



Annual Report of the RMLL President  
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The RMLL had 58 teams in 2024, with 54 of them in Alberta. This was only one higher than in 2023, but there were a few adjustments. We re-added our Major Senior Women's Lacrosse division with two teams: Edmonton Drillers and Calgary Cougars. We also welcomed the return of the Lethbridge Pioneers in the SrC division. However, we lost the Westlock Rock and Cranbrook Blackwolves JrB Tier II teams. We had 1513 registered players (1422 in Alberta) in 2024, this was an improvement of 80 in the RMLL and 100 in the ALA from 2023.

	2024 RAMP Registered RMLL	2024 RAMP Registered ALA
Jr. Male	861	770
Jr. Ladies	168	168
Sr. Male	431	431
Sr. Women	53	53
<b>Total</b>	<b>1513</b>	<b>1422</b>

The RMLL adopted the same modified NLL rules that has been used by Canada's SrA/JrA teams for several seasons for all divisions. While there was some initial pushback from some teams, that withered away within a couple of games. By the end of the season, everybody was happy with the change. It really increased the pace of play, which also helped reduce stupid stuff. We would encourage the ALA to help us advocate at the Lacrosse Canada level to adopt these rules across Canada. It should also be pointed out that these rules were used at the President's Cup and Macdonald Cup, but not at the Founders.

We also expanded the use of the three-referee system for most of our divisions (not SrC, Major Female, or Senior Major Female). It was not done for every game, but for most games. We will be reflecting on this change at the RMLL Planning Meeting.

Although RMLL teams ultimately met the minimum standards for coaching, it was complicated and some of them were only achieved with hours to spare and creative solutions. There were also a handful of coaches who were not allowed on the bench for playoffs because they lacked the appropriate standard. There remain some challenges in the roles/responsibilities between the ALA, RMLL, and teams over monitoring coach certifications.

**2024 RMLL champions:**

SrB: Edmonton Miners

SrC: Airdrie Mohawks

JrA: Raiders Lacrosse Club

JrB Tier 1: Winnipeg Blizzard (Mountain View Mavericks were ALA Champions)

JrB Tier 2: Lakeland Heat

JrLadies: Calgary Cardinals

The Minto Cup was held in Coquitlam, BC. The Coquitlam Adanacs won the Minto Cup beating the Orangeville Northmen in the final. The Raiders Lacrosse Club (the youngest team in the tournament) finished fourth, but were competitive in every game (minus one bad period out of nine). The atmosphere was electric for almost every game, with crowds close to over capacity for the playoff games (around 2500). There were complaints about the \$20 cost per live stream. This was due to the cost but also because other national championships had free live streams.

At the Founders Cup (Hamilton, Ontario), the Mountainview Mavericks beat Winnipeg Blizzard for the Tier 2 trophy. The Queen City Kings was the third RMLL representative at the tournament.

At the U22 Women's box championships (Regina, SK), Team Alberta (made up of athletes from all 7 RMLL major female division teams) won the Carol Patterson Trophy as Canadian champions! This is back-to-back championships for Alberta. Congratulations to head coach Robin Finley, all of the players, coaches, and managers.

At the President's Cup (Ladner, BC), the Edmonton Miners won the silver medal.

The MacDonald Cup (Western Canadian JrB Tier II invitational tournament) was hosted in Brooks by the Southern Alberta Chaos. It had five teams from Alberta and Saskatchewan, it was disappointing that there were no BC teams even though they hosted in 2023. The caliber of play was extremely high. In addition, there was an opportunity for NLL scouting of referees, so the calibre of refs was extremely high. The combination of players and refs meant that there was only one disciplinary suspension that flowed out of the tournament. Lakeland Heat won the silver medal, Southern Alberta Chaos won the bronze, and the Calgary Wranglers also participated.

Going forward, the RMLL Executive is holding an in-person retreat on October 25-27. The AGM and division-planning meetings will be held in-person in Calgary on November 29-30.