

# Shot Clock Basics

## **DO reset the shot clock if:**

- 1) Change of possession - A player from the opposite team stabs the ring, or bats it, or kicks it.
- 2) The ref signals a reset.
- 3) The ref signals a delayed penalty.
- 4) The ring contacts the goalie (or AGK) in the crease.
- 5) The ring contacts the goalie outside the crease and would have gone in the net if it hadn't hit the goalie.
- 6) The ring hits the post or crossbar.



## **DO NOT reset the clock:**

- 1) Unless you see one of the things in the list above.
- 2) If you think one of the things in the list above is about to happen. Wait for it!
- 3) If the shot was in the general direction of the net, but did not hit the net or the goalie.
- 4) If the ring merely deflects off a player's skate, stick, or leg. They have to direct it for it to be a reset (unless we are talking about the goalie).
- 5) When the whistle blows. If the ref stops the play, stop the clock. But do not reset it until you see that the stoppage has resulted in a change of possession. If the same team has it after the whistle as before the whistle it is not a reset. If in doubt, don't reset it. The ref will tell you to reset if it is appropriate before she restarts the play.
- 6) If a reset occurs when there are fewer than 30 seconds left in the period, reset the clock and then stop it with 30 on the display.

**REMEMBER - IF IN DOUBT, DO NOT RESET. The referee will signal you to reset.**