

Lacrosse Canada Penalty Option Chart

Rule#	Rule	Minor	Major	10 min.	Gm. Mis.	Match	P.Shot	A.Goal
6	The Lacrosse Stick	yes						
11	Headwear	yes			yes			
12	Goalkeepers equipment	yes	yes		yes			
13	Player's Equipment	yes		yes	yes			
14	The Teams	yes						
15	Captain of Team			yes				
17	Non-playing Personnel	yes			yes			
28	Abuse of Officials	yes		yes	yes	yes		
30	Reckless and Endanger Play					yes		
33	Boarding		yes			yes		
34	Broken Stick/Without Stick	yes		yes				
35	Butt-Ending		yes		*yes	yes		
36	Change of Players/Too Many Men	yes					yes	
37	Charging	yes	yes			yes		
38	Checking From Behind	yes x 2	yes		yes	yes		
39	Crease Play(play restarts in crease)	yes	yes					
40	Cross-Checking	yes	yes					
41	Delaying the Game	yes		yes			yes	
42	Elbowing		yes					
44	Falling on the Ball	yes					yes	
45	Fighting		yes		yes			
46	Free Hand	yes						
49	Handling the Ball with Hands	yes					yes	yes
50	High Sticking	yes	yes		yes	yes		
51	Holding	yes						
52	Hooking	yes	yes					
55	Interference	yes						yes
57	Kicking a Player		yes		*yes	yes		
59	Kneeing	yes	yes					
60	Leaving the Player's/Penalty Bench	yes			yes		yes	yes
62	Abuse of Officials					yes		
63	Refusing to Start Play	yes						
64	Slashing	yes	yes			yes		
65	Spearing		yes		*yes	yes		
67	Third Man in Altercation				yes			
69	Throwing stick	yes	yes	yes			yes	yes
71	Tripping	yes					yes	yes
72	Unnecessary Roughness	yes	yes					
73	Wrap Around	yes						
87	Taunting	yes						
88	Facemasking	yes	yes			yes		

*special situations note in minor Lacrosse only.

Review: Checking and interference outside the 24'dotted line. Review Cross-Checking in Rule Book

Stick measurements: 40"-46" for the length (pee wee34"), 4 1/2"-8" inside measurement.

Review: Restarting of play after penalties have been assessed.No gain in territory advantage.

Rule39 Crease Play restarts in the crease,player may cut through crease to catch player outside 24'line

Referees are in full control of all off floor Officials and their control extents into the stands.

Overtime : Member Associations fill in your overtime procedure here.

Overtime LC: 2-minute rest 10-minute period, still tied, 10-minute rest,20-minute sudden victory period