

4 Hour Field Trip Outline:

*Groups are divided into 3.

10:00am Arrival and Orientation

- Introduction
- Warm-up and games
- Water sense and safety awareness information
- Basic boat handling and paddle handling skills

10:30am Period 1

Group 1: Paddlers in canoes

Group 2: Paddlers in kayaks

Group 3: Dryland games

11:30am Period 2

Group 1: Dryland

Group 2: Paddlers in canoes

Group 3: Paddlers in kayaks

12:30pm Lunch

1:00pm Period 3

Group 1: Paddlers in kayaks

Group 2: Dryland games

Group 3: Paddlers in canoes

2:00pm Departure

2 Hour Field Trip Outline:

*Groups are divided into 2 or 3 depending on the group size.

*Groups have the choice to learn additional safety/ dryland games/ or both.

5:30pm Arrival and Orientation

- Introduction
- Warm-up and games
- Water sense and safety awareness information
- Basic boat handling and paddle handling skills

6:00pm Period 1

Group 1: Paddlers in kayaks

Group 2: Paddlers in canoes

6:45pm Period 2

Group 1: Paddlers in canoes

Group 2: Paddlers in kayaks

7:30pm Departure

Both of these times are suggestions, and we'll do our best to accommodate the availability of participants and organizations.