

## Mandatory Equipment

- CSA Certified Helmet
- Ringette mask ([see note below](#))
- Approved Neck Protector
- Shoulder Pads ([optional at U16 and U19 Levels](#))
- Elbow Pads
- Protective Gloves
- Ringette girdle, ringette pants or jill, hockey pants & hockey socks. Must provide protection of the tailbone and hips
- Shin Pads
- Hockey Skates (no picks allowed)
- Ringette Stick (measure length when on skates, should come just up to the armpit)
- Practice Jersey
- Equipment bag
- Squeezable water bottle with long spout

**Note:** *The wiring on the face shield of a Ringette mask differs from that of a hockey mask. In Ringette the wires are spaced closer together and look like a series of triangles in a grid. This is to prevent the tip of the stick from going through. A hockey mask is a square grid.*

## Optional Equipment

- Mouth Guard (recommended)
- “Skull cap” to help keep hair out of face



## **Where to buy Equipment?**

1) **The Ringette Store – New Equipment**

108A, 3604 – 52 Ave NW

Calgary, AB

403-282-4355

[www.ringettestore.com](http://www.ringettestore.com)

(located in strip mall north of Sir Winston Churchill High School)

2) **Adrenalin Source for Sports – New Equipment**

9309 Macleod Trail S

Calgary, AB

403-640-9950

(same strip mall as Homecare & Surgical and Gracie & Gruff Toys)

3) **Pro Hockey Life – New Equipment**

CrossIron Mills Location

261055 CrossIron Blvd.

Entrance 6

Calgary AB

Phone: (403) 274-7596

Phone: (403) 236-2962

Shephard Regional Centre

Deerfoot Trail & 130th Ave SE

4916-130 Ave S.E.

Calgary AB

Phone: (403) 236-2962

4) **Play It Again Sports – Used Equipment**

270 Stewart Green SW

Calgary, AB

403-686-4228

303 Shawville Blvd SE Unit 560

Calgary, AB

403-254-8561