

ALA Non-Regular Season Programming Authorization Policy

Version 1.0

Last Modified: September 13, 2025

Purpose and Application

1. This Policy describes how the ALA will review and authorize programming by its members outside of activities that are associated with the regular part of a discipline's season as defined in [Regulation 4B](#) and being carried out in accordance with the ALA's Regulations.
2. This policy DOES NOT apply to:
 - a. Regular box or field season games carried out between members under an LGB;
 - b. Evaluations, tryouts or similar activities in preparation to select teams for regular season play;
 - c. Practices carried out by teams as part of regular season play;
 - d. Tournaments authorized during the timeframe for the season for a discipline of lacrosse as set out in ALA Regulations;
 - e. Playoffs, playdowns, provincials or any similar type of competition carried on by ALA members under an LGB; or
 - f. Exhibition games played during the timeframe for the season for a discipline of lacrosse as set out in ALA Regulations and as approved by an LGB.
3. This policy applies to:
 - a. Offseason camps;
 - b. Tournaments outside of the regular season for any discipline as set out in Regulation 4B, including 4 v 4 tournaments;
 - c. All Winter Box Lacrosse activities as defined in Regulation 4B and 9B;
 - d. All Fall Field Lacrosse activities as defined in Regulation 4B, and
 - e. Any other programming outside of the seasons for Box or Field lacrosse as set out in Regulation 4B that is not expressly included in paragraph 2 above.

Policies - General

4. Only members in good standing are permitted to offer offseason programming under this policy.
5. All programs governed by this policy must be made available to all ALA players. Members may be excluded as a result of age group availability, spots filling up due to floor time availability or position requirements. Players may not be excluded as a result of their home club, or the team they played on during a regular lacrosse season.

6. Members are not limited in offering programming only to players who are in the same age group as their regular programming. For example, members that have junior or senior teams in regular season programming may offer minor programming.
7. Members may only offer programming under this policy after completing the requisite form listed for the appropriate season and containing all the information described in this policy and receiving confirmation from the ALA that the programming complies with this policy.
8. Members must provide:
 - a. The name of the member offering the programming;
 - b. A schedule of the program. This does not necessarily have to include all dates, but may be a summary of dates such as including the first and last date of programming, the days of the week of the programming and the times of the camp.
 - c. The location of the programming;
 - d. The costs of the program;
 - e. The age groups included in the program;
 - f. A general description of the programming being offered; and
 - g. The name and position of the executive of the member authorizing the program.

Policies - New Player and “Try It” Programming

9. Members may run new player programming that is designed to introduce players to lacrosse and to market their programs to potential new members. New player programming does not require members to have attendees that are not already members register. Members should consider having participants sign a waiver and provide contact information
10. All new player sessions must have at least one Competition Introduction-Trained or higher coach present.
11. New player programming must:
 - a. Use soft balls with the appropriate CSA certification as confirmed by the ALA; or
 - b. Require players to wear lacrosse certified head gear.
12. Notwithstanding the above, new player camps must comply with any safety regulations of the facility that is hosting the event.
13. There are no contact activities of any kind permitted at new player events. Only non-contact skills instruction and drills are permitted.
14. New player programming cannot take place for more than 5 days in any given season without express permission by the ALA and a rationale being provided by the member.

Policies - Camps

15. Members may combine age groups for camps, however members should always try to do so in a way that continues to protect player safety and advances player development.
16. The age groups for any camp may reflect either:
 - a. The age groups for the immediately proceeding regular season; or
 - b. The age groups for the next immediate upcoming regular season.Members must make clear to any registrants what the age groups will be for the camp. Age groups should not change throughout the camp and should reflect the purpose of the camp. For example, junior preparation camps might include graduating U17 players, but then should likely not include junior players with more than 1 year of experience.
17. All camps must have one coach on the floor that is Competition Introduction - Trained in the discipline being offered. Other coaches must have at least Community Development - Trained status. All coaches should be listed on the application form for the program, but coaches may be added later by an update to the application for the program. All coaches must be registered with the ALA and registration during the immediately proceeding regular season will be sufficient. Coaches do not necessarily have to have been registered with the same member offering the program. All coaches must have been screened in accordance with the ALA's [Screening Policy](#), however any member is entitled to rely on assurances from another member or from the ALA on a review of its registration records that a coach has been screened in accordance with the Screening Policy in order to avoid duplication of screening.

Policies - Winter Box Lacrosse Competition

18. Members may offer minor winter box lacrosse programming that complies with Regulation 9B.01 to 9B.1.09 or major winter box lacrosse programming that complies with Regulation 9B.1.1 to 9B.1.27.
19. All players in winter lacrosse programs must either:
 - a. Have been registered with the ALA in the immediately proceeding regular season; or
 - b. Register with the ALA.
20. All applications for winter box lacrosse competition must provide:
 - a. The number of games being scheduled;
 - b. The age groups competing;
 - c.
21. Every team competing in a Winter Box Lacrosse Competition must have a coach of the appropriate level of coaching certification for the age group that has been screened

according to the ALA Screening Policy. All coaches and other bench staff must be registered with the ALA and have the appropriate certifications and screening.

Policies - Tournaments

22. Members may offer off season winter tournaments that comply with Regulation 6C.

23. Applications for Tournaments must include:

- a. The number of teams being requested;
- b. The number of games each team will play; and
- c. The age groups that will be playing.

24. All players playing in any off season tournament must be registered with the ALA.

25. Every team competing in a Winter Box Lacrosse Competition must have a coach of the appropriate level of coaching certification for the age group that has been screened according to the ALA Screening Policy. All coaches and other bench staff must be registered with the ALA and have the appropriate certifications and screening.

Promotion

26. Upon approval, the ALA will post the details of all approved off season programming on its website.