

## SCOTIA STORM RINGETTE INJURY REPORT FORM

Name of athlete/coach (or other) injured:
Team (e.g. U10):
Date of birth:
Date of incident:
Location of incident (e.g. RBC Rink, dressing room):
Time of incident:
Name of witness:
Witness contact number:
Parent/Guardian:
Parent/Guardian contact number:
Nature of injury:
Part of body injured:
Was the injury a result of contact or non-contact?
What caused the injury and could it have been avoided (e.g. equipment failure, not
wearing protective equipment)?
What (if any) treatment was done on-site (e.g. ice, taping, splint, etc.):
Who provided treatment on-site?
Outcome (e.g. family took to hospital, EMS provided care, etc.):
Person completing this form:
Contact number for person completing this form:
Was a follow up done with the family? Yes/No By whom:
Outcome:

Presence of any of the following MAY suggest a concussion (check off any that apply):
☐ Sensitivity to noise
☐ Sensitivity to light
☐ Blurred vision
☐ Nausea or vomiting
☐ Pressure in head
☐ Seizure or convulsion
☐ Loss of consciousness
☐ Balance problems
☐ Nervous or anxious
☐ More emotional fatigue or low energy
☐ Difficulty remembering
☐ Difficulty concentrating
☐ Feeling like in a fog
☐ Feeling slowed down
☐ Don't feel right
☐ Irritability
☐ Drowsiness
□ Dizziness
☐ Neck Pain
☐ Headache
☐ Amnesia
☐ Sadness
☐ Confusion

Please submit this form to <a href="mailto:scotiastormringette@gmail.com">scotiastormringette@gmail.com</a> within two days of the injury having occurred.