

REGULATIONS

REGULATION 1 - REGISTRATION

- 1.01** Except as hereinafter provided, no player shall be registered as a member of, or compete for, a team in any GELC match who has not been a bona fide resident of that team's Association as established by the GELC since April 1st of the current playing season(see Regulation 18-Registration Residency Requirements).
- 1.02** If there is no team in the player's division in the Association in which the player resides, or if the player does not reside within any Zone, players must play in the Association which is nearest by ordinary travel, which has a team registered in his/her Division. A player may not establish residency for the principal purpose of playing or practicing Lacrosse.
- 1.03** The Boundaries of the GELC Associations are attached in Appendix A, and are described in Regulation 19 –Boundaries Description
- 1.04** If a player wishes to play on a team outside his or her Association and if both Members (the one releasing and the one receiving the player) agree to the release, then the player may play for the team outside his or her Association. If the player's resident Association does not agree, the release request must come to the Box Committee. The Committee's decision will be final and binding. The request and submissions of the two (2) Members, if any, shall be in writing and there shall be no hearing. The player and the Members shall be provided with copies of the written submissions and shall have the opportunity to respond in writing. There shall be no appeal.
- 1.04.1** If an Association has no A team, potential A players have the ability to request a release to play A. The request must go to the Box committee, for disbursement to an appropriate Association in need of A players. The player will be allowed to go to two evaluations including one in their home association if applicable, and if the player does not get selected for the A team they must go back to their home Association.
- a) All players wishing to participate in the A division must be registered with their respective Association by March 1, of the current playing season, to be provided the opportunity to try out for an A division team in their home zone or another zone.
 - b) The box committee will meet at the beginning of March of each playing season, the purpose of the meeting is to determine placement of players wishing to try out for A Division teams in their division of play. The date for the box committee meeting shall be determined at the October planning meeting.
 - c) All members hosting an A division team shall have an A division evaluation in the three weeks following the meeting, in Paragraph B. Final release of players from A division tryouts must be completed before the first day of league play. The tryout deadline shall be determined at the October planning meeting.
 - d) Any player missing the A division registration deadline, must receive special permission of the box committee to participate in A division evaluations.

e) **Any player that declares A Intent will be granted his/her opportunity, regardless to home club policy. (amended October 25, 2014)**

1.04.2 If an Association has more A level goalies than spots for A level goalies after completion of the evaluation process in the player's Association, there can be a request made by another Association to the Box Committee to have an A level goalie move to the zone Association lacking an A level goalie, (after the completion of the evaluations). This request can only be made by the zone Association requiring a goalie.

1.04.3 repealed March 3, 2014

1.04.4 Releases are to be done electronically using the GELC form via email between the two participating clubs with the box chair, the President and administration included in the chain. The releasing club will start the process and send email to the receiving club, the box chair, and copy the administration and President. A reply of acceptance/rejection of the player must then be sent to all parties. Fees: the fees of the home club are to be honored. (amended April 6, 2015)

1.05 The form of release shall be per Appendix "B", and unless specifically stated to be otherwise will be effective for one season only.

1.06 If a player changes residence from Association to another Association, no release from the player's former Member in the Association he or she formerly resided in is necessary and the player shall, unless released, play for a team in the Association in which he or she resides pursuant to Regulation 1.01 and 1.02.

REGULATION 2 - TAMPERING

2.0 No player or potential player shall be contacted by anyone connected to a Member of an Association outside the Association in which the player or potential player resides' about playing for a team in another Association without first receiving written permission from the President of the Member of the Association in which the player or potential player resides.

REGULATION 3 - PLAYOFF REGULATION

3.0 The GELC reserves the right to place teams in whatever classification and series it may deem is in the best interest of the GELC.

REGULATION 4 - RULES OF PLAY

4.0 Rules of play shall be those of the **CLA and ALA** Lacrosse Rules for the current season, with the exception of the GELC Regulations and/or Rules as adopted by the Association.

4.1 **TOURNAMENTS**

No player or team registered with the GELC shall compete in any tournament in Alberta unless that tournament has been sanctioned by the ALA.

REGULATION 5 - COMPETITION

5.01 The GELC may conduct competitions in Lacrosse in the following Divisions or Categories. The breakdown of these divisions shall be consistent with those of the ALA, and CLA.

5.02 **BOX LACROSSE/Field Lacrosse**

- 1) **Midget**
- 2) **Bantam**
- 3) **Peewee**
- 4) **Novice**
- 5) **Tyke**
- 6) **Mini Tykes**

5.03 Any exception to this regulation must be submitted for approval to the Board of Directors prior to April 15th of the current year.

REGULATION 6 - MEMBER RESPONSIBILITY - PLAYER ELIGIBILITY VIOLATIONS

6.0 Members shall be responsible to ensure that their players are eligible to play for their team in accordance with GELC, ALA and CLA Bylaws, Regulations and Rules.

6.01 An ineligible player includes the following:

- (a) A player improperly registered within the GELC, ALA and CLA Bylaws, Rules and Regulations;
- (b) A suspended player or team personnel;
- (c) A player improperly released in accordance with the GELC, ALA, and CLA Bylaws and Regulations.

6.02 If anyone participates in a game or if his or her name appears on the game sheet while **ineligible**, the persons responsible will be subject to immediate discipline' and the team shall forfeit any points earned from any games played using an ineligible person.

6.03 In any disciplinary proceeding arising out of a violation of this regulation, where it is established that the person or member who is the subject the discipline proceedings should have known of the ineligibility of the player, and if in defense of the disciplinary action, it is submitted that the ineligibility was not known, the burden of proving the lack of knowledge is on the party who is the subject of the disciplinary proceeding.

REGULATION 7 - BOX LACROSSE PARITY

- 7.01** In Box Lacrosse, where a Member Association has more than one (1) team in a Division, that club Association shall take reasonable steps to ensure that the teams are composed so that there is reasonable parity between the said teams. If this Regulation is breached by any Member then the GELC shall direct that Member to take such steps as are deemed necessary to achieve reasonable parity.
- 7.02** Any complaints about parity shall be directed to the Director of the Box Lacrosse Committee, which said Committee shall, after considering submissions from the complainant and the Member Association make a ruling and, in the event that the ruling is that Regulation 7.01 has been breached, make such direction to the Member Association as necessary. The decision of the Committee is final and binding upon the Member Associations, Lacrosse Teams and Players and there is no appeal.
- 7.03** The Box Lacrosse Committee shall periodically review the performance of teams within a Member Association where there is more than one (1) team in a Division and assess whether the Member Association has complied with Regulation 7.01. The review's will take place within two (2) days after each member Association has before the regular season commences, conducted mandatory inter squad games between its teams in each category; and within two (2) days after one third of the Regular Season schedule has been completed. If the Committee's assessment is that Regulation 7.01 has apparently been breached; then such shall be considered a complaint and Regulation 7.02 shall be followed.
- 7.04** This regulation shall apply, with the necessary changes in detail, to all divisions, including the "A" Division.
- 7.05** If after the completion of less than 1/3 of the season and before the end of the third week of the season, it is felt by a club that a team has been incorrectly placed in the A, B, or C tier of a division, the member association may make a request for team movement to the Box Committee. If the team is moved to a higher tier in the division the team may maintain their roster. If the team moves down a division and the member association has a team in the tier lower, the member association must make player movement to ensure parity exists between the member associations teams in that tier of the division.
- 7.06** Novice boys, at the complete of one half the season, the teams shall be divided in groups based on numbers of teams and shall be seeded into the groups based on the first half season schedule. The top seeded division will compete to represent the GELC at provincials.(added January 5,2015)
- 7.07** In all girls divisions where 8 or more teams are competing at the completion of 6 games the division may be divided into two or more divisions by recommendation of the box committee. (added January 5, 2015)

REGULATION 8 - GELC CHAMPIONSHIPS, PLAYOFFS,

AND QUALIFICATION FOR PROVINCIAL PLAY

- 8.01** The GELC champions in each Division shall be the winner of the Provincial Qualifying/GELC Championship Tournament.
- 8.01.1** In the event of a tie, final standing shall be determined by:
- | | |
|-----------|---|
| First: | Team with the greater number of wins finishes ahead; |
| Secondly: | Team record against each other; |
| Thirdly: | Goals for and against between the tied teams. Team with the highest ratio finished ahead; |
| Fourthly: | Goals for and against ratio between each other plus common opponents. Team with the highest ratio finishes ahead; |
| Fifthly: | Team with the lowest penalty minutes finishes ahead. |
- 8.01.2** In the event that a division has an uneven number of games played in it, the standing shall be ascertained by a formula as follows:
- $$\frac{\text{Points}}{\text{Total points available}}$$
- (amended April 6,2015)
- 8.02** The team that finishes first the double knockout playoff in the Division after Regular Season play shall be awarded the respective Division Championship Trophy. This team must represent the GELC at the respective Provincial Championship. The Second place team in A C and girls divisions is required to attend provincials as well. In B division only the first place team shall represent the GELC. Refer to the ALA regulations.
- 8.03** At the conclusion of regular season play there shall be a Championship Tournament in the Novice, Pee Wee, Bantam and Midget Divisions. There may be two (2) or more Divisions in the Tournament being the GELC Championship/Provincial Qualifier Division and the subsequent GELC Consolation Divisions
- 8.04** The Box Lacrosse Committee shall, before the start of the Regular Season, determine whether there will be one or more Divisions in league play in each Division and, if so, how teams shall qualify for each Divisions championship round. All league play will be based on complete round robin formats. Where there are two (2) or more Divisions for Championship play in a Division, the GELC Championship/Provincial Qualifier Division will be composed of teams which finish with more points in the standings than the teams which participate in the GELC Consolation Division(s).
- 8.05** GELC Championship Tournament format shall be a double knock competition.
- 8.06** The final standings in the GELC Championship/Provincial Qualifier Division shall determine which teams are, pursuant to ALA rules, eligible to participate in the Provincial Championships.
- 8.07** There shall be no championship in the Tyke, or Mini Tyke Division but there may be an Event to follow the regular season.

REGULATION 9 – AFFILIATION RULES

- 9.0** Players may play a maximum of four (4) games in a season in a higher division or level (which includes regular, GELC Championship Tournament, and ALA Provincial Tournament games, but not exhibition or other Tournament games). Box players who are playing in a A level of a division may not play up on a C level team in the division higher; they may play on the B level and A level teams. B and C level players may play up within their own division or in a higher division. In the Novice division where parity lacrosse is played, Novice teams may only affiliate registered tyke players. They cannot affiliate novice players. No team may affiliate a player from within their own division, including playoffs. Exceptions to the 4 game rule will with the permission of the Box Committee. However, a player may play an unlimited number of games in a higher division, or level, once his/her team in his/her own division has concluded its regular season, GELC Championship Tournament, and ALA Provincial Tournament games. The Box Lacrosse Committee, or the Field Lacrosse Committee, as the case may be, may make exceptions to this rule provided there is compliance with ALA rules and provided that those players register with a Team in their age division and, in cases of conflict between the Team in the higher division and the Team in the player's own age division in regard to practices and games, that player, shall, unless excused by the coach of the latter team, be required to participate in the latter team's practice or game. (amended April 6,2015)
- 9.01** Teams in Associations where there are no available affiliates may affiliate players from another Association in the league, to the maximum affiliates.
- 9.02** Teams must ensure that they have obtained permission from the coach of the team that the player is registered on, and permission from an appropriate Association Director.
- 9.03** Teams may affiliate only to their registered roster size, with the exception of players suspended by the GELC, who cannot be replaced while suspended.
- 9.04** The Box Lacrosse Committee, or the Field Lacrosse Committee, may allow a player or players to register and play in a lower (only upon presentation of medical documentation indicating physical or mental developmental issues) or higher age division (if the Member which operates the involved teams consents, special circumstances exist and it does not threaten the viability of the team in that player's age division.)
- 9.05** There shall be no right of appeal from the decision of the Box Lacrosse Committee, or the Field Lacrosse Committee, as the case may be, under this Regulation.
- 9.06** Affiliation rules specific to girls box lacrosse in the GELC shall follow Regulation 9 formatting with the exception that girls may also affiliate to boys teams at the same division or higher. (Changed January 5,2015)
- 9.06.1** Novice Girls may not affiliate to novice boys teams. Novice girls playing on boy's teams may affiliate to pee wee girls.(changed January 5, 2015)

- 9.06.2** Girl's teams requiring an exception to affiliate to a number higher than their registered roster must have permission of the Box Committee. (Changed January 5, 2015)

REGULATION 10- REGISTRATION DEADLINES

Deadline for player registrations as determined by the ALA shall be May 15th. Late player registrations may be accepted by the Registrar up to and including May 30 but there will be a \$50.00 penalty assessed to the registering Member for each player the Member so registers.

- 10.01** All GELC member Associations must provide to the GELC a copy of their registrations on May 1 of the current playing season
- 10.02** A team cannot register more than twenty-five (25) and not less than twelve (12) players, Novice and up.
- 10.03** A team at Mini Tyke, cannot register more than eight (8) and less than six(6) players.
- 10.04** A team at Tykes, cannot register more than ten(10) and less than eight(8) players.
- 10.05** If 10.04 and 10.05 cannot be abided by in an association, notification must go to the box committee.

REGULATION 11 - TRAVEL

- 11.01** Teams traveling outside of the ALA boundaries must obtain a Travel Permit from the Vice President and the ALA.
- 11.03** All teams participating in tournament or exhibition games outside the GELC jurisdiction shall supply the GELC office with copies of all games sheets played while out of the GELC area, within twenty four hours of the completion of the tournament or exhibition game. Any and all discipline shall be recorded on the game sheet.

REGULATION 12 - GELC SAFETY AND EQUIPMENT

- 12.01 SAFETY POLICY**

The fundamental concepts of the safety policy are to establish a standard of care intended to reduce the risk of injury from contact which is inherent in and incidental to the sport and to identify the responsibilities of the various participants.

12.02 GENERAL

Player safety and the use of proper equipment is the responsibility of many parties including:

- (a) players and parents (of minor players: 17 years of age and under as of January 1 of the current year) are responsible for providing and maintaining proper equipment;
- (b) coaches, trainers and team personnel are responsible for inspecting players' equipment and preventing the use of improper equipment;
- (c) game officials are responsible for enforcing the rules of the game;
- (d) all players are required to wear protective equipment as described and/or limited in the rules of play approved by the ALA and CLA;
- (e) in Box Lacrosse the use and/or prohibition on the use of protective equipment shall be as published by the ALA and CLA in the Rules of Box Lacrosse;
- (f) in Men's Field Lacrosse the use and/or prohibition on the use of protective equipment shall be as published by the ILF in the Official Rules of Men's Field Lacrosse;
- (g) in Women's Field Lacrosse the use and/or prohibition on the use and/or prohibition on the use of protective equipment shall be as published by the IFWLA in the International Women's Lacrosse Rules;
- (h) equipment shall be manufactured by a professional manufacturer, and shall not be altered in any way which will decrease the protection to the player, increase the risk of injury to an opponent or void the manufacturer's warranty;
- (i) any equipment which violates this policy and/or the rules of play will be removed from the game and, where required, appropriate penalties will be given;
- (j) where equipment dangerous to an opponent has been used, the game officials shall report the occurrence, via the standard incident report, to the appropriate governing body.
- (k) Home team shall supply a minimum of 20 practice balls prior to home games for use by both teams, novice through midget divisions

12.03 EQUIPMENT - HELMETS, FACE MASKS, GLOVES, GOALTENDING EQUIPMENT

Please see the current regulations of the ALA and the CLA in regards to playing equipment.

All goaltender exemptions to be filed with GELC & CLA. a representative from the team to have a copy of the filed exemption.

12.04 FACIAL PROTECTION

All minor players, excluding mini-tykes, during games, shall wear approved mouth guards. The mouth guards should all be of the type that fits to the upper teeth of the player.

12.05 SHOES

All Players are required to wear suitable athletic shoes. No shoe will be permitted which includes cleats, in Box, and, in Field, that are made of metal or with a metal tip. Outdoor shoes are not permitted on playing surfaces.
(amended April 6,2015)

12.06 GROIN PROTECTION

It is strongly recommended that all players wear such equipment.

12.06 KNEE PROTECTORS

It is recommended that all players in Mini-Tyke, Tyke, Novice, Peewee, Bantam, and Midget shall, in games, wear kneepads.

REGULATION 13 - COACHING CERTIFICATION REQUIREMENTS

13.00 Each team in Field and Box Lacrosse shall comply with minimum CLA standards for coaches. Please refer to the ALA standards.

REGULATION 14- REPLAYING OF GAMES

14.00 The Box Lacrosse Committee and the Field Lacrosse Committee, as the case may be, has the jurisdiction to direct that a game that has been played or partially played, be replayed either in whole, or in part. In the event that a Member seeks a direction from the Committee to replay the game, that member may make an application to the Committee. Only a Member Association can make such an application. For greater certainty, an individual or team cannot make such an application.

An application may only be made in regard to Greater Edmonton Lacrosse Council (GELC) League, Playoff or Provincial Qualifier games.

The application must be accompanied by a \$200.00 certified cheque made payable to the GELC and both must be delivered to the Chair of the Committee or, in the event that this is not possible, to the GELC President or Vice-President, via the GELC office.

The \$200.00 fee is refundable in the event of a successful appeal.

The only grounds upon which a game may be directed to be replayed in whole, or in part, are as follows:

- a) Where there has been a gross and flagrant violation of the Rules of Play by the on-floor or off-floor officials;
- b) Where there has been a deliberate violation of the Rules of Play by the on-floor or off-floor officials.

For greater certainty, mere errors in judgment or interpretations or missed calls by officials which are not gross or flagrant, are not grounds to grant the application.

This regulation shall not be interpreted to contradict any rule of the ALA or the CLA which requires that, in certain circumstances, games be replayed in whole or in part.

REGULATION- 15 ABUSIVE CONDUCT BY SPECTATORS

15.01

Referees shall have the power to eject any spectator for conduct which is, in the view of the referee, detrimental to the game.

- a) The Game shall stop until the spectator has left the arena.
- b) Management of both teams shall co-operate with the official in identifying the spectator in question. Should the spectator refuse to leave the arena, the game shall be declared a forfeit in favour of the team not connected to the offending spectator.
- c) This shall be the subject of an official's game report, which shall be referred to the Discipline Committee, which may result in further action.
- d) If no other action is taken the ejection shall be for one additional game.

REGULATION – 16 BINGO AND GAMING

16.01

The GELC participate in bingo, casino and raffle activities as voted on by the majority of Associations in attendance at regular meetings of the Board of Directors.

16.02

The GELC will be allocated eighty (80) percent of Casino profits, to be disbursed periodically. The remaining twenty (20) percent together with one hundred (100) percent of bingo profits will be distributed to member Associations based on their numerical participation at the respective casino or bingo, to be used for equipment, program development, or tournament travel.

REGULATION 17- FORFEITURE OF GAMES

17.01 All games being forfeited must be done in writing to the GELC office and to the offended team. All forfeited games shall be forwarded to the Discipline committee for review.

17.02 Forfeiture of games during GELC playoffs will result in the forfeiture of the playoff.

REGULATION 18-REGISTRATION REQUIREMENTS

18.1 All players must if requested provide proof of residency, as of April 1 of the current playing season. Acceptable proof is two pieces of the following documentation: parental or player's drivers license with current address on it, utility or cable bills documenting residency.

18.2 For all players within the GELC whose parents do not reside together, the following will apply in determining residency:

- a) Residency will be determined by the parent who has custody of the player. Players must reside with at least one of their parents, or a legal guardian. Legal guardianship rules will apply.
- b) If parents share custody, the residency will be determined by where the player habitually resides.
- c) If there is no habitual residence, the GELC Box Committee will determine residency of the player based on documentation provided in 18.1 and the school in which the child is registered.
- d) Once residency is established the player must register within the established Association.

18.3 If a parent or guardian knowingly registers a player outside of their resident Association that player shall be ineligible for a player transfer, and may only play on a team in the Association in which they reside. The parent may appeal this decision to the GELC Box Committee, if the Association in which they reside does not have a team at the player's division. The parent in future years shall be requested to provide proof of residency prior to registering any child in lacrosse within the GELC.

REGULATION 19 – BOUNDARIES DESCRIPTION

19.0 The boundaries of the GELC shall be as follows:

A) The city of Edmonton will be divided into three zones:

- i) The West Edmonton Blues shall be responsible for the area north of the North Saskatchewan River to the City of Edmonton limits on the west side of St. Albert Trail and northern limits of the city. As well, the boundaries of the Blues shall extend to highway 60 north of the North Saskatchewan River.

- ii) The South Edmonton Warriors shall be responsible for the area south of the North Saskatchewan River, to the City of Edmonton limits on the west, south and east sides.
- iii) The North Edmonton Wizards shall be responsible for the area north of the North Saskatchewan River to the City of Edmonton limits on the east side of St. Albert Trail, and the northern limits of the city. The boundaries of the Wizards shall include the military housing at Namao.

B) Other member zones:

- i) The Sherwood Park Titans shall be responsible for the County of Strathcona.
- ii) The Fort Saskatchewan Rebels shall be responsible for the City of Fort Saskatchewan and the communities north such as Gibbons and Redwater, and Bon Accord.
- iii) The Leduc Crush shall be responsible for the City of Leduc and surrounding area, including the communities of Calmar, Thorsby and Millet, and the rural municipalities surrounding Leduc.
- iv) The St. Albert Rams shall be responsible for the City of St. Albert and such communities as Morinville, Riviere Qui Barre, and the rural municipalities surrounding St. Albert.
- v) The Westlock Rock shall be responsible for the communities of Westlock, Barrhead and surrounding municipalities.
- vi) The Parkland Posse shall be responsible for the Communities of Spruce Grove and Stony Plain, and the rural municipalities surrounding them.
Residents of those areas who have been members of other clubs in the past may continue to participate in the club in which they have been members.
- vii) Beaumont Raiders shall be responsible for the arena from 41 avenue SW (TWP 512) east to RR221, south to Highway 21 following highway 21 northwest to Airport Road (TWP 502), west to the QE II highway, and then back north to 41 Avenue SW. (TWP512)

Regulation 20 – GELC Club Tiering Format

20.01 The Tiering Chart

Team/Div	A	B	C
1	0	1	0
2- Pee Wee/Bantam	0	2 or	0

	1	0	1
3	1	1	1
4	1	1	2
5- Pee Wee/Bantam	1	2	2
6	2	2	2
7	2	2	3
8	2	3	3
9	2	3	4
10	2	4	4

20.02 The Midget lacrosse division would have a 50-50 A to B ratio. The extra team would be placed as a B level team.

20.03 An Association may make an application to the Box Committee to move a team to a higher or lower tier in a division.(amended April 6,2015)

Regulation 21 Discipline Procedures

21.00 The discipline committee of the GELC shall hear any complaint arising from the bylaws, regulations, policies or rules of the GELC as per bylaw 10.

21.01 All complaints must be in writing addressed to the discipline chair. Complaints shall be delivered by hand or courier to the GELC office. It may also be send via email however it is the complainant's responsibility to follow up to ensure that it is delivered.

21.02 Upon receipt of the complaint, the chair shall appoint a committee of three persons, one of which may be the chair. The members of the committee shall be non-interested parties to the complainant.

21.03 The committee composition, time, date and location of the hearing shall be set within 14 days of receipt and acceptance of the complaint. It will be communicated in writing to all known interested parties.

21.04 The hearing shall be held within in 30 days of receipt and acceptance of the complaint.

21.05 The decision shall be provided in writing to all interested parties within 30 days of the completion of the investigation.

21.06 All decisions of the discipline committee shall be communicated to the complainant's member Association president.

Regulation 22 Appeal Procedure

- 22.00** The GELC board shall hear any appeal arising from the bylaws, regulations policies or rules of the GELC as per bylaw 11.
- 22.01** All appeals must be in writing and addressed to the president. Complaints shall be delivered by hand or courier to the GELC office. The appeal must be accompanied by a \$300.00 appeal fee.
- 22.02** Upon receipt of the appeal, the board shall appoint a committee of three persons, one of which may be the president. The members of the committee shall be non-interested parties to the complaint.
- 22.03** The committee composition, time date and location of the hearing shall be set within 14 days of receipt, and acceptance of the appeal and communicated in writing to all known interested parties.
- 22.04** The hearing shall be held within 30 days of receipt and acceptance of the complaint.
- 22.05** The decision shall be provided in writing to all interested parties within 30 days of the completion of the hearing.
- 22.06** All decisions of the appeal shall be communicated to the appellants member Association President.

Regulation 23 – Social Media

The GELC board of directors and membership shall adhere to the ALA regulation on Social media.

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