

RUSSELL COYOTES

RDGHA Competitive Program

Hockey Background:

I am from the Peterborough Area originally and started playing hockey at age 4 for my small community of Omemee. I played rep hockey in Omemee until age 11. I then moved on to play AAA for the remainder of my minor hockey for the Peterborough Petes. I played Varsity Hockey for Seneca Sting at the Collegiate level. I have been involved in coaching both of my children and their respective teams at U7 and U9 with the Metcalfe Jets organization as an Assistant Coach for 4 years. I am very passionate about coaching, teaching and instilling the importance of team dynamics in the kids. I am very much looking forward to coaching Girl's hockey for the 25/26 season and continuing the success our U11 C Coyotes team found this season as League Champions!

Coaching Philosophy/Goals:

My philosophy on coaching is to educate, motivate and mentor these young athletes through hard work, dedication and a mutual respect. We are developing great people as well as great hockey players. We will have positive attitudes and strong work ethics, all the while maintaining fun on and off the ice and never forgetting the importance of the love of the game. We will have up tempo practices with a focus on minimizing lengthy on ice explanations being prepared ahead of time, to minimize wasted ice time. Core skills will be developed, puck control/stick handling, shot accuracy and power, skating speed and edge work, and roles and responsibility's of each position. My goals for the year are making sure every girl improves continually throughout the season, enjoys being with the team and coming to the rink and that we always pick each other up and are accountable for the teammate next to you.

We will have some off ice sessions to help build hockey fitness but also to build on team camaraderie and fun. We will have additional on ice development sessions as well on top of our regular practices.



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Tournaments/ Provincials:

I would like to enter at minimum 3 tournaments throughout the year. We will have our sights set to qualify for Provincial Championships in April as well.

Steve Stringer



www.russellcoyotes.ca