has communicated acceptance and has paid a CGHA registration fee as well as a team fee. In this scenario, it will be ruled that the player has committed to that team and tier for the upcoming season with the CGHA.

If a release is given to a player to try out for another association team at the same level or higher and the player is not successful, the player is still eligible to return to the CGHA the same year.

Any player who has been granted two releases from the CGHA will require CGHA Executive approval prior to returning to CGHA. To submit a request please email/contact the CGHA Registrar.

To request a Release from the CGHA, please fill out the CGHA Request for Release Form and send to the CGHA Registrar. The Release will require approval from the CGHA executive as designated in the constitution.

The CGHA is open to hearing parent/guardian/player special case presentations for review and determination as it pertains to a PTS or Release*

Approved at the CGHA executive meeting, March-2018 - to be brought forward for ratification the CGHA AGM 2018

** (approved executive meeting April 2018--to be brought forward for ratification AGM 2018 ratified on May 15th,2018)

**3) Categories (Note: All ages are as of December 31,)
All teams playing within the CGHA, shall play within approved OWHA categories**

Initiation	Open age	Bantam	14 & under
Novice	8 & under	Midget	17 & under
Atom	10 & under	Intermediate	21 & under
Peewee	12 & under	Senior	Open age

**REGULATION TWO
Player Movement**

The Cornwall Girls Hockey Association regards itself as one of the top developmental girls hockey programs in Ontario and as such there has to be a process in place to allow a proper progression of players to grow continuously from the “Fundamental” level through to the highest age category.

Over the years the Cornwall Girls Hockey Association has dealt with player selection and “player movement” to higher levels. The CGHA has had to assess various factors regarding player movement.

The CGHA actively discourages players from participating in divisions that are outside their age range. To achieve such a goal and to ensure a “continuous” progression of development, players should not skip a year in any given age category and should always play at an age appropriate level.

The Association encourages players to participate in divisions that are within their age range. If a player is of Peewee age, she should be participating in the Peewee age category. A player, if put in a social setting where she may not be comfortable or where age difference may be a hindrance, regardless of her own skill level, can be disruptive to a team’s delicate balance and to the individual’s total development. This type of disruption may not be beneficial to the team as a whole. Furthermore, we believe that every player can benefit from the opportunity to be the leader of the team.

The Association, however, recognizes rare exceptions to the player movement criteria. The player movement provision is intended for the exceptionally skilled player who will have an impact at the higher age category. The final approval will be made by the Association Executive Committee.

We recognize that this policy may result in a player not being able to play on the team of her choice. Unfortunately, this might result in the CGHA having to lose a good player to another organization. This is a

sacrifice we feel may be appropriate for the good of the Association and to ensure continuity in the player movement process.

REGULATION THREE
Coaches and trainers

- A) All CGHA teams must have registered at least one coach with a minimum certification of National Coaching Certification Program (NCCP) “Coach” Level (or Hockey FUNdamentals Programme (Hockey Canada Initiation Program – CHIP) for Atom, Novice, Hockey FUNdamentals, and House League). The OWHA recommends that OWHA competitive teams encourage at least one member of their coaching staff achieve NCCP “Intermediate” level certification.
- B) All CGHA teams must have a registered trainer with a minimum of HTCP Level 1 certification, preferably a female present at all OWHA sanctioned events.
- C) All CGHA Coaches, Asst. Coaches, Trainers and Team Managers and Personnel will conform to the CGHA Code of Conduct.

REGULATION FOUR
Amendments

All proposed amendments to the Regulations must be received in writing by the Secretary at least 30 days in advance of the Annual General Meeting.

PART IV

RULES

RULE ONE **Rules for Competition**

- A) Hockey Canada rules shall be followed including the rules specific to female hockey.
- B) The CGHA Executive Committee may amend OWHA rules to be more restrictive in nature.
- C) The wearing of a BNQ certified throat protector is mandatory for all players registered with the Cornwall Girl's Hockey Association.
- D) All players shall wear full protective equipment and clothing while on the ice, bench or area of play.
- E) It is the responsibility of the parent/guardian to ensure that all protective equipment is of the proper type, size and state of repair.
- F) Any person who is not a registered player, coach, asst. coach, trainer or Association official is not allowed on the ice or on the bench.
- G) Players who have been injured during play or practice and were not able to return during the session, in which they were injured, must have a Physician's note before being allowed to participate in any further play or practice.
- H) It is recommended that every player participating in a Cornwall Girl's Hockey Association sanctioned play or practices, practice drills or scrimmages on the ice surface wear an intra-oral mouth guard.

RULE TWO **House league teams**

- A) House league teams will be formed based on number of players registered.
- B) Teams will be selected according to evaluations and a draft system. Novice and Atom House League teams will not be formed until these Divisions have had at least four (4) Skills and Development sessions.
- C) Players may be moved to promote fair competition between teams.
- D) House league players will receive fair ice time.
- E) Players from the same or next lower age category may be used in the event that one or both of the teams involved in league play may not have enough players to facilitate a game, due to illness, injury or absence.

- F) When necessary, exceptions will be made to allow the use of higher age category Goaltenders.
- G) House league coaches, who require “pick-up” players, must first obtain coaches/parent/guardian permission before allowing the player to participate in higher age category games. The Vice President of House League shall be involved in the decision.
- H) The CGHA will each year establish a House League Advisory Committee at the Annual AGM. The House League Directors of Fundamentals, Junior Division and Senior Divisions, and the Vice President of Hockey Development will represent the Executive Committee on this committee. A total of 11 additional members may be appointed by the Executive Committee. Five of the 11 appointed members will be designated Convenors who will direct the Novice, Atom, Peewee, Bantam and Midget age groups. (see Appendix 1)

RULE THREE

Competitive teams

- A) Competitive teams will be offered based on registration numbers.
- B) Competitive teams shall be formed on the basis of “try-outs”.
- C) 1) Players wishing to “try-out” shall have completed all registration requirements.

2) **A “Permission to Skate” and/or a “Player Release” form must be presented for any non CGHA player wishing to try out for CGHA competitive teams without the necessity of being registered with the Cornwall Girls Hockey Association. Players must pay the tryout fee in full. If full registration fee is paid, then in that event, the player is considered to be a player with the Association. A quota of *three* unregistered players may be selected to Tier 1 teams.**
- D) Players who are not selected to play on competitive teams will play in the House league.

RULE FOUR

Suspensions

- A) All CGHA members must follow the OWHA Minimum Suspension guidelines as circulated prior to the commencement of each hockey season.
- B) OWHA Minimum Suspensions cannot be appealed.
- C) No person shall participate in any capacity in an OWHA sanctioned game or event (including practices) while under suspension.

RULE FIVE

Amendments

- A) All proposed amendments to the Rules must be received in writing by the Secretary at least 30 days in advance of the Annual General Meeting.

Cornwall Girls Hockey Association House League Playing Rules and Guidelines

1. HOUSE LEAGUE OVERVIEW

- a. The League will operate various series in the House League as decided by the CGHA Executive. Birth Dates for the season will be designated as of December 31st of that year.
- b. Each House League series shall contain a sufficient number of teams as are necessary to accommodate the registered players for each division. Such number of teams to be of a quantity to allow equalized scheduling of games during the playing season
- c. Players shall play in assigned house league age groups and will not be transferred between divisions for convenience (e.g. siblings, car pooling, etc.).
The CGHA Executive reserves the right to recognize rare exceptions as per Part 111 Regulation Two – Player Movement of the CGHA Constitution.
- d. Players may request to be placed on the same team as one other player. Corresponding player application forms must cross-reference the same player names (i.e. players may not be chained together through applications forms). Requests for placement with more than one other player will NOT be considered. Requests for player placement on teams are not guaranteed and are subject to approval by the V.P. of House League.
- e. Players will not be accepted by the CGHA while under suspension from any other League or Association.
- f. Players are eligible to play in one division only, unless otherwise approved by the V.P. of House League and the Executive Committee of the CGHA.
- g. The League will supply Goaltenders equipment, on a loan basis, including a chest protector, pads, gloves and a goalie stick. Each player/parent will fill out the 'Equipment Release Form' upon accepting the equipment. The goaltender must supply their own helmet and facemask. In case of NO FULL TIME GOALTENDER, the coach is responsible for the equipment.
- h. Equipment on loan must be kept in good working order and not be marked or defaced in any way.
- i. The coaching staff is responsible for the care, maintenance and return of any equipment lent out. The equipment is to be returned to the Equipment Manager or designate immediately upon completion of the current season.
- j. All registered players must have paid their fees fully by November 1st. Any player who has not paid their registration fees by November 1st will not be allowed to play until all outstanding fees are paid.
- k. Operation of each level of House League is the responsibility of the V.P. of House League and Conveners.
- l. Teams may be re-aligned to achieve better balance for a particular division. This re-alignment will be at the discretion of the V.P. of House League and will not take place until at least three (3) and not more than six (6) regularly scheduled games have been played and will be undertaken in consultation with the affected coaches.
- m. No players will be added to House league rosters after Feb. 1st or 4 weeks prior to Playoffs unless extreme conditions warrant same. (i.e. Goaltender excepted)
- n. House league teams will provide adequate parental volunteers to help with convening and registration at the annual House League Tournament.

- o. The ideal coaching staff will consist of a coach, two assistant coaches and a trainer. It is recommended that the team trainer be a woman.
- p. Players registered to participate in the CGHA will be appointed to House League Teams, using the player evaluations and coaches survey results as guidelines, and through a carefully monitored draft system.
- q. A latecomer to the House League will be placed on a neutral team, if need be, for evaluation before being placed on her final team.

2.

GENERAL PLAYING RULES

- a. This is a non-contact league and contact is prohibited for all levels. It is understood that incidental contact may occur. Intentional contact will result in a minor or major penalty, at the referee's discretion.
- b. All House League Division games will consist of three 14 minute running time periods with the last 2 minutes of the third period stop time.
- c. Full equipment is mandatory while on the ice. The player must have a CSA approved helmet, full facial protector, mouth guard (see Appendix 3) and BNQ throat protector. A player lacking this equipment is not allowed on the ice until they obtain such equipment.
- d. It is the coach's responsibility to ensure that all girls receive equal ice time. Coaches who have daughters on their teams should not devote extra time or attention to their daughter, either during practices or during games.
- e. For league and tournament games, the coach, at his/her discretion, may use a power line if the score is close and if it is near the end of a period or near the end of the game. However, it is up to the coach to ensure that no girl sits out unnecessarily. It is recommended that coaches discuss this option with the players and parents at the beginning of the season.
- f. All game sheets shall be filled out properly by filling the division, rink, date, time, your team number/colour and the visiting teams number/colour. Please print clearly the names and numbers of your players. The game sheet will be given to the timekeeper before the start of each game.
- g. To allow the coach time to plan the lineup, players must be in the dressing room and dressed at least fifteen minutes before game time. Please have a parent call the coach well in advance if their daughter will miss a game.
- h. Players may not step on the ice until the ZAMBONI is off the ice and the doors are CLOSED. At the completion of the game, teams must exit the ice promptly (visitors first)
- i. If a goaltender gets sick or injured during the game and is unable to continue, the team has ten minutes to dress another player to resume the game.
- j. When a goalie is unable to play due to illness or injury, and no other player on said team will play net, the coach must notify the V.P. of House League to arrange to borrow a goalie from the next division down or laterally within the same category. This exception also applies during the Playoffs
- k. Teams will change ends between periods.
- l. Any players arriving late for their game will be allowed to play.
- m. Any protest by a Coach, Manager or Trainer shall be made, in writing to the League Executive within 48 hours of the incident.
- n. A Captain or Alternate, who is on the ice at the time of an infraction, shall be allowed to speak with the referee in a proper manner.
- o. Only OWHHA approved coaches may be on the bench and no more than four team officials on the bench any time. Any person on the bench who is eighteen (18) years of age or under must wear an approved helmet with proper facemask.
- p. The home team is responsible to supply the game sheet and a timekeeper.

- q. It is the home team coaches duty to assure that the game sheet is submitted to the Division Convenor.
- r. There will no overtime in regular season play.
- s. Teams must have six (6) skaters plus a goalie to have a legitimate game. Any team having less than 9 skaters may call up a maximum of three (3) players but only up to the number of players registered on its roster from the next lower age division. No call-ups will be allowed during playoff round robin and championship games.
- t. Teams may use a maximum of three (3) "pickup" players in league play but only up to the number of players on its roster, from a lower category, only if their team strength is below nine (9) players. (8 skaters and a goaltender). This will only be done with the prior approval of the lower level coach and the VP House League.
 - i. Teams may pick up a goaltender on a lateral basis from within their own category or from a lower division.
 - ii. For tournament play, all teams must follow the OWHA Constitution Part IV, Rule 3, Section K.
 - iii. The player(s) being brought up must be of the same caliber or lower than the girls they are replacing. This is to keep the teams balanced and not to overpower the other team.

3. DRESSING ROOM PROTOCOL

- a. Coaches should **designate a 'Dressing Room Mom'**. This mother should be **in the dressing room at all times**. If you wish, this person may be your team representative and/or trainer.
 - i. **No male should ever be left alone with a female participant.**
- b. Coaches must ensure that a **female is available to the bench during each game**. This female may be called upon to help players with equipment or under the trainer's (if the trainer is male) direction, check for injuries.
- c. For "Dressing Room Protocol" see Appendix 4.

4.

DISCIPLINE, SUSPENSIONS AND CODE OF CONDUCT

- a. No parent or player shall exhibit violent, intimidating, insulting or abusive behaviour towards a referee, coach or any volunteer member of the Cornwall Girls Hockey Association. Penalty for violation of this rule will be suspension from the league up to and including expulsion from the CGHA. The CGHA Executive's decision may only be appealed to the OWHA.
- b. The referees are in charge of the game and persistent questioning of their decisions or harassment during a game will not be tolerated. Justifiable complaints may be made in writing to the CGHA Executive.
- c. No team official shall go onto the ice unless requested by the referee. Any team official entering the ice without permission may be subjected to a misconduct penalty (referees' discretion).
- d. Inebriation or drinking while in charge of a team or participating in a game will not be tolerated. Drugs and alcoholic beverages are not allowed in the arena and any player or team official violating this rule will be immediately suspended until his/her case has been reviewed by the Executive Committee of the CGHA.

- e. Any Coach, Manager, Trainer or Player receiving a game misconduct penalty must proceed immediately to the dressing room.
- f. Any Coach, Manager, Trainer or Player not adhering to rule 4.e (above) will be put on report and must appear before the Executive Committee.
- g. Any Coach, Manager or Trainer refusing to finish a game, or leaving the bench in protest may receive a suspension of up to one calendar year as per Hockey Canada rules.
- h. Any player receiving a major penalty that carries an automatic game misconduct shall proceed to the dressing room immediately. The major penalty must be served by a player on the ice at the time of the infraction.
- i. Any player or team official who continually display unsportsmanlike conduct may receive an immediate game ejection, at the discretion of the referee, and must proceed directly to the dressing room, leaving the ice or bench area.
- j. Any Coach, Manager, Trainer or Player using obscene or abusive language or gestures, before, during or after a game at the discretion of the referee will be given a game or gross misconduct penalty and be ejected from the game and from further competition. The referee will immediately finish a report, in writing, to the CGHA Executive for further action.
- k. Any goaltender who is assessed a major penalty will be allowed to finish the game being played but will receive a minimum automatic two game suspension. Any major/minor penalties assessed to a goaltender must be served by a player on the ice at the time.
- l. Any player who accumulates three stick penalties or more in any one game, shall be ejected for the remainder of the game. In addition, the second offence will result in a one game suspension without subsequent offenses resulting in a review by the Disciplinary Committee of the CGHA.
- m. Minimum suspensions will be determined in accordance with the OWHA rulebook. These are **MINIMUM** suspensions. Additional suspensions may be imposed wherever conditions and circumstances warrant.
- n. While under House League suspension, a player or coaching staff may not participate in any other hockey games or activity until the suspension is served. (OWHA)
- o. Any suspension and/or major penalty received by a Player, Coach, Manager or Trainer during a Tournament, Exhibition Game or out of town trip shall be reviewed by the Executive Committee of the CGHA and may result in further suspension or expulsion.
- p. Any Player, Coach, Manager or Trainer attending a game while under suspension may not go near the team dressing room or players' bench. They must remain in the stands at all times and conduct themselves in a proper manner. If this rule is not obeyed, the suspension may be increased at the discretion of the OWHA and the Executive Committee of the CGHA.
- q. The referee on duty, the Referee-in-Chief, the Convener or any CGHA Executive Member, may put any Parent/Guardian, Player, Coach, Manager or Trainer on report for his/her conduct off the ice in the arena. The suspension given shall be determined by the Executive Committee of the CGHA.
- r. A misconduct penalty shall be assessed any player who does not proceed immediately and directly to the penalty bench when they are penalized.
- s. All major and misconduct penalties may be reviewed by the Executive Committee of the CGHA and further action may be taken if deemed necessary.

5. SELECT TEAMS

- a. Select team coaches wishing to attend the Brampton Tournament (or similar) must apply in writing before February 1st to the Executive Committee of the CGHA.
- b. For "select team criteria" see APPENDIX 6 (**suspended until further notice**)

6.

PLAYOFFS

- a. All players must participate in at least 50% of their House League games and team activities to be eligible for the playoffs (including Round Robin games). Injury or illness being the only exception and will be reviewed by the Executive.
- b. Playoff format is at the discretion of the V.P. of House League, and will be announced to all coaches at least two (2) weeks in advance.
- c. For "Championship day and Playoff Rules" see APPENDIX 5

APPENDIX 1

CORNWALL GIRL'S HOCKEY ASSOCIATION HOUSE LEAGUE ADVISORY COMMITTEE

The House League Advisory Committee will act in an advisory capacity to the Association's executive committee.

Matters related to the house league may be brought forward to the advisory committee by voting members of the association.

All matters brought forward will be directed to the three House League Directors as well as the President of CGHA prior to being included as agenda items.

Membership

The CGHA Executive Committee will appoint the three House League Directors and the Vice President of Hockey Development to represent the Executive on the Advisory Committee.

These appointees will act in a supportive role providing assistance and direction as it relates to Association matters. The appointees will have no voting privileges.

The President of CGHA or appointed designate may act in officio. This member will have no voting privileges.

Additional membership shall include one representative from each of the divisions within the Association. These members will have voting privileges.

Meetings

The Advisory Committee will meet at least four times during the year. The Chairperson of the Advisory Committee may at his/her discretion call additional meetings in order to address matters deemed to require attention.

Recommended timelines for meetings include the following months; September, November, January, March.

Each meeting will take place one week prior to the CGHA Executive Committee meeting. Advisory Committee meetings will include an agenda. Minutes of each meeting will be included within the agenda of the next CGHA Executive meeting.

Recommendations from this committee will be brought forward and acted upon by the Executive Committee.

It is understood that the Advisory Committee will perform in an advisory capacity to the CGHA Executive Committee only.

Elections

At the first meeting to be held after the commencement of house league play the Advisory Committee will elect one member to act as it's chairperson for a one year term.

The chairperson or his/her designate will sit as a member of the Association Executive Committee. This position will carry a voting privilege at Executive Committee meetings

Membership Responsibilities

It is expected that this committee will act on matters that relate to the house league.

Some matters may include the following: House league coach selections

Player draft

Developmental programs

Suspensions

House league tournament

Championship weekend

Year-end banquet

As this committee sits as an advisory committee it is expected that the membership will support the decisions of the Executive Committee and endeavour to communicate a positive image to the members of the association

APPENDIX 2

CORNWALL GIRLS' HOCKEY ASSOCIATION

House League Player Selection Format

All returning players to be rated using the following number scale format

Example: 1 2 3

Weak player Average player Strong player

- 1 - Weak player -- skills not yet acquired or need substantial development
- 2 - Average player -- has skills but requires additional development
- 3 - Strong player -- game breaker -- development is acquired quickly

At least two scrimmage ice sessions will be used prior to final player ratings.

Novice and Atom Divisions will have at least four (4) ice sessions prior to final player selections.

All players to be rated according to the number scale format.

Draft date to be established within one week of the final scrimmage.

All players for each division to be boxed out – i.e. Level 3 players followed by level 2 players, then level 1 players.

All goalies to be boxed out.

A format will be determined by the V.P. of House League as to which team will select first in the draft.

Goalie draft to take place first.

Player draft to take place in reverse order of goalie draft. Draft will start with level 3 players.

Players to be drafted according to leveled ratings as determined by the number scale format. No random cross level selections will be permitted. All players within a level must be selected prior to moving to the next level.

(AMENDED - AGM May 2014)

APPENDIX 3

CORNWALL GIRLS' HOCKEY ASSOCIATION MOUTHGUARDS

The CGHA adopted a policy at its Annual General meeting in May 2002 for the mandatory use of intra-oral mouth-guard protection by each player participating in a hockey game or practice. The policy was amended at the 2008 Annual General Meeting to be in keeping with O.W.H.A. direction that mouth guards be **recommended** only.

Intra-oral Mouthguard Specifications

An Intra-oral Mouth-guard will:

- Be of any colour;
- Not be clear or translucent in colour;
- Be of one-piece (1) construction;
- Be easily sized by the participant or the participant's parents/guardian;
- Be of an even thickness from the front to the back of the device;
- Engage the biting surface of all of the teeth of the upper jaw and the lower jaw;
- Be able to be attached externally to the face mask or shield or be form fitted or custom fitted to the teeth; and,
- Will provide not less than one (1) millimeter of shock absorbent thickness between the teeth of the upper and lower jaw of a player.

What the Standard Means

- **Be of any colour:**
The mouth-guard may be of any colour, this is not an issue for the CGHA.
- **Not be clear or translucent in colour:**
An intra-oral mouth-guard must be easily seen when the mouth of a player is opened. This is essential in order that on-ice officials can enforce the policy and for emergency medical services personnel to be able to rapidly determine if an injured player has a mouth-guard in place.
- **Be of one-piece (1) construction:**
The finished product must be a single object. Acceptable intra-oral mouth-guards may be constructed or laminated materials, however the materials used in the construction of a mouth-guard will not be de-laminate or separate while in normal use.
- **Be easily sized by the participant or the participant's parents/guardian:**
The instructions provided by a manufacturer or supplier of intra-oral mouth-guards will provide players/parents with easily understandable instructions on how to size and fit a mouth-guard to a player.
- **Be of an even thickness from the front to the back of the device:**
The thickness of the mouth-guard between the upper and lower teeth shall be consistent from the back to the front of the device.
- **Engage the biting surface of all teeth of the upper jaw and the lower jaw:**

An approved mouth-guard will come into contact with the biting surface of all of the teeth of both the upper and lower jaw when the mouth-guard is properly inserted into the mouth. When fitting a mouth-guard, special attention needs to be taken to ensure that the biting surface of all teeth from the front to the rear most teeth are in contact with the biting surface of the mouth-guard.

- **Be able to be attached externally to the facemask or shield, or be form-fitted or custom-fitted to the teeth.**

If an approved mouth-guard has not been custom-fitted by a dentist, denturist, or dental hygienist, the mouth-guard must have a means by which it can be attached to the cage or visor that is attached to the player's helmet. Mouth-guards that are custom-fitted by a dentist, denturist, or dental hygienist do not require an external attachment or lanyard to connect them to the facemask or shield.

- **Will provide not less than one (1) millimeter of shock absorbent thickness between the teeth of the upper and lower jaw of a player.**

A mouth-guard is considered unusable when there is one (1) millimeter of thickness or less remaining between the teeth of the upper and lower jaw. Any mouth-guard when the thickness is less than one (1) millimeter of thickness between the teeth of the upper and lower jaw is no longer compliant with the standard. Also, any mouth-guard that has been chewed through or has cracks or breaks in its surface must be replaced.

Frequently Asked Questions

- **Is there a list of Approved products?**

The CGHA neither endorses nor recommends any particular product or manufacturer. Any intra-oral mouth-guard product that meets the stated specifications set out by the manufacturer is acceptable for use. It is essential that team trainers become familiar with this policy and the specifications of acceptable intra-oral mouth-guards.

- **Who is responsible for ensuring that the mouth-guards are worn properly?**

The responsibility to ensure implementation involves all parents, coaches, trainers, officials and association executive.

- **Are the 'boil and bite' style of mouth-guard acceptable?**

Yes, so long as it conforms to the specified standards as described by the manufacturer.

- **Does an approved mouth-guard have to have a bite bar that engages all of a player's teeth?**

Yes, the biting surface of all of a player's teeth must be able to bite down on a mouth-guard

- **Does it matter what type of material or strap is used to attach a mouth-guard to the facemask or shield of a hockey player?**

It does not matter what type of material is used, however the external strap or lanyard that is used to attach the mouth-guard to the facemask or shield must be attached to the mouth-guard and be approved by the mouth-guard manufacturer. Mouth-guards must meet the specification of being attached to the facemask or shield by a means that is approved by the mouth-guard manufacturer.

- **Does this apply to goaltenders?**

Yes, this applies to all players including goaltenders.

APPENDIX 4

CORNWALL GIRLS” HOCKEY ASSOCIATION

Dressing Room Protocol Handout

CGHA has stated that males are not allowed in dressing rooms when the possibility exists that a player is changing, with the only exception to this being for the Fundamentals and Novice division. For all divisions a female designate should supervise the dressing room and identify when male coaches or, if necessary, other males can or cannot be present. Skate tightening and other external equipment adjustments can be made outside the dressing room once the player is fully dressed.

This protocol applies to Midget, Bantam, Pee wee, and Atom Divisions, and is encouraged in Novice.

Players changing in the dressing room must be accompanied by at least 2 female adults employing the “Buddy System”.

No locked doors except when players are on the ice.

All coaching staff must have at least one female member present at all times with them in the dressing room.

A female dressing room monitor must be appointed for each team. She is to ensure this protocol is adhered to and is ideally “Speak-Out” qualified.

Adults are responsible for the actions of their male charges. (little brothers)

Ten (10) minutes prior to game time male coaching staff members will be permitted into dressing rooms. Prior to entering a female dressing room, the monitor must ensure it is suitable to enter. Note: An exception may be made for Atom divisions and lower with the unanimous discretion and concurrence of the coaches and parents.

Refusals to adhere to this protocol will be reported to the league executive.

Background

The purpose of this policy is to provide clear guidelines while still maintaining a degree of leniency for team officials to provide players with a safe and inclusive environment. Should circumstances arise that require an alternate solution, it is the responsibility of the team and Executive of the CGHA to actively manage the risk and ensure the safety of individual players when they are dressing, undressing and showering.

Players:

To assist with the smooth implementation of the dressing room protocol players are encouraged to arrive 30 minutes prior to game time.

Be dressed 15 minutes prior to game time to allow male coaching staff time for pre-game instructions.

Do not remove any equipment other than gloves, helmet and skates, until the coaches have had an opportunity for a post game debrief.

Players who anticipate a late arrival, please arrive dressed.

APPENDIX 5

CORNWALL GIRLS HOCKEY ASSOCIATION HOUSE LEAGUE CHAMPIONSHIP DAY AND PLAYOFF RULES

1. HOCKEY CANADA and OWHA rules shall apply except where listed below.
2. Regulation time - all divisions. All games will consist of three ten-minute stop -time periods. The last two minutes of the third period will be running time when there is a three-goal difference. Each game is preceded by a three-minute warm-up if time allows.
A 30 second time-out will be allowed in championship games only.
**** 1 and 2 can be amended at the coaches meeting prior to playoffs****
3. **Overtime** - championship and elimination games – **all divisions**
 - a. **Overtime will be played with five (5) skaters and a goalie. Overtime will be a sudden death period, stop time.**
 - b. **If after five (5) minutes the game remains tied, a 5-player shootout begins. One player from each team will start at centre ice and skate in on the opposing goalie. If the game remains tied (all five shooters must shot),**
 - c. **5 more shooters will proceed to a second 5-man shootout. A player cannot shoot twice until all players have been used in the shootout. Any player serving a penalty that has not expired by the end of sudden death may not participate in the shootout.**
 - d. **A sudden death shootout with 1 player at a time will then begin until the tie is broken.**
4. **Minor penalties will be two (2) minutes. Penalties that are being served at the end of the third period will continue until completion during overtime.**
5. OWHA minimum suspensions **will be enforced**.
6. No body checking in all divisions.
7. Two (2) points will be awarded for a win, one (1) point for a tie.
There will be no overtime during round robin games.
8. The top 2 teams in each division will advance to the finals.
9. The center redline will only be in effect for icing infractions only. (no center red line for 2 line passes).
10. If there is a tie in points after round robin games, the following criteria will be used:
 - a. number of wins
 - b. Record against other tied teams
 - c. Goals for minus goals against

- d. Least goals against
- e. Most periods won in round robin play
- f. Least penalty minutes
- g. Tie breaking formula. Goals for (gf) divided by goals for
And goals against (gf + ga) will be used
$$\frac{gf}{(gf + ga)}$$
- h. Coin toss

APPENDIX 6

SELECT TEAM CRITERIA

(suspended until further notice)

1. No select team may be formed without first submitting a formal request in writing, to the CGHA executive.
2. The request must be presented and ratified at a CGHA executive meeting.
3. Any attempt to circumvent steps 1 and 2, and organize a select team, without following proper protocol will automatically nullify the request.
4. Select teams will only be permitted to participate in pre- approved tournaments, exhibition games, etc by an executive ad-hoc committee.
5. Select teams must present team schedules to the CGHA gatekeepers, at least 2 weeks prior to the event.
6. Select teams will be open to only CGHA house league players of that particular division.
7. The select team's games, practices, etc cannot affect the house league program in any capacity whatsoever.
8. Select team coaches must adhere to and support the CGHA executive's decisions.
9. Select teams will not be permitted to hold fund raising activities.
10. The CGHA will not contribute financially to select teams. select teams will be self supporting.
11. "Select team requests" may only be submitted between October 1 and November 1 of each year.
12. The CGHA President and Vice-President of Competitive teams will act as gatekeepers of this endeavour.
13. Select teams will be referred to as "Cornwall Typhoons".

APPENDIX 7

CGHA Apparel and Dress Code

Over the years the Cornwall Girls Hockey Association has demonstrated time and time again the quality and dedication of its players, coaches and parents. Due to the continued growth in this organization and in particular at the competitive level, the CGHA continues to work with vendors in presenting teams with a uniform look.

In order to provide an environment of pride and respect for its organization the CGHA established the following apparel and dress code standards that will apply at the beginning of the 2007-2008 hockey season for all competitive teams. Also, in the 2009- 2010 hockey season, the CGHA established an apparel and dress code standard for all its house league teams. Only the CGHA executive can make amendments to this policy. All members of the association will be expected to follow these guidelines.

The CGHA will work with local vendors to provide apparel and advertising items. This will help to address concerns regarding quality of merchandise, colour combinations, logos, availability and pricing of products. Members of the association will work with approved vendors only.

STANDARDS - Competitive Teams

The Competitive team colours are red, black and white.

The **sweaters and socks** both home and away meet with the design logo and colour scheme adopted by the CGHA

Helmets are required to be black. Helmet stickers (Typhoon logo) will be consistent for the entire team.

Hockey pants are required to be black. The use of shells is acceptable but must be ****black**** in colour. ****Beginning in the 2014-15 hockey season **red** shells will be required for all competitive teams****

Hockey gloves are required to be primarily black or any combination of red/black/white.

Numbers, logos, sponsor/name bars must be of a design and colour scheme as adopted by the CGHA.

The Cornwall Girls Hockey Association/Typhoon logo will appear on the front left chest area of the association jacket or tracksuit.

Personal information such a player name and number, if so desired, are the only additions that can be

added to the association jacket or tracksuit.

All competitive players must comply with a team dress code. Coaches with parent input will decide on the dress code for their hockey team but will do so within the parameters as set out by the CGHA.

****Beginning in the 2013-14 hockey season all competitive players will wear the approved KEWEL track suit as part of the team dress code requirements to and from all games.****

Sizing and orders for team apparel and uniform materials will be coordinated by the team manager and the CGHA Equipment Manager immediately after the team's final tryout.

The CGHA recognizes that cases will arise during the course of the season that a returning player or new player will not be able to comply immediately with the standards.

It is however expected that the standards will be met in a timely manner as determined by the CGHA.

STANDARDS - House Teams

House team colours are determined by the CGHA.

The sweaters meet with the design, logo and colour scheme as determined by the CGHA.

Helmets: If used, helmet stickers (Typhoon logo) shall be consistent for the entire team.

Numbers, logos, name bars (if used) must be of a design and colour scheme as determined by the CGHA. **** Beginning in the 2013-14 hockey season name bars will not be allowed on house team jerseys****

Sizing and orders for the team apparel and materials will be coordinated by the coach/team manager and the CGHA Equipment Manager and will do so within the parameters as set out by the CGHA.

The Cornwall Girls Hockey Association/**Typhoon logo** will appear on the front left chest area of the association jacket or tracksuit.

Personal information such a player name and number, if so desired, are the only additions that can be added to the association jacket or tracksuit.

(amended June 2014)