

The 2026 ABA Youth Provincial Championships will use current FIBA rules, with the following modifications and points of emphasis:

1. **Game Format for games in the 13U Divisions:**
 - a. Played with a 5 v 5 format
 - b. The use of screens (on-ball as well as off-ball) are permitted at the 13U level of play.
2. **Game Ball**
 - a. The official game ball for the 2024 ABA Youth Provincial Championships is Molten.
 - b. 13U Boys and Girls both use Size 6
3. **Timing of Games**
 - a. Games in all divisions shall consist of **four 9-minute stop time quarters**.
 - b. Pre-game warm-up will begin as per scheduled start time and is 5 minutes long.
 - i. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
 - c. Games in all divisions will have a **one (1) minute** break between quarters and a **three (3) minute** break at half-time.
 - d. In the event of a game running over its allotted scheduled time, breaks between quarters and halves may be shortened to assist with keeping with the tournament schedule.
 - e. If overtime is necessary: Please see **Section 8** for full details.
4. **Timeouts.**
 - a. Coaches **MUST** call all timeouts through the scorer's table.
 - b. Each team shall have one (1) timeout in the first half and two (2) timeouts in the second half. One (1) timeout will be allowed per overtime period.
 - c. Unused timeouts **WILL NOT** carry forward to the next period of play.
5. **Defense**
 - a. In the 13U division teams **MUST** play person-to-person defense, proper help side technique is permitted on-ball only.
 - i. A player may leave their check to help on an opposing player who is entering the key with the ball. If the ball leaves the key, so should the help side.
 - b. Stopping the ball in the key is NOT considered a double team.
 - c. Double-teaming of the ball carrier will be permitted - Once the ball has been passed away, the double team must end and defensive player(s) must return to

their person-to-person defensive position.

- d. Triple-teaming the ball carrier in the front court will be deemed to be a zone defense and is not permitted.
- e. Full court person-to-person pressure will be permitted in **Divisions 1, 2 and 3 for BOYS**
 - i. Full court person-to-person pressure will be permitted in **Divisions 1 and 2 ONLY for the GIRLS**
- f. No zone pressure of any kind will be permitted.
- g. Once a team has a lead of **20 points or more**, they may not use full court pressure of any kind. On-court officials will issue a warning to the offending team for the first violation and a technical foul for repeat violations.

6. Defensive Definitions

- a. Zone: A defensive strategy in which a defensive player's primary responsibility is for an area of the floor rather than for a specific opponent.
- b. Person-to-person: A defensive style in which each defensive player is responsible for guarding a particular offensive player.
- c. Help Side/Weak Side: A defensive tactic where a player is in position to "help" a defensive teammate. This may require the help side defender to leave the person they are guarding. This is not considered zone defense.
- d. Double Team: A defensive tactic in which two defenders may guard the ball carrier while in possession of the ball. A double team must end once the ball has been passed away.
- e. Full Court: A defensive tactic where the defensive team pressures the offensive team in the offensive team's back court.

7. Three (3) Point Line:

- a. The three (3) point line used in the 13U divisions will be the closest marked three (3) point line at the scheduled gym location.

8. Games Tied at the End of Regulation Time

- a. If the score is tied at the end of playing time for the fourth period the game shall continue until the tie is broken by the first team to score four (4) points or three (3) minutes stop time, whichever one comes first.
- b. Each team will continue to shoot at the same basket as the second half.
- c. The overtime period will begin immediately by a jump ball at center court.
- d. Each team will be allowed a one (1) minute time-out for the overtime period.

- e. All fouls and ejections will be carried forward from previous periods of play. Players who were fouled out or ejected during regulation time will not be allowed to participate in the overtime period.
- f. If this period ends with no team scoring 4 points the leading team will be declared the winner.
- g. If the score remains tied at the end of the first overtime period; the game will move to a next point wins format.
 - i. Play will start with a jump ball. The winner is determined by the first team to score a point (including a free throw).

9. Roster Changes/Player Additions after the Roster Deadline

- a. A team may be declared to have up to 15 players to its roster
- b. Rosters must coincide with registered rosters as per league of play (pending league availability). All final team rosters are to be confirmed and validated by the administrator(s) of the team's league of play prior to being submitted to Alberta Basketball.
- c. Players may be listed on and participate for only one roster for the duration of the ABA Youth Provincials.
- d. A team may request to add a maximum of three players to its roster if they have registered a team made up of eight or fewer players.
- e. These players can be added to take a team roster up to a maximum of ten players. Therefore, a team that has registered eight players can add two, and a team that has registered seven or less can add three.
- f. Players being added must be from either: 1) a younger age category; or 2) a lower division level within the same age category (i.e A Div 1 team could add any Div 2 player, while a 'Div 2' team could add any player from Div 3 or lower). Players from a higher division are not eligible to be added to a lower Division team.
- g. Players being added must reside in the same community or amalgamated communities as the team which has declared for provincials.
- h. If teams are registered from the CMBA/EYBA leagues the players must be approved by your league as all final team rosters are to be confirmed and validated by the administrator(s) of the team's league of play prior to being submitted to Alberta Basketball. If teams are registering from outside of the CMBA/EYBA leagues, please send your request to Alberta Basketball. Rosters will be verified and confirmed with the appropriate league in which you played your season.
- i. A team must submit all roster additions to Alberta Basketball. Requests must clearly demonstrate why the team needs additional players. All requests must be received in writing via e-mail by **March XX, 2025 at 12:00 pm.**

10. Player Usage

- a. Alberta Basketball believes in the development of all athletes and strongly encourages coaches to provide fair playing time for all players. The Long-Term Athlete Development model is the basis for our instruction, and it is important for all athletes to be exposed to on-court learning opportunities in an encouraging yet challenging environment.
- b. Each team will be responsible for managing playing time for their players. Challenges to playing time from opposing teams will not be entertained.

11. Forfeits

- a. Teams will be given **5 minutes** from their scheduled start time to have registered players ready to play. If a team does not have **five (5)** registered players within those 5 minutes, they will forfeit the game.
- b. Any team that forfeits a game may not be allowed to continue playing in the tournament. Forfeiture and all other division schedule impact and modifications will be determined at the discretion of the Technical Committee.

12. Protests

- a. As per ASAA and Alberta Basketball rules, there are no game protests. The Technical Committee will be available to rule on eligibility and discipline issues as they arise.
- b. Appeals on referee decisions will not be entertained.
- c. Rulings on situations not addressed within this package will be made at the discretion of the Technical Committee.

13. Enforcement

- a. Game officials will be made aware of these rule modifications as well as all general tournament rules. Game officials and tournament officials will be monitoring and will be enforcing these rules during the tournament at each age group and level of play.
- b. As role models and leaders in youth sports the first responsibility for enforcement of these rule modifications lies with the coaches to conduct themselves to the highest standards of sportsmanship and ethical behaviour.
- c. Please be aware that the following penalties may be enforced for any violations of these rule modifications and/or other general tournament rules:
 - i. First violation - will receive a verbal warning
 - ii. Second violation - technical foul may be assigned to the player or coach
 - iii. Third violation - a 2nd technical foul may be assigned to the player or coach.

14. Any player or coach who receives a two-technical disqualification or is ejected from any game MAY be suspended for the duration of tournament play at the discretion of the technical committee. All violations will be recorded on the official game sheet.
15. All participating teams are expected to comply with the Spirit of the Rules - Any indication of deliberate or clearly demonstrated violations of the rules will not be tolerated.

Safe Court – Safe Sport

Basketball is an inclusive and accessible sport for all players, coaches, referees, staff, and spectators. Everyone is welcome and to be treated with dignity and respect in a safe environment.

There is ZERO TOLERANCE for any maltreatment or behavior that is harassing, disrespectful, bullying, discriminating, or in violation of the ABA Code of Conduct. Violations will be addressed immediately and removed from the event venue.

Technical Committee Representatives

Alberta Basketball Association (ABA) – Reagan Wood
Alberta Basketball Association (ABA) – Dave Drabiuk
Calgary Minor Basketball Association (CMBA) – Ken King
Edmonton Youth Basketball Association (EYBA) – Jay Ouellette

Organizing Committee Representatives

Alberta Basketball Association (ABA) – Dave Drabiuk
Alberta Basketball Association (ABA) – Natalie Hoy
Alberta Basketball Association (ABA) – Reagan Wood
Alberta Basketball Association (ABA) – Amber Cleasby
Calgary Minor Basketball Association (CMBA) – Ken King
Edmonton Youth Basketball Association (EYBA) – Jay Ouellette
Edmonton Basketball Officials Association (EBOA) – Noel Metrunec
Calgary Minor Basketball Association Officials – Jordan Wright (Assignor)

Contact Info

Questions regarding the technical package and rule modifications should be directed to a zone and/or league representatives directly for follow-up.

Questions about the tournament can be directed to:
Alberta Basketball
780-427-9044

coordinator@basketballalberta.ca