



2023/2024 ADDITIONAL PROGRAMS

(These programs are optional and offered if sufficient interest)

All Star Tryouts-\$125

SJMHA will be offering All Star Association based teams in U11A/B, U13A/B, and U15A/B. For those trying out for the DJHL, please do not register for SJMHA tryouts until released from the DJHL tryouts. Once release, please contact SJMHA to register immediately. Exceptions will be made to the deadline for these players.

Under 11A/B Tryouts:

- Dates for the tryouts are Sept 17-Sept 24
- Deadline to register is Sept 13

Under 13A/B Tryouts:

- Dates for the tryouts are Sept 28-Oct 5
- Deadline to register is Sept 25

Under 15A/B Tryouts:

- Dates for the tryouts are tentatively Sept 29-Oct 5
- Deadline to register is Sept 25-exception for those trying out for the DJHL

Pre-Season Camps-\$125

Pre-season camps are being offered to both house league and all-star players. The purpose of the all-star preseason camp is to prepare Caps players for the tryouts to select our all-star teams. The purpose of the house league camps is to prepare Caps players for the upcoming hockey season.

All-Star Preseason Camp

- For Caps players trying out for U11/U13/U15 all-star teams, subject to player interest
- The camp includes 5 on-ice sessions (1-hour each)
- Dates for the all-star camps is Sept 9-Sept 18

Pre-Season House League Camp

- For Caps house league players in divisions from Under 9 to Under 13, subject to player interest
- The camp includes 5 on-ice session (1-hour each)
- Camp will take place on the following dates:
 - Under 9: Sept 23-Oct 2
 - Under 11: Sept 30-Oct 8
 - Under 13: Sept 30-Oct 8

Weekly Power Skating-\$300

SJMHA will offer power skating for house league players and advanced power skating for all-star players. Sessions will only be offered if there is sufficient player interest.

Power Skating (House League Under 9, Under 11, Under 13)

- Scheduled for weekday evenings
- 15 sessions (1-hour each)

Advanced Power Skating (All Star Under 11 and Under 13)

- Scheduled on the weekends
- 15 sessions (1-hour each)

Weekly Goalie Session-\$400

SJMHA will offer goalie sessions for house league and all-star goalies.

- Scheduled on the weekends
- 15 sessions (1-hour each)

When dates and times for the additional programs are finalized, refunds will be provided to those players who are unable to commit to the final schedule.