



Team Formation Policy

Updated March 2026

1. NWRA will hold evaluations at the U10 level and at the B levels, if needed. Teams will be formed based on evaluations taking into account skill levels and player registration numbers.
2. NWRA will determine each year based on skill and registration numbers, how many teams will be formed and at what caliber.
3. At U10, the WRL Matrix system defines where teams are placed for the first half in the WRL league.
4. NWRA participates in Centralized "A" Tryouts (CAT) as the process by which "A" teams are formed and players selected.
5. Friend requests (maximum one) may be taken at R4U, U10 and B level only, however requests will only be accommodated where team formation (size and skill) permits.
6. At the B level, where numbers may permit the creation of more than one team, evaluations may be conducted to aid in team formation.
7. The number of players on a team will be at the discretion of the BVRA board, however, must follow the minimum and maximum outline for each level when possible. As a whole, NWRA will have between a minimum of 12 players and a maximum of 16 players plus goalies on any team. Team numbers are subject to registration numbers, this is a guideline and recognizes that teams may be as small as 10 or as large as 18.
8. Coaches for "A" level teams:
 - a. Process for choosing coaches will include an application and an interview.
 - b. The candidates selected are required to attend CAT tryouts.
 - c. Coaches are required to complete all bench staff requirements ahead of league-determined timelines.
 - d. Coaches must follow all team selection requirements laid out in CAT policy.
 - e. If numbers allow, coaches may have the opportunity to select two (2) goaltenders for their respective team, while ensuring this does not impact the ability to form a "B" team. Limitations on goalie selection will be communicated in advance of team selection through the CAT process.
9. Coaches for U10 and "B" level teams:
 - a. Process for choosing coaches will include a submission of interest and interview.
 - b. Coaches are required to complete all bench staff requirements ahead of league-determined timelines.
10. Team Formation at "B" will be completed after CAT team formation.
 - a. Teams will be equally balanced and formed based on registration numbers within participating amalgamated associations (where amalgamation is necessary to form a team).
11. The only individuals permitted in team formation meetings will be NWRA President (and/or VP/Designate), Director of Player Development, and the coaches selected for that team, unless there is an identified conflict of interest.