

Player Injury Policy – Approved by GCRA Executive May 9,2016.

# **Gloucester-Cumberland Ringette Association (GCRA)**

## **Policy on Player Injuries**

This policy was developed as a tool for coaches to ensure that they can ethically support a player's return to active playing status.

Written medical clearance by a health care provider is required when:

1. A player suffers a major injury that occurred at GCRA event and requires medical attention resulting in time away from sport.
2. A player is deemed to require medical attention by a team trainer or coach due to a major injury.
3. A player takes time away from sport due to a major injury that occurred outside of their team activities.

Major injuries include, but are not limited to concussions, fractures and ligament damage.

[When an injury is sustained during a GCRA activity, a "Sport Injury Report" form \( M-F 13 on ORA website\) must be completed by a team official and submitted to ORA within seven days of the occurrence.](#)

Any request for exemption from this policy requires a written submission to the VP Administration for approval by the executive.