



ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS



Revision 1.0 – April 20, 2026

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ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

These St. John's Minor Hockey Association ("SJMHA" or the "Association") Regulations guide the day-to-day operations and decision making of the Association. These regulations should be interpreted in conjunction with the other governing documents including the Articles of Association, By-Laws and Policies of the Association. These regulations are subordinate to the regulations of Hockey Newfoundland and Labrador ("HockeyNL") and Hockey Canada. When a conflict arises, the regulations of Hockey Canada and HockeyNL will prevail. Additional reference documents can be found on the Association's website at www.caps hockey.ca under the Important Documents, Manager's Information and Coaching Information tabs.

REGULATION ONE

REGISTRATION

100. a) Registration of players and coaches shall be governed by the registration regulations of HockeyNL and Hockey Canada. Every player and coach must be registered before they participate in any on ice activity.
- b) Player registration will use the online system provided by Hockey Canada. Coach and other volunteer registration will be completed by the Administrator following their appointment to teams by the Board of Directors (the "Board").
- c) Player registration fees become due and payable upon registration. The online registration system provides the opportunity to pay the registration fee in full or by instalments using post dated charges to the Members credit card. All fees must be paid in full by the final instalment date.
- d) The SJMHA reserves the right to remove a player for unpaid fees after the final instalment date.
- e) Player registration will not be refunded if there are any outstanding fees from previous seasons. All outstanding fees from previous seasons must be paid in full prior to the beginning of the current season. In addition, for these players, the complete fee for the current season must be paid in full at registration prior to the player being assigned to a team roster. The use of instalments is not permitted.

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110. a) Registration refunds will be provided up to thirty (30) days after the first on ice session for the season. Registration refunds after thirty (30) days will be permitted for:
- Medical reasons supported by a letter from a doctor, or
 - Players moving from the City of St. John's supported by sufficient proof of residency as determined by SJMHA, which proof may include real estate or employment documentation.
- b) Refunds are to be prorated as described in Regulation 1130 a). The HockeyNL and administration portions of the registration fee are non-refundable.
- c) SJMHA will not issue a registration refund to any player suspended or removed from the membership of SJMHA for disciplinary reasons. Any player suspended or removed for disciplinary reasons waives all rights to a refund.
- d) Refunds for payment made by credit card will be reduced by an administration fee of \$10 to cover the cost of processing the refund and associated credit card charges.

REGULATION TWO

RESIDENCY

200. a) Both Minor and Female hockey players are eligible to register with the Association.
- b) Residency is guided by HockeyNL Regulation Two, Residency Rule.
- c) Player eligibility to register with SJMHA is established by the HockeyNL Minor Hockey Association Boundary Form ("Boundary Form") dated January 2011 on file with HockeyNL.
- d) The SJMHA geographic boundary is shared with the Avalon Celtics Minor Hockey Association ("AMHA") as defined by the 1996 Boundary Agreement dated October 11, 1996, by the associations and approved by HockeyNL.
- e) Minor and Female hockey players meeting the residency requirement established by the Boundary Form that attend the following schools must

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register with AMHA. All other Minor and Female hockey players residing in the City of St. John's must register with SJMHA.

AMHA Assigned Schools

Bishop Abraham	Holy Cross Elementary	Rennies River
Bishop Field	McPherson Elementary	St. Andrews
Brother Rice Jr High	MacDonald Dr Elementary	St. Bon's
Cowan Heights Elementary	MacDonald Drive Jr High	St. Mary's
East Point Elementary	Prince of Wales Collegiate	Virginia Park

- f) As required by HockeyNL Regulation 200 (b) any player who requests permission to play for a team contrary to the Residency Rule must follow the steps below:
- (i) The player must first register with SJMHA,
 - (ii) A written request to play elsewhere must be submitted to the Administrator,
 - (iii) Requests can be made only for the current hockey season,
 - (iv) Should both associations agree with the request, correspondence must be forwarded from both associations to the Minor Council Eastern Area Director,
 - (v) The Minor Council Eastern Area Director will determine whether a circumstance exists to authorize the request and make recommendation to the Chairperson of Minor Council, and
 - (vi) The final decision on player transfers rests with the Chairperson of Minor Council.

REGULATION THREE

DISCIPLINE

300. a) All players, team managers, coaches, trainers and parents shall be subject to the discipline, supervision and control of the SJMHA Board.
- b) Any suspension of a SJMHA player, team official, volunteer or parent in any league at any level must be reported to the HockeyNL office.
- c) Any SJMHA player or team official incurring a suspension under the HockeyNL Minor / Female / School Hockey Minimum Suspensions will not be

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permitted to take part in any further games or practices until a decision on their infraction has been ruled on by HockeyNL.

- d) Any parent of a SJMHA player, whose conduct in an arena is deemed to be disruptive and not conducive to the well being of the game, as determined by SJMHA in its sole discretion, may be banned from such arena(s) as determined by the Association or HockeyNL for a specified period.

310. Discipline Committee

- a) The President will appoint a Disciplinary Committee as required for significant actions or infractions. The President may suspend any player, coach, manager, parent or any member of the Association while a Disciplinary Committee is being formed and conducting its investigation through to making its decision. For lesser actions or infractions discipline can be recommended after review by the Vice-President and submitted to the Board for consideration.
- b) A Disciplinary Committee shall be composed of three (3) members of the Association, one of whom being the Vice-President, acting as Chairperson of the Disciplinary Committee. If the Vice-President has a conflict with respect to the matter under inquiry, then the President will appoint another Board member who has no conflict to act as Chairperson.
- c) Pursuant to the Regulations and Policies of the Association and in conjunction with the rules and regulations of HockeyNL and Hockey Canada, including the HockeyNL Minor / Female / School Hockey Minimum Suspensions and the HockeyNL Disciplinary Process for Types of Behavior Governing Off-Ice Activity, this Committee shall recommend suspensions of players, coaches, managers, parents or any member of the Association.
- d) If a member of the Association is found on inquiry by a Disciplinary Committee to be guilty of conduct unbecoming in their capacity as a member of the Association, then upon the recommendation of a Disciplinary Committee to the Board and resolution passed by a majority of the Board, the President shall issue suspensions or cancel membership in the Association for a specified or an indefinite period of time.
- e) Notice of a member's suspension shall be served on the member so affected personally, or by email.

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- f) Cancellation of membership shall be served on the member so affected personally, or by registered mail at the last address of the member as shown on the records of the Association. The notice shall be deemed to have been served at the time when the letter containing the same would be delivered in the ordinary course of the post and in proving such service, it shall be sufficient to prove that the letter containing the notice was properly addressed and mailed.

320. Game Misconducts and Suspensions

- a) HockeyNL Minor / Female / School Hockey Minimum Suspensions apply for all Minor and Female hockey played by SJMHA teams.
- b) SJMHA has the authority to add to suspensions levied by HockeyNL. As a matter of policy, SJMHA will review all suspensions and address patterns that cause concern with individual players or team officials requiring additional discipline.
- c) Any player or team official receiving a suspension, when there is insufficient time to serve the full suspension before the end of the season, will serve the remainder of the suspension upon commencement of the following season.
- d) Coaches are not permitted to participate in practices and games when serving an SJMHA or HockeyNL imposed suspension.

330. Fighting

- a) Any player receiving fighting majors during exhibition, tournament, league or playoff games will receive the following suspension:
 - First Fight: Suspended for one (1) additional game in addition to minimum standard set by HockeyNL Minimum Suspension Guidelines as determined by the Vice-President.
 - Subsequent Fight: Suspended for two (2) or more additional games as determined by the Vice-President, in addition to HockeyNL Minor / Female / School Hockey Minimum Suspensions.

340. Discipline for Off-Ice Activity

- a) SJMHA will follow the HockeyNL Disciplinary Process for Types of Behavior Governing Off-Ice Activities for conduct involving profanity, attempts to

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damage the reputation of others, poor sportsmanship, bullying, property damage, etc. as set out in the HockeyNL disciplinary process.

- b) The HockeyNL Disciplinary Process for Types of Behavior Governing Off-Ice Activities involves three (3) levels of discipline with suspension terms ranging from two (2) weeks to indefinite suspension.
- c) Suspensions under the HockeyNL Disciplinary Process for Types of Behavior Governing Off-Ice Activities are cumulative with scores imposed for each infraction ranked by severity. Multiple infractions will lead to indefinite suspension.

REGULATION FOUR

APPEALS

400. Appeals Process

- a) Any member may appeal any decision of a Discipline Committee or Board. The appeal must be made in writing to the President within 48 hours of being notified of the decision.
- b) Until an Appeals Committee decides on the appeal, the original decision will remain in effect.

410. Appeals Committee

- a) The President will appoint an Appeals Committee as required in response to an appeal request. The appeal request would be for reconsideration of a prior decision of a Discipline Committee or the Board.
- b) Appeals for suspensions under the HockeyNL Minor / Female / School Hockey Minimum Suspensions are not permitted. Appeals of a decision by HockeyNL or Hockey Canada must follow the appeal process established by those organizations.
- c) An Appeals Committee shall be composed of three (3) members of the Association, one of who shall be a non-conflicted member of the Board. The Board member shall act as Chairperson of the Appeals Committee.

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- d) An Appeals Committee shall, following a comprehensive review of the prior decision being appealed, make recommendations to the Board with respect to rescinding, modifying or upholding the decision being appealed. The Board shall consider the recommendations of the Appeals Committee and upon resolution passed by the Board, the President shall advise the appellant of the outcome of such appeal.
- e) In situations where the Board does not agree to rescind or modify the original decision the appellant will be notified of their options with respect to appealing to HockeyNL and/or Hockey Canada.

REGULATION FIVE

BOARD OF DIRECTORS ELECTIONS

500. Election

- a) An election for Board positions with expiring terms shall be held at the Annual General Meeting ("AGM") following the most recent hockey season as set forth in By-Law 5 - Board of Directors.

510. Nominations

- a) Qualifications for the Board of Directors positions are set forth in By-Law 5 - Board of Directors.
- b) Any Voting Member of the Association who meets the qualifications for the position, in addition to such other adults who are determined to be acceptable candidates in the view of the current Board, are eligible to be elected as a Director of the Association.
- c) A call for nominations shall be made at least 60 days prior to the AGM, with nominations closing at least 30 days prior to the AGM. The call for nominations, closing date and time for the nomination period will be advertised on the Association website and through its various social media channels.
- d) Nominations shall be filed electronically by completing the nomination form provided for the purpose for self-nomination.

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- e) Nominations will remain confidential until the close of nominations. The slate of candidates will be reviewed to ensure all candidates meet the required qualifications, after which the entire slate of candidates will be released in one announcement on the Association Website.
- f) An individual member can only seek nomination for one position per AGM.
- g) All nominees for contested positions will stand for election by the Voting Members present at the AGM.
- h) If no nomination is received for a particular Board position as of the close of nominations, then nominations will be called from the floor at the AGM.
- i) All nominations from the floor shall require a seconder.
- j) This regulation must not be revised after the call for nominations has been made for the upcoming AGM.

520. Election Process

- a) The election of the Board will take place as the last item on the AGM agenda. If the AGM Chairperson is standing for re-election, then the Chairperson will hand the meeting chair over to a member of the Board who is not standing for re-election at the AGM to conduct the election.
- b) When there is only one nomination for a Board position, whether through the formal nomination process or by nomination from the floor at the AGM, that candidate will be declared elected.
- c) All candidates shall have two (2) minutes to speak prior to the election.
- d) The order of election will be as follows:
 - 1 Positions requiring nominations from the floor
 - 2 Director at Large Positions (2)
 - 3 Director of U7/U9 Hockey
 - 4 Director of U11/U13 Hockey
 - 5 Director of U15/U18 Hockey
 - 6 Director of Female Hockey
 - 7 Director of All-Star Hockey
 - 8 Treasurer
 - 9 Vice President
 - 10 President

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Note: Only a subset of these Board positions will be elected at each AGM.

- e) The election of the Board of Directors will take place by secret ballot with separate ballots for each position. Paper ballots are to be prepared in advance of the AGM and distributed by the Administrator and other members of the Board who are not standing for re-election at the AGM.
- f) The candidate receiving the most votes cast, as described in Regulation 530, will be elected.
- g) For the Director at Large positions, the two candidates receiving the most votes cast, and described in Regulations 530 e), will be elected.

530. Vote Counting

- a) After votes have been cast by the membership in attendance at the AGM the ballots will be collected by the Administrator and other members of the Board who are not standing for election at the AGM.
- b) The Administrator and other members of the Board who are counting the ballots will retire to a private location away from the membership and proceed to count the ballots cast for each candidate.
- c) For positions other than the Director at Large position, the candidate receiving the most votes cast (more than any other candidate) shall be declared elected to the Director position.
- d) For positions other than the Director at Large position, if there is a tie for the most votes cast then a second ballot will take place between the candidates that were tied. The candidate receiving the most votes cast (more than any other candidate) on the second ballot shall be declared elected to the Director position. If the candidates remain tied after a second ballot, then the position will remain vacant, and can be filled at a later date as allowed for in By-Law II.4.01 e).
- e) For the Director at Large position, where there are more than two (2) valid nominations for the two (2) Director at Large positions, the voting members shall conduct a vote by secret ballot indicating their choice (either one or two candidates) for the Director at Large positions. The two (2) candidates receiving the most votes (more than the other candidate) are declared elected.

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- f) For the Director at Large position, if the ballot does not result in two (2) candidates who have each received more votes than each of the other candidates, a second vote will be held. The two (2) candidates receiving the most votes (more than the other candidate) are declared elected. If the second vote does not result in two (2) candidates who have each received more votes than each of the other candidates, then there will be no further voting, and the position will be filled as allowed for in By-Law II.4.01 e).

540. Terms

- a) The term of office shall be the lesser of two (2) years (for this purpose a year shall be defined as the period between Annual General Meetings, whether such has been a calendar year or otherwise) or until their successors are elected.
- b) The following Board positions will be elected in even numbered years:
- President
 - Treasurer
 - Director of U7/U9 Hockey
 - Director of U11/U13 Hockey
 - Director of U15/U18 Hockey
- c) The following Board positions will be elected in odd numbered years:
- Vice President
 - Director of All-Star Hockey
 - Director at Large Positions (2)
 - Director of Female Hockey

550. Destruction of Ballots

- a) After all votes have been completed the Chair will call for a motion to destroy the ballots.

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REGULATION SIX

HOCKEY OPERATIONS

600. General

- a) Hockey operations are administered through the applicable Divisional Director(s) and supported by the Technical Director and Administrator.
- b) Divisional Directors are responsible for division-specific operational decisions, including scheduling coordination, team formation support (as applicable), and issue resolution within their house league divisions.
- c) The Technical Director is responsible for technical standards of player development, practice planning guidance, evaluation support, and hockey program quality across the Association.
- d) The Director of All-Star Hockey will be responsible to the Board for hockey operations at the All-Star divisions.
- e) The Director of Female Hockey will be responsible to the Board for the operation of Female Hockey.

605. Decision Making and Escalation

- a) The first point of contact for team-related issues shall be the appropriate Divisional Director.
- b) Matters involving player safety, evaluation standards, coaching standards, or player development shall include the Technical Director in the review.
- c) Matters involving discipline, significant financial impact, material exceptions to Regulations or Policies, or conflicts of interest shall be escalated to the President and/or Board as appropriate.
- d) In urgent situations affecting safety, the Administrator and/or Technical Director may take immediate action, with notice to the President as soon as practical followed by a fulsome review at the next Board meeting.

610. Team Uniforms

- a) All house players will be provided with a hockey jersey and one pair of hockey socks when teams are formed at the beginning of the season.

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- b) All-Star players will be provided with a home and an away hockey jersey and two pairs of matching hockey socks when teams are formed at the beginning of the season.
- c) Hockey jerseys remain the property of SJMHA and will be reused for multiple seasons. The Association will purchase a reasonable number of replacement jersey on an annual basis to ensure the quality of the jerseys provided to players remains reasonable. Hockey socks remain the property of the players.
- d) In some divisions sponsored jerseys may be provided, and if required by the agreement reached with the sponsor, the jerseys may be owned by the players. For example, the McDonalds jerseys used in the Under 11 Division.
- e) Also, in some divisions, the Association may choose to purchase lower quality single season house league jerseys on an annual basis and allow players to retain ownership of the jersey at the end of the season
- f) All jerseys worn by SJMHA teams must be supplied by the Association. Teams will not be permitted to use jerseys supplied by others unless advance approval is provided by the Association. Jerseys provided to teams by sponsors must be supplied by the Association's Preferred Supplier and remain the property of the Association for use in future seasons.
- g) The supply of a second jersey or hockey socks, replacement jerseys or hockey socks and the application of name-bars will be covered by policy of the Association.

620. Permission to Travel

- a) HockeyNL Travel Permits will not normally be approved for individual player or team travel that requires players to miss a regularly scheduled SJMHA game or practice, unless approved as an exception under Regulation 605.
- b) The integrity of scheduled games must be maintained to ensure that all players may avail of their allotted hockey programming.
- c) Teams traveling to exhibition games or tournaments outside of SJMHA must submit a travel permission request using the form required by HockeyNL. HockeyNL has separate forms and process for in-province and out-of-province travel requests.

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- d) Players and teams will not be permitted to travel where unpaid registration fees are deemed material by the Administrator.
- e) Teams hosting exhibition games or tournaments must obtain proof of approved travel permits for all visiting teams prior to play.

630. Call-Up Process

- a) For teams participating in a combine house league or Female All-Star league with other metro area associations forming an inter association league, regulations governing the call up process for games will be established by the respective league subject to further consideration by the Board.
- b) In SJMHA only house league programs, call-ups are discouraged for house league hockey games. During the regular season coaches are encouraged to call across to obtain a player from another team in the same division when necessary to ensure the minimum of two lines are available for each game. Coaches, in consultation with the Technical Director, should only add players to their team's roster when there is a shortage of available players. Players should not be added to strengthen a team or fill out rosters. During the playoffs the Divisional Director will provide specific rules to follow if replacement players are required.
- c) Call-ups are required for teams playing in the Don Johnson Hockey League ("DJHL") to ensure minimum roster size rules are respected. The following is the call-up hierarchy that DJHL coaches must follow:
 - Under 11C Team calls up from Under 11 house league,
 - Under 11B Team calls up from Under 11C or Under 11 house league if there is no U11C Team,
 - Under 11A Team calls up from Under 11B,
 - Under 13C Team calls up from Under 13 house league,
 - Under 13B Team calls up from Under 13C or Under 13 house league if there is no U13C Team,
 - Under 13A Team calls up from Under 13B,
 - Under 15C Team calls up from Under 15 house league,
 - Under 15B Team calls up from Under 15C or Under 15 house league if there is no U15C Team,
 - Under 15A Team calls up from Under 15B, and
 - Under 18A Team calls up from Under 18 house league.

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- d) Preference should be given to players who expressed an interest in All-Star hockey by attending the initial tryout process. However All-Star teams will not be restricted to using only those players.
- e) All-Star teams should rotate all capable players through the opportunities to be a call-up player. No individual player should be called up more than five (5) times in a season unless there are special circumstances that have been approved in advance by the Board.
- f) When a temporary call-up player is required for an A, B or C All-Star team, the Director of All-Star Hockey and the Team Manager of the lower All-Star Team must be consulted.
- g) When a temporary call-up player from House League is required by an All-Star team, the appropriate house league Divisional Director must be consulted.
- h) Records must be kept by each Team Manager of the date when a call-up player is used, and the name of the player called up.
- i) When a permanent call-up is required to replace an All-Star player for the remainder of the season, the following procedure will be followed:
 - (i) During the early weeks of the season prior to the Christmas break, the last person at the same position released from the original tryout will be given the first opportunity to secure the vacant position. If that person declines the opportunity, then the next player released will be offered the opportunity, and so forth.
 - (ii) As the season progresses past to the Christmas break, and the team has used multiple temporary call-up players prior to Christmas, the coaching staff in consultation with the Director of All-Star Hockey and Technical Director, will select a permanent replacement player from the temporary call-up players which have played with the team.
- j) The permanent call-up will have to pay a pro-rated fee calculated by the Administrator for the remainder of the season.
- k) Call-up players will only be used to replace an existing player on the roster and will not be used to place additional players on the roster beyond the original 15 skaters and 2 goalies.

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- l) Call-up players should only attend practice if they are expected to play in the next regularly scheduled game.
 - m) Players who play at a higher division are limited to the number of games prescribed by HockeyNL Regulations.
640. Cancellation Due to Adverse Weather Conditions
- a) In the event of adverse weather conditions, the Administrator or Technical Director in consultation with arena management will cancel on-ice operations to ensure player safety.
 - b) Notice of cancellation will be made on the Association website, social media channels, the SJMHA office voice mail system and through the local radio stations.
650. Request to Cancel Ice Time
- a) A team may make a request to the Administrator or Technical Director to cancel ice time. Requests are to be made a minimum of seven (7) days in advance of the scheduled ice time.
 - b) If the ice time can be used by another team or can be returned to the rink without penalty, then the request may be honoured. Otherwise, the ice time cancelled will be deducted from the allotment assigned to that team.
 - c) Requests to cancel ice time for DJHL games must be made as soon as possible by the Team Manager to the Director of All-Star Hockey, who in turn will contact the DJHL Representative requesting accommodation for the request.
660. Protests
- a) Any protest occurring during interlocking house hockey game must be made to the appropriate Divisional Director immediately following the game. The appropriate Divisional Director will contact the interlocking house league representative to file the protest using their process.
 - b) Any protest occurring from a SJMHA house league game must be made to the appropriate Divisional Director immediately following the game. The protest must then be followed up in writing within twenty-four (24) hours of the start time of the game where the protest is being filed. The Divisional Director will

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rule on the protest within forty-eight (48) hours of receiving the written protest.

- c) Any protest occurring from a DJHL league game must be made to the Director of All-Star Hockey immediately following the game. The All-Star Director will contact the appropriate DJHL Representative to file the protest using their process.
- d) Any protest occurring from a Female hockey game must be made to the Director of Female Hockey immediately following the game. The Director of Female Hockey will contact the appropriate Female League representative to file the protest using their process.

670. Dressing Room Protocol

- a) SJMHA adheres to the Hockey Canada Dressing Room Policy to create a safe, inclusive and equitable dressing room environment that are designated team spaces for everyone, while at the same time providing proper adequate supervision.
- b) To best promote inclusion and to respect the privacy of all participants on a team, all players must wear 'minimum attire' at all times in a dressing room or in dressing environments where more than one participant is present. The minimum attire rule requires players to arrive at the rink wearing a base layer (e.g., shorts and t-shirt, compression shorts and shirt or sports bra). Players not arriving at the rink wearing their base layer can use an appropriate private space (e.g., private restroom stalls or empty/unused dressing rooms) to change into the base layer and then enter the team dressing room with their team.
- c) Team Management must be familiar with the Hockey Canada Dressing Room Policy and discuss its contents with their team and parents.

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REGULATION SEVEN

HOUSE LEAGUE OPERATIONS

700. Initiation Program

- a) Initiation Program is a learn to skate and play program intended for children under the age of 10 who have not previously participated in a hockey program.
- b) Instructors appropriately trained in the Hockey Canada Initiation Program will deliver the Program to young players being introduced to ice hockey for the first time. Parent volunteers will not be required for the Initiation Program, and parents are not permitted on the ice with their children. The Association will recruit young hockey players under the direction of the instructors to act as helpers for these young children.
- c) A fun focused program will be delivered without actual game situations. The program will be delivered on a one-hour per week basis for a period of seventeen (17) weeks.

701. Under 7 Program (May also be referred to as Under 9C)

- a) The Under 7 Program is a half-ice hockey program for children who have basic skating skills. The Under 7 Program MUST follow the Hockey Canada Under 7 Pathway guidelines at all practices.
- b) When numbers permit, teams will operate with approximately twelve (12) players (two lines) on each team roster.
- c) Players will practice utilizing the entire ice surface. Two teams will practice at the same time, and a common practice plan will be executed.
- d) Games will be played on half ice using mini nets (2 feet high by 3 feet wide).
- e) Teams will be divided into two lines for games, with no players double shifting. Under 7 games can be played with an imbalance in the number of players on the ice for each team as there is very little or no team play. Players will rotate through the goaltender position (a different player will be the goaltender for every shift). Goaltender equipment is not permitted.

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- f) All games played in Under 7 will use a three-minute run time buzzer. During all games with the buzzer, the teams will not change ends, and the puck will be dead at the buzzer.
- g) There will be no playoffs in the Under 7 program. On Super Sunday, the final Sunday of the season, teams will play games and SJMHA will provide gold medals for all players.

702. Under 9 Program

- a) The Under 9 Program is a half-ice hockey program for children who have moderate skating skills. Under 9 Program MUST follow the Hockey Canada Under 9 Pathway guidelines at all practices.
- b) When numbers permit, the Under 9 Division will be subdivided into two leagues, the Under 9A League and the Under 9B League, based on skill level.
- c) The equivalent of two teams will share the ice during each practice session.
- d) Games will be played on half ice using intermediate sized nets (3 feet high by 4 feet wide).
- e) Games will be played according to the recommendation of Hockey Canada Under 9 Pathway. This will include guidance on full or half ice games, the use of officials and the use of the buzzer for player changes.
- f) All players will have an opportunity to play all positions, including goaltender, on a rotational basis (a different player will be the goaltender each game).
- g) There will be no playoffs in the Under 9 leagues. On Super Sunday, the final Sunday of the season, teams will play games and SJMHA will provide gold medals for all players.

703. Under 11 Program

- a) Prior to the start of the season the Association will determine if it operates a SJMHA only Under 11 house league program or combine with other metro area associations to form an interlocking house league.
- b) Teams in the Under 11 Program will be scheduled for one game (home or away) and one practice each week.

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- c) Coaches must follow the Hockey Canada Under 11 Pathway, to plan and execute practice. The Technical Director will provide guidance and support to all coaches in planning and executing practices.
- d) Games are typically scheduled hourly in a 50-minute timeslot with three 10-minute stop time periods.
- e) All games require as a minimum a two person-man officiating system. Preferably a three-man officiating system will be employed when sufficient officials are available.
- f) When participating in an interlocking house league a playoff tournament will be planned at the end of the regular season.
- g) When participating in a SJMHA only house league, a single or double round robin playoff will be organized in the Under 11 division at the end of the regular season. Based upon the standings compiled during the round robin playoff competition, gold medal and bronze medal games will be organized for Super Sunday. In the event there are ties, the HNL tie breaking rules shall apply. SJMHA will provide medals for the gold and bronze medal games.

704. Under 13 Program

- a) Prior to the start of the season the Association will determine if it operates a SJMHA only Under 13 house league program or combine with other metro associations to form an interlocking house league.
- b) Teams in the Under 13 Program will be scheduled for one game (home or away) and one practice each week.
- c) Coaches must follow the Hockey Canada Under 13 Pathway to plan and execute practice.
- d) Games are typically scheduled hourly in a 50-minute timeslot with three 10-minute stop time periods.
- e) All games require as a minimum a two-person officiating system. Preferably a three-person officiating system will be employed when sufficient officials are available.
- f) When participating in an interlocking house league a playoff tournament will be planned at the end of the regular season.

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- g) When participating in a SJMHA only house league, a single or double round robin playoff will be organized in the Under 13 division at the end of the regular season. Based upon the standings compiled during the round robin playoff competition, gold medal and bronze medal games will be organized for Super Sunday. In the event there are ties, the HNL tie breaking rules shall apply. SJMHA will provide medals for the gold and bronze medal games.

705. Under 15 Program

- a) Prior to the start of the season the Association will determine if it operates a SJMHA only Under 15 house league program or combine with other metro associations to form an interlocking house league.
- b) Teams in the Under 15 Program will be scheduled for one game (home or away) and one practice each week.
- c) Coaches must follow the Hockey Canada Under 15 Pathway to plan and execute practice.
- d) Games are typically scheduled hourly in a 50-minute timeslot with three 10-minute stop time periods.
- e) All games require as a minimum a two-man officiating system. Preferably a three-man officiating system will be employed when sufficient officials are available.
- f) When participating in an interlocking house league a playoff tournament will be planned at the end of the regular season.
- g) When participating in a SJMHA only house league, a single or double round robin playoff will be organized in the Under 15 division at the end of the regular season. Based upon the standings compiled during the round robin playoff competition, gold medal and bronze medal games will be organized for Super Sunday. In the event there are ties, the HNL tie breaking rules shall apply. SJMHA will provide medals for the gold and bronze medal games.

706. Under 18 Program

- a) Prior to the start of the season the Association will determine if it operates a SJMHA only Under 18 house league program or combine with other metro associations to form an interlocking house league.

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- b) Teams in the Under 18 Program will be scheduled for two games each weekend. Practices will not normally be held for the Under 18 House League Divisions.
- c) Games are typically scheduled hourly in a 50-minute timeslot with three 10-minute stop time periods.
- d) All games require as a minimum a two-person officiating system. Preferably a three-person officiating system will be employed when sufficient officials are available.
- e) When participating in an interlocking house league a playoff tournament will be planned at the end of the regular season.
- f) When participating in a SJMHA only house league, a single or double round robin playoff will be organized in the Under 18 division at the end of the regular season. Based upon the standings compiled during the round robin playoff competition, gold medal and bronze medal games will be organized for Super Sunday. In the event there are ties, the HNL tie breaking rules shall apply. SJMHA will provide medals for the gold and bronze medal games.

710. Christmas Tournament

- a) SJMHA will host an annual Christmas Tournament for the Under 13 house league division inviting teams from other metro associations.
- b) The annual Christmas Tournament will be named the Gerry Connolly Memorial Christmas Tournament in memory of Mr. Gerry Connolly who acted as the Association's Santa Claus for all Christmas functions prior to his passing.

720. House League Team Selection Process

- a) Prior to evaluations, the Association shall publish a plain-language summary outlining evaluation structure and team-balancing principles.
- b) A team of evaluators will be assembled by the Divisional Director and the Technical Director to complete the player evaluations.
- c) Players are to be rated prior to forming teams, at several evaluation sessions during the 2-week period prior to the start of the regular season.

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- d) Individual evaluation scores will not be released. General developmental feedback may be provided upon request at the discretion of the Technical Director.
- e) Teams are to be created to ensure competitive balance considering the two or three age cohorts per division, and that the younger player may develop sooner as their confidence increases.
- f) The Divisional Director shall compile the data from evaluations to provide the information needed by the evaluators to assemble balanced teams. Each team where practical will be assigned a similar number of players at each skill level evaluated.
- g) Coaches will be assigned to teams after the selected process is completed. To accommodate the coaches' children some player movement may be required. The Divisional Director in consultation with the Technical Director will determine if the coaches' children make a team too strong or too weak, and may at their discretion, move other players to balance the teams. The Divisional Director's decision is final.
- h) Concerns regarding team composition must be submitted in writing within seven (7) days of team formation. Decisions following review by the Divisional Director and Technical Director are final.

730. Scorekeeping

- a) In house league, scorekeepers will not post to the score clock additional goals for the winning team if there is more than a five-goal spread.
- b) As the losing team scores additional goals, the score for the winning team will also be incremented by one goal to maintain the five-goal differential on the score clock.

740. Playing in Another Division

- a) Players will be able to play at equal skill and ability levels regardless of age. Unless the player has exceptional ability beyond their age group, it is in the best interest of the player's social, psychological and emotional development to play with their age group.
- b) No player in SJMHA may play or practice with any division other than their own without permission from the Technical Director.

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- c) Any parent requesting their child be moved to another division must write a letter requesting same to the President, stating all the reasons why the child should be moved. The request will be reviewed by the President and Technical Director and only approved if in the best interest of the player.
- d) If a player is identified by the Technical Director and Divisional Director as being a candidate to play in another division, higher or lower, the potential move must be discussed with the President and only approved if in the best interest of the player. Examples could include the need to move a skilled goaltender to a higher division where there is a shortage or the need to move a weak player to a lower division to support their development while maintaining player safety.
- e) Any player moved to a lower division will be monitored by the Divisional Directors and the Technical Director. If with time the player develops to the point where they can be safely returned to their own age group, the player's family will be offered the opportunity to promote the player back to where they started the season.

741. Requests to Play Together

- a) SJMHA office will only accept requests to play together for siblings.
- b) Other requests to play together are not permitted as they make the balancing of house league teams near impossible.

750. House League Tournaments and Travel

- a) SJMHA house league hockey teams are discouraged from traveling to weekend hockey tournaments requiring them to miss games and practices scheduled on weekends for each house league hockey team.
- b) Teams requesting permission to travel must do so at least 21 days in advance, and work with the Technical Director and the Divisional Director responsible to minimize the impact on the other teams in the division. For example, two teams travelling on the same weekend would be less impactful to the division.
- c) Teams requesting permission to travel must provide a plan that ensures any barriers to participation (the means and expenses to travel including transportation cost, meals, accommodation and entry fees) by team members and families are addressed appropriately and to the satisfaction of

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the Divisional Director and Administrator. Unless there is unanimous support for travel by all families, and all barriers are satisfactorily addressed, approval will not be provided.

- d) House League teams will be limited to travel only once each hockey season.
- e) Teams approved to travel must request a travel permit from HockeyNL through the Association's office. (See Regulation 620)

760. Defaults

- a) Within the SJMHA House League system games are to be focused on players having fun, and while scores are being kept there will be no official standings posted. Therefore, the actual outcome of games will have no impact on a team's opportunity to compete in the year-end playoffs. As a result, there will be no need to record defaults.
- b) Whenever possible, games will proceed on schedule and only in the most extreme circumstance where the safety of players or officials is at risk, will a game be cancelled at the rink. Additional players can be called across from other teams not involved in the game to meet minimum requirements.
- c) During the playoff round the Divisional Directors will post a set of rules and procedures to be followed concerning the minimum number of players required, how to maintain this minimum number and what procedure to follow if the minimum number of players cannot be achieved. If this circumstance results in the need for a default from the perspective of the playoff standings, the game should proceed if there are call across players available to do so safely.

770. House League Coaches

- a) To coach a SJMHA house league hockey team interested individuals must file an application with the SJMHA office prior to player evaluations.
- b) To coach a SJMHA house league hockey team interested individuals must meet the minimum qualifications and screening requirements as established by HockeyNL for the division of hockey where they are requesting a coaching position.
- c) To ensure SJMHA will continue to have a sufficient number of house league hockey coaches developed for the future, coaches will initially be limited to

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coaching only one association team, including house league, Female and All-Star teams. After all interested and qualified coaches are accommodated, SJMHA may permit individual coaches to coach an additional team if potential scheduling conflicts can be reasonably accommodated.

780. One-Time Event Teams

- a) From time-to-time teams from the house league divisions may be organized, when numbers warrant, to attend a one-time event (i.e. jamboree, tournament, exhibition game, etc.) that has been approved by HockeyNL.
- b) Before approving participation in a one-time event, the Board must ensure qualified coaches are available before a team is formed. Unless qualified coaches are available, the Association will not organize a team for a one-time event.
- c) If there are more players interested than can be accommodated, players will be selected from those who attend an open tryout. A fee will be charged to cover the cost of ice time and evaluators associated with the open tryout sessions.
- d) Teams attending a one-time event are responsible for paying for the ice time and officials associated with exhibition games and practices, along with any applicable entry fee.
- e) When determining if a team will attend a one-time event, families must recognize that their priority is to their regular house league hockey team. The Association will not permit travel for one-time events which negatively impact house league hockey games or practices. Where possible, teams will be provided weekday ice time to ensure there is no conflict with weekend house league hockey.

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REGULATION EIGHT

ALL-STAR OPERATIONS

800. General

- a) A, B and C All-Star teams at the Under 11, Under 13 and Under 15 divisions will be formed at the beginning of the hockey season to compete against teams from other associations in the DJHL.
- b) Playing All-Star hockey is an expensive and time-consuming proposition for families who must consider this seriously before registering to play on an All-Star team. There are additional expenses for travel, exhibition games and practice ice, tournaments and miscellaneous expenses. Prior to the start of all-star tryouts, the Association will provide parents with a guide (available on the Association website) describing the expectations surrounding all-star hockey including the tryout process and the upcoming hockey season.
- c) It is a privilege to play at the All-Star level. SJMHA expects that all All-Star players, team officials, and parents will meet a high standard of conduct and good sportsmanship towards referees, other players, teams, team officials and other parents.

801. AAA Hockey, DJHL Pooled Teams and Leagues

- a) SJMHA players in the Under 13, Under 15, Under 16 and Under 18 age groups or divisions can try out for and participate with HockeyNL AAA teams and the DJHL pooled leagues.
- b) To the extend practical, SJMHA will delay tryouts for its association based All-Star teams until after the selection of the AAA and DJHL pooled league teams is completed.
- c) To the extend practical, SJMHA will, provide ice time to the AAA and DJHL pooled leagues that is proportional to the number of SJMHA players participating in those leagues.
- d) SJMHA will ensure that its regular hockey programs do not subsidize the players and teams that participate in the AAA and pooled leagues. Cost recovery of administration and overhead costs from AAA and pooled leagues will be similar to those same costs recovered from players participating in

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the regular SJMHA hockey program. Cost recovery for the AAA and pooled leagues will be through a surcharge for use of SJMHA ice time and officials.

802. Under 9 Select

- a) All-Star hockey will not be offered in the Under 7 and Under 9 divisions. However, if there is sufficient interest, an Under 9 Select team may be formed later in the season as determined by HockeyNL on an annual basis.
- b) The organization and logistics of an Under 9 Selects program will be at the discretion of HockeyNL.
- c) HockeyNL will establish the rules for the Under 9 Selects program.

803. Player/Parent Agreements

- a) All-Star players and parents are required to sign a SJMHA All-Star Player Agreement (available on the Association website) immediately after the official team roster is released. In addition, parents must also review and sign the HockeyNL Parent Player Agreement that is available on the HockeyNL website.
- b) The SJMHA All-Star Player Agreement covers items such as conduct, equipment, jersey care and payment of fees.
- c) Failure to sign and return the All-Star Player Agreement will result in the player being removed from the team.

804. A, B and C All-Star Tryouts

- a) The tryout process is described in detail in the All-Star Tryout Process document which can be found on the Association's website.
- b) In the Under 13, Under 15 and Under 18 divisions players will be selected by position during a try-out process. In the Under 11 division players will be selected on ability and will rotate through forward and defence positions throughout the season.
- c) Prior to the start of the tryout process, the Board in consultation with the Director of All-Star Hockey, Technical Director and the Evaluators, will determine if there are enough capable players at each position to proceed with selecting players by position. Otherwise, an alternate plan must be devised and communicated prior to the release of players from the tryouts.

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- d) SJMHA will operate both 'A', 'B' and 'C' All-Star teams in the DJHL if the following conditions are met:
- (i) If the DJHL is operating an "A" division, "B" division and a "C" division for association-based teams,
 - (ii) If qualified team officials are available to operate and manage these teams, and
 - (iii) There must be at least
 - twenty (20) players registered for all-star tryouts in a 1 team division (A or B only),
 - forty (40) players registered for all-star tryouts for a 2 team (A and B) division,
 - fifty (50) players registered for all-star tryouts for a 3 team (A, B and C) division or
 - enough goalies trying out to ensure 2 capable goalies per team. Exceptions may be made where there is a plan to develop additional goalies to complete All-Star rosters as the season progresses.

805. Team Logistics

- a) The All-Star program will typically consist of a minimum of one practice, one home game and one away game per week. The number of games per season will be established by the DJHL.
- b) All-Star teams shall consist of 15 skaters and 2 goaltenders.
- c) Games duration will be established by the DJHL on a seasonal basis.
- d) Coaches must follow the current HockeyNL ice time allocation guidelines for that division available on the HockeyNL website.
- e) All-Star games will have a three-person officiating system with the minimum level qualification per division as established by HockeyNL. Exceptions may be made for two-or four-person officiating systems when recommended by the Referee-in-Chief and endorsed by the Technical Director.

810. Team Management

- a) The All-Star team management selection process, including a team manager and bench staff comprising a head coach and two assistant coaches, will take place in September prior to the start of the hockey season.

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- b) The candidates for the All-Star team management positions must apply by completing the Volunteer Application Form available on the Association website. The completed application form must be returned to the Administration before the established deadline.
- c) Once selected, the Head Coach will recommend their choice for team manager and bench staff including a maximum of two assistant coaches from a list of qualified candidates provided by the Association.
- d) The appointment of all members of team management is subject to approval by the Board. Additional team management positions in addition to two assistant coaches and a team manager is not recommended and will require advance approval of the Board. Approval for additional assistant coaches must be sought at the same time as the other members of team management and must be supported with reasons why additional assistant coaches are necessary.
- e) All-Star coaches shall report directly to the Director of All-Star Hockey throughout the season and shall take direction as required from the Technical Director and the Director of All-Star Hockey.
- f) The Director of All-Star Hockey shall be the first person contacted in the chain of command in all problem situations. The Director of All-Star Hockey will determine if the involvement of other Board members or the Technical Director will be beneficial in resolving problem situations.

815. Team Management Qualifications

- a) Selection criteria:
 - All candidates for coaching and team management positions must have their necessary certifications in place, including the HockeyNL screening process (HockeyNL Membership Form), certificate of conduct and vulnerable person screening completed and submitted to the Royal Newfoundland Constabulary.
 - All certifications must be applied for prior to the Association accepting an application.
 - Coaches must be qualified according to Hockey Canada and HockeyNL regulations for the division in which they are coaching. and
 - Age (division) appropriate hockey background in coaching.

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- b) One team official must have the Hockey Canada Safety Program certification and must be on the players bench for all games.
- c) Only in exceptional circumstances would an individual be given more than one head coach or assistant coach position in each season. The Board will ensure that opportunities to coach are distributed effectively across interested and qualified candidates to ensure an adequate pool of coaches to choose from in future seasons.
- d) Candidates for coaching positions deemed to be in a conflict of interest or found to have been undesirable based on previous coaching experiences as determined by the Board, in its sole discretion, will be disqualified from consideration.

820. Team Finances

- a) Team Finances are to be overseen by the Team Manager.
- b) The Team Manager will not be responsible for ensuring all players are up to date with the registration fee payments. The Administrator will oversee the payment of all registration fees.
- c) The Team Manager will deposit all team funds with the Administrator for deposit in the Association's bank account. Teams will not hold their own bank account. At no time will team funds be placed on deposit in a dedicated team bank account, the Team Managers personal or business accounts.
- d) During the first week of every month the Team Manager will provide a report on Team Finances to the Administrator.
- e) Team Managers shall provide a mid-season and end-of-season financial summary to team families, with personal details subject to privacy constraints.

821. Team Fundraising

- a) From time to time, parents and players will be expected to help meet Team expenses through fundraising efforts. All plans for team fundraising must be discussed and approved at a parents' meeting.
- b) All requests for the approval of fundraising projects are to be submitted to the Administrator for review at least one week prior to a regularly scheduled Board meeting in order that it may be added to the meeting's agenda if

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necessary. Routine approvals by the Administrator may take up to 1 week before approval is granted or denied. Board approval will take longer.

- c) All teams shall follow forthright procedures for the control of all cash receipts and collections. At a minimum the following procedures will be in effect:
 - (i) Teams collecting and dispersing funds must establish an account with the Association,
 - (ii) Funds will be held on deposit and disbursements will be made by cheque from the Associations bank account,
 - (iii) A written receipt must record all cash transactions,
 - (iv) Teams must plan to spend all money in the team account by the end of their Provincial Tournament.
 - (v) Excess funds in the team/event account at the end of the season will be credited to SJMHA when the funds were raised through **any** form of public solicitation or fundraising made in the name of SJMHA, and
 - (vi) Money in the team account can only be returned to parents if it can be shown that parents made contributions to the team account that exceeded any planned refund.
- d) Team budgets must be provided to the Administrator at the start of the season for review and approval by the Board.
- e) Any team or division hosting a tournament including a Provincial Tournament must coordinate it through the Administrator, with all monies on deposit with the Association being submitted to the Administrator. A complete financial report must be submitted to the Administrator upon completion of the tournament.

822. Lottery Licenses

- a) The Government of Newfoundland and Labrador, Department of Government Services regulates lottery licenses. SJMHA is allowed to apply for lottery licenses by virtue of our being in good standing with HockeyNL, SportNL and the Government of Newfoundland and Labrador.
- b) Lottery Licenses are issued in the name of the Association, and not directly to teams. All rules and regulations established by the Department of Government Services, Trade Practices Division must be followed.

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- c) Lottery Licenses are highly restricted and regulated by the Department of Government Services, Trade Practices Division in permitted uses for the funds raised.
- d) Teams may request that the Association obtain a Lottery License on their behalf. These lottery licenses require officers of the Association sign the application and assume all legal responsibilities for the execution of the lottery. In addition to the good reputation of the Association being placed at risk, the individual officers who sign on behalf of the Association assume personal risk associated with the proper adherence to the rules and regulations established by the Department of Government Services, as laid forth in Newfoundland and Labrador Regulation 1/02 (“Lottery Licensing Regulations”) under the Criminal Code (M.C. 1081-82).
- e) Notwithstanding Regulations 822 d), the Association does not assume any financial responsibility for the ticket lottery. If there is insufficient revenue to distribute the prizes as stated on the ticket, then the team, and the players’ parents, shall be financially liable for any shortfall. The team and players’ parents shall indemnify and hold harmless the Association from any and all claims, damages, revenue, amounts and legal fees and costs in relation to any insufficient revenue in the lottery account.
- f) The Association only permits the use of lottery licenses to help cover travel expenses for Provincial Tournaments hosted in communities located off the Avalon Peninsula.

830. Association’s Preferred Supplier

- a) The Association will maintain a relationship with a Preferred Supplier. The Preferred Supplier will be used to provide all uniforms and team clothing that incorporate the Association’s official logo.
- b) The Administrator will provide all Team Managers with the contact information for the Preferred Supplier.
- c) The Association owns the trademark for the Caps Minor Hockey logo and will vigorously enforce the trademark when providers other than the Preferred Supplier reproduce the official logo.

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840. Team Travel

- a) SJMHA All-Star teams playing in the DJHL are responsible for obtaining HockeyNL Travel Permits with the assistance of the Administrator.
- b) SJMHA All-Star teams must request permission from the Director of All-Star Hockey to travel. The Director of All-Star Hockey will review the process followed by Team Management to seek approval of all families with players on the team.
- c) If the Director of All-Star Hockey approves the request to travel, the Director will advise the DJHL representative of any scheduling changes required to accommodate the team's travel plans. DJHL rules set a maximum travel period that must not be exceeded. The DJHL is not obliged to accommodate travel requests. SJMHA All-Star Teams are requested to provide as much notice as possible to improve the likelihood of their travel request being approved. All-Star Teams traveling without DJHL approval may have missed games defaulted, or the team can be suspended from DJHL play for the remainder of the season.

841. Hosting Invitational Tournaments

- a) Hosting tournaments is dependent on ice time availability. SJMHA is hesitant to take other teams and divisions out of their regularly scheduled ice time in favour of offering an All-Star team an opportunity to host a tournament.
- b) If ice time is available for an invitational tournament, Team Management must work with the Administrator and Technical Director to establish a cost recovery fee structure, number of teams that can be accommodated and tournament schedule.
- c) Tournaments tend to attract an increased number of spectators that in turn generate additional work for SJMHA and facility staff. Team Management will form a volunteer committee to complete various tasks as required under the guidance of the Director of All-Star Hockey, Administrator and Technical Director.

842. Hosting Provincials Tournaments

- a) SJMHA All-Star Teams selected to host a Provincial Tournament must accept the assignment by HockeyNL, otherwise the team must withdraw from the Provincial Tournament and pay the associated financial penalties from team

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funds, or if the team has no funds on deposit with the Association, the parents will be charged collectively for the amount of the financial penalty.

- b) The SJMHA All-Star Teams selected to host a Provincial Tournament will form a Host Committee from parents with players on the team and other volunteers to organize and execute the hosting obligation.
- c) The Administrator and Technical Director will assist the Host Committee to the extent practical. However, most tournament responsibilities will fall to the Host Committee volunteers.

843. Participating in Provincial Tournaments

- a) Players can only play in one Provincial Tournament per season. The exception being female players playing on Minor All-Star teams who are permitted to play for one team in each of the Female and Minor Provincial Tournaments.
- b) Once selected to a team that has a Provincial Tournament obligation all players must attend the Provincial tournament. Players choosing to abandon their commitment will not be permitted to try out for an All-Star team during the following season.

845. Team Schedules

- a) The Technical Director, with the assistance of the Administrator, is responsible for establishing the weekly schedule for all All-Star teams.
- b) SJMHA will schedule All-Star team practices. The DJHL will schedule the regular season games and playoff games in ice time provided by the Association.

850. Team Uniforms

- a) All-Star jerseys are the property of SJMHA, and players' parents will be responsible for the cost of any damage incurred while the uniform is in their possession.
- b) An All-Star jersey deposit will be collected from each player at the start of the season. The amount of the jersey deposit will be determined by the Board annually and included in the All-Star Player Agreement available on the Association website.

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- c) All-Star jerseys are to be worn only at games and other approved team functions. Jerseys may only be worn during games and not during practice sessions. Players are to carry their game jerseys on hangers and protected from the elements with plastic covering or a garment bag. Game jerseys are not to be carried in the player's equipment bag.
- d) At the end of the season, all jerseys must be returned immediately after the teams return from the Provincial tournament. Directions regarding responsibilities associated with jerseys are included in the All-Star Player Agreement. All-Star socks will remain the property of the player.
- e) The application of name bars to All-Star jerseys must be arranged by the Team Manager with the Association's Preferred Supplier.
- f) The cost of applying the name bar at the start of the season, and the cost of removing the name bar at the end of the season, is to be paid upfront by the parents and placed in the team account held on deposit with SJMHA.
- g) The Administrator will arrange to have the Preferred Supplier remove name bars at the end of the season.
- h) Individual sponsor bars or corporate logo patches are not to be applied to jerseys. The only permitted recognition of sponsorship will be that of a sponsor who supplies the entire set of team jerseys.

860. Playing at a Higher Division

- a) Underage players may request to try out for a higher Association-based All-Star division, excluding AAA or pooled leagues.
- b) Exceptional underage players will be permitted to play in a higher All-Star division if the following criterion is met:
 - (i) The request is made in writing to the President prior to the start of the tryouts,
 - (ii) The Technical Director and Divisional Director from the previous season must provided the President with an assessment that suggests the player has a realistic expectation to meet the criteria stated below.
 - (iii) Underage players who do not have a realistic expectation to meet the criteria stated below will not be allowed to attend an all-start tryout.
 - (iv) Underage players will only be allowed to try out for the "A" All-Star team,
 - (v) Tryout Criteria:

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- A forward must be rated as one of the top three forwards trying out for the "A" All-Star team,
 - A defenseman must be rated as one of the top two defensemen trying out for the "A" All-Star team, or
 - A goalie must be rated as the top goalie trying out for the "A" All-Star team.
- c) Playing at a higher division will not be permitted in divisions where SJMHA players also participate in pooled leagues or AAA teams. Playing at a higher division in pooled leagues or AAA teams will be subject to the regulations and policies of those pooled or AAA leagues.

REGULATION NINE

FEMALE HOCKEY OPERATIONS

900. General

- a) SJMHA Female Regulations are subject to HockeyNL Regulations, Policies and direction from HockeyNL Female Council for female hockey, including the Female Hockey Rules & Regulations and AAA / AA Female Policy Manual for the current season. These rules, regulations and policies are available on the HockeyNL website.
- b) SJMHA is committed to delivering a full featured female program that provides its female members with the opportunity for enjoyment and development in the sport of ice hockey. SJMHA will work with HockeyNL to further develop the female program in cooperation with the other metro St. John's minor hockey associations.
- c) For recreational female teams SJMHA will participate in the Girls Metro Hockey League ("GMHL") in the Under 11, Under 13 and Under 15 divisions.
- d) For competitive female teams SJMHA will participate in the Under 11, Under 13 and Under 15 "A" All-Star divisions of the GMHL.
- e) For the Under 18 division SJMHA will participate in the Girls Metro Hockey League ("GMHL") when enough players register for the season.

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- f) Also, for competitive female players HockeyNL will offer AAA programs under the guidance of Female Council. SJMHA players may also participate in these AAA programs.
910. Divisions of Female Hockey
- a) SJMHA offers both programs for females only in the Under 11 to Under 18 divisions, and programs with males and females combined in the Under 7 and Under 9 divisions. Also, the Association's Initiation Program for teaching skating and basic hockey skills are available for males and females under the age of 9 years old.
 - b) While SJMHA does not offer a dedicated Female Under 7 and Female Under 9 program there are multiple opportunities throughout the season for these young girls to come together for skill sessions, games and social functions.
911. Initiation Program
- a) Male and female players are combined to participate together. See Regulation 700 for details.
912. Under 7 Division
- a) Male and female players are combined to participate together. See Regulation 701 for details.
913. Under 9 Division
- a) Male and female players are combined to participate together. See Regulation 702 for details.
 - b) Additional developmental ice time will be provided to the Under 9 female players each week for a fixed number of weeks at a time determined by the Association.
914. Under 11 Division
- a) Female only teams participating in the interlocking GMHL. Where numbers permit, players are placed on tiered teams to ensure individual players can fully participate.

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915. Under 13 Division

- a) Female only recreational teams participating in the interlocking GMHL. Where numbers permit, players are placed on tiered teams to ensure individual players can fully participate.
- b) For competitive female teams SJMHA will participate in the GMHL all-star division where there are enough teams to form competitive leagues.
- c) For competitive female players HockeyNL will offer AAA programs under the guidance of Female Council.

916. Under 15 Division

- a) Female only recreational teams participating in the interlocking Metro Female Hockey League. Where numbers permit, players are placed on tiered teams to ensure individual players can fully participate.
- b) For competitive female teams SJMHA will participate in the GMHL female all-star division where there are enough teams to form competitive leagues.
- c) For competitive female players HockeyNL will offer AAA programs under the guidance of Female Council.

917. Under 18 Division

- a) SJMHA will participate in the GMHL female division when there are enough players registered to form a team.
- b) For competitive female players HockeyNL will offer AAA programs under the guidance of Female Council.

920. Ice Time Allotment

- a) Female recreational teams participating in the interlocking GMHL will receive one practice and one game per week.
- b) For competitive teams participating in the GMHL female all-star division will receive one practice and one fifty-minute home game and one away game per week.
- c) SJMHA will offer Female AAA programs ice time that is proportional to the number of SJMHA players on each team.

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- d) Fees for Female programs will be based on similar SJMHA Minor house league and all-star programs intended to recover HockeyNL registration and insurance fees, ice time, officials and administration overheads. Fees may also recover costs associated with Provincial Tournaments if included as part of the base program.
930. Team Selection Process
- a) When tiering is necessary, players are to be rated prior to forming teams, at several evaluation sessions during the 2-week period prior to the start of the regular season.
 - b) A team of evaluators will be assembled by the Director of Female Hockey to complete the player evaluations.
 - c) The Director of Female Hockey shall compile the data from evaluations to provide the information needed to assemble tiered teams.
940. Scorekeeping
- a) In Female house league hockey, scorekeepers will not post to the score clock additional goals for the winning team if there is more than a five-goal spread.
 - b) As the losing team scores additional goals, the score for the winning team will also be incremented by one goal to maintain the five-goal differential on the score clock.
950. Playing in Another Division
- a) See Regulation 740 for details.
951. Requests to Play Together
- a) See Regulation 741 for details.
960. Female Division Coaches
- a) To coach a SJMHA female hockey team interested individuals must file an application with the SJMHA office prior to player evaluations.
 - b) To coach a SJMHA female hockey team interested individuals must meet the minimum qualifications and screening requirements as established by HockeyNL for the division of hockey where they are requesting a coaching position.

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- c) To ensure SJMHA will continue to have enough hockey coaches developed for the future, coaches will initially be limited to coaching only one association team, including house league, female and all-star teams. After *all* interested and qualified coaches are accommodated, SJMHA may permit individual coaches to coach an additional team if potential scheduling conflicts can be reasonably accommodated.
- d) SJMHA prefers, to the extent practical, qualified females to staff all team management positions for female hockey teams.

970. Female All-Star Program Details

- a) Female Team Management details are the same as the Minor All-Star Program. See Regulation 810 for details.
- b) Female Team Management Qualifications details are the same as the Minor All-Star Program. See Regulation 815 for details.
- c) Female Team Finance details are the same as the Minor All-Star Program. See Regulation 820 for details.
- d) Female Team Fundraising details are the same as the Minor All-Star Program. See Regulation 821 for details.
- e) Lottery Licence requirements for Female Teams are the same as the Minor All-Star Program. See Regulation 822 for details.
- f) Preferred Supplier requirements for Female Teams are the same as the Minor All-Star Program. See Regulation 830 for details.
- g) Team Uniform requirements for Female Teams are the same as the Minor All-Star Program. See Regulation 850 for details.

980. Hosting Invitational Tournaments

- a) Hosting tournaments is dependent on ice availability. SJMHA is hesitant to take other teams and divisions out of their regularly scheduled ice time in favour of offering an all-star team an opportunity to host a tournament.
- b) If ice time is available for an invitational tournament Female Team Management must work with the Administrator and Technical Director to establish a cost recovery fee structure, number of teams that can be accommodated and tournament schedule.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- c) Tournaments tend to attract an increased number of spectators that in turn generate additional work for SJMHA and facility staff. Team Management will form a volunteer committee to complete various task as required under the guidance of the Director of Female Hockey, Administrator and Technical Director

981. Hosting Provincials Tournaments

- a) SJMHA Female All-Star Teams selected to host a Provincial Tournament must accept the assignment by HockeyNL, otherwise the team must withdraw from Provincial Competition for the season and pay the associated financial penalties from team funds, or if the team has no funds on deposit with the Association, the parents will be charged collectively for the amount of the financial penalty.
- b) The SJMHA Female All-Star Teams selected to host a Provincial Tournament will form a Host Committee from parents with players on the team to organize and execute the hosting obligation.
- c) The Administrator and Technical Director will assist the Host Committee to the extent practical. However, most tournament responsibilities will fall to the Host Committee volunteers.

982. Participating in Provincial Tournaments

- a) Players can only play in one Female Provincial tournament per season.
- b) Once selected to a team that has a Provincial tournament obligation all players must attend the Provincial tournament. Players choosing to abandon their commitment will not be permitted to try out for an All-Star team during the following season.

983. Female Team Travel

- a) SJMHA Female Teams playing in the various Female leagues are responsible for obtaining HockeyNL Travel Permits with the assistance of the Administrator.
- b) SJMHA Female teams must request permission to travel from the Director of Female Hockey. The Director of Female Hockey will review the process followed by Team management to seek approval of all families with players on the team.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- c) If the Director of Female Hockey approves the request to travel, they will advise the appropriate GMHL person responsible for scheduling changes to accommodate the team's travel plans. The GMHL may have their own regulations for approving member teams' travel plans.

REGULATION TEN

OFFICIATING OPERATIONS

- 1000. a) The SJMHA Referee-in-Chief will assign timekeepers/scorekeepers for each game.
- b) The Association uses a combination of paper and electronic scorekeeping. Scoresheet refers to both the paper and electronic method of scorekeeping.
- c) All information on the scoresheets must be recorded correctly. Paper scoresheets must be completed with neat printing. One copy of the paper scoresheet is to be deposited in the box located in the referees' room with the other two copies provided to each coach.
- d) The SJMHA Referee-in-Chief will be notified of referee and scorekeeper requirements at least two (2) days in advance of games. The SJMHA Referee-in-Chief will arrange all referees and scorekeepers. If games are cancelled without reasonable notification to the Referee in Chief, the referees and scorekeepers assigned who show up for the game will be paid.
- e) Divisional Directors and Team Managers will notify the Administrator within twenty-four (24) of officials who are late or do not show up. The Administrator will refer the matter to the SJMHA Referee-in-Chief for investigation.
- f) Any player or coach who is under suspension shall not officiate any game until their suspension is served.
- g) Referee game incident reports will take precedence over the timekeeper's entries on all game sheets.
- h) Officiating and minor official fees shall be established by SJMHA in consultation with the Referee-in-Chief at the beginning of each season.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- i) The Administrator will record individual referee and scorekeeper time based on scoresheets filed with the Association. Payment of individual referee and scorekeeper will occur:
 - At the Christmas break,
 - At the end of the regular season, and
 - Following the Provincial Tournaments.
- j) Special requests for payment outside of the schedule above must be made with the Administrator at least three (3) weeks prior to payment.

REGULATION ELEVEN

FINANCES

- 1100. a) SJMHA, is a Corporation Without Share Capital (not-for-profit) under Provincial regulations, primarily staffed by volunteers. No member or participant may receive a personal use benefit, cash or otherwise, without the written consent of the Board. The exceptions to this regulation are the Administrator, Technical Director, Referee-in-Chief, minor officials and referees who are paid for their services to the Association.
- b) The Association's accounts and bookkeeping will be overseen by a professional accounting firm, providing cash control functions and providing regular financial statements.
- c) The Treasurer must hold a recognized accounting designation (i.e. Chartered Professional Accountant, Certified Management Accountant, etc.) as per By-Law 5.01 (b).
- d) The Association's accounts will be reviewed annually by an external auditor. The external auditor should be an accounting firm not affiliated with the accounting firm responsible with the bookkeeping for the Association.
- 1110. a) The Association reserves the right to refuse any player further participation in games and practices for non-payment of fees. The Association will encourage families to settle their outstanding account with the Association prior to removing players from further participation.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

1120. a) The following procedure will be followed to calculate prorated registration fees for players who will be receiving a refund as permitted in Regulation 111.
- (i) There are three components of cost attributed to every player registered with the Association, HockeyNL registration and insurance fee, administrative overhead cost and ice time cost, including officials;
 - (ii) Every player will pay the entire cost of insurance and registration with HockeyNL as this is nonrefundable from HockeyNL after registration;
 - (iii) Every player will pay their entire share of the administration overhead cost associated with operating the SJMHA office; and
 - (iv) The remaining cost, attributed to ice time and officials cost will be prorated based upon the number of games and practices played as a percentage of the number of game and practices planned for the season. The refund will be the total amount for ice time and officials less the prorated amount.

$$\begin{array}{c} \text{Prorated} \\ \text{Amount} \\ \text{(ice time and} \\ \text{officials)} \end{array} = \frac{\begin{array}{c} \text{number of games and} \\ \text{practices completed} \end{array}}{\begin{array}{c} \text{Total number of games and} \\ \text{practices per season} \end{array}} \times \begin{array}{c} \text{Total} \\ \text{Amount (for} \\ \text{ice time and} \\ \text{officials)} \end{array}$$

- b) Players joining the hockey program late in the season must pay the full registration fee. There will be no discounting of fees for players who are not available to start the program on time. This regulation exists to encourage all players to register on time prior to the start of the season. This will ensure the integrity of the pre-season evaluation process intended to provide balanced hockey teams at the start of the season. Also, late registrants may require additional teams to be added to a division causing far reaching impacts on the established teams and the Association. The intent of the regulation is to encourage all players to start the season on time.
- c) Some members of the Association are compensated for officiating and scorekeeping duties on behalf of the Association. At the time of any such payment, if there is outstanding player registration fees owed to the Association, these outstanding fees will be deducted from any payment, with the net amount paid out.

REGULATION TWELVE

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

CONDUCT AND BEHAVIOR

1200. General

- a) SJMHA will follow the HockeyNL Disciplinary Process for Types of Behavior Governing Off-Ice Activities for conduct involving profanity, attempts to damage the reputation of others, poor sportsmanship, bullying, property damage, etc. as set out in the HockeyNL process. (See Regulation 340)
- b) All players and coaches are responsible for their behaviour and activities while both on the ice and off.
- c) Supervision of players is required at all times. Team Management shall ensure that there are at least two (2) adults supervising the dressing room from the arrival of the first player, and until the departure of the last player, before and after a game or practice. Failure to do so will result in disciplinary action.
- d) Deliberate damage or destruction of any SJMHA or arena equipment or property will result in immediate suspension of the player(s) until the player(s) or parents make proper restitution.

1210. Team Management Role

- a) Coaches play a critical role in the personal and athletic development of the Association's young athletes. They must understand and respect the inherent power imbalance that exists in their relationship with young players and must be extremely careful not to abuse the relationship.
- b) Coaches are the conduits through which the values and goals of the Association are channelled to players and their families. Team Management must understand both the values and goals of SJMHA, HockeyNL and Hockey Canada.
- c) SJMHA requires Team Management to maintain discipline among their players and parents. Teams represent SJMHA and must always keep this in mind. SJMHA requires Team Management to be aware of the Hockey Canada, HockeyNL and SJMHA Regulations and Policies that apply to their team and ensure that their players and parents are aware of these regulations covering Minor, Female and All-Star hockey. SJMHA will accept no excuses from Team Management for not being aware of [these](#) rules and regulations

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- d) When disciplinary actions are necessary, Team Management must ensure that all suspensions are served and that no player or parent returns before the allotted time has expired. Failure to do so may result in the suspension of the head coach.

1220. Excessive Penalties in One Game

- a) Any player receiving three (3) penalties in one game shall be automatically ejected.
- b) Any player ejected under this regulation on five (5) occasions will be identified for review by the Vice-President.

REGULATION THIRTEEN

CONFIDENTIALITY

- 1300. a) SJMHA shall endeavour through all reasonable means to safeguard its data and information in accordance with all applicable privacy laws.
- b) SJMHA will release information in accordance with all applicable privacy laws and release only the minimum amount necessary to achieve the purpose for which it is being used.
- c) Requests to access information of individuals shall not be considered in the absence of consent of the individual about whom the information concerns.

REGULATION FOURTEEN

STAFF

- 1400. a) Subject to available finances, the Board will employ a full-time Administrator a full-time Technical Director and a part-time Referee-in-Chief.
- 1410 a) The Administrator will report to the President.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- b) The Administrator will be responsible for recording and tracking various administrative requirements and ensuring that the Association operates efficiently and in accordance with SJMHA policy and procedures.
 - c) The Administrator shall:
 - (i) act as the recording secretary for all meetings of the Membership and the Board unless the President (with the Board's consent) determines otherwise,
 - (ii) act as the Association's Registrar, overseeing player registration. The Administrator will register the Association's players, coaches, managers and other volunteers each year,
 - (iii) maintain a list of Voting Members,
 - (iv) be responsible for ensuring appropriate registration fees have been received from all players,
 - (v) working with the Technical Director, issue schedules for All-Star and house league teams and maintain the Association's website,
 - (vi) request, coordinate and follow-up on coaching clinics and required qualifications for the Association's volunteers, as necessary
 - (vii) Ensure the office is open to members throughout the day as defined in Regulation Sixteen,
 - (viii) work cooperatively with the bookkeeper to maintain the accounts of the Association, and
 - (ix) be responsible for all other administrative duties as assigned by the President.
1420. a) The Technical Director supports the Association by providing expertise in the delivery of the hockey program. At the highest level the Technical Director will:
- (i) advise the Board in all hockey related matters,
 - (ii) assist the Administrator with the organization and delivery of the hockey program,
 - (iii) support the all-star and house league coaches in delivering a quality hockey experience for the players, and
 - (iv) encourage the youth of the Association to develop as both hockey players and people.
- b) The SJMHA Technical Director is appointed by the Board.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

- c) The SJMHA Technical Director is responsible to the Board for coordinating and developing all players and coaches within SJMHA. The Technical Director shall:
- (i) assist the Director of All-Star Hockey to oversee the tryout process for All-Star teams,
 - (ii) assist the Board in evaluating candidates for all coaching positions,
 - (iii) assist with the planning for and execute the evaluation sessions for house league teams,
 - (iv) working with the appropriate Divisional Director and evaluators, assign players to each house league team,
 - (v) ensure that all coaches maintain a high standard of coaching,
 - (vi) with the assistance of the coaches, oversee and/or run the on-ice practice sessions for All-Star and House League teams as necessary,
 - (vii) attend, on a frequent basis, games played by SJMHA teams to ensure player development is appropriate for that division and competitive level,
 - (viii) fill in for coaches on short notice if required,
 - (ix) working with the Administrator and arena management complete the weekly schedule of games and practices,
 - (x) working with the Referee-in-Chief ensure that all games are officiated by the appropriately trained officials,
 - (xi) be responsible for issuing and collecting equipment and jerseys owned by SJMHA and distributed to teams and players,
 - (xii) assume the role of Head Coach on teams when appropriate, and
 - (xiii) other duties as assigned from time to time as required by the Board.
- d) The estimated effort for the Technical Director to complete their duties requires that this will be a full-time position requiring weekly compensation to be determined by the Board.
- e) The SJMHA Technical Director may appoint Assistant Technical Directors as required to ensure adequate coverage of all divisions of hockey. An honorarium will be offered for the Assistant Technical Director position(s) to cover the on-ice effort, the value of which will be determined by the Board on a per case basis.

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

1430. a) The Referee-in-Chief is appointed by the Board.
- b) The Referee-in-Chief is responsible to the Board for coordinating and developing all officials within the Association.
- c) The Referee-in-Chief must be a qualified member of the HockeyNL Officiating Division and the Metro Referees Association.
- d) The Referee-in-Chief shall:
- (i) Act as the SJMHA liaison with the Avalon Zone Coordinator of Officials and the HockeyNL Referee-in-Chief,
 - (ii) Assumes joint responsibility with the Administrator to schedule referees and minor officials,
 - (iii) Institute and supervise a training program for referees and minor officials prior to the start each season, and
 - (iv) In cooperation with the Administrator provide to the Board for approval a schedule of fees for referees, linespersons and scorekeepers prior to the start of each season.
- e) The estimated effort for the Referee-in-Chief to complete their duties requires that this will be a part-time position requiring an annual honorarium to be determined by the Board.

REGULATION FIFTEEN

PUBLICITY

1500. a) It is important that SJMHA maintain a positive public image and that the SJMHA always promotes Minor and Female Hockey as a positive, enjoyable, healthy form of recreation for young people in the City of St. John's.
- b) All releases to the local media and social media regarding SJMHA shall be positive in content. The Association shall attempt to publicize all aspects of hockey, and to acknowledge all sponsors.
- c) Any member of the SJMHA supplying local media or social media with articles insulting players, coaches, referees, staff, Board or the Association

ST. JOHN'S MINOR HOCKEY ASSOCIATION REGULATIONS

that are intended to be detrimental to hockey or derogatory regarding the Association shall be subject to discipline by the Board.

- d) The Board will assign a Board member to oversee the various social media accounts used by the Association and its teams.

REGULATION SIXTEEN

MINOR HOCKEY OFFICE

- 1600. a) The SJMHA office will open between August and May for the hockey season.
- b) The SJMHA office will maintain the following office hours during the hockey season:
 - Saturday and Sunday: Office closed
 - Monday through Friday: 9:00 AM to 1:00 PM
- c) Office hours can be modified on approval of the President for specific times of the year as required.

REGULATION SEVENTEEN

MALTREATMENT, BULLYING AND HARASSMENT

- 1700. a) SJMHA is committed to contributing to the physical, psychological, social and spiritual health of its young people of varying and diverse backgrounds and interests in a sports environment that is safe and inclusive. Participants can expect programs that are safe, accessible, inclusive and free from all forms of Maltreatment, Bullying and Harassment.
- b) SJMHA fully endorses and applies the HockeyNL Maltreatment, Bullying and Harassment Protection and Prevention Policy which can be found on the HockeyNL website.
- c) SJMHA will not tolerance maltreatment, bullying and harassment and will act quickly and decisively when there is evidence of such actions taking place.

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1710. a) If you believe you are being harassed, immediately inform the harassing individual that their behaviour is not welcome and report the behavior to an official of SJMHA (Administrator, Technical Director or Board member).
- b) In all reported instances, a thorough and fair investigation will take place considering the protection of the rights and dignity of all people involved.
- c) Notwithstanding this Regulation, any person who experiences harassment has the right to seek assistance from law enforcement authorities, the HockeyNL Maltreatment, Bullying and Harassment Protection and Prevention Policy and Hockey Canada's Third-Party review process, even when steps are being taken by SJMHA under this Regulation.

REGULATION EIGHTEEN

POLICIES

1800. a) Policies are developed to provide detailed guidance on specific matters related to the day-to-day operations of the Association, hockey related matters and other matters that arise frequently throughout the hockey season.
- b) The following is a list of policies that have been developed by SJMHA to complement those in place with HockeyNL and Hockey Canada:
- (i) All-Star Tryout Process
 - (ii) Uniform Policy
 - (iii) Volunteer Policy
 - (iv) Awards and Recognition
 - (v) Conflict of Interest
 - (vi) Hosting Provincial Tournaments
 - (vii) Risk Management
 - (viii) Social Media
 - (ix) Staff Compensation
 - (x) Use of Lottery Licenses
- c) SJMHA's Policies will undergo review and assessment annually and more frequently as required. By a motion of the Board policies can be created, modified or rescinded.

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- d) Amended or new policies will be posted to the Association website following approval by the Board.

REGULATION NINETEEN

AMENDMENTS

- 1900. a) The Board shall have the authority to make regulations and policies governing such matters as registration, procedures and fees, the administration of playoffs, the rules governing competition and playing of hockey and any other relevant matters, provided such rules and regulations are in no way in conflict with, or modify the Articles of Association and By-laws of the Association.
- b) Proposed regulations and policies or changes thereto shall be introduced at and voted on at any regular meeting of the Board.
- c) A meeting at which amendments are proposed to regulations or policies shall require at least one (1) week notice so all Board members have an opportunity to attend and prepare for said meeting.
- d) In the event of an emergency related to a matter which is not covered by existing regulations and policies, or where a lack of time does not permit normal provisions to apply, the President may take appropriate action consistent with the objectives of SJMHA. Such action shall be ratified, modified or dismissed at the next regularly scheduled meeting of the Board.
- e) The Association's Regulations will undergo review and assessment annually and more frequently as required.
- f) When amended, the Association's regulations will be posted to the Association website following approval by the Board.