# Fort Canoe Kayak Club- Summer Registration 2025

Summer Registration valid from **June 30 - September 7, 2025**. Program will end after the Fort Ridge Fall Classic. <u>CLICK HERE TO REGISTER FOR SUMMER</u>

Membership and Insurance Required for purchase (if not already purchased for other seasons). Password for insurance and packages is **FCKC2025**.

### Summer Regattas and Events:

No practice on these days:

- July 1 Canada Day
- July 14 and July 28 (These are post-regatta Monday's)
- August 4 BC Day
- September 1 Labour Day

#### Regattas:

- July 12/13 Ridge Invitational and Team Boat Day
- July 25/26/27 Provincial Championships
- August 11-14 Canada Summer Games (St. John's)
- Aug 26-30 Nationals
- September 6/7 Pacific Cup/ Fort Ridge Invitational

\*Please note that we **do not** have practice on Fridays or Mondays on the weeks of Regatta as we will be boat loading Fridays, unloading boats Sunday at the end of the regatta, and day off on Mondays for recovery. With the exception of a few cross Canada competitions.

#### **Part Time Fundamentals**

June 30 - September 7, 2025.

Two Days Per Week (\$299)- Tuesdays and Thursdays from 9am-12pm Three Days Per Week (\$399)- Tuesdays / Wednesday/ Thursdays from 9am -12pm For Full Time please select Full Time on the registration page.

#### **Fundamentals Full Time**

June 30 - September 7, 2025. 5 Days Per Week (\$499) Monday - Friday from 9am-12pm

#### Summer Camp Afternoons After Fundamentals

\*For Full TIME Fundamentals Athletes who need something to do all day! **Time:** 12:00 PM – 4:00 PM **Dates:** July 2 – August 22, 2025 \*excluding STAT Holidays. **Cost:** \$750 (Full 8-week session)

# Train to Compete and Train to Train

**By Coach Invitation Only-** if you have questions please contact <u>headcoach@fortcanoekayak.ca</u> June 30 - September 7, 2025.

10 sessions per week (\$645.00). A variety of morning and afternoon sessions, exact days TBA.

Estimate of program practice times: Mornings from 6:30am-8am Monday, Tuesdays, Thursday, Friday Afternoon 4:30-6:30pm Monday, Tuesdays, Wednesday, Thursday, Friday Morning from 10am-1pm Saturdays

If you have any questions, please feel free to email programs@fortcanoekayak.ca