

SCOTIA STORM RINGETTE DRESSING ROOM MONITOR GUIDE



Date of Revision - February 2025



The presence of adults in locker rooms is critical to maintaining a safe, comfortable and positive environment for all of our ringette athletes. More than half of all SafeSport incidents reported each year occur in locker rooms. In all but a few cases, there was no locker room monitor present. We appreciate your dedication to the important role of dressing room monitor.

ELIGIBILITY

Dressing room monitors must:

- Be a female
- Be at least 18 years of age
- Have completed the free CAC SafeSport module (<https://coach.ca/sport-safety/safe-sport-training>)
- Have completed the free CAC Understanding the Rule of Two module (<https://coach.ca/module/understanding-rule-two>)
- Submit one of the following:
 - Criminal Record Check (CRC), Vulnerable Sector Search (VSS), Enhanced Police Information Check (E-PIC)
- Submit a current Child Abuse Registry (CAR) check letter
 - You can request a free CAR here:
<https://beta.novascotia.ca/apply-child-abuse-register-search>

RESPONSIBILITIES

Enforcing the No Cell Phone Rule:

Cell phones are NOT allowed in the dressing rooms. This is a Ringette Canada rule intended to protect the privacy of the athletes and should be strictly enforced. No exceptions. Athletes and adults are expected to keep phones put away and to step out of the dressing room to answer or make calls or retrieve messages. One phone solely for playing music is permitted.

Providing Supervision: Supervising the locker room during practices, games, and other team events to prevent, reduce, and eliminate adverse and

harmful behavior. Your presence helps uphold the standards of the CAC SafeSport Program and ensures the well-being of all participants.

Reporting Adverse Behavior: Promptly reporting any adverse behavior or events observed in the locker room to the Head Coach, Team Manager or a member of the Scotia Storm Ringette Executive. This may include instances of physical abuse, emotional abuse, bullying, threats, harassment, sexual harassment, hazing, or unauthorized use of electronic devices.



PROCEDURES

Dressing Room Monitors must follow the procedures below in order to protect the athletes, as well as the adults supervising.

U10 Age Groups:

The majority of the time, only coaching staff should have access to the dressing room. If parents are required for tying skates, once the skates are tied, the parents should exit the dressing room. Athletes can also have their skates tied by on-ice helpers. It is important for the athletes to learn to become more independent at this age with dressing and undressing themselves with their ringette gear.

At U10, it is not a requirement to have two females, 18 years of age or older with background screening completed in the dressing room, however, it is recommended in order to prepare this age group for the next age division where it will be mandatory.

U12 Age Groups and Above:

Parents/guardians are not permitted in the dressing room. No exceptions. At this age group, athletes are encouraged to tie their own skates, have them tightened by a dressing room monitor or can come outside for help tying or with goalie gear.

At U12 division and above, it is mandatory that teams have two female dressing room monitors, 18 years of age or older with background screening completed in the dressing room with the team. If only one dressing room monitor is present, the team can enter the dressing room, but the dressing room monitor must stand by the open door until the second monitor arrives.

At U12 division and above, male coaches or managers are not permitted in female dressing rooms while athletes are dressing or undressing. Male coaches may enter the dressing room for pre-game or post-game routines after being given the all-clear by the dressing room monitors or female manager.