



U7 Grassroots Developmental

This is a continuation level in the grassroots soccer journey to the sport called "FUNDamentals" through the Canada Soccer Association (CSA).

CSA FUNdamentals is a program for young children to learn basic movement skills through fun, and informal play. It's part of the Canada Soccer Pathway, which aims to encourage children to participate in soccer throughout their lives.

CSA FUNdamentals is a stage of the Canada Soccer Pathway that focuses on teaching soccer techniques to young youth players. The goal is to help players develop a solid understanding of the game and how to work as part of a team.

What are the fundamentals of soccer?

- Ball mastery: How to control the ball, whether it's moving fast, slow, or in the air
- Dribbling: How to move the ball past opponents while applying speed and tricks
- Passing: How to make the ball work for the team, rather than just making flashy moves
- Shooting: How to develop a great shot through technique, strategic aiming, and timing
- Problem-Solving: How to help players look for solutions on the field during play

How does Canada Soccer teach fundamentals?

- Through fun competitions that encourage players to try different techniques
- By providing opportunities for players to make quick decisions about which technique to use in a given situation
- By offering lots of positive feedback

What equipment will my child receive from Didsbury Minor Soccer?

- jersey
- shorts
- soccer socks
- soccer ball

What equipment do I need to provide?

- appropriate shin guards
- athletic shoes (runners/ soccer shoes)

We are thrilled to be a partner with you on your child's journey to learn the sport of soccer. To keep connected and up to date with the soccer club, if you have not done so already, we encourage you bookmark our website and like our Facebook account.

<https://didsburysoccer.ca/>
[Facebook Page](#)