

# TEAM ALBERTA LACROSSE



## U22 FEMALE BOX HEAD COACH

### ABOUT ROBIN

Robin recently led Team Alberta to back-to-back U22 National Titles including Alberta's first ever female box lacrosse gold medal in 2023 U22. In 2024 U22 Team Alberta went undefeated throughout the event. Robin is a fixture in the Alberta lacrosse community with 45 years experience including, 30 years coaching and 16 exclusively coaching female athletes. He is a founding member of Fury Lacrosse (all female minor lacrosse association) and remains their Director of Coaching as well as the General Manager and Head Coach of the Junior Female Silvertips. This will be his fifth time leading Team Alberta at the Nationals including nationals in Calgary, Halifax and Regina.

Robin's strengths as a coach include a strong technical aptitude, strategic thinking along with the ability to quickly implement and develop culture in a trusting team environment. He believes in life lessons through sport and that coaching female athletes is a true privilege. He is an effective communicator who clearly sets expectations and has become renowned for his legendary pregame dressing room speeches that escalate as the stakes rise.

Robin simply describes his coaching philosophy as respect, effort and enthusiasm. He commits to treating his players with respect as athletes and young women. He commits to being prepared for every practice, game and team event putting in the effort to achieve team goals.

He brings enthusiasm and relentless energy to everything he does, the game has to be fun, and you always get more from players who love coming to the rink. Lacrosse should be the best part of every day.

In exchange for bringing respect, effort and enthusiasm, Robin strives to earn these in return. He looks forward to leading U22 Team Alberta to a threepeat this summer while defending their 2023 and 2024 championships.