



## Sudbury Lady Wolves Spring Tryouts - 2025/2026 Season

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## 1.0 Sudbury Lady Wolves Spring Tryouts

Welcome to the Sudbury Lady Wolves 2025 Spring Tryouts! This information package is specific to the tryout process for all (U9, U11, U13, U15, U18, U22) Sudbury Lady Wolves teams in 2025 - 2026. OWSHA has approved spring tryouts for all age groups.

### 1.1 Fall Tryouts

Fall tryouts will occur under the following guidelines:

- A. An additional team is created in line with SDGHA policy on adding an additional Ladies Wolves team.
- B. Unable to complete tryouts for listed team due to lack of registrations.

### 1.2 Season Overview

- Tryouts: April/May (Schedule below by Divisions and Teams)
- Off-Season: May to August, 2024 (optional off ice activities only eg.: meet and greet)
- Pre-Season: U18-AA, U18-A, U15-AA, U13-AA teams may start optional on-ice activities After the month of May. All other teams will begin on-ice activities following Labour Day.
- League Play: OWSHA typically runs from October 2025 to March 2026. Exact league format for the 2025-2026 season will be confirmed in September by the OWSHA but likely to include 22 to 26 league games for U18AA, U18A, U18BB, U15AA, U15A, U13AA, U13 A. Opponents are typically located in the Greater Toronto area. All other teams will likely participate in the northern loop (NOWHL).
- Tournaments: most teams will play 3 to 5 tournaments (including Provincials).
- Post-Season: League playoffs and Championships in March 2026. OWSHA Provincial Championships in April 2026.
- Ice Times: Teams are typically allocated 2 ice times per week. Teams participating in OWSHA will likely have there 2 ice times allocated during the week. Additional ice times on weekends will be held for OWSHA teams hosting home games in town.
- Skill Development: Skill development is critically important to player and team success. SLW teams are required to provide a minimum amount of weekly skill development which will be communicated to the prior to the start of the season.

## 2.0 Step by Step Guide on How to Register for Tryouts in Ramp

**How to Register for Tryouts:** A Step by Step Guide:

Go to: [www.sudburygirlshockey.com](http://www.sudburygirlshockey.com)

Click "Programs" on Top Menu

Click "Sudbury Lady Wolves"

Click "Ramp Step by Step Guide"

**How to Find Your Ramp ID:** A Step by Step Guide

Go to: [www.sudburygirlshockey.com](http://www.sudburygirlshockey.com)

Click "Programs" on Top Menu

Click "Sudbury Lady Wolves"

Click "Find your Ramp ID"

### 3.0 Tryout Registration Deadlines & Important Information

3.1 Advanced registration is required for tryouts.

Division	Registration Deadline
U18 (2008/2009/2010)	April 18 <sup>th</sup> ,2025
U15 (2011/2012)	April 18 <sup>th</sup> ,2025
U13 (2013/2014)	April 18 <sup>th</sup> ,2025
U11 (2015/2016)	April 18 <sup>th</sup> ,2025
U9 (2017/2018)	April 18 <sup>th</sup> ,2025
U22 (2005/2006/2007)	TBD

3.2 **If released from a tryout,** there is no need to register for the next tryout. Simply show up at the designated dates and times. The head coach of the next group will contact all players prior to the start of tryouts.

3.3 Tryout participants do not need to start at the AA level for each age group - ***participants should consider the team/level that is appropriate for them to begin tryouts based on their individual skill level.***

However, tryout participants for each team/level must attend the first session for that team. All tryouts after the first session for each team are by invitation only. Participants may not join tryouts for a team after the first session unless granted permission in advance by the Lady Wolves Program Director. Exceptions are possible and will be made at the discretion of the Coach after consulting the Rep Director [competitive@sdgha.ca](mailto:competitive@sdgha.ca) (eg. Health issues etc). Players will be informed of the session they are to attend 24 hours in advance - players must attend only the session they are assigned to and will not be permitted to skate at any other session.

3.4 Coaches will be responsible for communicating player releases over the course of the tryouts. We will not be posting release information on our website. Any questions on tryout releases should be directed to the coach.

#### 4.0 Tryout Categories, Tryout Fees & Refund Policy

All participants will register only once and pay the required fee prior to the start of tryouts. No refunds will be issued after tryout payment has been completed.

The Tryout Fee covers all tryouts listed in the Division in the respective row. If a player signs up for U18 Team 1,2,3 then they do not have to register for team 2 tryouts if released from team 1 tryouts. If released from team 2 tryouts, that player does not have to register for Team 3 tryouts.

Division	Birth Years	Tryout Fee
U18 Team 1,2,3	2008/2009/2010	\$150
U18 Team 2,3	2008/2009/2010	\$125
U18 Team 3	2008/2009/2010	\$90
U15 Team 1,2,3	2011/2012	\$150
U15 Team 2,3	2011/2012	\$125
U15 Team 3	2011/2012	\$75
U13 Team 1,2,3	2013/2014	\$130
U13 Team 2,3	2013/2014	\$100
U13 Team 3	2013/2014	\$75
U11 Team 1,2,3	2015/2016	\$130
U11 Team 2,3	2015/2016	\$100
U11 Team 3	2015/2016	\$75
U9 players/goalies	2017/2018	\$75
U22 players/goalies	2005/2006/2007	Fee collected by team
U18,U15,U13,U11,	Goalies	\$100

## 5.0 Tryout Schedule: GOALIES

Session	Date	Duration	Arena
U11 goalies	Tuesday, April 22	5:00 - 6:00 pm	Lively
U13 goalies	Tuesday, April 22	6:00 - 7:00 pm	Lively
U15 goalies	Tuesday, April 22	7:00 - 8:00 pm	Lively
U18 goalies	Tuesday, April 22	8:00 - 9:30 pm	Lively

## 5.1 Tryout Schedule: U18

### U18 TEAM 1

Session	Date	Duration	Arena
1A	Wednesday, April 23	7:00 - 8:30pm	Lively
1B	Wednesday, April 23	8:30 -10:00pm	Lively
2A	Thursday, April 24	7:00 - 8:30 pm	Lively
2B	Thursday, April 24	8:30 - 10:00 pm	Lively
3	Saturday, April 26	7:00 - 8:30 pm	Lively
4	Sunday, April 27	3:30 - 5:00 pm	Lively

## U18 TEAM 2

Session	Date	Duration	Arena
1A	Monday, April 28	7:00 - 8:30 pm	Lively
1B	Monday, April 28	8:30 - 10:00 pm	Lively
2A	Wednesday, April 30	7:00 - 8:30 pm	Lively
2B	Wednesday, April 30	8:30 - 10:00 pm	Lively
3	Friday, May 2	8:00 - 9:30 pm	Lively
4	Saturday, May 3	3:30 - 5:00 pm	Lively

## U18 TEAM 3

Session	Date	Duration	Arena
1A	Sunday, May 4	2:30 - 4:00 pm	Lively
1B	Sunday, May 4	4:00 - 5:30 pm	Lively
2	Tuesday, May 6	8:30 - 10:00 pm	Lively
3	Thursday, May 8	8:30 - 10:00 pm	Lively

## 5.2 Tryout Schedule: U15

### U15 TEAM 1

Session	Date	Duration	Arena
1A	Wednesday, April 23	6:00 - 7:30pm	Countryside 1
1B	Wednesday, April 23	7:30 - 9:00 pm	Countryside 1
2A	Thursday, April 24	5:00 - 6:30 pm	Cambrian
2B	Thursday, April 24	6:30 - 8:00 pm	Cambrian
3	Saturday, April 26	3:00 - 4:30 pm	Cambrian
4	Sunday, April 27	2:00 - 3:30 pm	Lively

## U15 TEAM 2

Session	Date	Duration	Arena
1A	Tuesday, April 29	7:00 - 8:30 pm	Lively
1B	Tuesday, April 29	8:30 - 10:00 pm	Lively
2A	Thursday, May 1	6:30 - 8:00 pm	Lively
2B	Thursday, May 1	8:00 - 9:30 pm	Lively
3	Saturday, May 3	2:00 - 3:30 pm	Lively
4	Sunday, May 4	1:00 - 2:30 pm	Lively

## U15 TEAM 3

Session	Date	Duration	Arena
1	Thursday, May 8	7:00 - 8:30 pm	Lively
2	Friday, May 9	8:00 - 9:30 pm	Lively
3	TBD		

## 5.3 Tryout Schedule: U13

### U13 TEAM 1

Session	Date	Duration	Arena
1A	Thursday, April 24	5:00 - 6:00 pm	Lively
1B	Thursday, April 24	6:00 - 7:00 pm	Lively
2A	Saturday, April 26	12:00 - 1:30 pm	Cambrian
2B	Saturday, April 26	1:30 - 3:00 pm	Cambrian
3	Sunday, April 27	12:30 - 2:00 pm	Lively

### U13 TEAM 2

Session	Date	Duration	Arena
1A	Monday, April 28	5:00 - 6:00 pm	Lively
1B	Monday, April 28	6:00 - 7:00 pm	Lively
2	Friday, May 2	6:30 - 8:00 pm	Lively
3	Saturday, May 3	12:30 - 2:00 pm	Lively

### U13 TEAM 3

Session	Date	Duration	Arena
1	Sunday, May 4	11:30 - 1:00 pm	Lively
2	Thursday, May 8	6:00 - 7:00 pm	Lively
3	Friday, May 9	6:30 - 8:00 pm	Lively

### 5.4 Tryout Schedule: U11

#### U11 TEAM 1

Session	Date	Duration	Arena
1A	Wednesday, April 23	5:00 - 6:00 pm	Lively
1B	Wednesday, April 23	6:00 - 7:00 pm	Lively
2A	Saturday, April 26	10:00 - 11:00 am	Cambrian
2B	Saturday, April 26	11:00 - 12:00 pm	Cambrian
3	Sunday, April 27	11:00 - 12:30 pm	Lively

#### U11 TEAM 2

Session	Date	Duration	Arena
1A	Tuesday, April 29	5:00 - 6:00 pm	Lively
1B	Tuesday, April 29	6:00 - 7:00 pm	Lively
2	Saturday, May 3	11:00 - 12:30 pm	Lively
3	Sunday, May 4	10:00 - 11:30 pm	Lively

#### U11 TEAM 3

Session	Date	Duration	Arena
1	Thursday May 8	5:00 - 6:00 pm	Lively
2	Friday, May 9	5:00 - 6:30 pm	Lively
3	TBD		



## 5.5 Tryout Schedule: U9

### U9 TEAM 1

Session	Date	Duration	Arena
1A	Saturday, April 26	8:00 - 9:00 am	Cambrian
1B	Saturday, April 26	9:00 - 10:00 am	Cambrian
2A	Sunday, April 27	9:00 - 10:00 am	Lively
2B	Sunday, April 27	10:00 - 11:00 am	Lively
3A	Saturday, May 3	9:00 - 10:00 am	Lively
3B	Saturday, May 3	10:00 - 11:00 am	Lively

## 5.6 Tryout Schedule: U22

### U22A

Session	Date	Duration	Arena
1	Saturday, April 26	7:00 - 8:30 pm	Lively
2	Sunday, April 27	5:00 - 6:30 pm	Lively
3	Saturday, May 3	5:00 - 6:30 pm	Lively
4	Sunday, May 4	5:30 - 7:00 pm	Lively

## 5.7 Arena Locations

Lively = T.M. Davies community Centre: 325 Andersen Dr., Lively, ON

Countryside 1: 235 Countryside Dr., Sudbury, ON

Cambrian: 795 Cambrian Heights Dr., Sudbury, ON

## 6.0 Tryout Eligibility

To be selected to one of our SLW competitive teams for the 2025-2026 season, players must register for and participate in the spring tryout process. (Health and other exceptions for those unable to fully participate will be considered on a case-by-case basis. Please contact [competitive@sdgha.ca](mailto:competitive@sdgha.ca) if required.)

- Players who were registered with another OWHA association for the 2024-2025 season (or before) will require a valid **Permission to Skate** form issued by the current or last association. Please request your daughter's Permission to Skate form from your previous association by sending an email to: [competitive@sdgha.ca](mailto:competitive@sdgha.ca)
- If selected to one of our Sudbury Lady Wolves teams, registration with the SDGHA will trigger a release from the player's previous association and the transfer of their membership to the SDGHA. Players must ensure that all requirements for a release from their previous association are met.
- Players who have previously played with an Ontario Minor Hockey Association team are eligible to tryout for registration, with no further action required, so long as they have never been registered with an OWHA association - otherwise a **Permission to Skate** form is required from the OWHA Association where your daughter last played. If your daughter last played for the SDGHA, a Permission to Skate form is not required.
- Further information on OWHA Eligibility requirements will be posted to our webpage.

## 7.0 Tryout Process

Players will be contacted at least 24hrs ahead of their first tryout. Players will be notified which group they are in for the first tryout if multiple sessions are offered per tryout date.

Players should plan to arrive 30-60 minutes ahead of their posted tryout time. Players must check-in at the registration table that will be located in the upper hall or front entrance of the arena.

Players will be assigned a tryout jersey that must be returned to registration table after each tryout. Players who lose their tryout jersey will be charged \$10 for a new one.

Once the first skate for each team is over, coaches will notify players who have been released. Those who were not contacted are invited to return to the next tryout.

## **8.0 Tryout Evaluations**

Coaches will be responsible for keeping records of their evaluations.

Coaches will be responsible for coordinating volunteers to help evaluate their tryouts. At minimum, the expectation is that coaches have at least 2 evaluators present at each tryout that are not associated to their team. Other evaluators are at the discretion of the coach.

Coaches are responsible for providing all players interested in trying out for their team an opportunity to be evaluated during the tryout period. Players that are registered for tryouts who are unable to attend must submit in writing a request to be evaluated outside of the designated tryout times. As per the above tryout eligibility policy, the coach will make the decision to grant or deny request after consulting the rep director.

Player selection is at the discretion of the coach. The SDGHA board does not select players. If you have any questions around what players will be evaluated on please follow up with the coach.

## **9.0 Questions and Contact Information**

Please send your questions only by email to the following people in relation to the Sudbury Lady Wolves tryouts.

### **Registration Questions:**

Barb Davies

[registrar@sdgha.ca](mailto:registrar@sdgha.ca)

### **Tryout and other related Sudbury Lady Wolves Questions:**

Mike McKinnon, SLW Rep Director

[competitive@sdgha.ca](mailto:competitive@sdgha.ca)