ROCKY MOUNTAIN LACROSSE LEAGUE



ALBERTA AMATEUR POST MIDGET LACROSSE

REGULATIONS

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TABLE OF CONTENTS

1. REGULATION 1: GENERAL POLICY	5
2. REGULATION 2: PLAYING DIVISIONS	5
3. REGULATION 3: TEAM FRANCHISE	6
4. REGULATION 4: FEES AND BONDS	7
5. REGULATION 5: FACILITIES	10
6. REGULATION 6: DIVISION PLAY	11
7. REGULATION 7: SEASON SCHEDULES	12
8. REGULATION 8: POSTPONEMENTS	13
9. REGULATION 9: DEFAULTS	14
10. REGULATION 10: UNIFORMS	15
11. REGULATION 11: RULES OF PLAY	15
12. REGULATION 12: MAINTENANCE OF ORDER	16
13. REGULATION 13: ALRA REFEREE ASSIGNMENT	17
14. REGULATION 14: REFEREE GAME FEE PAYMENT	18
15. REGULATION 15: GAME SHEETS	19
16. REGULATION 16: RMLL POST-GAME REFEREE EVALUATION FORM	20
17. REGULATION 17: STATISTICS	20
18. REGULATION 18: BENCH PERSONNEL AND MANAGERS	20
19. REGULATION 19: MAJOR REGISTRATION OF A MINOR AGED PLAYER	21

20. REGULATION 20: PLAYER REGISTRATION	22
21. REGULATION 21: PLAYER ELIGIBILITY	28
22. REGULATION 22: MEMBER RESPONSIBILITY - PLAYER ELIGIBILITY VIOLATIONS	29
23. REGULATION 23: PLAYER MOVEMENT	29
24. REGULATION 24: PLAYER LISTS	32
25. REGULATION 25: TAMPERING	35
26. REGULATION 26: ROSTERS	35
27. REGULATION 27: INTER-DIVISION USE OF PLAYERS (CALL-UPS)	37
28. REGULATION 28: DIVISION, TEAM AND PLAYER AFFILIATIONS	40
29. REGULATION 29: JR. B TIER II NORTH TEAMS ROSTER EXCEPTION	41
30. REGULATION 30: TRAVEL PERMITS	42
31. REGULATION 31: EXHIBITION GAMES	42
32. REGULATION 32: DIVISION TEAM STANDINGS	44
33. REGULATION 33: PLAYOFF AND PROVINCIAL PLAY	45
34. REGULATION 34: TROPHIES	47
35. REGULATION 35: NATIONAL COMPETITIONS	47
36. REGULATION 36: STANDARD SUSPENSIONS AND FINES	48
37. REGULATION 37: PLAYER SUSPENSIONS AND FINES	50
38. REGULATION 38: TEAM SUSPENSIONS AND FINES	53
39. REGULATION 39: GAME PROTEST	57
40. REGULATION 40: FORMAL COMPLAINT	57

41. REGULATION 41: EXPENSES	. 58
43. REGULATION 43: PRIVACY OF PERSONAL INFORMATION	. 62
ATTACHMENT 1: CLA/ALA/RMLL CALENDAR/DUE DATES	. 63
ATTACHMENT 2: RMLL NEW TEAM FRANCHISE CERTIFICATE REQUEST	. 66
ATTACHMENT 3: EXISTING RMLL TEAM DIVISION TIER CHANGE REQUEST	. 69
ATTACHMENT 4: TEAM HOME FACILITY SPECIFICATIONS	. 72

1. Regulation 1: General Policy

- 1.1. The Regulations of the RMLL are subject to the terms and conditions imposed by the Canadian Lacrosse Association ("CLA") and the Alberta Lacrosse Association ("ALA"). Where a conflict arises between these Regulations and the Regulations of the ALA or CLA, the ALA or CLA rules will govern.
- 1.2. Each RMLL primary contact, secondary contact, coach, manager, and trainer, as an official of the Member, is responsible for reading, understanding, and the proper observance of the RMLL Bylaws and Regulations as well as ALA Regulations and CLA Rules and Regulations.
- **1.3.** RMLL Regulations are the general rules which uniformly govern all the Divisions within the RMLL.
 - **1.3.1.** These Regulations of the RMLL shall not be amended except as described within the Bylaws of the RMLL.
- 1.4. A Division Operating Policy, ratified annually by the RMLL Executive, may have further additions to and/or establish certain rules within the jurisdiction and sanction of the RMLL Mission Statement, Bylaws, Regulations and Policies.
 - **1.4.1.** A Division Operating Policy shall not be amended except as described within the Bylaws of the RMLL.
 - **1.4.2.** If a conflict arises between a Division Operating Policy and these Regulations, these Regulations will govern.
- **1.5.** In the absence of a Division Operating Policy, the Regulations of the RMLL take precedence.

2. Regulation 2: Playing Divisions

- **2.1.** All team entries into the RMLL shall be to the Senior A (when established), Senior B, Senior C, Junior A, Junior B Tier I, Junior B Tier II, Junior B Tier III, Senior Ladies or the Junior Ladies Divisions.
- **2.2.** The RMLL, through the Executive, reserves to itself the right to place teams in whatever Division it may deem best in the interests of the RMLL; but no team shall be admitted except with the consent of the RMLL Executive and a

majority vote, subject to the rules established of the teams in good standing in that Division.

- **2.3.** A RMLL Division with more than five (5) teams may establish sub-divisions of no less than three (3) teams in each sub-division.
- **2.4.** A RMLL Division may play interlock games with teams in another RMLL Division with the consent of the RMLL Executive and a majority vote, subject to the rules established of the teams in good standing of both Divisions.
 - **2.4.1.** In the event of a tie vote within either of the Divisions, status quo is maintained.

3. Regulation 3: Team Franchise

The following provisions are subject to further specific provisions of the respective Division Operating Policy.

- **3.1.** Each Member team accepted by the RMLL shall be entitled to a Franchise Certificate certifying the team holds a franchise in the RMLL. The certificate shall be non-transferable and non-assignable except as provided in Regulation 3.7, 3.8 and 3.9.
- 3.2. To initially qualify for a Franchise Certificate or to request a Franchise Certificate reinstatement, a team must submit a completed "New Team Franchise Certificate Request" signed by the owner(s) of the team or their agent(s) to the RMLL Executive Director as per the annual Division deadline. See Attachment 2 for the submission requirements. In addition, the Request must adhere to the respective Division Operating Policy.
- 3.3. To request admittance to another RMLL Division Tier for the upcoming season a team with an existing Franchise Certificate must submit a completed "Division Tier Change Request" signed by the owner(s) of the team or their agent(s) to the RMLL Executive Director as per the annual Division deadline. See Attachment 3 for submission requirements. In addition, the Request must adhere to the respective Division Operating Policy.
- 3.4. Once a Team Franchise Certificate has been granted, the team owner(s) or their agent(s) must enter all RMLL required contacts and their contact information in the RMLL Team Management System by the annual deadline. Any changes to contacts or their information during a Season must be updated as the change occurs.

- **3.5.** Franchise Certificate contacts include but are not limited to: team owner(s) or their agent(s), primary team contact, secondary team contact, financial contact, scheduling contact, team registrar, discipline contact, manager, head coach, assistant coaches, trainer and team/club Executive.
 - **3.5.1.** Name, mailing address, home number, cell number, work number and e-mail address are required for each contact. In addition, the NCCP number is required for both Head and Assistant Coaches. The flag for e-mail address for the Primary Contact, Secondary Contact, Head Coach and Manager must be set to view.
- **3.6.** The Primary or the Secondary Contact hold the vote for the team and one person may not represent more than one RMLL team as a Primary contact.
- **3.7.** The Franchise of a team may be sold, assigned or otherwise transferred if the club/team is to continue to operate in the same city, town, municipality, et cetera, subject to the approval of a majority of the teams of that Division and the RMLL Executive.
- **3.8.** Application for approval of a Franchise transfer must be made by the Franchise owner(s) or agent(s), signed by the owner(s) or agent(s) and submitted in writing to the RMLL Executive Director prior to December 31 of the past playing Season. In case of emergency, this date may be waived by the RMLL Executive.
- **3.9.** Once a team is granted a Franchise Certificate, the team will continue to hold a Franchise Certificate as long as the team is a Member of the RMLL unless:
 - **3.9.1.** The ALA does not approve an ALA Membership or the ALA Membership is withdrawn;
 - **3.9.2.** The team owner(s) or their agent(s), submit written notification of the team relinquishing their Franchise Certificate to the RMLL Executive Director by December 31 of the past playing Season;
 - **3.9.3.** The Franchise is surrendered to the RMLL under Bylaw 3.02, 3.03 and/or 3.04.

4. Regulation 4: Fees and Bonds

- **4.1.** A new team Franchise Certificate request and a Tier Change request must include a one thousand dollar (1,000.00) refundable application bond.
 - **4.1.1.** The entire bond will be returned to the team after the completion of their second Season.

- **4.1.1.1.** If the team withdraws during their first or second Season, any time after their Franchise has been approved, the bond will not be returned.
- **4.2.** The annual Franchise Fee is six hundred and fifty dollars (\$650.00) and is payable by March 1. Payment of the fees and any other obligations to the RMLL shall entitle a team to register players and to one vote at the Annual General Meeting. All fees must be paid in advance of registration of players. Fees not paid to the RMLL Office prior to March 1 in each year will preclude entry into the RMLL.
- **4.3.** For New Franchise Requests, the Franchise Fee must accompany the submission request.
 - **4.3.1.** The Franchise Fee of a New Team Franchise Request will not be refunded if the team is withdrawn after a Franchise Certificate has been granted.
 - **4.3.2.** Each new Franchise is also required to submit a performance bond of one thousand dollars (\$1000.00) which must accompany the submission request.
- **4.4.** The annual Franchise Fee for teams holding an existing Franchise will not be refunded if a team withdraws after Feb. 1.
- **4.5.** If a Member voluntarily withdraws their Franchise between September 1 and December 31 of the past playing Season, the performance bond in the sum of one thousand dollars (\$1,000.00) retained by the league, will be returned to the team if the team is not in default of the RMLL Bylaws and Regulations.
- **4.6.** If a team withdraws their Franchise between Feb. 1 and prior to the end of the current playing Season in their Division, the performance bond in the sum of one thousand dollars (\$1,000.00) will not be returned and will transferred to the RMLL General account.
- **4.7.** The RMLL will invoice the teams in a Division qualifying for Provincials, the ALA Provincial Entry Fee as set annually by the ALA.
 - **4.7.1.** As decided by each Division, the ALA Provincial Entry Fee for the number of teams playing in the Season Provincial game(s) may be split amongst the teams in a specific Division. This split fee is payable by March 1.
 - **4.7.2.** The split ALA Provincial Entry Fee will not be refunded to a team if a team withdraws after February 1.

- **4.8.** Each Alberta team in the Junior B Tier I Division must submit to the RMLL annually:
 - **4.8.1.** A five hundred dollar (\$500.00) Founders' Cup Alberta Team Allowance Fee payable by March 1;
- **4.9.** Each Alberta team in the Junior B Tier I Division must submit to the RMLL three thousand dollars (\$3,000.00) for the Jr. B Tier I Founders' Flight Fund. The three thousand dollars (\$3,000.00) is split into two invoices of one thousand and five hundred dollars (\$1,500.00) each over two years and payable by March 1.
 - **4.9.1.** The funds for the Junior B Tier I Founders' Flight are held in a separate RMLL bank account.
 - **4.9.2.** If an Alberta Tier I team voluntarily withdraws their Franchise between September 1 and December 31 of the past playing Season, the three thousand dollars (\$3,000.00) or one thousand and five hundred dollars (\$1,500.00) in the Jr. B Tier I Founders' Flight Fund, will be returned to the team if the team is not in default of the RMLL Bylaws and Regulations.
 - **4.9.3.** If a team withdraws their Franchise between Feb.1 and prior to the end of the current playing Season in their Division, the three thousand dollars (\$3,000.00) or one thousand and five hundred dollars (\$1,500.00) in the Jr. B Tier I Founders' Flight Fund will not be returned.
 - **4.9.4.** An Alberta Tier I team withdrawing funds from the Jr. B Tier I Founders' Flight Fund must pay back the amount withdrawn within thirty (30) days from being declared the Alberta Founders' Cup Representative.
 - **4.9.4.1.** If funds are not paid back within thirty (30) days from being declared the Alberta Founders' Cup Representative, the Member and the Members of the Member, excluding call-ups, will be placed in bad standing until funds are paid back.
- **4.10.** Each Jr. B Tier II team will be invoiced a one hundred and fifty dollar (\$150.00) Playoff Floor and Official Funding Fee and a two hundred and fifty dollar (\$250.00) Playoff/Provincial Team Travelling Fee. Both fees are payable by March 1.
 - **4.10.1.** The Playoff Floor and Official Funding Fee and the Playoff/Provincial Travelling Fee will not be refunded to a team if the team withdraws after February 1.
- **4.11.** At the end of the RMLL Season, each team is sent a RMLL invoice for the ALRA Assigning Fee and fees for any mileage, per diems and hotels for Referees assigned to their home games throughout the Season, excluding

ALA Provincial games. Fee rates are as per ALA Regulations. These fees are payable by September 30.

4.12. All fees shall be paid to the RMLL Office by negotiable money order, cheque, certified cheque, or cash.

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- **4.13.** All RMLL invoices are due thirty days from invoice date except invoices for team fines which are due ten (10) days from invoice date.
 - **4.13.1.** A team (RMLL Member) must pay fines assessed against them and/or their Members within ten (10) days of invoice date, or be liable to further fines as penalty for non-payment.
- **4.14.** Any Member which presents a NSF cheque will be fined fifty dollars (\$50.00).
- **4.15.** If any other group, league, division or association accepted by the RMLL demands a fee or bond from its own teams/clubs, such fees and bonds shall be in addition to those required by the RMLL and set out in the Bylaws and Regulations.
- **4.16.** In addition to the annual Franchise Fee, an annual player registration fee may be established by the RMLL for each Division.

5. Regulation 5: Facilities

- **5.1.** Each team is responsible for acquiring their home arena and booking the arena for their home games for the Season (Regular play, Playoff play and Provincial play). The arena must be comparable to the facilities used by other Division teams and must be available for home games on days and dates as required by the Division (Regular play, Playoff play and Provincial play).
 - **5.1.1.** Major games, (Regular play, Playoff play or Provincial play) may not be held in Soccer Centres or Field Houses unless:
 - **5.1.1.1.** The ALA has approved the facility for Major games and;

- **5.1.1.2.** The majority of teams in the Division vote in favour of using the facility for games and;
- **5.1.1.3.** The RMLL Executive has ratified the use of the facility for Major games.
- **5.2.** All teams must send to the RMLL Executive Director the specifications of their home arena. See Attachment 4 for Facility Specification Form.
- **5.3.** All teams must enter their home arena and a back-up arena in the RMLL Team Management System prior to February 1.
- **5.4.** The home team is responsible for making sure:
 - **5.4.1.** The arena floor line markings are as per CLA Play;
 - **5.4.2.** The nets are CLA approved and correct size for Division play;
 - **5.4.3.** The mesh is black, the correct size and in good condition;
 - **5.4.4.** Two CLA approved shot clocks are installed and operational or a stop watch and horn is available for the thirty-second-time-keeper;
 - **5.4.5.** The score clock is operational and has an electronic buzzer or gong or bell available for the time-keeper;
 - **5.4.6.** Score clock to count down penalty minutes.
- **5.5.** The home team shall be held responsible for assuring the playing area is suitable for all games to the satisfaction of the Referees, and that police protection is provided if the Senior and/or Junior Divisions deem it necessary.
- 5.6. No team may change its home game from one arena to another without prior permission of the Division Commissioner and notification to the Executive Director. Such permission may be granted only if the move complies with the RMLL Regulations.
- **5.7.** Floor invoices for Provincial games must be submitted to the ALA Office within 14 days after the last Provincial game.

6. Regulation 6: Division Play

6.1. Regular Season play will commence no earlier than the last weekend of April and no later than the middle of the second week in May and be finished no later than the last week in July.

6.2. Senior B Division Game Days – Wednesday, Friday, Saturday and Sunday Senior C Division Game Days – Tuesday, Thursday, Friday, Saturday and Sunday

Junior A Division Game Days – Wednesday, Saturday and Sunday Tier I Division Game Days – Tuesday, Thursday, Friday, Saturday and Sunday

Tier II Division Game Days – Wednesday, Friday, Saturday and Sunday Tier III Division Game Days – Tuesday, Friday, Saturday and Sunday Senior Ladies Game Days – Tuesday, Friday, Saturday and Sunday Junior Ladies Game Days – Wednesday, Friday, Saturday and Sunday

- **6.3.** Division Playoffs will commence no earlier than five (5) days following the completion of Regular Season play.
- **6.4.** ALA Provincials will commence following the completion of Division Playoffs and be finished no later than seven (7) days before a scheduled National Championship, unless approved otherwise by the respective Division Commissioner.

7. Regulation 7: Season Schedules

7.1. Regular Season

- **7.1.1.** Each Division must determine their Division Scheduling Constraints, including dates and times for their Playoff and Provincial games, at their annual Division Planning Meeting.
- **7.1.2.** Prior to December 5, each Division Commissioner must submit their Division scheduling constraints to the Executive Director along with the format, dates and times for their Division Playoff and Provincial play.
- **7.1.3.** Prior to February 1, all teams must enter their team scheduling constraints and home game arena time slots in the RMLL Scheduling System.
- **7.1.4.** The "In Progress" schedule will be completed for all Divisions by March 8.
- **7.1.5.** Schedules will be moved to "final" by April 1.

7.2. Division Playoffs and ALA Provincials

- **7.2.1.** Each Division must confirm their Provincial format by July 15 of the current playing season for the upcoming playing season.
- **7.2.2.** Each Division Commissioner, in consolation with the teams involved, shall confirm the facilities for Playoff and Provincial play, as per the dates and times agreed at the annual Division Planning, five (5) days prior to the start of each round.
- **7.2.3.** All practices, Playoff home games and Provincial home games in July and August for all the Greater Edmonton Area teams will be booked in one arena. An arena will be chosen annually.
- **7.3.** All games in the Division are to be played as scheduled unless determined otherwise by the Division Commissioner. Only the Division Commissioner has the authority to request a game to be rescheduled.
- **7.4.** All games in the league are to be played as scheduled unless determined by the Division Commissioner. If the start of the game is delayed more than thirty (30) minutes the Referee shall suspend the game.

8. Regulation 8: Postponements

- **8.1.** No game may be postponed without the approval of the Division Commissioner, otherwise such games will be considered as defaults.
- **8.2.** In the event of severe weather causing unplayable conditions, or if the playing area is unplayable and cannot be repaired by game time, the home team shall immediately call the Division Commissioner to report conditions and request postponement. If the request is granted, the home team must immediately contact the visiting team and their ALRA Assignor. If the visiting team is contacted before departure, no expense will be involved. If the ALRA Assignor is able to contact the Referees prior to their departure, Referee game fees will not be paid. The Assigning Fee will still be applicable.
- **8.3.** If however, the Visiting team has left for the game or if conditions make the playing area unplayable after the Visiting team has started en route, the Home team shall immediately call the Division Commissioner and request a postponement. Regardless of the postponement being granted, the Home team must pay the Officials, both the game rate and mileage/meal rate. The ALRA Assigning Fee will still be applicable. The Visiting team will not be reimbursed for any of their expenses when a game is cancelled due to "an act of God".

- **8.4.** In the event rain or some other condition makes the playing area unfit after the game has started, the Referee shall have the authority to stop the game; and if forty minutes have been played, it will constitute a Regular Season game.
 - **8.4.1.** If a Playoff or a Provincial game:
 - **8.4.1.1.** If less than forty (40) minutes have been played the game will be rescheduled.
 - **8.4.1.2.** If more than forty (40) minutes have been played and there is a six (6) or greater spread, then this will constitute a Playoff or Provincial game.
 - **8.4.1.3.** If more than forty (40) minutes have been played and there is less than a six (6) goal spread, then the game will be rescheduled will be played with the following restrictions:
 - 8.4.1.3.1. Same roster as the original game;
 - 8.4.1.3.2. Original game does not count as a game served for a player serving a suspension;
 - 8.4.1.3.3. Major infractions assessed in the original game are valid.
- **8.5.** In the event of a game commenced but awarded to one team before completion, the scoring records at the time of the award is made shall be considered official.
- **8.6.** In the event conditions make play impossible before the completion of forty minutes of play, the Referee may cancel the game and the game will be rescheduled. The Home team will immediately notify the Division Commissioner.

9. Regulation 9: Defaults

9.1. Game Defaults

- 9.1.1. In the event a team defaults a game, refer to the Division Operating Policy. In the absence of a Division Operating Policy, the defaulting team shall pay all legitimate expenses, as determined by the Division Commissioner, incurred as a consequence of the default. The money owed shall be based upon detailed information from the affected team. In addition, to paying the legitimate expenses, the defaulting team must pay a fine to the RMLL.
- **9.1.2.** A team which defaults a game in a Playoff series shall be suspended immediately. All games not played in the series shall be counted as wins to the team scheduled against the defaulting team.

9.1.3. In the event of a defaulted game, no player shall be awarded points. However, the non-defaulting team shall be awarded two (2) points in Division, Playoff or Provincial standings.

9.2. Season Defaults

9.2.1. In the event a team folds after their Division Schedule has been created, thus defaulting all their games in a Season, in addition to a RMLL fine, the team will be responsible for all costs incurred for creating a revised Division Schedule.

10. Regulation 10: Uniforms

- 10.1. As per CLA Rules.
- **10.2.** All Senior B, Junior A, Junior B Tier I and Junior B Tier II teams must have home and away uniforms. Home is the dark colour and away is the light colour.
- 10.3. Senior C, Tier III, Senior Ladies and Junior Ladies are not required to have home and away uniforms, unless stated differently in their Division Operating Policy. The home team must change uniforms where colours clash. The teams may not play with jerseys worn inside out.

11. Regulation 11: Rules of Play

11.1. Rules of play in RMLL shall be those of the CLA Rule Book and in the ALA Regulations for the current season.

11.2. Overtime

- **11.2.1.** Regular Season Play: if a game is tied after regulation time, there will be a five minute overtime period, sudden victory. If the score remains tied after the overtime period, the game will be declared a tie.
- **11.2.2.** Playoff and ALA Provincial Play: CLA rule applies.
- **11.3.** A Referee Report will be required if the referees and teams make a decision in a game to implement straight time (run time) or shorten the length of the between periods intermission.
- **11.4.** Referees must record on the game sheet the number of players they count on the bench and the number of bench personnel they count on the bench.

- **11.5.** The home team will be given a delay of game penalty if Off Floor Officials are not in place, when the Referee blows the whistle to start the game.
- **11.6.** Upon a request from a goalie, the Referees will allow one water break per period as long as the request is not after a goal or a penalty. This goalie water break is not to be used as a timeout by either team.

12. Regulation 12: Maintenance of Order

- **12.1.** It is the home team's responsibility to supply all the Off-Floor Officials required for home games.
 - **12.1.1.** Teams will train a select group of individuals, eighteen years of age and older, for the role of Off Floor Officials.
 - **12.1.2.** The ALRA will assign an Official to operate the shot clock for Playoff and Provincial games.
- **12.2.** Off-Floor Officials are responsible for reading, understanding, and following the procedures listed in the CLA Off Floor Officials Guide.
 - **12.2.1.** Off Floor Officials are to report to the Referee Room for instructions twenty (20) minutes prior to the start of the game.
- **12.3.** The home team is responsible for ensuring all the people assigned to the time-keepers bench are in place fifteen (15) minutes prior to the start of the game.
- **12.4.** The home team Manager is responsible for submitting at least two copies of the game sheet to the scorekeeper fifteen (15) minutes before the game time.
- **12.5.** The home team is responsible for cleaning up any blood, water and or sweat from the playing surface during a game. If the home team does not have access to the arena mop, the home team should include a mop as in their equipment.
- **12.6.** Any person under the age of eighteen (18) years old, who goes on the floor during the game periods, must wear a helmet and facemask. Enforcement is the responsibility of the home team. Failure to comply will result in the home team being fined pursuant to RMLL Regulation 38.21.

- **12.7.** The home team in all matches shall be responsible for keeping the area clear of spectators and for the maintenance of good order.
- **12.8.** The home team shall be responsible for the provision of police protection if the Division Commissioner deems it necessary.
- 12.9. In cases where the spectators in any way interfere with the players or officials so as to delay the progress or affect the result of the game, the Referees shall declare the game off and report the circumstances to the Division Commissioner immediately. The game is either rescheduled or defaulted based on an investigation by the Division Commissioner.
- **12.10.** The RMLL reserves the right, through its Referees or the Managers of the teams playing,, to order the removal from all or any grounds, stadiums or arenas (including the parts reserved for spectators paying admission) of any person demonstrating offensive and/or unsportsmanlike conduct.
- **12.11.** All persons, including those who pay admission fees or receive passes, who attend games under the jurisdiction of the RMLL, shall be deemed to have agreed that they were admitted to the grounds on the condition that they would subject themselves to and abide by the provision of the rules of the RMLL, even to the extent that they may be subjected to the necessary force to insure their expulsion by the police, the referee, or the officers of the home club.
- **12.12.** Each home team will be responsible for providing 15 warm-up balls to the visiting team during Regular Season and Playoff games.
- **12.13.** Teams are permitted to play music during games. Music is only allowed during dead ball stoppages such as timeouts, goals, and penalties and between periods. Non compliance by the home team will result in a warning for the first offence and a one thousand dollar (\$1,000.00) fine for each additional offence and may result in further sanctions.

13. Regulation 13: ALRA Referee Assignment

13.1. The Referee Assignor will assign Referee with the appropriate qualifications and rankings and minimize the number of times the same Referee officiates the same team.

- **13.2.** In Playoffs and Provincials, the Referee Assignor will endeavor to schedule the best Officials available, where feasible intercity travel would be instituted to ensure neutrality, equality and adequate coverage of games and preference will be given to Officials who attended the ALRA Uber Clinic.
- **13.3.** In Playoffs and Provincials the Official assigned to operate the shot clock will have the qualifications and ranking to officiate the game if required. If an Official with the appropriate qualifications is not available, the ALRA Assignor will inform the RMLL Executive Director.
- 13.4. The ALRA will take all necessary steps not to schedule a Referee to officiate at any RMLL game if the Referee has a relative playing on one of the two teams scheduled for play.
- **13.5.** In moving Referees around the RMLL, the RMLL and the ALRA will try to minimize travel expenses when:
 - **13.5.1.** Minimizing the number of times the same Referee officiates one team;
 - **13.5.2.** Moving Senior Referees from their local center to another area;
 - **13.5.3.** Assigning Referees to games in arenas where local Referees are unavailable.

14. Regulation 14: Referee Game Fee Payment

- **14.1.** All Referees are to be paid prior to the start of each Regular Season and Playoff game by the Home team. The ALA pays the Officials for Provincial games.
- **14.2.** Each Referee is to be paid by cheque or cash. **Note:** Cash payments must be the exact amount.
- **14.3.** A RMLL Referee Receipt form is located on the RMLL website for teams to use as a receipt. Each Referee must sign the receipt and complete the city/town where they are traveling from. The completed receipt is the team record to verify the RMLL/ALRA invoice sent at the end of the Season.
- **14.4.** Referee Game Fees are as per ALA Regulation 30.05.3:
 - Jr. A and Sr. B \$77.00 per Referee
 - Sr. C and Jr. B Tier I \$72.00 per Referee
 - Jr. B Tier II, Tier III, Jr. Ladies and Sr. Ladies \$66.00 per Referee

- 14.5. If a cheque given to the Referee is returned NSF, the team responsible will be fined \$50.00 plus all bank charges. The fine will double with each additional occurrence of a NSF by the same team. The RMLL will pay the Referee(s) and the team responsible will have these funds taken out of their bond including any and all bank charges. The team will then have 48 hours to bring their bond back up to the correct amount.
- **14.6.** If the Referees are not paid prior to the start of the game, the Referees will not proceed with the game and the Division Commissioner will be contacted. The game will be declared a forfeit and the Home team will be fined, etc. by the RMLL.

14.7. Referee "No Show"

- **14.7.1.** If only one Referee shows up, the Home team will contact their Referee Assignor and then notify the Division Commissioner. If another Referee can not be found, the Referee who showed up will be paid and the Division Commissioner will work with the RMLL Executive Director and ALRA to reschedule the game.
- **14.7.2.** If both teams are present, but no Referees are present, the Home team will contact their Referee Assignor and notify their Division Commissioner.
- 14.7.3. If the Home team and the Referees are present, but the Visiting team is not present or does not have enough players for the game to proceed, the Referees will be paid and the Home team will contact their Division Commissioner. The game will be declared a forfeit and the Visiting team will be fined, etc.
- **14.7.4.** If the Visiting team and the Referees are present, but the Home team does not show or the Home team does not have enough players for the game to proceed, the Division Commissioner will be contacted. The game will be declared a forfeit and the Home team will still be responsible for payment to the Referees and will also be fined etc. by the RMLL.
- **14.7.5.** If the game is called by the Referees due to an issue with the Arena, the Division Commissioner will work with the Home team to see if the arena will reimburse the Home team for the cost of the Referees.

15. Regulation 15: Game Sheets

15.1. Each Member will receive a package of RMLL game sheets at the annual RMLL Planning Meeting and AGM. If a team is unable to attend the annual Planning Meeting and AGM, a fee of twenty dollars (\$20.00) may be charged for the delivery of the game sheet package.

- **15.2.** The Manager is responsible for the completion of the game sheets. If using a label for a team roster and bench personnel, each team Manager must ensure only players dressed for the game are listed and players listed, including call-ups, do not exceed eighteen (18) runners and two (2) goalies.
- **15.3.** The Manager is to ensure all call-ups, including an affiliate player/call-up, is identified on the game with an "AF" after the player name.
- **15.4.** All game sheets are to be scanned and e-mailed by noon the day after the game to both the RMLL Statistician and the Division Commissioner.
 - **15.4.1.** Submitting the game sheet is the responsibility of the Home team.

16. Regulation 16: RMLL Post-Game Referee Evaluation Form

- **16.1.** The form is located on the RMLL website. Each team Manager must print the form for both home and away games.
- **16.2.** A Coach from both teams must complete the form after the game.
- **16.3.** The forms must be scanned and e-mailed with the game sheet to both the RMLL Statistician and the Division Commissioner.

17. Regulation 17: Statistics

- **17.1.** All league statistics are to be completed by the RMLL Statistician.
- **17.2.** The information on a signed off game sheet can not be changed when the statistics are entered in the RMLL System unless:
 - **17.2.1.** Team notification and Division Commissioner approval of a goal or assist given to the wrong player;
 - **17.2.2.** Additional game misconduct not recorded.

18. Regulation 18: Bench Personnel and Managers

18.1. Certification requirements: All coaches and trainers in the RMLL shall comply with the minimum standard certification requirements of the CLA.

- **18.2.** It will be the respective Division Commissioner's responsibility to notify all coaches and trainers in their Division regarding their current status and compliance with the minimum standard certification requirements of the CLA.
- **18.3.** By the annual deadline, each team is required to enter/update their Bench Personnel (all coaches and trainers) and Mangers in the RMLL Team Management System.
 - **18.3.1.** Name, mailing address, home number, cell number, work number and e-mail address are required for each coach, trainer and manager. In addition, the NCCP number is required for all coaches.
 - **18.3.2.** The flag for e-mail address for the Head Coach and Manager must be set to view.
- **18.4.** Coaches, Managers and Trainers must be registered with the team. Only registered personnel are to be allowed on the bench during the game.
- **18.5.** Player Coaches are only allowed in the Sr. C but must have the minimum Box Coaching Standard certification requirements of the CLA.
- **18.6.** For Playoff and Provincial Play only coaches who comply with the CLA minimum coaching standards and trainers who comply with the minimum standards will be allowed on the bench during a game.

19. Regulation 19: Major Registration of a Minor Aged Player

- 19.1. No player qualified to play within the jurisdiction of the Minor Associations shall register with a RMLL team and be entered on the team RMLL Management System Roster. However if upon application to and review by the respective RMLL Division Commissioner, the caliber of the player is such that his/her development would be better served by playing in the RMLL, he/she may have his registration transferred to the RMLL after the following conditions have been met:
 - **19.1.1.** The player and his parent/guardian must agree in writing to such transfer of registration;
 - **19.1.2.** The player's Minor Association, Minor Local Governing Body, and the RMLL team must agree in writing to such transfer of registration;
 - **19.1.3.** The Minor Association and the President of the RMLL must agree in writing to such transfer of registration.

- **19.1.4.** Letters of agreement to the transfer, from the player, the player's parent/guardian, the player's home Association, and the RMLL team the player wishes to transfer to, along with a letter requesting approval, shall be forwarded to the Minor Association President and Minor Local Governing Body who upon approval, will forward all letters along with his/her approval to the RMLL President, who upon approval, shall notify the appropriate Division Commissioner.
- **19.2.** Violation of any of the above shall result in suspension of the player and the coach of the RMLL team for whom he/she played.

20. Regulation 20: Player Registration

- **20.1.** The RMLL shall have jurisdiction over all amateur Box players who are a minimum of 17 years of age as of December 31 in the year they wish to compete.
- **20.2.** Senior Divisions are open to all players 22 years of age and older in the year in which they wish to compete.
 - **20.2.1.** No player under the age of 22 on December 31 in the year they wish to compete shall be registered to a Senior team during the season in question. The Sr. Ladies Red Deer Rage has an exception from this Regulation for the 2016 Season.
 - **20.2.2.** Any Senior aged player, who has their Senior B playing rights held by a Senior B team, is eligible to play Senior C as long as the player is not listed on a Sr. B team roster in the RMLL Team Management System.
 - **20.2.3.** Active professional players are not eligible to play Senior C.
- **20.3.** Junior Divisions are open to all players who are under 22 years of age and minimum 17 years of age on December 31 in the year they wish to compete.
 - **20.3.1.** Only players who are under 22 years of age and minimum 17 years of age on December 31 of the current playing season shall be eligible to play in a Junior Division. Proof of age shall be in the form of a certificate issued by the appropriate Registrar of Births or equivalent. Alternative proof of age may be accepted by the RMLL Division Commissioner.
 - **20.3.2.** Except as provided in Regulation 19, each player of Junior age should be registered as a Junior player.
- **20.4.** A player entering Major Lacrosse from Minor Lacrosse in Alberta is the property of the team(s) in the same area as the Minor Club that he/she last played for except where such players' services are waived by the team(s), and subject to the Regulations here printed. If said player refuses to play for such team(s), after sitting out a year, the player becomes a free agent. If

- player is a Junior Ladies Division player, the player must sit out for two (2) years before becoming a Free Agent. Within ratified boundaries that contain more than one team, the distribution of players graduating will be outlined in the appropriate Division Operating Policy.
- **20.4.1.** If a player is on a Tier I holdout list and sits out a year, then he becomes a free agent. If a player is on a Tier I holdout list and plays Tier II or Tier III for two seasons, then he becomes a free agent.
- **20.4.2.** If a player, in the last year of Midget, was given a one year release from their Minor Club to play in another Minor Club, then the player's rights are held by the Club giving the release, unless a Division Operating Policy states otherwise.
- **20.4.3.** If a player, in the last year of Midget, was given a permanent release from their Minor Club to player in another Minor Club, then the player's rights are held by the last Club that he played for.
- 20.5. A junior or senior player with no team available, for which they are eligible, shall be given the choice of the team for which they will play. Having made a choice, such player shall remain a Member of the team for which they have registered with until properly released, or until the city, town, municipality, et cetera in which they live operates a team for which they are eligible, when the said player shall have the choice of registering with the new team in their own city, town, municipality, et cetera or of remaining with the team for which they originally registered with.
- **20.6.** A junior or senior player who last registered for box lacrosse outside of the province of Alberta, or who never played box lacrosse in Alberta, is a Free Agent unless the player is listed on a team's XX Man Protected List.

20.7. Junior B Tier I First Playing Rights, Boundaries and Drafts

- 20.7.1. St. Albert Crude, Sherwood Park Titans and Edmonton Warriors Hold the first Tier I playing rights for all Alberta Graduating Midgets (first year Juniors) who reside north of the south boundary of Leduc. (Alberta Graduating Midgets from Blues, Wizards, Warriors, Titans, Westlock, Rebels, Leduc, Parkland, Grande Prairie, Fort McMurray, Wainwright, Kistcoty, Lloydminster, Vermilion and Lakeland.)
- 20.7.2. Calgary Mountaineers, Calgary Chill and Calgary Shamrocks Hold the first Tier I playing rights to all Alberta Graduating Midgets (first year Juniors) who reside in the City of Calgary. (Alberta Graduating Midgets from the Hornets, Knights, Axemen and Sabrecats, who reside in Calgary.)
- **20.7.3. Red Deer Rampage** Hold the first Tier I playing rights of eligible players residing north of Olds and south of Leduc, including the City of Red Deer. (Alberta Graduating Midgets from Lacoka, Blackfalds, Settler,

- Sylvan Lake, Innisfail and Red Deer and all eligible players residing north of Olds and south of Leduc, including the City of Red Deer.
- 20.7.4. Rockyview Silvertips Hold the first Tier I playing rights of all eligible players who reside south of Olds and north of Highway #1 and west of the City of Calgary. (Alberta Graduating Midgets from Kneehills, Badlands and Rockyview Rage and eligible players residing south of Olds, and north odf Highway #1 and west of the City of Calgary.
- **20.7.5. Okotoks Marauders** Hold the first Tier I playing rights to all Alberta Graduating Midgets from the Okotoks Minor Program and all eligible players residing south of the Bow River/210th Avenue/Township Road 222/Hwy 22 (Cowboy Trail)/Hwy 66) up to and including the Town of High River.
- 20.7.6. Graduating Midgets From Olds, Strathmore and Chestermere
 - **20.7.6.1. Olds Minor Lacrosse Players** Red Deer Rampage and Rockyview Silvertips hold the first Tier I playing rights to Graduating Midgets from the Olds Minor Program. These players may choose to go to the Red Deer Rampage or the Rockyview Silvertips.
 - **20.7.6.2. Strathmore Minor Lacrosse Players** Rockyview Silvertips and Okotoks Marauders hold the first Tier I playing rights for Graduating Midgets from the Strathmore Minor Program. These players may choose to go to the Rockyview Silvertips or the Okotoks Marauders.
 - **20.7.6.3.** Players Residing in Chestermere Rockyview Silvertips and Okotoks Marauders hold the first Tier I playing rights for the Graduating Midgets residing in Chestermere. This player may choose to go to the Rockyview Silvertips or the Okotoks Marauders.
- **20.7.7. Saskatchewan Swat** Hold the first Tier I rights to all eligible players residing in the Province of Saskatchewan.
- **20.7.8. Manitoba Blizzard** Hold the first Tier I playing rights to all the eligible players residing in the Province of Manitoba.
- 20.7.9. Draft Rights Once a drafted player is released (notified they will not be on the roster of he Tier I team which drafted them), they must repot to their Tier II or Tier III team. If a drafted player is not signed to the Tier I team by May 1 and is not on a Holdout List, they become a Tier I Free Agent.
- **20.7.10. Tier I Free Agents** All Graduating Midgets and eligible players not listed in Regulation 20.7.1 through 20.7.6.3.
 - **20.7.10.1.** A player not drafted to a Jr. B Tier I team may attend open tryouts for other Tier I teams or may be invited to an invitational tryout of any/all of the teams. (A drafted player can only attend the tryouts of the /Jr. B Tier I team which drafted them).

- 20.7.11. Holdout List A drafted player who does not report to the Tier I team who drafted them may be put on a Holdout List. A player on this list can not be a call-up for any Tier I team except their drafted team. A player can only be removed from the Holdout List if:
 - a) The players' drafted team releases or trades the player;
 - b) The player is called up by their drafted team and the player plays for them as a call-up;
 - c) The player does not play lacrosse for one year;
 - d) After two years.

20.8. Junior B Tier II Playing Rights and Boundaries

- **20.8.1.** When a player is released by a Tier II Club/Team and becomes a Member with a new Tier II Club/Team, the player is now the property of the new Tier II Club/Team. The player is no longer the property of the old Tier II Club/Team.
- **20.8.2.** When the player registers for the upcoming Season, the player registers with the Tier II Club of the team who the player was a Member (on the roster) in the Season prior.
- **20.8.3.** If a player does not make the Tier II team of their Club, then the player becomes a Tier II Free Agent and may tryout for any other Tier II team. If the player is successful in making the roster of another Tier II team, the player is now the property of the Club of the Tier II team.
- **20.8.4.** If a Club previously without a Tier II team creates a Tier II team the following Season, then a player who left the Club has the option of continuing to play for their current team, or going back to play on the new team formed by their old Club.
- **20.8.5. Returning Jr. Players** When the player registers for the upcoming Season, the player registers with the Tier II Club of the team who the player was a Member of (on the roster) in the Season prior.

20.8.6. New Junior Players:

- a) Wheatland Area Tier II teams have the rights to the players from their respective Minor Clubs. Tier II Free Agents are players where their respective Minor Club does not have a Tier II team.
- b) **GELC Area** Tier II boundaries are as per the GELC Minor Club boundaries for players from the Titans, the Blues, the Wizards, the Warriors, Westlock and the Rebels. Players from the Rams, Parkland and Leduc are Tier II Free Agents.
- c) **CALL Area** Tier II teams have the rights to the players from their respective Minor Clubs. Tier II Free Agents are

- players where their respective Minor Club does not have a Tier II team.
- d) CDLA Area Tier II boundaries are as per the CDLA Minor Club boundaries for players from Strathmore, Hornets, Axemen and Okotoks. Players from Calgary Sabrecats, Rockyview, High River and Calgary Knights are Tier II Free Agents.
- e) SALA Area Tier II teams have the rights to the players from their respective Minor Clubs. Tier II Free Agents are players where their respective Minor Club does not have a Tier II team.
- **20.8.7. Tier II Free Agents** Players residing in areas not mentioned above are Tier II Free Agents and may register with the Tier II Club of their choice as long as they are not already on a Tier II team roster.

20.9. Junior B Tier III Playing Rights and Boundaries

- **20.9.1.** When a player is released by a Tier III Club/Team and becomes a Member with a new Tier III Club/Team, the player is now the property of the new Tier III Club/Team. The player is no longer the property of the old Tier III Club/Team.
- **20.9.2.** When the player registers for the upcoming Season, the player registers with the Tier II Club of the team who the player was a Member (on the roster) in the Season prior.
- 20.9.3. If the player was a Member of a Tier III team and if the player in the upcoming Season wants to tryout for a Tier II team, and the Club who the player is a Member of, has a Tier II team, then the player must tryout for the Tier II team of that Club. If the Club does not have a Tier II team, then the player becomes Tier II Free Agent and may tryout for any Tier II team.
 - **20.9.3.1.** If the player does not make the Tier II team of that Club, then the player becomes a Tier II Free Agent and may tryout for any other Tier II team, If the player is successful in making the roster of another Tier II team, the player is now the property of the Club of the Tier II team.
 - **20.9.3.2.** However, if the player does not make another Tier II team, then the player must play on the Tier III team for the Club of the Tier III team who the player was a Member of (on the roster) from the previous Season.
- **20.9.4.** If a Club previously without a Tier III team creates a Tier III team the following Season, then a player who left the Club has the option of continuing to play for their current team, or going back to play on the new team formed by their old Club.

20.9.5. Returning Jr. Players – When the player registers for the upcoming Season, the player registers with the Tier III Club of the team who the player was a Member of (on the roster) in the Season prior.

20.9.6. New Junior Players:

- a) Wheatland Area Players are Tier III Free Agents as there are currently no Tier III teams in this area.
- b) **GELC Area** Players are Tier III Free Agents as there are currently no Tier III teams in this area.
- c) CALL Area Tier III teams have the rights to the players from their respective Minor Clubs. Tier III Free Agents are players where their respective Minor Club does not have a Tier III team.
- d) CDLA Area Tier III boundaries are as per the CDLA Minor Club Boundaries for players from the Axemen and High River. Players from the Calgary Hornets, Calgary Knights, Calgary Sabrecats, Strathmore, Rockyview and Okotoks are Tier III Free Agents.
- e) **SALA Area** Tier III teams have the rights to the players from their respective Minor Clubs. Tier III Free Agents are players where their respective Minor Club does not have a Tier III team.
- **20.9.7. Tier III Free Agents** Players residing in areas not mentioned above are Tier III Free Agents and may register with the Tier III Club of their choice as long as they are not already on a Tier III team roster.

20.10. Junior Ladies Boundaries and Player Rights

20.10.1. First Playing Rights – Each Jr. Ladies team has the rights to the players who played in their respective Minor Association, except where a second year Midget player was given a release by their Minor Club to play Midget in another Club. The first playing rights for these players for Junior Ladies belong to their Home Club(the Club where they would register for Minor Lacrosse as per their place of residence and Minor Club Boundaries).

20.10.2. The boundaries for Jr. Ladies are:

- a) **Calgary Cardinals** Players residing in Calgary with a North East or North West address.
- b) **Calgary Axemen** Players residing in Calgary with a South East or South West address.
- c) St. Albert Drillers West of the City of Edmonton, north of highway 627 to highway 759. Then north of township road 514. North of the City of Edmonton to the west side of the North Saskatchewan River. From the river to the north side of township 542 to range road 224. West side of range road 224 to township road 544. North side of township road 544 to

- range road 220/215. West side of range road 220/215 north to highway 15. North side of Highway 15 to Highway 855, then west side of highway 855 heading north.
- d) Sherwood Park Titans East of the City of Edmonton. East side of Range road 234 and as far south as Township road 510, north side of township road 510. To Highway 14 then north side of Highway 14 east. North boundary is east of the City of Edmonton up to Highway 16 then the north side of highway 16 to the North Saskatchewan River then the east side of the river to the south side of township road 542 to range road 224, east side of range road 224 to township road 544. South side of township road 544 to range road 220/215. East side of range road 220/215 north to highway 15. South side of Highway 15 to Highway 855, east side of Highway 855 heading north.
- e) Capital Region Saints City of Edmonton proper. East boundary is west side of Range road 234 and south side of Township road 510 until Highway 14, then south side of Highway 14. To the west, south of Highway 627 to Highway 759 then south of township road 514.
- **20.10.3. Jr. Ladies Free Agents –** Players residing outside of the above boundaries are considered Free Agents and may register with the Club/Team of their choice.
- **20.10.4.** Ongoing Player Rights
 - **20.10.4.1.** When a player is released by a Club/Team and becomes a Member with a new Club/Team, the player is now the property of the new Club/Team. The player is no longer the property of the previous Club/Team.
 - **20.10.4.2.** When a player registers for the upcoming season, the player registers with the Club of the Team who the player was a Member of (on the roster) in the Season prior.
 - **20.10.4.3.** If a Club previously without a Jr. Ladies team creates a Jr. Ladies team the following Season, then a player who left the Club has the option of continuing to play for their current team, or going to play on the new team formed by their previous Club.

21. Regulation 21: Player Eligibility

21.1. To be eligible to play, a player must be listed on the team roster in the RMLL Team Management System, have their date of birth entered in the RMLL Team Management System and approved by the Division Commissioner prior to the first league game, otherwise will be deemed an illegal player.

21.2. A player who last played on a team outside of Alberta must have a completed CLA Transfer on file with the ALA.

22. Regulation 22: Member Responsibility - Player Eligibility Violations

- **22.1.** Any team found guilty of playing a player over the age limit permitted in the Division in which it is participating, shall be automatically suspended for the balance of the Season. If this occurs during the playing of the Regular Season schedule, all games won by the team with the ineligible player on its lineup shall count as wins to the teams formerly credited with defeats. If however, a player is not found to be over the age limit until the Playoffs or Provincial series is reached, then only the game or games in which they participated in such Playoffs or Provincial series shall be awarded to the opposing side.
- **22.2.** Any team found guilty of playing an ineligible player, other than over the age limit permitted, during a regularly scheduled game shall forfeit all games won during which said player was a participant. Points will be awarded to the opposing side. Should this occur in the Playoffs or Provincials, only games said player played in the Playoffs or Provincials will be awarded to the opposing side.
- **22.3.** Teams which play against ineligible players and which willfully conceal knowledge from the league until it suits their convenience to use it in any protest which arises, shall be considered equally guilty with the offending team and shall be judged accordingly.

23. Regulation 23: Player Movement

The following provisions are subject to the specific provisions of the respective Division Operating Policy.

- **23.1.** The RMLL Executive reserves unto itself the discretionary powers to disallow any proposed player movement from Division to Division or team to team if, in the opinion of the RMLL Executive such a move would not be in the best interests of the game of lacrosse generally.
- **23.2.** A player who is listed on the RMLL Team Management System Roster for any team in the RMLL shall not play or be listed on the RMLL Team Management System Roster of any other team or in any other league without first being properly released by his team of record.

- **23.2.1.** A player release is required from the player's last team of record when a player moves to a lateral team in the same Division.
 - **23.2.1.1.** The Team Primary or Secondary Contact has the only authority to approve a release of a player whose playing rights are held by the team they are designated as the Primary or Secondary Contact.
- **23.2.2.** Between Feb.1 and April 30, a player release is not required if the player is moving to a team in a higher or lower Division then their last team of record.
- **23.2.3.** After May 1, if a registered team player wishes to move to a team in a lower Division, the player must ask their current team of record for a release.
- **23.2.4.** After May 1, if a registered team player is moving to a team in a higher Division, a release is not required but the higher Division team must notify the lower Division team and the RMLL Executive Director of the move.
- 23.2.5. In a Division without an XX Man Protected List, if in the following two Seasons the player in 23.2.3 or 23.2.4 decides to play on a team in the Division they left, then the player's last team of record in that Division will have the player's first playing rights. The player can only be a call-up for the team holding the player's first playing rights in that Division. After two Seasons of playing in a different Division, the player would then be considered a Free Agent and could play for any team in that Division.
- 23.3. A team releases a registered player from their roster, by the Primary or Secondary Contact sending an e-mail notification of the release to the Division Commissioner and the Executive Director. The Executive Director will remove the player from the roster of the team on the RMLL Team Management System and will post the release on the RMLL website under transaction for that Division.
- 23.4. Once a player is released by a team he becomes a free agent and is considered the property of the league. The team that released the player may not protect him after the player has been removed from their RMLL Team Management System Roster unless the player still remains on the Division Team XX Number Man Protected List.
- **23.5.** Any registered player who plays more than ten (10) games with their team and is then released cannot then register with a team in a lower Division in that year.
 - **23.5.1.** Any registered Junior A player that is released after playing their 11th game with the team they are registered to will become a Junior A Free Agent.

- **23.6.** A player who is listed on the RMLL Team Management System Roster for the current season with a Member and later wishes to move, in a lateral direction, within the RMLL, must be properly released from their last team and have approval by the Division Commissioner before being allowed to play with the new Member.
- 23.7. In a Division without an XX Man Protected List, Any player who has been listed on the RMLL Team Management System Roster of a team in the RMLL and played for that team, then goes to another league for less than two (2) years, and, upon his release, immediately returns to the RMLL remains the property of the last RMLL team he played for. However, if a player sits out one season or does not report to the RMLL team that drafted him in the current season after playing in the other league and then decides to play in the RMLL, is a free agent and can register with any Member team.
- **23.8.** Any player registered to a team who has been turning out regularly to practice with a team but who is not given a chance to play in more than one of the first six league games for that team shall have the right to appeal to the Division Commissioner to be released from that team and become the property of the league.
 - **23.8.1.** There is no appeal from the decision of the Division Commissioner.
- **23.9.** Any player refused a release by the team of which they are a Member, may appeal to their Division Commissioner to be granted such release. If making application under this rule, the player may not play nor be signed or traded by any team in that Division as long as any appeals are outstanding.
 - **23.9.1.** There is no appeal from the decision of the Division Commissioner.
- **23.10.** Where siblings are drafted by different teams in the same Division and request a trade in order to be on the same team, if the respective teams cannot agree on a trade, the teams will submit to final offer arbitration, and the arbitrator will choose between the trades proposed from each team. Where the teams cannot agree on an arbitrator, an arbitrator shall be appointed by the Division Commissioner.
 - **23.10.1.** There is no appeal from the Division Commissioner's appointment of an arbitrator or from the arbitrator's decision.
- **23.11.** If a team withdraws during the scheduled playing season, the Division Commissioner shall prepare a list of player personnel available to other teams as a result of the withdrawal, and shall circulate the list to all Member teams. No player may register with another team until the list has been

circulated and rights assigned by the league. In the event of a team withdrawing outside the scheduled playing season, the players of that team shall become the property of the Division to be included in a dispersal draft as set up by the Division.

- **23.12.** Once two teams have negotiated a trade, both teams send a written acknowledgement of the trade which includes the full name of players and any terms of the trade to their respective Division Commissioner for approval.
 - **23.12.1.** The Division Commissioner will forward the trade transaction to the Executive Director for posting under Division Transactions on the RMLL website.

24. Regulation 24: Player Lists

The following provisions are subject to the specific provisions of the respective Division Operating Policy.

24.1. Entry Draft List

- **24.1.1.** Junior Entry Drafts are for Alberta registered Midgets who aged out of Midget in the playing Season just completed.
- **24.1.2.** Senior Entry Drafts are for Alberta registered Juniors who aged out of Junior in the playing Season just completed.
- **24.1.3.** If a RMLL Division has an Entry Draft, the draft process and procedures must be documented in their ratified Division Operating Policy and all Entry Drafts must be completed at least five (5) days prior to the annual deadline for submitting player names to the RMLL and ALA for the CLA Negotiation List.
- **24.1.4.** The Division Commissioner must submit a list of the Draftees to the RMLL Executive Director no later than seven (7) days after the Entry Draft for posting on the RMLL website.
- **24.1.5.** Any player in the current year's Entry Draft remains the property of the team that selected the player for the current playing Season, if the drafted player is registered to a team in a higher Division in the current playing Season.
- **24.1.6.** A player selected at the Entry Draft and not on the Division Team XX Man Protected List, Holdout List or a registered player of the team after May 1, is a Free Agent in that Division.
- **24.1.7.** In a Division without an XX Man Protected List, a player selected in the current year's Entry Draft, going directly to another league, and is registered with a team, playing part of the season and is then released, must return to the RMLL team that selected him in the Entry Draft.
- **24.1.8.** Any drafted player who goes directly to another league and plays in that league, having never registered with a team in the RMLL, will

- become a Free Agent within the RMLL and can register with any RMLL Member team if not on a Division XX Man Protected List.
- **24.1.9.** Any player drafted and not registered by a RMLL team or a team in another league and in his draft year, thereby sitting out his entire year, becomes a Free Agent and can register with any Member team upon his subsequent return to the league unless the player is on a Division XX Man Protected List.

24.2. CLA Negotiation List

- **24.2.1.** Sr. B, Jr. A, and Jr. B Tier I teams must submit their maximum 25 players for the CLA Negotiation List to their Division Commissioner who will submit to the RMLL and ALA by the annual deadline which is prior to the end of February.
 - **24.2.1.1.** Names must be entered using the CLA Negotiation List Template. All players listed must have been a registered player with the ALA in the previous Season and the playing rights of a player listed must be currently held by the Sr. B, Jr. A or Jr. B Tier I team submitting the player.
 - **24.2.1.2.** Once teams have their complied list for the CLA Negotiation List, they must send to the Division Commissioner to approve each name listed.

24.3. Division Team XX Number Man Protected List

24.3.1. If a RMLL Division has a XX Number Man Team Protected List, for their registered players (on the RMLL Management System Team Roster) and non-registered players, who the team holds the playing rights for, the management, process and procedures for this List must be documented in the ratified Division Operating Policy.

24.4. Division Team Holdout List

- **24.4.1.** If a RMLL Division has a Division Team Holdout List, the management, process and procedures for this List must be documented in the ratified Division Operating Policy.
- **24.4.2.** If a Division has a Division Holdout List, the Division can not also have a Division Team XX Number Man Protected List.
- **24.4.3.** A player on a Division Holdout List can play in a lower Division.

24.5. Protected Registered Team List

24.5.1. This list is the players who are entered into the RMLL Team Management System Roster.

- **24.5.2.** This list can be no more than twenty-five (25) players per team, except for Sr. C who can not exceed forty (40) players, Sr. Ladies and Tier III who can not exceed thirty (30) players and Tier II North who can not exceed twenty-five Tier II registered players and five (5) Tier III registered players.
- **24.5.3.** Each team must enter this list of players in the RMLL Team Management System Roster prior to:
 - **24.5.3.1.** May 1 if the first scheduled league game of their Division is May 1 or later or;
 - **24.5.3.2.** The first scheduled league game of their Division if season play starts prior to May 1.
- **24.5.4.** A player is not considered duly registered to a team until the team has entered the mandatory player fields for each player listed on their RMLL Team Management System Roster. When a player is first entered into their roster, the mandatory player fields must be entered: player first name, player last name, player DOB, player address, player city, player postal code, player province, player sex, player home phone and/or cell number, player primary e-mail address and player aboriginal status fields.
 - **24.5.4.1.** Each team must enter a player start date for each player. This is the date the player agreed to be registered to the team in the current playing Season.
- **24.6.** Once a list in Regulation 24.1, 24.2, 24.3, 24.4 and 24.5 is submitted, all players on it are recognized by this league as the property of the respective Member, and will remain so until released or traded.
- **24.7.** Until the submission of these lists, players by virtue of being listed previously on the team RMLL Team Management System Roster or by virtue of a trade are protected.
- **24.8.** After May 1, a higher level team may not approach an unprotected player from a lower team to register the player to the higher level team, if the lower level team's registered players would be less fifteen players and one goalie.
 - **24.8.1.** After May 1, higher level teams should try and use call-ups as much as possible.
- 24.9. A player becomes a Free Agent at 12:00 am on May 1 if:
 - a) The player is not listed on the Sr. B Division 40 Man Protected List;
 - b) The player is not listed on the Jr. A Division 50 Man Protected List;
 - c) The player is not listed on the Jr. B Tier I Holdout List;

- d) The player is a Jr. B Tier I drafted Graduating Midget and is not listed on their drafted team Tier I roster, not listed on a Jr. A roster and is not on the Tier I Holdout List:
- e) Any of Regulation 24 stated above is not applicable to the player.

25. Regulation 25: Tampering

- **25.1.** No team may contact, influence, practice or play in exhibition games, players who do not come under their jurisdiction in conformity with RMLL Regulations and Division Operating Policy.
- **25.2.** A tampering complaint from a team is sent in writing to the respective Division Commissioner. A complaint received by the Division Commissioner where the Division Commissioner has judged the complaint to be tampering with a player or player rights belonging to another team, then the Division Commissioner will send a written complaint to the Discipline and Appeals Commissioner.

26. Regulation 26: Rosters

- 26.1. Throughout the Season it will be the respective Division Commissioner's responsibility to see that no more than twenty-five (25) players are registered at any one time on the RMLL Team Management System Roster for Senior B, Junior A, Junior B Tier I, Junior B Tier II South and Junior Ladies teams and no more than thirty (30) players for Senior Ladies and Jr. B Tier III teams, no more than 30 players (25 Tier II players a maximum of five (5) Tier III players) on Jr. B Tier II North teams and 40 players for Sr. C..
- **26.2.** All players entered on the RMLL Team Management System Roster and all teams accepted into this RMLL do so on the understanding that they agree to come under the jurisdiction of the RMLL until released by the RMLL.

26.3. Player Signing Dates

- **26.3.1. Player Signing Start Date -** Feb. 1 is the first day to sign/re-sign players who did not play outside of Alberta in the prior playing season.
- **26.3.2. New Player Signing End Date** July 1 11:59 pm for new players for teams who are still in Regular Season. For teams finishing Regular Season prior to July 1, rosters are frozen on the last day of the Division Regular Season.

- **26.3.3. Player Release Date** July 1, 11:59 pm for teams who are still in Regular Season. For teams finishing Regular Season prior to July 1, rosters are frozen on the last day of the Division Regular Season.
- **26.3.4.** Released Player Signing End Date July 2 to 11:59 pm on July 15 for teams who are still in Regular Season. For teams finishing Regular Season prior to July 1, rosters are frozen on the last day of the Division Regular Season.
 - **26.3.4.1.** For Clubs with two (2) or more teams in the same Division, a released player from one of these teams can not be signed to the other team(s) in the same Club.

26.3.5. Trade Dates

- **26.3.5.1. Sr. B, Sr. C, Jr. A and Jr. B Tier I** Feb. 1 through July 1st 11: 59 pm (Between July 2nd and Jan. 31st 11:59 pm, rights to a player can be traded but the player whose rights have been traded can only sign with the team his rights were traded to between Feb.1 and July 1st 11:59 pm).
- **26.3.5.2. Jr. B Tier II, Jr. B Tier III, Sr. Ladies and Jr. Ladies** Trade Deadline is 4 weeks priors to the Division Regular Season End Date.
- **26.4.** Each team must dress a minimum of eleven (11) players, which can be broken down as follows:
 - **26.4.1.** Eleven (11) players registered on the team or
 - **26.4.2.** Eight (8) players registered on the team plus three (3) registered approved call-up players.
 - **26.4.3.** A team may still play a game with eleven or less players to the CLA minimum number, however, failure to comply with Regulation 26.4.1 and 26.4.2 minimum player qualifications may result in a team fine.

26.5. Playoff and Provincial Play

- **26.5.1.** With the exception of the Jr. A Division, a RMLL registered player must be listed on the game sheet and participate in four (4) Regular Season games in their own Division to qualify for participation in Division Playoffs and Provincials.
 - **26.5.1.1.** A player on an approved CLA Transfer, transferring from the same Division in one Province to another Province, can include the games played in the Province they transferred from.
 - **26.5.1.2.** At the discretion of the Division Commissioner, a medical exemption may be granted in the case of an injury which prevented the player from playing the four (4) games in their own Division. A Doctor's note must accompany the exemption request to the Division Commissioner.

26.5.2. It will be the respective Division Commissioner's responsibility to sign off on each team roster for each Playoff series and Provincial series.

27. Regulation 27: Inter-Division Use of Players (Call-ups)

The following provisions are subject to the specific provisions of the respective Division Operating Policy.

- **27.1.** No player registered in higher Division may play in a lower Division.
- **27.2.** No player on an approved CLA Transfer can be a call-up in their first Season, unless the Upper level of lacrosse is not available in the Province they are transferring from, as per CLA Regulations.
- **27.3.** A team may call-up a maximum of four (4) players per game unless stated otherwise in their Division Operating Policy or at the discretion of the Division Commissioner, more than four (4) call-ups approved for a particular team for a game.
- **27.4.** All call-up players must be properly sanctioned players, including but not limited to: currently not suspended in their Division, registered to an Alberta team and the team has obtained all permissions and approvals as per RMLL Regulations or as per the respective Division Operating Policy.
 - **27.4.1.** For a RMLL registered player call-up, the team sends an e-mail to their Division Commissioner and the lower level Division Commissioner with all the information in 27.4 asking for permission to play the call-up(s) in a specific game.
 - **27.4.2.** Upon permission from both Commissioners, the requesting teams' Commissioner will also inform the opposing team.
- **27.5.** Any RMLL team registered player may play for a higher team throughout the year as long as the lower Division Commissioner and coach/manager and higher Division Commissioner approve and the Divisions are approved affiliations.
- **27.6.** The number of games a player may play as a call-up is unlimited unless stated otherwise in the respective Division Operating Policy.
- **27.7.** A Senior B team may not scratch a healthy player in place of a call-up or an affiliated player unless stated otherwise in their Division Operating Policy.

- 27.8. A Senior C player may be a call up an unlimited number of times to Senior B. Consent must be obtained by the Senior C team's Coach or Manager. No coach or manager shall prevent a player from playing "up" with a higher level team unless there is a conflict with the lower team's game or practice schedule. The Senior B Coach requesting the Senior C call-up is responsible for ensuring the player is a legal call-up.
 - **27.8.1.** Written permission is required from the Sr. B General Manager of a Sr. C call-up of a player on their XX Man Protected List who is being called up to another Sr. B team.
- **27.9.** In addition to Regulations 27.1 through 27.5, the following additional provisions will pertain to a Jr. A Protected Player registered to a lower level team:
 - **27.9.1.** The Jr. A protected player is encouraged to attend as many practices as possible of their Jr. A team as long as the Jr. A practice does not interfere with their lower level team game commitments.
 - **27.9.2.** The Jr. A team may call up their Jr. A protected player an unlimited number of times throughout the Season as long as these provisions are adhered to:
 - 27.9.2.1. The Jr. A Team Management will contact their Jr. A protected player no less than seventy two (72) hours prior to the game date for the game they are being requested to play when there is a game conflict between the Jr. A game and their lower level team game and no less than twenty four (24) hours when there is no conflict between the Jr. A game and lower level team game;
 - **27.9.2.2.** Two (2) is the maximum total number of Jr. A protected players which can be called up from one lower level team between all the Jr. A teams for a Jr. A game which is in conflict with a lower level team game;
 - **27.9.2.3.** A Jr. A game takes precedence over the Jr. A protected player's lower level team practice.
 - 27.9.3. Upon the Jr. A protected player advising he is available to play in the requested game, the Jr. A Team Management will send an e-mail to the player's lower level Team Management, with copies to both the Jr. A Commissioner and the Commissioner of the lower level team. The e-mail will include the player name and game date the player has agreed to play in. This e-mail notification must be sent no less than seventy two (72) hours when the requested Jr. A game conflicts with a game of the lower level team and no less than twenty four (24) hours when no conflict exists.
 - **27.9.4.** If a Jr. A protected player declines the call up request from the Jr. A team, the Jr. A protected player must give a valid reason (ie work,

- schedule, injury, etc.) for declining. Note: a valid reason does not include lower level team practices.
- 27.9.5. When a Jr. A protected player declines a call up request, the Jr. A Team Management will send an e-mail to the Jr. A Commissioner and the Commissioner of the player's lower level team with copies to the lower level team management. The e-mail will include the Jr. A protected player's name, e-mail address and the reason given for declining the call up request.
- **27.9.6.** A player called up to play in a Jr. A game must be included on the game sheet roster if the player is missing their own team's scheduled game or practice.
- 27.10. A Minor Association player of Midget age may play as a call-up on a team in a RMLL Division with all the required permissions of the Minor player's LGB and/or Association, and/or Coordinator, coach and parent/guardian. There is no limit to the number of games a midget aged player may play as a call-up on a RMLL team. However, the Midget player's Club/Association and/or LGB may have limitations or permission protocols which must he adhered to. The Minor coach or Minor Association designate must ensure the player's Minor obligations, including practices, league games, tournament games and Summer Games, are fulfilled before playing up.
 - **27.10.1.** The RMLL team requesting the Midget player call-up is responsible for ensuring all Minor limitations, permission protocols and obligations are met prior to requesting approval from their Division Commissioner for a Midget call-up.
 - **27.10.2.** Midgets only qualify with permission, in writing, from the Midget player's club, the player's coach, the player's parent/guardian and the applicable RMLL Division Commissioner.

27.11. Playoff and Provincial Play

- **27.11.1.** A call-up, Midget or RMLL registered player, must be listed on the game sheet and participate in for (4) Regular Season games in their own Division to qualify as a call-up in Division Playoffs and Provincials.
 - **27.11.1.1.** At the discretion of the Division Commissioner, a medical exemption may be granted in the case of an injury which prevented the player from playing the four (4) games in their own Division. A Doctor's note must accompany the exemption request to the Division Commissioner.
- **27.11.2.** No player may play for another team as a call-up while his team remains in the Playoffs and/or Provincials, however is eligible to be called up by a team in a higher division once his team has been eliminated or his Playoffs and/or Provincials have been completed provided that his coach has provided his consent.

- **27.11.3.** It will be the respective Division Commissioner's responsibility to sign off on all rosters for each round of Playoffs and the Provincial series.
- **27.12.** Any Senior C player who plays up to Senior B must also play a higher percentage of games in Senior C than Senior B to be eligible to play as a callup in Sr. B Playoffs and Provincials.
- **27.13.** A player can only be called up to one team per division per Playoff series.
- **27.14.** Violation of any of the above shall result in suspension of the player and the coach of the higher Division team for whom they played.

28. Regulation 28: Division, Team and Player Affiliations

28.1. Allowed Division Affiliations

Senior B	Senior C	Junior A
Senior C	Junior B Tier I	Players on Jr. A XX Man
Junior B Tier I	Junior B Tier II	Protected List
Junior B Tier II	Junior B Tier III	
Junior B Tier III	Midget	
Midget	Masters	

Junior B Tier I	Junior B Tier II	Junior B Tier III
Junior B Tier II	Junior B Tier III	Midget
Junior B Tier III	Midget	•
Midaet	_	

28.1.2. Allowed Female Division Affiliations

Senior Ladies	Junior Ladies
Junior Ladies	Midget
Midaet	_

- 28.2. Currently the RMLL does not have team affiliations.
- **28.3.** Currently in the RMLL, player affiliations exist only in a Division with a Division Operating Policy Division which includes a Division Team XX Man Protected List (which includes the players registered on their RMLL Team Management System Roster and the playing rights of players on their list but not registered on their RMLL Team Management System Roster).
 - **28.3.1.** Call-up rules for these affiliated players are as per the respective Division Operating Policy.

29. Regulation 29: Jr. B Tier II North Teams Roster Exception

- **29.1.** Until a Tier III North Division is created in 2012, the Tier II North Division will utilize a Tier III North playing card. This is a mechanism to allow for Tier II North teams to call-up Tier III players when their team is short players in addition to Midget players. In 2012 when a Tier III North Division is created, this mechanism will be obsolete.
- **29.2.** The purpose of a Tier III North playing card is to keep players in lacrosse in areas where Tier II North teams have a full roster of 25 players. The Tier III North playing card allows these "extra" players to practice with a team and to play a few games.
- **29.3.** Players sign a RMLL Tier III North card, as opposed to a specific team card. This will allow designated Tier III North players to be called up to all Tier II North teams. It will also help to promote a Tier III North Division.
- **29.4.** Tier III North players are entitled to play for any Tier II North team. There are not any team affiliations or territorial restrictions. For example, a Fort McMurray Tier II team playing in Edmonton can call-up an Edmonton-area Tier III player.
- **29.5.** The North Tier II team with the maximum 5 Tier III players on their roster will be invoiced the ALA Player Registration Fee for each of the Tier III playing cards on their roster.
- **29.6.** Any Tier III North player is considered a Tier II North Free Agent and can be added to the Tier II roster of any Tier II North team.
- **29.7.** A Tier III North player cannot play if it involves a healthy Tier II North player not dressing for a game.
- **29.8.** A Tier III North player is eligible for RMLL Playoffs and Provincials as long as they have played 4 regular Season Tier II games.
- **29.9.** A Tier III North player can play for more than 1 team in the Playoffs & Provincials, but cannot play against a team that he had played for in a previous round of Playoffs/Provincials. For example, in a playoff series, he cannot play for Team A in game 1 and Team B in game 2. He can play for

Team A in the series, and if A is eliminated, he can play for Team B in the subsequent round.

- **29.10.** The Tier II Commissioner will provide each Tier II North team with the list (including contact information) of all the Tier III North players.
- **29.11.** The Tier II Commissioner will approve a call-up of these Tier III players to a Tier II North team.

30. Regulation 30: Travel Permits

- **30.1.** All teams who wish to participate in any type of games (exhibition, tournaments) outside of Alberta must obtain approval from their respective Division Commissioner.
- 30.2. As per ALA Regulations. All teams who are to participate in any type of games (exhibition, tournaments) outside of Alberta must complete the ALA Travel Permit and the ALA Roster forms and submit appropriate fees to the ALA.
- **30.3.** A Travel Permit is not required if a team is playing a RMLL League away game with a team who resides in another Province but is a Member of the RMLL.

31. Regulation 31: Exhibition Games

- **31.1.** An Exhibition Game is any game/scrimmage between players from two different teams. A scrimmage/game between players from the same team is not considered an Exhibition Game.
- **31.2.** In an Alumni Exhibition Game all players playing must be currently registered to a Member.
- **31.3.** All teams intending to initiate or take part in Exhibition Game must first secure permission from their Division Commissioner.
- **31.4.** A five (5) day minimum notice period is required.

- **31.5.** Upon approval from the Commissioner(s), both teams playing in the Exhibition Game must enter the game details: teams playing, date, time and location, in their Team Events Tab of the RMLL Team Management System.
- **31.6.** The RMLL Executive Director will forward the automatic e-mail notification of the Exhibition Game Event to the ALRA VP Development and copy the RMLL RIC at least forty-eight (48) hours prior to the game.
- **31.7.** The current Season approved ALRA rates, including assigning fee, game fee, travel rate and per diem, applies to all Referees officiating a RMLL Exhibition Game.
 - **31.7.1.** The ALRA VP-Development may approve revised rates if the Exhibition Game is not standard duration or between teams in different Divisions with different game fee rates.
- **31.8.** The team initiating the Exhibition Game is responsible for the payment to the Referees. The Referees are to be paid prior to the start of the game and payment must include fees for any travel and per diem.
 - **31.8.1.** The ALRA Assigning Fee will be split between the teams participating in the Exhibition Game and will be invoiced to the two teams at the end of season play.
- **31.9.** The Game Sheet for an Exhibition Game must be submitted to the Division Commissioner of the team initiating the Exhibition Game. If the two teams participating in the Exhibition Game are from two separate Divisions, then the Game Sheet must be sent to both Division Commissioners.
- **31.10.** No player may participate in any Exhibition Game unless the player is eligible for that team, except that:
 - **31.10.1.** The player is a member of another team, or has obligations (by agreement or Regulation) to the team for which the player was last signed, and the player has written permission from that team for Exhibition Games played after May 1.
 - **31.10.2.** An out-of-Province player without a completed CLA transfer must have written permission from the last team owning his playing rights.
 - **31.10.3.** No suspended player, goalkeeper or non-playing personnel may play in an Exhibition Game and no suspension will be severed by having the player, goalkeeper or non-playing personnel sit out an Exhibition game.

- **31.11.** A suspension handed out in an Exhibition Game must be served in a RMLL League game.
- **31.12.** Game Day Rosters can exceed 20 players in an Exhibition Game if the game is being played prior to May 1.

32. Regulation 32: Division Team Standings

- **32.1.** Refer to the respective Division Operating Policy in the event of tie in team point standings if the Division play includes interlocking games with another Division, as the Division Operating Policy may include team final standings tie breaking rules.
- **32.2.** Division team standings shall be determined as follows:
 - **32.2.1.** A win shall count for two points.
 - **32.2.2.** All draws or tied games, one point to each team.
- **32.3.** Balanced Schedules (teams play each other an equal amount of times)
 - **32.3.1.** In the event of a tie in point standings, the final team standings shall be determined as follows:
 - **32.3.2.** If two teams are tied, the winner of game or games between the two teams advances. If a tie still exists, the Goal Average Formula will be used to break the tie.
 - **32.3.3.** If three or more teams are tied, if one team has defeated the other teams with which it is tied, that team shall advance. If this is not possible, the team with the best goal average advances.
 - **32.3.4.** The goal average is calculated by dividing the total goals for, by the total goals for plus the total goals against. Only the goals for and goals against in the games between the tied teams are used in the goal average formula for tie breaking. The team with the highest ratio (closest to one (1)) advances.
 - GF divided by the sum of GF + GA = Goal Average
 - **32.3.5.** If a tie still exists between teams the Goals Against Formula is calculated using goals for and against in all games played by the tied teams.
 - **32.3.6.** If a tie still exists between the teams, the team with the lowest penalty minutes advances.

- **32.4.** Unbalanced Schedules (teams do not all play each other and/or do not play each equally)
 - **32.4.1.** In the event of a tie in point standings, the final team standings shall be determined as follows:
 - **32.4.2.** If two teams are tied and have played each equally, the winner of game or games between the two teams advances. If a tie still exists, the Goal Average Formula will be used to break the tie. Only the goals for and goals against in the games between the tied teams are used in the goal average formula for tie breaking. The team with the highest ratio (closest to one (1)) advances.
 - **32.4.3.** If two teams are tied and have not played each other equally, then the goal average is calculated by dividing the total goals for, by the total goals for plus the total goals against for all the games played by each team. The team with the highest ratio (closest to one (1)) advances.
 - **32.4.4.** If three or more teams are tied and all have played each other equally, then if one team has defeated the other teams with which it is tied, that team shall advance. If this is not possible, the team with the best goal average, using the total goals for plus the total goals against for all the games played by each team. The team with the highest ratio (closest to one (1)) advances.
 - **32.4.5.** The goal average is calculated by dividing the total goals for, by the total goals for plus the total goals against. The team with the highest ratio (closest to one (1)) advances.

GF divided by the sum of GF + GA = Goal Average

- **32.4.6.** If a tie still exists between teams the Goals Against Formula is calculated using goals for and against in all games played by the tied teams.
- **32.4.7.** If a tie still exists between the teams, the team with the lowest penalty minutes advances.

33. Regulation 33: Playoff and Provincial Play

- **33.1.** All teams within a Division qualifying for Playoffs and/or Provincials must participant in the Division Playoff and/or Provincial play.
- **33.2.** In both Playoff and Provincial play, if at the end of regulation time, the score is tied the Referee shall order the game to continue as per CLA overtime rules.
 - **33.2.1.** The Referee shall order the game to continue after a two (2) minute rest. The game continues for a full ten minutes stop time.

33.2.2. If the score is tied after the first overtime period, the game shall continue after a ten (10) minute rest. The teams will continue to play twenty (20) minute stop time periods, with a ten (10) minute rest between each period until a goal is scored (sudden victory).

33.3. Playoffs

33.3.1. Each Division will decide the number of teams to participate in their playoffs, the format and the dates of each of the playoff games at the annual Planning Meeting for the upcoming Season.

33.4. Provincials

33.4.1. Each Division is required to confirm their Provincial Format for the upcoming season by July 15 of the current season.

33.5. RMLL/ALA Provincial Series Round

33.5.1. Each Division will determine the dates and times for each of the games in their Provincial Series at the annual Planning Meeting for the upcoming Season.

33.6. RMLL/ALA Tournament Style Provincial Format

- 33.6.1. If a Division selects a tournament style format, the Division Commissioner will request hosting bid submissions from their teams. The Division teams will select the host and the RMLL Executive and ALA will ratify the bid chosen.
- **33.6.2.** In the event of a tie in Round Robin final point standings, the final team standings shall be determined as follows:
- **33.6.3.** If two teams are tied, the winner of game or games between the two teams advances. If a tie still exists, the Goal Average Formula will be used to break the tie.
- **33.6.4.** If three or more teams are tied, if one team has defeated the other teams with which it is tied, that team shall advance. If this is not possible, the team with the best Goal Average advances.
- **33.6.5.** The goal average is calculated by dividing the total goals for, by the total goals for plus the total goals against. Only the goals for and goals against in the games between the tied teams are used in the goal average formula for tie breaking. The team with the highest ratio (closest to one (1)) advances.

GF divided by the sum of GF + GA = Goal Average

- **33.6.5.1.** If a tie still exists between teams the Goals Against Formula is calculated using goals for and against in all games played by the tied teams.
- **33.6.6.** If a tie still exists between the teams, the team with the lowest penalty minutes advances.
- 33.7. The Sr. B, Jr. A and Jr. B Tier I Alberta Champions will represent the ALA in the respective CLA National Championships (Presidents' Cup, Minto Cup and Founders' Cup). If the Alberta Champion is also the host team for the CLA National Championship, the Alberta Silver Medalist will represent the ALA.

34. Regulation 34: Trophies

34.1. RMLL Division Trophies

- **34.1.1.** A team is responsible for the care and safekeeping of any trophy won by it or any of its players. If any trophy is lost or damaged while in the care of any team, or any of its players, the cost of repair or replacement will be charged to that club.
- **34.1.2.** All trophies shall be returned to the Executive Director by the team responsible for the trophies at the November Planning Meeting and AGM in the current year. Such delivery in good condition shall relieve the team of any further responsibility for the care and safekeeping of the trophy or trophies so delivered. Failure by any team to deliver any trophy or trophies in its care at the November Planning Meeting and AGM may result in a fine.

34.2. ALA Provincial Trophies

34.2.1. As per ALA Regulation 29.02.

35. Regulation 35: National Competitions

- **35.1.** The respective Division Commissioner will request Bid submissions from their teams to be submitted to the respective Division Commissioner prior to January 15 of the year prior to the competition.
- **35.2.** The Respective Division Commissioner will submit all hosting bids to the RMLL Executive for selection and ratification by January 15 of the year prior to the competition.

35.3. As per ALA Regulation 17: Bids for Major Box Nationals.

In Major Box, the bids for hosting CLA National and International Competitions shall be submitted to the RMLL and one shall be chosen by the RMLL prior to January 31, of the year prior to the competition. The RMLL's choice of the successful bid shall be forwarded to the VP of Provincial and National Competition together with all bid materials for ratification or otherwise by February 15, of the year prior to the competition. The VP of Provincial and National Competition will forward to the ALA Board of Directors for ratification.

35.4 Where a team attending a National Championship is permitted to add players from the same division, the attending team is required to notify the players head coach or manager of the request prior to asking the player, but does not require that team's consent. A player cannot be approached or asked to attend prior to that player's team being eliminated from the play-offs.

36. Regulation 36: Standard Suspensions and Fines

- 36.1. The RMLL may establish standard suspensions and/or fines for infractions committed during a lacrosse game or violations of the Bylaws and Regulations. The respective Division Commissioners shall in their discretion impose suspensions up to a maximum of five (5) games and/or fines up to a maximum of five hundred dollars (\$500.00) per occurrence. The Division Commissioner is responsible for player and team suspensions and/or fines unless the respective Division Operating Policy states otherwise. RMLL Regulations 36, 37 and 38 are suggested guidelines. The Division Commissioner has the ability, in adherence with the RMLL Bylaws and Regulations, to increase or decrease these suggested suspensions and/or fines.
 - 36.1.1. Where a game infraction occurs that is subject to a suspension and/or fine, the Division Commissioner shall forward the referee report, if one is provided, together with the Commissioner's initial position on penalty, to the affected team and invite the team to provide a submission or comment. If the Commissioner applies the suggested suspension and/or fine, then the Commissioner will send the standard letter to the team. If the Commissioner decides to increase or decrease the suggested suspension and/or fine, then the reason or reasons will be communicated in the letter.
 - **36.1.2.** There is no appeal from a suspension and/or fine stated in guidelines pursuant to Regulation 37 and 38.
- **36.2.** In no case may a Division Commissioner levy a suspension for more than five games; but may recommend in writing to the Discipline and Appeals Commissioner a further suspension and/or fine.

- **36.3.** In the event a Division Commissioner asks for a levy of more than five games, there must be a hearing, and the Division Commissioner and defendant should be present at the hearing.
- **36.4.** Players', managers', coaches' and trainers' rights to participant may be suspended by the President of the RMLL for any period, which the RMLL President may deem appropriate.
- **36.5.** In the event of a hearing at which any person is likely to receive a suspension of more than five games, the respective individuals will be notified in advance of the meeting, so that they and/or one delegated person may be present and be allowed to speak on their behalf.
- 36.6. Members or Members of Members, or any other club or team personnel will be suspended immediately for making any physical contact with a referee or game official in any manner. All officials must report such attack on their persons in full detail within twenty-four hours following the incident to the Division Commissioner and RMLL President. Any person suspended under this Regulation shall be ordered to appear before the RMLL Discipline and Appeal Commissioner.
- 36.7. All officials must report in full detail any member of a league who makes physical contact or who verbally abuses a referee or game official in any manner at any time. This report will be sent to the President of the RMLL within twenty-four (24) hours following the incident. The Member of the league will be subject to discipline as per the operating regulations of the RMI I.
- **36.8.** In any case where a person is suspended and ordered to appear before the next regular meeting the time that has elapsed between the date of such suspension and the date of the meeting may be credited to any further suspension if the meeting desires, providing the suspended person or his representative appears at the meeting.
- **36.9.** In the event of a hearing, the defendant and witnesses may be present in person or by telephone.
- 36.10. Players, coaches, managers or team officials who incur a match penalty and/or, gross misconduct during a game and/or a match penalty, gross penalty and/or a game misconduct after completion of the scheduled playing time, are suspended until their situation is dealt with by the appropriate Division Commissioner. Suspended persons will be notified about the conditions of their suspension and/or fines by their respective Division Commissioner. Suspended players may not participate in any league,

tournament or exhibition games while suspended and only played league games count against the imposed suspension.

- **36.11.** No suspension handed out in a RMLL game will be served by having the player, goalkeeper or non-playing personnel sit out exhibition or tournament games. Suspensions handed out at National Championships or non RMLL game will be served as per the Governing Body rules for which the event falls under.
- **36.12.** See RMLL Bylaws for the jurisdiction of suspensions.

37. Regulation 37: Player Suspensions and Fines

- **37.1.** Any player with outstanding fees owing to the team they were registered with in the previous season will be considered to be in "bad standing" and will be suspended from all play in the current season until the outstanding fees are paid in full to the team owed. Once the RMLL Executive Director receives notification from the team that the player has paid outstanding fees, the player will again be deemed to be "in good standing".
 - **37.1.1.** A player will be considered in "bad standing" when the amount has been outstanding for a least ninety days and the team provides documentation of multiple attempts to collect;
 - **37.1.2.** The player will be sent a final notice from the team owed the funds with a copy to the RMLL Executive Director. The player will be given seven (7) business days to remit the outstanding amount to the team .If payment has not been received by the eighth (8th) business day, the player will be added to the Player in Bad Standing List, maintained by the Executive Director.
- **37.2.** Players who do sign or play in another league or association without being properly released may be suspended for the balance of that season and for the entire season following.
- **37.3.** Any player, goalkeeper or non-playing personnel receiving a match penalty will be assessed a minimum three (3) game suspension and a one hundred dollar (\$100.00) fine, unless the player, goalkeeper or non-playing personnel is registered to a team in a league with 12 or less Regular Season games and then the player will be assessed a minimum two (2) game suspension and a one hundred dollar (\$100.00) fine.
- **37.4.** Any player, goalkeeper or non-playing personnel receiving a match penalty for abuse of an Official will be assessed a minimum three (3) game

suspension, a one hundred dollar \$100.00) fine and will be referred to the Discipline and Appeals Commissioner. As per 38.17, the team of the player, goalkeeper or non-playing personnel will also receive a fine.

- **37.5.** Any player, goalkeeper or non playing personnel receiving a game misconduct for Abuse of an Official will be assessed a minimal additional one (1) game suspension.
- **37.6.** Any player, goalkeeper or non-playing personnel receiving a gross misconduct penalty will be assessed a fifty dollar (\$50) fine and a minimum two (2) game suspension.
- **37.7.** Any player/goalkeeper who receives a game misconduct penalty for fighting off the playing surface will be assessed a fifty dollar (\$50) fine and a minimum three (3) game suspension.
- **37.8.** Any player/goalkeeper who receives a game misconduct penalty for leaving the players/penalty bench during an altercation will be assessed a minimum two (2) game suspension.
- **37.9.** Any player/goalkeeper who receives a game misconduct penalty for being the first to intervene in an altercation (third man in) may be assessed a minimum one (1) game suspension.
- **37.10.** Any player/goalkeeper or non-playing personnel who receives a game misconduct penalty with 0:00 seconds left in the game will be assessed a minimum one (1) game suspension.
- **37.11.** Any non-playing personnel penalized for entering the playing surface without the permission of the Referee will be assessed a fifty dollar (\$50) fine and a minimum two (2) game suspension.
- **37.12.** Any player/goalkeeper or non-playing personnel receiving five (5) game misconduct penalties in one (1) season will be assessed a two (2) game suspension on the fifth offence and may be referred to the Discipline and Appeals Commissioner.
 - 37.12.1. Game misconducts for penalties already receiving a game misconduct will not be considered in this total. For example, if a player receives a five minute major and a game misconduct for fighting and a five minute major and a game misconduct for instigating, the CLA rule book requires a third game misconduct for getting two majors in the same game. However, since the player had already received a game misconduct for fighting and a game misconduct for instigating the third

- game misconduct that they received will not be counted as per Regulation 37.11.
- **37.13.** Any player/goalkeeper who receives an aggressor or instigator penalty in their last game of their Season will be suspended for the first two games in the upcoming Season.
- **37.14.** Any Senior or Junior Ladies Division player receiving 5 double minor check from behind penalties in one Season will be given a one (1) game suspension and a possible fine. If in the same Season, the player receives three more double minor checks from behind, the player will be given a three (3) game suspension with a possible fine and if the player. If in the same Season the same player receives 3 more double minor check from behind penalties, they will be suspended for the rest of the season and a possible fine.
- **37.15.** Any player/goalkeeper who receives one hundred (100) cumulative penalty minutes in one (1) Regular Season will receive a two (2) game suspension.
- **37.16.** Any player/goalkeeper who receives one hundred and fifty (150) cumulative penalty minutes in one Regular Season will receive a three (3) game suspension and will be sent to Discipline.
- **37.17.** Any Jr. B Tier II player/goalkeeper who receives sixty (60) minutes in Playoff play will receive a one (1) game suspension.
- **37.18.** Any Jr. B Tier II player/goalkeeper who receives eighty (80) minutes in Playoff play will receive a two (2) game suspension.
- **37.19.** Any Jr. B Tier II player/goalkeeper who receives a hundred (100) minutes in Playoff play will receive a three (3) game suspension.
- **37.20.** Any Jr. B Tier II player/goalkeeper who receives a game misconduct in the last Provincial game will receive a one (1) game suspension.
- **37.21.** Any Jr. B Tier II and Jr. B Tier III player/goalkeeper who receives a game misconduct in the last ten (10) minutes of the game shall receive a one (1) game suspension.

38. Regulation 38: Team Suspensions and Fines

- **38.1.** Any team that fails to enter the required Franchise contacts and contact information in the RMLL Team Management System by the annual deadlines may receive a fine of one hundred dollars (\$100).
- **38.2.** Any team that does not enter their team scheduling constraints and arena home game time slots in the RMLL Scheduling System by the required date will be fined the sum of one hundred dollars (\$100).
- **38.3.** A team not entering an Exhibition Game in the Events Tab of the RMLL Team Management System may receive a fine of fifty dollars (\$50.00).
- **38.4.** Any team which fails to enter their roster in the RMLL Team Management System Roster prior to May 1 or prior to the first scheduled league game of their Division if season play starts prior to May 1, will be fined the sum of two hundred and fifty dollars (\$250.00) and an additional fifty dollars (\$50.00) for each day after the deadline until the roster is entered.
- **38.5.** Any team that does not enter their players required contact information in the RMLL Team Management System by May 1shall receive a fine of twenty five dollars (\$25.00) for each of the required fields not entered.
- **38.6.** A player is not eligible to play in a Regular, Playoff or Provincial game until a correct date of birth has been entered in the RMLL Team Management System.
- **38.7.** All games on the Division schedule are to be played as scheduled. At the discretion of the Division Commissioner and pursuant to a Division Operating Policy, any team which defaults such a game will be fined five hundred dollars (\$500.00) for their first offense, one thousand dollars (\$1,000.00) for their second offense and two thousand dollars (\$2,000.00) for their third offence. A third offence will be considered a Season default and the team will be suspended and will have to reapply for a new Franchise for the upcoming Season.
- **38.8.** In the absence of a Division Operating Policy, the team defaulting shall pay all legitimate expenses of the non defaulting team, as determined by the Division Commissioner.

- **38.9.** A team which defaults the entire Season (withdraws after Division in progress schedule has been posted) will be fined two thousand dollars (\$2,000.00)
- **38.10.** The team causing a delay of more than thirty (30) minutes may be assessed a minimum fine of two hundred and fifty dollars (\$250) and default the game depending upon investigation of the Division Commissioner.
- **38.11.** Any team that removes themselves from the floor and refuses to continue play will be assessed a fine of two hundred fifty dollars (\$250) and any further penalty as deemed fitting by the Division Commissioner.
- **38.12.** Any team that fails to participate in Division Playoffs and Provincials will be subject to immediate suspension and may receive a further punishment as outlined in Regulation 38.4.
- **38.13.** Teams failing to participate in exhibition, tournament or all-star games will be required to pay all of the costs incurred by the non-offending team, unless the Division has stated differently in their Division Operating Policy.
- **38.14.** Failure to comply with the minimum number of qualified players, as outlined in Regulation 26.4.1 and 26.4.2 may result in a fine of at least two hundred fifty dollars (\$250).
- **38.15.** The penalty for breaches of Regulation 22.1 to 22.3 will be \$100.00 for each offense and loss of the game.
- **38.16.** Any team using another club's players in Exhibition games after May 1, in Regular Season, Playoff games, or Provincial games without proper approvals as per Regulation 27.4, shall be fined \$50.00.
- **38.17.** Any team with a player, goalkeeper or non-playing personnel disciplined under Regulation 37.4 (Abuse of an Official) will be assessed a fine of fifty dollars (\$50) and the Head Coach may be referred to the Discipline and Appeals Commissioner.
- **38.18.** The Head Coach of any team who's players/goalkeepers enter a bench clearing brawl will be assessed a fifty dollar (\$50) fine a minimum two (2) game suspension.

- **38.19.** Any home team that fails to supply proper nets, warm-up or game balls will be assessed a fine of fifty dollars (\$50).
- **38.20.** Music is only allowed during dead ball stoppages such as timeouts, goals, and penalties and between periods. Non compliance by the home team will result in a warning for the first offence and a one thousand dollar (\$1,000.00) fine for each additional offence and may result in further sanctions.
- **38.21.** Any team failing to ensure individuals under the age of eighteen (18) years old, going on the floor in between periods of games are all wearing approved helmets will be fined a minimum of \$250.00 for a first occurrence and up to \$500.00 for every subsequent occurrence in the same season.
- **38.22.** The RMLL reserves the right, through its referees, to order the removal from all or any grounds, stadiums or arenas (including the parts reserved for spectators paying admission) of any person demonstrating offensive and/or unsportsmanlike conduct; and if a home club fails to carry out the referees' orders, it may be fined fifty dollars (\$50) and the game shall be defaulted by the offending team.
- **38.23.** A team found guilty of tampering will be subject to such sanctions as imposed by the Discipline and Appeals Commissioner and said team shall be fined up to a maximum of five hundred dollars (\$500.00).
- **38.24.** The home team will be given a delay of game penalty if Off Floor Officials are not in place, when the Referee blows the whistle to start the game.
- **38.25.** Any team found to have a player listed on the game sheet who is not dressed for the game will be fined fifty dollars (\$50.00).
- **38.26.** Any team found to have non-registered bench personnel on their bench will be assessed a fine of one hundred dollars (\$100.00) for each game.
- **38.27.** Any team found to have bench personnel on the bench in a Playoff or Provincial game without CLA Minimum Standard certification will be fined \$500.00 for each game.
- **38.28.** Any team that does not supply the visiting team with a copy of the game sheet will be fined twenty five dollars (\$25).

- **38.29.** Any home team which fails to forward a game sheet to the League Statistician and the Division Commissioner the day following the game will be fined fifty dollars (\$50).
- **38.30.** Any team which fails to forward the RMLL Coach Referee Evaluation Form to the League Statistician and the Division Commissioner the day following the game will be fined fifty dollars (\$50.00).
- **38.31.** The team of the game Official Scorer, who records a goal, assist and or penalty to a player number not listed on the game sheet may be fined one hundred dollars (\$100.00) for each occurrence.
- **38.32.** The Off Floor Official of a team receiving a game misconduct penalty for abuse of an Official will be suspended from the role of Off Floor Official for the remainder of the Season.
- **38.33.** Failure by any team to deliver any trophy or trophies in its care after the RMLL November Planning Meeting and AGM shall make that team liable to a fine of one hundred dollars (\$100) plus twenty five dollars (\$25) per month to a maximum of twice the replacement cost.
- **38.34.** In the event of damage to the trophy, the offending team is required to pay for all the repairs and/or replacement, plus a fine of between \$50.00 (fifty dollars) and \$500.00 (fine hundred dollars) depending on the severity of the damage and how it was damaged. The fine will be decided by the Division Commissioner.
- 38.35. Any team that has monies owing the RMLL will be deemed to be a Member in "bad standing". This Member will be unable to vote, attend drafts, play games, or partake in any RMLL/ALA activities. Once monies owing have been received the Member will be reinstated to "good standing" and all privileges reinstated.
- **38.36.** Any team who receives more than six hundred and fifty (650) penalty minutes in one (1) Regular Season will be fined two hundred and fifty dollars (\$250.00).
- **38.37.** Any team who receives more than seven hundred and fifty (750) penalty minutes in one (1) Regular Season will be sent to the RMM Executive for a Franchise hearing review.

39. Regulation 39: Game Protest

- **39.1.** A Regular Season, Playoff or Provincial game protest must be submitted, in writing, to the Executive Director and Division Commissioner, within twenty four hours (24) hours, in the case of a Regular Season game, within six (6) hours, in the case of Playoff or Provincial series game and two (2) hours in the case of a Round Robin Playoff or Provincial game, of the incident and must include two hundred dollars (\$200.00) fee. If a Member wins its protest, the submitted fee will be returned.
- **39.2.** The written protest shall set out the applicable Bylaw(s) and/or Regulation(s) and the details regarding each instance where the Bylaw(s) and/or Regulation(s) were not followed and any consequence(s) which may have occurred as a result of the Bylaw(s) and/or Regulation(s) not being adhered to.
- **39.3.** The Division Commissioner and two Members of the RMLL Executive will rule on the protest.
- **39.4.** The protest decision notification will be within forty eight (48) hours of receipt of a protest in the case of a Regular Season game and, in the case of a Playoff or Provincial game, within twelve (12) hours.
- **39.5.** There is no appeal from the protest decision
 - **39.5.1.** In the case of a Protest resulting in a game forfeit, the non-forfeiting team shall be awarded two (2) points in Division, Playoff or Provincial standings and all player statistics will still be recorded.

40. Regulation 40: Formal Complaint

- **40.1.** A formal complaint from a Member is sent in writing to the respective Division Commissioner, the Executive Director and the Discipline and Appeals Commissioner.
- **40.2.** The written complaint shall set out the applicable Bylaw(s) and/or Regulation(s) and the details regarding each instance where the Bylaw(s) and/or Regulation(s) were not followed and any consequence(s) which may have occurred as a result of the Bylaw(s) and/or Regulation(s) not being adhered to.

40.3. The Discipline and Appeals Commissioner will determine if the complaint should be referred to a Discipline Committee.

41. Regulation 41: Expenses

41.1. Meetings and Expenses

- **41.1.1.** The payment of expenses for attendance at meetings will be limited to those approved by the RMLL Executive on the approved scale for transportation, meals and mileage as outlined in this section.
- **41.1.2.** Members of the RMLL Executive shall be entitled to claim expenses:
 - **41.1.2.1.** For attendance at all related official meetings of the RMLL Divisions;
 - **41.1.2.2.** For costs incurred in the legitimate performance of their duties as budgeted.
- 41.1.3. Members of the RMLL Executive shall be eligible to claim expenses for the attendance at the RMLL Division Meetings, RMLL Planning Meeting, Annual General Meeting, RMLL Executive Meetings and in instances where the RMLL Executive has identified an individual(s) to attend the CLA Annual General Meeting, CLA Semi Annual General Meeting, ALA Major Provincials, ALA Planning Meeting, ALA Annual General Meeting and other lacrosse related meetings as RMLL Representative(s). The Local Governing Bodies, Team Directors and Delegates shall pay all expenses for their Members to attend the RMLL Annual General Meeting.
- **41.1.4.** Local Governing Bodies, Team Directors or Delegates may attend the RMLL Annual General Meeting but will be not eligible to claim expenses except by special resolution of the RMLL Executive.
- **41.1.5.** Disagreements on expense claims will be dealt with by the Executive Director and the Treasurer in the first instance, and if irresolvable, by the President and Vice-President.

41.2. Travel

- **41.2.1.** All travel will be controlled through the Treasurer, as approved by the RMLL Executive.
- **41.2.2.** Approved travel shall take full advantage of special reduced rates on airlines, sport rates at hotels, corporate discounts on automobile rentals,

- and any other discounts which may be applicable. Requests must be made with sufficient notice to acquire the best price possible.
- **41.2.3.** Detailed receipts are required for all expenditures being claimed, excluding those for ground travel by private motor vehicle.
- **41.2.4.** Airline transportation shall be arranged based on the lowest available airfare, but subject to the following:
 - **41.2.4.1.** Travel shall be arranged at a time convenient to the traveler, considering meeting period, flight availability, travel cost, airline and personal (including business) commitments of the traveler;
- **41.2.5.** Seat sale fares shall be booked if possible. (Note: These fares are usually completely non-refundable).
- **41.2.6.** Anyone making a decision to extend their stay or change their existing travel arrangements (air and ground) will be required to pay the additional costs.
- **41.2.7.** All travel paid for by the RMLL is to be approved by the RMLL Executive prior to being booked and booked by the RMLL Member traveling.
- **41.2.8.** The RMLL will pay for travel in a privately owned vehicle at the rate of thirty (30) cents per kilometer. If the distance is extraordinary, flight arrangements must be considered.
- **41.2.9.** Persons traveling to the same destination should pool their transportation where possible.
- **41.2.10.** In the case of more than one person traveling in the same private motor vehicle, only one person may claim for transportation.
- **41.2.11.** Vehicles may be rented as necessary, and as approved by the RMLL Executive.

41.3. Accommodations

41.3.1. All accommodations will be booked by the RMLL Executive Member requiring the accommodation and must be approved by the RMLL Executive.

- 41.3.2. Accommodation will be billed directly to the RMLL or charged to the individual's credit card. If charged to the individual's credit card, then both the credit card receipt and the accommodation invoice must be submitted for the expenditures being claimed. Persons on RMLL business alone will have the cost of the room paid. Any upgrades to the room are at the member's expense.
- **41.3.3.** Anyone making a decision to extend their stay or trip before or after a meeting will be required to pay the additional accommodation costs.

41.4. Food and Beverage

- **41.4.1.** Eligible persons will be entitled to up to \$50.00 per day for food and beverage, excluding alcoholic beverages.
- **41.4.2.** Detailed receipts are required for all food and beverage expenditures.

41.5. Entertainment

- **41.5.1.** Payment of entertainment expenditures are subject to approval by the RMLL Executive unless provided for in the budget.
- **41.5.2.** Detailed receipts are required for entertainment reimbursement.
- **41.6. Administration** (i.e. long distance, cell phone, etc.)
 - **41.6.1.** Non budgeted expenditures are subject to pre approval by the Treasurer and/or the RMLL Executive.
 - **41.6.2.** Detailed receipts are required for all expenditures being claimed.

41.7. Failure to Attend

41.7.1. If an authorized individual cannot attend a meeting or event, the individual must cancel their flight and accommodations prior to the activity. In the event no notification is given without reasonable excuse, the member will be responsible for the costs incurred.

41.8. Reimbursement

41.8.1. All expenditures being claimed must be a budgeted item or have RMLL Executive approval for any non budget item.

- **41.8.2.** RMLL Expense Claim Form, located on the RMLL Website, must be completed and receipts attached.
- **41.8.3.** RMLL Expense Claim Form and receipts are submitted to the RMLL Office: 199 Hawkview Manor Circle, N.W. Calgary, AB, T3G 3A2.
- **41.8.4.** Expenditures must be claimed in the Season they occur and prior to the RMLL fiscal year end (September 30th).

41.9. Referee Reimbursements

ALRA members will be notified to submit only airport parking and hotel bills, through the RMLL RIC, to the RMLL for payment during the season. Mileage and per diems will be submitted only through the ALRA aggregate invoices to the RMLL.

42. Regulation 42: Social Media

- **42.1.** The RMLL recognizes the vital importance of participating in online conversations and are committed to ensuring that we participate in online social media the right way. The ALA Social Media Guidelines has been developed to help empower members to participate in this connected world and represent our League by sharing the vision and mission of our organization and the story of our historic game. Our League encourages all our Teams, Players, Coaches, Trainers, other Team Personnel, volunteers, parents and/or guardians of RMLL players to explore and engage in social media communities at a level at which they feel comfortable. Approach online communication in the same way one does in person -- by using sound judgment and common sense, by adhering to the League's values, and by ensuring that all the RMLL, ALA and CLA Bylaws and Regulations are not breached. Social media enables people and organizations to share opinions, insights and experiences on the web using tools to connect, interact and maintain and develop relationships. Social media is should be used for connecting and engaging with members, fans, followers and supporters.
- **42.2.** The RMLL expects that all members are aware of and respect the *ALA Social Media Guidelines*.
- **42.3.** If anyone is found to be in violation of the guidelines to the extent that it is damaging to the RMLL, it will be handled using ALA Bylaw 11. Noncompliance with this policy may be considered as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with the guidelines maybe disciplined

43. Regulation 43: Privacy Of Personal Information

- 43.1. Personal information will be collected to determine eligibility for competitive and recreational opportunities, age related events, to facilitate enrolment, to disseminate information, to communicate, to administer and evaluate programs and promotions that benefits Members, and for insurance and statistical purposes. In addition, personal information may be, from time to time, submitted to major funding bodies in order to verify registration and meeting funding requirements.
- **43.2.** All information must be collected with the consent of the person or legal guardian.
- **43.3.** Personal information collection must be limited to what is absolutely necessary.
- **43.4.** All efforts must be made to avoid incorrect information, and efforts must be made to verify accuracy, completeness and timeliness of information.
- **43.5.** Reasonable steps will be taken to protect the privacy of all personal information.
- **43.6.** The President of the RMLL will be the Privacy Officer for the RMLL.
- **43.7.** Any member wanting access to their personal information can contact the Privacy Officer at 199 Hawkview Manor Circle N.W.., Calgary, AB, T3G 3A2 or e-mail the RMLL President as listed under the Executive on the RMLL website www.rockymountainlax.com

Attachment 1: CLA/ALA/RMLL Calendar/Due Dates

Based on Current Bylaws, Regulations & Rules

Due Date	Division	Item
Jan. 2	All Divisions	Recommendation for CLA Policy
	=	Changes due to ALA
Jan. 5	Sr. B	Web form entry of team home game
		arena time slots and team constraints
Jan 5	Sr. B, Jr. A and Tier	Draft dates posted and
In 45		communications sent
Jan. 15	Sr. C, Sr. Ladies, Jr.	Web form entry of team home game
	Ladies, Tier I, Tier II & Tier III	arena timeslots and team constraints due.
Jan. 15	All Divisions	System entry of Franchise Certificate
		info due (Team Executive and RMLL
		Administrative Contacts).
		Note: Submit Bench Personnel if
In 45	On D. In A O Tinn A	known by this date.
Jan. 15	Sr. B, Jr. A & Tier 1	Submissions to host National
		Competition due to the RMLL the year prior to the Competition
Feb. 1	All Divisions	First day teams can sign/resign AB
i eb. i	All Divisions	players
Feb. 1	All Divisions	Request for Coaching Clinics to ALA
		due
Feb. 1	All Divisions	Request for Tournaments to ALA due
Feb.12	Sr. B, Jr. A, Tier I	Drafts Completed
Feb. 15		RMLL submits to ALA the intent to
		host National Competition the year
Fab 40	C. D. O. I., A	prior to the Competition
Feb. 16 Feb. 20	Sr. B & Jr. A Tier I	25 man protected lists due at ALA 25 man protected lists due at ALA
Feb. 24	Sr. B, Jr. A, Tier I	25 man protected lists due at ALA 25 man protected lists due (as per
105.24	O1. D, 01. 71, 1101 1	CLA).
Mar. 1	All Division	RMLL Franchise & Division Fees Due
Mar. 2 (First Wed.)	All Divisions	CLA transfers begin
Mar. 8	All Divisions	"In Progress" schedule issued for all
		Divisions.
Apr. 1	All Divisions	Final schedule for all Divisions.
Apr. 15	All Divisions	EAP due.
Apr. 22	All Divisions	Updated Franchise info and Bench
		Personnel due.
Throughout Playing	All Divisions	Game Sheets and RMLL Post Game
Season	7 2.771010110	Referee Evaluation forms due
	1	

		morning after the game.
May 1 or day before 1 st	All Divisions	Player and Bench Personnel data
Division Game		must be entered into system
May 1	All Divisions	Must be down to max roster size.
May 1 or day before 1 st	All Divisions	Rosters must be entered into RMLL
Division Game		System.
May 1	All Divisions	All unsigned and unprotected players
		become Free Agents.
May 1	Tier I	All non reporting players move from
		the protected list to the hold out list.
May 5	All Divisions	Division Commissioner to notify their
		teams of coaches not in compliance
		with ALA and CLA minimum
		standards,
4 weeks prior to	Tier II, Tier III and	Trade Deadline
Division Regular	Jr. Ladies	
season End Date		
June 1	Sr. B & Tier I	Payment and notice to attend
		Founders and Presidents' Cups
June 5	ALL Divisions	Division Commissioners to notify all
		coaches on their teams regarding
		compliance with CLA minimum
E dove often Division	All Divisions	standards.
5 days after Division	All Divisions	First Playoff round can start.
Regular Season 2 business days before	All Divisions	CLA Transfer Deadline
July 1 (June 28) 3:00	All DIVISIONS	CLA Hansier Deauline
pm EDT		
July	All Divisions	Home teams must submit Provincial
	7 2 TVIOIOTIO	game floor invoices to ALA within 14
		days of last Provincial game.
July/August	All Divisions where	Team Provincial fee due to RMLL 30
, ,	teams do not split	days from invoice date.
	the ALA Provincial	,
	Fee	
July 1	All Divisions	Deadline for new player signing for
		teams in Divisions still in Regular
		Season.
July 1	All Divisions	Deadline to release players for teams
	0.000	in Divisions still in Regular Season.
July 1	Sr. B, Sr. C, Jr. A,	Trade Deadline for teams in Divisions
India 45	Tier I & Sr. Ladies	still in Regular Season.
July 15	All Divisions	Provincial Format for next playing
lada - 4.5	All Divisions	Season due.
July 15	All Divisions	Funding Request to ALA for next
India 45	All Division	playing Season
July 15	All Divisions	Deadline for teams still playing

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		Regular Season games for signing players released prior to July 1.
July 16	All Divisions	All Team Rosters and Bench
July 10	All Divisions	Personnel are frozen for the current
		Season.
July 18		Start of Female Nationals - Calgary
	Sr. B, Jr. A & Tier 1	Team rosters due at ALA Office.
August (5 days prior to National	SI. B, JI. A & HEI I	ream rosters due at ALA Office.
Championship)		Ctart of Foundary Cup Orangoville
August 15	All Division	Start of Founders' Cup - Orangeville
August 16	All Division	ALA Registration Fees due.
August 28	All D' ' '	Start of Presidents' Cup - Leduc
Sept. 30	All Divisions	RMLL ALRA Travel Invoice Due
Nov. 1	All Divisions	RMLL Regulations issued.
Nov. RMLL Planning	All Divisions	All RMLL and ALA Trophies to be
Meeting & AGM		returned to RMLL Executive Director.
Nov. 1	All Divisions	New Team Application Deadline
Nov. 1	All Divisions	Bonds and RMLL Franchise Fee due
		for new teams.
Nov. 15 of even years	All Divisions	Recommendation for CLA Rule
		Changes due to ALA
Dec.1	All Divisions	Any modifications due to Division's
		Operating Policies for RMLL
		Executive ratification.
Dec. 1	Jr. A	Division Scheduling Constraints Due
Dec. 5	Jr. A	Web form entry of team home game
		arena time slots and team constraints
Dec. 5	Sr. C, Sr. Ladies, Jr.	Division Scheduling Constraints Due
	Ladies, Tier I, Tier II	
	& Tier III	
Dec 31	All Division	Last day team can withdraw from
		Season without forfeiting bond
Dec. 31	Sr. B	Division Scheduling Constraints Due
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Attachment 2: RMLL New Team Franchise Certificate Request

New Team Franchise Request:

A new team may request a RMLL Franchise Certificate for admittance to one of the RMLL Divisions for the upcoming Season. The Franchise Certificate and admittance to a Division requires written submission of financial stability, exposure, team executive, players, future players, facility, local support, a brief summary of why a Franchise Certificate should be granted and acceptance of the RMLL Bylaws and Rules and Regulations.

A new team seeking a Franchise Certificate is required to submit a one thousand dollar (\$1,000.00) bond and the annual Franchise Fee of six hundred and fifty dollars (\$650.00) with their request for a RMLL Franchise Certificate.

In addition, the application must also include a one thousand dollar (\$1,000.00) refundable application bond. The entire bond will be returned to the team after they complete their second Season. If the team withdraws during their first or second Season, any time after their Franchise has been approved, the bond will not be returned.

Submission Requirements (in writing)

- 1. **Financial Stability -** Evidence of financing to support at least one full year of operation within the Division.
 - a. Team Season Budget
- Exposure Proof entry into the Division will not impose an unwarranted financial or competitive burden on established teams within the Division, or within affiliated Divisions.
 - a. Certification of Head and Assistant Coaches;
 - b. Number of certified ALRA Officials with Level 3 or higher;
 - c. Access to call-ups (number and where from);
 - d. List any travel, game day and game time constraints;
 - e. Teams' understanding of travel commitments in Division applying to.
- 3. **Executive** List (names, e-mail address, mailing address, and telephone numbers) of sufficient executive people to cover all facets of a team's operation.
 - a. Primary Contact;
 - b. Secondary Contact;
 - c. Financial Contact;
 - d. Scheduling Contact;
 - e. Team Registrar;
 - f. Discipline Contact
 - g. Head Coach;

- h. Assistant Coaches.
- 4. Players List of potential players, Graduating Midgets and/or Graduating Juniors of adequate caliber and in sufficient numbers to sustain a team for the initial season. Include:
 - a. Number of years played;
 - b. Birth year of each;
 - c. Midget level played (i.e. A, B or C) for each Graduating Midget(not required if requesting a Senior team);
 - d. Junior level played (not required if requesting a Junior team);
 - e. Birth year for any new to lacrosse players.
- 5. **Future Players** Proof as to where future players will come from for the next two to three years.
 - a. Affiliated Minor Club number of teams, division and level for previous season (not required if applying for a Senior team);
 - b. List (names) of potential graduating midgets for the next two years (not required if requesting a senior team);
 - c. List names of potential Graduating Juniors for the next two years (not required if requesting a Junior team);
 - d. Access to additional Junior aged players i.e. free agents.
- 6. **Facility** Guarantee a facility comparable to the facilities used by other teams in the Division is available with suitable dates and times for regular season and playoff games.
 - a. Period facility is available for lacrosse i.e. April through July;
 - b. Height of facility ceiling;
 - c. Type of facility surface (cement, turf or other):
 - d. Facility surface maintenance i.e. non slip application applied to the cement floor;
 - e. CLA line markings on playing surface;
 - f. CLA approved Lacrosse nets supplied;
 - g. Shot clocks supplied.
 - h. Core clocks supplied.
- 7. **Local Support** Evidence of local support (established Club/Association, leagues and teams).
 - a. State current lacrosse infrastructure in place
- 8. Brief Summary re Reason(S) For Request
 - a. List of reason(s) why the team would be best suited in the Division the team is requesting admittance to;
 - b. List any Exhibition Games with teams in the Division applying to and the box scores of any of these games.
- RMLL Bylaws and Rules and Regulations Acceptance of Bylaws and Rules
 of Regulations.

a. Signature from applicant stating have read and agree to follow RMLL Bylaws and Rules and Regulations found at www.rockymountainlax.com under menu "about us".

SUBMISSION PROCESS:

1. Scan the document with the submission requirements and send to the RMLL Executive Director.

Deadline: November 1st

- 2. Upon receiving the request, the RMLL Executive Director will review the request to ensure all required info is included. (If any required info is missing, the request will be sent back to the Applicant to complete).
- 3. The RMLL Executive Director will forward the request to the appropriate Division Commissioner.
- 4. The Division Commissioner will send the request to the teams in their Division for voting. Each team from the prior Season is eligible to vote and each team has one vote. (Team Representatives are given a minimum of seven (7) days to respond).
- 5. The Division Commissioner will then bring the "Division Vote Outcome" to the RMLL Executive for ratification.
- 6. In the event the RMLL Executive is not in agreement with the decision of the Division, the Division Commissioner will send the request back to the Division teams with a list of "did you consider" and ask for a re-vote.
- 7. The Division Commissioner will then bring the "Division re-vote Outcome" back to the RMLL Executive for ratification.
- 8. In the event the RMLL Executive still does not agree with the "Division Re-Vote Outcome", the RMLL Executive may override the Division decision.
- 9. Once a request has been accepted or declined, an e-mail will be sent from the Division Commissioner to the Applicant advising of the outcome of their request to be admitted to another Division.
- 10. The Division Commissioner will inform their Division if a request has been accepted or declined.

NOTE: This whole process may take up to 30 plus days.

Once a New Application is approved, the Team must apply to the ALA for an ALA Membership if the team is not under the ALA Membership of a Major or Minor Club.

Attachment 3: Existing RMLL Team Division Tier Change Request

Division Tier Change Request:

A RMLL team with an existing Franchise Certificate may submit a request for admittance to another Division Tier for the upcoming Season. Admittance to the requested Division requires written submission of financial stability, exposure, team executive, players, future players, facility, local support and reasons for requesting a change to another Division Tier.

In addition, the Tier Change Request application must also include a one thousand dollar (\$1,000.00) refundable application bond. The entire bond will be returned to the team after they complete their second Season. If the team withdraws from the Division during their first or second Season, any time after their Franchise has been approved, the bond will not be returned.

Submission Requirements (in writing)

- **1. Financial Stability -** Evidence of financing to support at least one full year of operation within the Division.
 - a. Team Season Budget
- 2. Exposure Proof entry into the Division will not impose an unwarranted financial or competitive burden on established teams within the Division, or within affiliated Divisions.
 - a. Certification of Head and Assistant Coaches;
 - b. Number of certified ALRA Officials with Level 3 or higher:
 - c. Access to call-ups (number and where from);
 - d. List any travel, game day and game time constraints:
 - e. Teams' understanding of travel commitments in Division applying to.
- **3. Executive** List (names, e-mail address, mailing address, and telephone numbers) of sufficient executive people to cover all facets of a team's operation.
 - a. Primary Contact;
 - **b.** Secondary Contact;
 - c. Financial Contact;
 - **d.** Scheduling Contact;
 - e. Team Registrar;
 - f. Discipline Contact;
 - g. Head Coach;
 - h. Assistant Coaches.
- 4. Players List of potential returning players and graduating midgets/graduating juniors of adequate caliber and in sufficient numbers to sustain a team for the initial season. Include:

- **a.** Number of years played for each returning player
- **b.** Birth year of each returning player
- **c.** Midget level played (i.e. A, B or C) for each Graduating Midget for Junior Tier Change request
- **d.** Junior level played for each Graduating Junior for Senior Tier Change request
- e. Birth year for any new to lacrosse players
- **5. Future Players** Proof as to where future players will come from for the next two to three years.
 - **a.** Minor Club number of teams, division and level for previous season (applies to requests for Tier II and Tier III only)
 - **b.** List (names) of potential graduating midgets for the next two years.
 - c. Access to additional Junior aged players i.e. free agents
- **6. Facility** Guarantee a facility comparable to the facilities used by other teams in the Division is available with suitable dates and times for regular season and playoff games.
 - **a.** Period facility is available for lacrosse i.e. April through July
 - b. Height of facility ceiling
 - **c.** Type of facility surface (cement, turf or other)
 - **d.** Facility surface maintenance i.e. non slip application applied to the cement floor
 - e. CLA line markings on playing surface
 - f. CLA approved Lacrosse nets supplied
 - **g.** Shot clocks supplied
 - h. Score Clock supplied.
- **7.** Local Support Evidence of local support (established Club/Association, leagues and teams).
 - **a.** State current lacrosse infrastructure in place

8. Reason(S) For Request

- **a.** List of reason(s) why the team would be best suited in the Division the team is requesting admittance to
- b. State team regular season win/loss record for last two Seasons
- c. List team championships for last two seasons
- **d.** List any Exhibition Games with teams in the Division applying to and the box scores of any of these games.

SUBMISSION PROCESS:

1. Scan the document with the submission requirements and send to the RMLL Executive Director.

Deadline: November 1st

- 2. Upon receiving the request, the RMLL Executive Director will review the request to ensure all required info is included. (If any required info is missing, the request will be sent back to the Applicant to complete).
- 3. The RMLL Executive Director will forward the request to the appropriate Division Commissioner.
- 4. The Division Commissioner will send the request to the teams in their Division for voting. Each team from the prior Season is eligible to vote and each team has one vote. (Team Representatives are given a minimum of seven (7) days to respond).
- 5. The Division Commissioner will then bring the "Division Vote Outcome" to the RMLL Executive for ratification.
- 6. In the event the RMLL Executive is not in agreement with the decision of the Division, the Division Commissioner will send the request back to the Division teams with a list of "did you consider" and ask for a re-vote.
- 7. The Division Commissioner will then bring the "Division re-vote Outcome" back to the RMLL Executive for ratification.
- 8. In the event the RMLL Executive still does not agree with the "Division Re-Vote Outcome", the RMLL Executive may override the Division decision.
- 9. Once a request has been accepted or declined, an e-mail will be sent from the Division Commissioner to the Applicant advising of the outcome of their request to be admitted to another Division.
- 10. The Division Commissioner will inform their Division if a request has been accepted or declined.
- 11. If the request is accepted, the Division Commissioner of the Division the team is leaving from will inform their Division of the team leaving their Division.

NOTE: This whole process may take up to 30 plus days.

Attachment 4: Team Home Facility Specifications

Facility Name	
Availability	
Other Sports Using Facility	
Playing Surface Dimension	
Ceiling Height	
Structure Surrounding Playing Surface	
Playing Surface Material	
Non Slip Application	
CLA Lacrosse Lines	
Lighting	
Air Conditioning	
Players' Box Dimension	
Player Box Opposite Time Keeper Box	
Time Keeper Box Dimension	
Glass Surrounding Time Keeper Box	
# of Spectator Seating	
Concession	
Sound System	
Ability to Announce Games	
Ability to Play Music	
Internet Access	
Admission Gate	
CLA Approved Nets for Major	
Facility or Team Owned Nets	
Shot Clocks	
Score Clock with Penalty Minutes	
# of Dressing Rooms	
Dressing Rom Dimension	
# of Referee Dressing Rooms	