



## 37<sup>th</sup> Annual **Riverview/Dieppe** Ringette Tournament

### Skills Competition

You are invited to join us Saturday, March 11<sup>th</sup> at the Byron Dobson Arena in Riverview for an afternoon of fun, friendship, and friendly competition. Skill competition will take place between the hours of 12:00pm and 5:30pm for teams in the U10, U12, U14, and U16/19 divisions. We encourage all teams to participate, the skills competition schedule has been set up to ensure no conflicts in your game schedule.

- The competition will consist of **3 events**:
  - **Skating – Speed**
  - **Skating – Agility**
  - **Breakaway Shootout**
- Each team can submit a roster of up to **3 skaters and a goalie**. You are **not required** to register a player for every event.
- Each skater can **only** compete in one event and goalies will compete in the Breakaway Shootout.
- Prizes will be awarded to the **top 3 skaters** in each event.
- Prizes will also go to the **top 3 goaltenders** in the Breakaway Shootout

To register your team, please fill out our online registration form here:

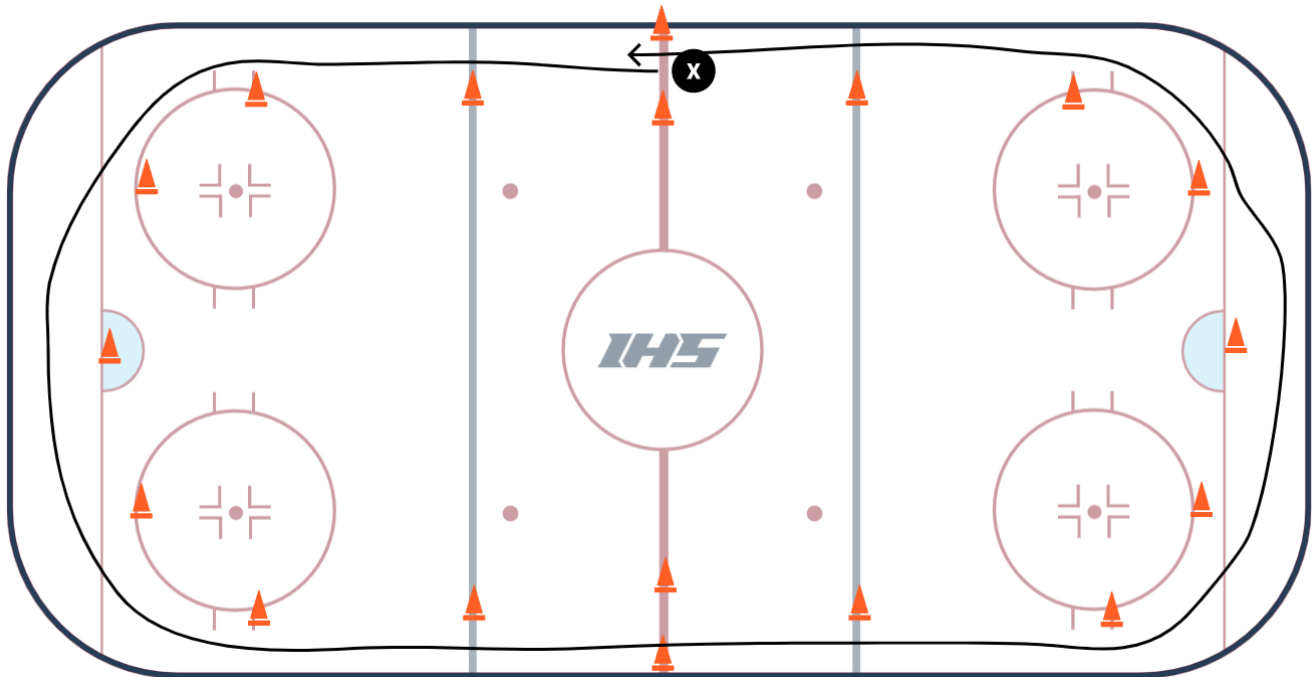
<https://forms.gle/pohXbYRttnZ4C37j8>

**Deadline for teams to submit their Skills Competition roster will be March 6<sup>th</sup>, 2023. Scheduled time slots for all teams are attached at the end of this document.**



# Skating - Speed

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## Description

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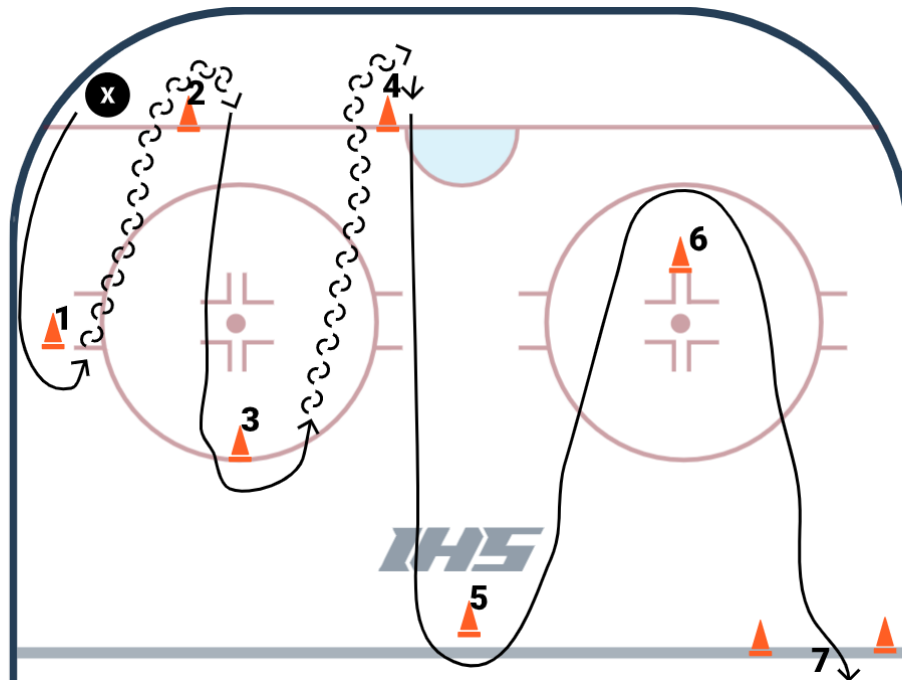
Player starts at the center ice red line.

On the whistle, player skates forwards one full lap of the ice around the cones before skating through the gate at the starting point.



# Skating - Agility

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## Description

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Player starts in the corner on the goal line.

On the whistle skates forwards to cone #1, pivots, and skates backwards to cone #2.

At cone #2, player pivots, and skates forwards to cone #3.

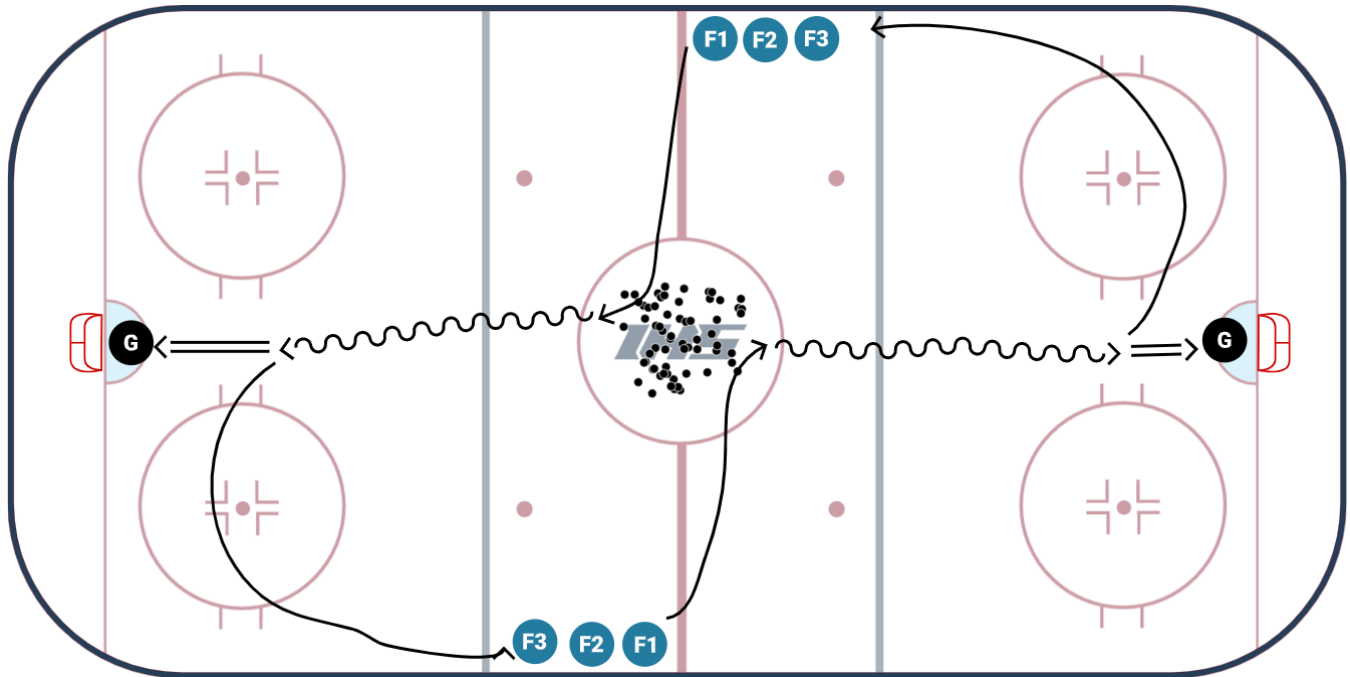
At cone #3, player pivots, and skates backwards to cone #4.

At cone #4, player pivots and skates forwards around cones 5 and 6 before sprinting to the gate at cones 7.



# Breakaway - Shooting and Goalies

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## Description

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Players will start at center with a goalie in each net. Rings will be put in the center circle.

On the whistle, the first player in line will retrieve a ring from the center circle and go in on a breakaway vs the goalie.

Once a shot is taken, the player then proceeds to the opposite side and lines up in the line.

The next player will then leave on the whistle and so on until all shooters have shot on both goaltenders.

Goaltenders will be replaced and the process will be repeated until all shooters have shot on all goaltenders.

Shooters must use a continuous movement - no stopping, no circling around the net, and a player cannot go back from where she came from. If a goaltender deliberately commits a foul which warrants a penalty, a goal is awarded

## U10

2:00 to 2:40	2:40 to 3:20
Group 1	Group 2
Dieppe Dostie	Halifax
Riverview	Dieppe Leblanc
Souris Chiasson	Souris MacPhee
Charlottetown Robertson	Charlottetown Black Panthers
HCL Miller	HCL Icebreakers
Nova Central Wildcats	Rustico
Montague	Charlottetown Teal Tigers
Moncton	Berwick
Kent Sud	Nova Central Lightning

## U14

1:20 to 2:00	4:45 to 5:30
Group 1	Group 2
Montague	Harbour City Lakers - Riot
Nova Central Holland	Souris Savers
Dieppe	Charlottetown MacDonald
Moncton/Riverview	Charlottetown Black Attack
Halifax - McNally	Charlottetown Pink Attack
Kent Sud	Nova Central - Wynn/Gabriel
HCL Best	Halifax - Miller/MacNeil
HCL Hart	Charlottetown Broderick
Charlottetown Morley	Rustico

## U12

12:00 to 12:40	12:40 to 1:20
Group 1	Group 2
Nova Central Wildcats	Nova Central Coyotes
Halifax Doucette	Charlottetown Slayers
HCL MacPhee	Montague
Rustico	HCL Ring
HCL Mullowney	Dieppe
Charlottetown Cherry Bombs	Riverview
Shediac / Cap-Pele	Halifax Lighthall
Dieppe Impact - Levesque	Charlottetown Blackouts
Storm Devils - Clinch	Souris

## U19

3:40 to 4:10	4:10 to 4:40
Group 1	Group 2
Dieppe	Charlottetown MacKinnon
Halifax	Rustico - Sentner
Rustico - MacLeod	Souris McKinnon
Charlottetown Clark/McCourt	Memramcook
Riverview	Charlottetown Hughes
Charlottetown Saulnier	Charlottetown Black Ice
Souris Lutz	Montague