Generic Characteristics for Player Selection GCRA Competitive Teams Tryouts and Evaluations

In an attempt to make the team selection process as problem free as possible, the following is a set of characteristics that should be consider during the evaluations. These correspond to the skills that are evaluated on the evaluation sheet. Please use the accompanying evaluation form to rate/evaluate each player on your list. We greatly appreciate all the comments you can provide about the players.

The following guidelines should give you an idea of what we are looking for:

Skating

Stride
Balance
Speed
Acceleration
Agility / Mobility
Stopping

Ring Control:

Control of the ring at game speed Protect the ring with body Ability to play in traffic Passing and receiving forehand / backhand accuracy timing

Offensive Play

Playmaking
Creating offensive opportunities
Setting up in offensive zone
Breaking to open ice
Nose for the net
Transition game
Fore-checking and Back checking

Defensive Play

Ring pursuit / desire to check
Fore-checking and back checking
Defensive triangle
Person on person coverage
Channeling
Anticipation of passes or plays

Game Sense:

Anticipation and reading of play Is the player in the play Effectiveness Ability to break to open ice Play without the ring Second effort

Shooting

Variety of Shots Wrist Shot Accuracy Timing Strength Release under Pressure

Other Factors – may be considered in overall comments

Size / Strength

- Ability to 'hold their own'
- Does this player get knocked around because of her size?

Character / Desire & Spirit

- Giving a second effort
- Never quitting

Leadership

- Follows directions
- Is player to start the next drill or does she fall to back of line?
- Does not cheat
- Confidence

Performance under Pressure

- Gets the job done without panicking
- Eliminates panic passes