



**Alberta Lacrosse Association**  
**Re: Interim President Report - 2021**  
**Date: 24-Sept-2021**

Hello BoD,

I don't have much in the way of context for what a "normal" year is like for an ALA Executive, but my sincere hope is that it is very different from what has transpired in 2021. I'm working on the assumption that this is not a normal year.

As we all know, COVID-19 has been a rollercoaster for all sports including lacrosse. As it happened, we caught some steam heading into the 2021 season and while not a fully realized season, Return-to-Play initiatives were able to push forth throughout the province.

Some amazing efforts were put forward by our lacrosse volunteers throughout the province as each of them battled various circumstance to get our athletes on the floor in some capacity (see Appendix A – attached separately). This effort should be applauded, emulated, and replicated for the 2021 Winter Season and beyond. We must reinvest ourselves into the matter of getting our lacrosse athletes back on the floor in full force for 2022!

Operationally, to my knowledge this has been an unprecedented year in terms of Executive turn-over due to resignations. The ALA Executive lost its President, Director of Administration, Director of High Performance, and Director of Development to resignations.

Two of these terms were due for re-election in November 2021 (Director of Administration and Director of Development), and I have it on good authority that neither were going to let their names stand so the inevitable was simply announced a little early. The other two were at the start of their term (President), and half-way through their term (Director of High Performance) and so their losses are regrettable. All 4 positions will need to be filled at the 2021 AGM.

Further, the ALA lost their long-time Executive Director, Lisa Smith, to a related but nonetheless different opportunity. Lisa was for me, an invaluable resource as she guided and assisted me, first in my role as Director of Marketing and Communications as it relates to navigating the political structure of the ALA Board of Directors, and then later in my role as Interim President. Lisa continues to consult for the ALA in a general capacity on several matters.

In her absence, Dallas Smith was offered, and accepted, the role of Interim Executive Director in addition to his responsibilities as head coach of the Team Alberta girls box team. Dallas has previous experience in the role of Executive Director and to date his performance can only be described as exemplary, particularly under these challenging circumstances.

Looking forward, the ALA at large is undoubtedly facing one of the most critical times in Alberta lacrosse history, a time that will consist of arduous challenges and contentious issues.



Personally, I view the ALA's priorities to be generally categorized into what I refer to as the 3R's – Retention, Recovery, and Recruitment. Retention of existing players; recovery of lost players (i.e., players lost since the start of the pandemic); and recruitment of new players.

Of the 3R's, recovery and retention must surely be the top priority. All available resources should be dedicated to engaging with these two user groups in the short-term (next 24 months), with the baseline reference of success being measured as a recovery of registration numbers relative to 2019.

It is part of my hope that the strategies and tactics employed to achieve this measure of success are brainstormed, refined, and solidified at the September ALA Board meeting in such a way that the LGB's are working in a collaborative fashion, sharing ideas, implementation strategies, and even resources to ensure this outcome provincial-wide.

Beyond that there are at least four, but likely more, mission critical matters before us. I would characterize those as hiring a new Executive Director who has a vision for where the ALA should go; the adoption and implementation of the LTAD recommendations in alignment with LC; forging innovative policies and partnerships with athlete development groups that live outside the traditional in-season playing model; and finally, finding new ways to assist and strengthen our relationship with our most, and arguably only, mission critical partner, the ALRA.

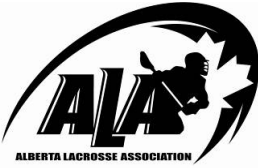
Achieving these outcomes will require not just a conscientious effort from all of our great volunteers throughout the governing body verticals, but also an unprecedented level of collaboration, communication, and transparency among the ALA Board of Directors.

If success is indeed defined as recovery to our 2019 registration numbers, then we must be unified in our efforts if we hope to get there.

Sincerely,

John Kilbride  
Interim President / Director of Marketing & Communications  
Alberta Lacrosse Association

Appendix A: By The Numbers



## ALA 2020 - 2021 Financial Report to the ALA Board 2021

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### **Statement of Financial Position**

Review of the Statement of Financial Position indicates total Cash of \$481,339. Cash has increased by \$129,342 since the report of August 31, 2020. This cash was increased primarily due to credit card balances not yet paid, deferred income & operational surplus. With the collection of Accounts Receivable (100%) we will have a further \$120,167 in cash.

The Accounts Receivables are at \$120,167 which is \$54,137 more than reported August 31, 2020. This increase is largely due to delay in invoicing to allow more players to register. We currently ***do have a couple of concerns*** related to our Accounts Receivable but have sent more notices in an effort to collect. Reminders have been sent out for all amounts and Members have been reminded that if they be at 90 days or greater they are deemed "Members Not in Good Standing". We have arrangements on some amounts outstanding, which we are pleased with. Of the \$120,167 outstanding, \$4,982 has been collected by September 14, 2021 but additional collection prior to the AGM is anticipated.

Accrued Accounts Receivable of \$316 is the Interest Accrual on our \$150,000 GIC at RBC.

The Prepaid Expense & Deposits on Account of \$48,192 is deposits for floor rental regarding Team Alberta and \$2,000 for our AGM to Convention Center.

Accounts Payable is at \$344. This is an increase from August 31, 2020 of \$119.

Accrued Liabilities are at \$5,490 which is made up of YE Accounting Fees to be paid.

At August 31, 2021 we have \$73,694 outstanding on our Credit Cards. This is an increase of \$34,265 from August 31, 2020. As of September 14, 2021, we have \$74,117 owing on our credit cards. In reality the "true credit card" balance is \$14,117 as \$60,000 is the Government of Canada line of credit due to COVID-19.

### **Deferred Contributions**

The Deferred Income reflects the Lacrosse Canada Grant of \$30,000, Canada Legacy Fund of \$15,000 and Canada Games payment received but is for 2021–2022. This total amount is \$142,221 and is \$124,234 more than what we reported at August 31, 2020.

The Deferred Casino Income reflects the Casino funds we have received but will be spent from 2021–2022. This amount is \$1,332 and is \$45,553 less than what we reported at August 31, 2020.

It should be noted that our next Casino will not occur till 2022.

You will note in reviewing the Statements that the Payroll Source Deductions for August 2021 are outstanding, but these were fully paid in September 2021.

### **Net Assets**

Finally, you will note that Team Alberta Restricted funds are at \$49,030 and that Members Equity is currently at \$323,958 which takes into consideration the current operating surplus of \$62,946. Members Unrestricted Net Assets have decreased by \$49,828 since last year due to the Prepaids for Team Alberta.

### **Statement of Operations**

This statement indicates operations ran at a surplus of \$61,700 for the period of September 1, 2020 to August 31, 2021.

A Statement of Operations comparing last fiscal year to the fiscal year just past, indicates that we increased our net income by \$234,337 for the same period year over year, operationally.

### **Budget vs. Actual**

In this package, you will find a detailed Budget Package which gives you “line by line” comparisons and the recommended Budget for the next Fiscal Year.

If you have any questions on the financials or the budget I will be happy to discuss that with you.

Respectfully submitted,

Gregory Hartzler  
Hartzler Enterprises Inc.  
*for the Director of Administration*

Though it came with many challenges, 2021 has been a successful year for the Team Alberta program. Thanks largely in part to the efforts of all the Team Alberta coaches, the program was able to provide an exciting opportunity for Alberta lacrosse players this year. The opportunity to participate in the Canada Summer Games is a once in a lifetime opportunity and I am thankful for the countless hours of work by all involved who have helped us get to this point. Some highlights from the summer:

#### 17U Female

The 17U Female group had 56 registrants for try-outs over a two-day period, in which the team selected a final roster of 18 (16 runners and 2 goalies) as well as 8 redshirt players. The team have had 11 practices thus far along with 1 scrimmage. From Coach Dallas Smith, "I know the players and the parent group are extremely excited to be able to train year-round for lacrosse with Team Alberta and are excited to be part of the first female lacrosse group to ever attend the Canada Games."

#### 17U Male

The 17U Male group had 163 registrants for the open evaluation weekend. The team followed that weekend up by cutting down to 57 and hosting an invitational camp in which they chose a training roster of 30 to train with throughout the year and the team will form the final roster next year. The male group has had 2 practices thus far.

I wish the next High Performance Director all the best and I am excited to see how the Team AB program continues to develop. I believe that there are a lot of passionate individuals currently on the board and executive of the ALA and I hope that they continue to strive to lead with the purpose of serving the players and their families. I think the pandemic has been a trying time for many organizations and I believe it highlighted some issues within the board and executive that will need to continue to be worked on over the next few years. Communication and cohesiveness are key elements to any successful board and currently there is work to be done on both these fronts. I wish the board and executive all the best and am appreciative of the time that we had to work together.

Jesse Fehr

**Alberta Lacrosse Association  
BOD Meeting  
September 24/25, 2021**

**ALA Director of Development: Shawn Cable**

Year three in my position as ALA Director of Development was again an interesting one, considering the worldwide pandemic continued and as a result only allowing a partial box and field season. As I sit down to reflect on the last 12 months as Director of Development, I admit I am finding it difficult to find the appropriate words to describe my experience.

The start-up of the U17 league was once again unable to get underway, which I believe is an enormous disappointment for these young lacrosse players. These players have now missed the majority of 3 years of lacrosse which is a shame as the league was going to be an exciting addition to their early lacrosse careers.

The ALA has continued to make efforts to work on an action plan to address the coaching certification process in an attempt to bridge that gap and make the certification process more streamline.

Working together with the ALRA has continued to be tremendously challenging. In my opinion, the small positive steps we had started to take in 2019 year 1 of my role appear to now be going in reverse due to challenges the ALRA seems to continually be facing. It has become increasingly apparent that issues are arising due to some of the ALRA's members and their ability to support 'back to play initiatives'. These consistent barriers that seem to be placed on the league are very troublesome with the thought of attempting to move into a full season in 2022. Hopefully all groups involved, as well as the new leadership group coming in, can assist with some existing issues like retention, which I think is very negatively impacting any positive advancement. I believe more emphasise needs to be placed on working together with the rest of the board and members at large on the framework for evaluations and mentorship. More specifically, for how they develop new referees and promote experienced ones going back to National tournaments as such.

Further observations of the last 12 months as Director of Development, is the issue of leadership and overall general conduct amongst this Board, including executive members which I believe the members at large should be made aware of. Within my role, I believe the disfunction within the Board couldn't be made more obvious. Within only a 12-month time span, the Board has had 4 different presidents: 1 outgoing president, 1 voted in president who quite after 4 months and 2 default presidents pursuant to the bylaws. Having this continuous and ever revolving change in leadership, within such a short timeframe, should make it very clear to most that there are issues amongst the board.

In the last 6 months since our latest interim president was placed there hasn't been one executive meeting and only 1 BOD meeting (being June of this year) before this upcoming weekend. My understanding of the bylaws is that we are intended to work in a democracy not in silos. I also understand that decisions made are meant to be made collectively and for the greater good of the game, not for personal agendas. We lost an extremely valued and well-respected ED of 20 years in her role during this 12-month period. Since that time and over the last 4 months, we seem to have had no understanding of what the process has been to replace her and a timeline of when that may happen. Additionally, more than qualified

applicants have submitted resumes without any correspondence from the hiring committee in 4 months of the process.

As one of only 2 executive members that fulfilled their term, this is deeply concerning about the future of the ALA. As per my comments in the June BOD meeting, this process has clashed with our bylaws as it relates to the process and forming the committee. Decisions were arbitrarily overturned by an interim president, despite that the majority of recommendations and votes of the executive at the time.

During the last 12 months, the ALA has had to spent members funds during a trying time, to fight lawsuits in regard to how information of board members is shared. This brought on a new code of conduct to be professionally drafted. Puzzlingly, a member had an issue with this document and prevented the rest of the board from moving past for almost a year on this topic so we could have constructive conversations. Conversations that needed to happen such as of getting our players, coaches, and referees back on the floor when restrictions were lifted at the start of last season. My understanding is this member now wants to be nominated for president of this board which is deeply alarming, and I think would be to the detriment of the Board.

I have seen this province come a long way in the last 20 years since moving to Alberta, to pursue my Professional lacrosse career. This is what was a motivating factor in my wanting to give back to the game that has given me so much. Unfortunately, my experience on this Board has left a soured taste in my mouth and made me question if this is the right avenue for myself to help the play on the floor. I do not want to continue to partake in anything where their priority is not seeming to be advancing the game and working on issues like grass roots and retention, rather than playing politics. This is mostly a minor sport board that should have no place for that.

With everything said, I will not be putting my name forward and the Board can consider this Report as my resignation. I feel there are much better and more productive ways for me to influence this great game moving forward. I thank the members that are here for the right reasons as I do believe there are individuals that like me, want what is best for the ALA and its members. I also hope this feedback can start a well needed conversation about the contribution's others are making and how to maybe resolve it for the best interest of the ALRA and ALA.

The turnover has been increasingly alarming for voted in positions in comparison to zone representatives. I hope the upcoming weekend brings on change in a positive way and ALA can find positive members to contribute to this Board as it looks like another brand-new executive will be formed.

Shawn Cable  
Outgoing ALA Director of Development



Annual Report of the RMLL President  
Duane Bratt  
September 2021

The RMLL had a two-month return to play season. Between mid-June and mid-August all divisions played some sort of season. Overall our retention was really high from 2019 (the last full season) with 77% overall (91% at junior males) retention from 2019. The lowest levels were Sr B & C and our Jr/Sr Women's divisions.

July 16, 2021 Final						
	Registered to a 2019 Team End of Season	# of 2019 AB Teams	RAMP Registered 30-Mar-20	# of 2020 AB Teams	RAMP Registered 16-Jul-21	# of 2021 AB Teams
Jr. Male	814	34	563	33	744	34
Jr. Ladies	164	7	132	7	131	7
Sr. Male	438	14	153	14	265	14
Sr. Women	97	5	27	5	35	5
<b>Total</b>	<b>1513</b>	<b>60</b>	<b>875</b>	<b>59</b>	<b>1175</b>	<b>60</b>

There were a few COVID outbreaks that led to player/coach/ref quarantines and some game cancellations. There were also cancellations by teams that were overly optimistic about the commitment of their players. Nevertheless, our players got mostly a “real” season. A real highlight was a mid-August JrA crossover with all four teams and a JrB Tier II crossover with 8 teams (including from BC and Saskatchewan) held at the Cochrane Spray Lakes facility. Another highlight was the SrB division which was stacked with talent.

The teams, officials, volunteers all put together this season on very short notice. There was also a great spirit of cooperation. The level of play was spotty at first, but gradually increased. There were also a number of discipline issues; resembling a real season!

Going forward, the RMLL Executive is holding an in-person retreat October 2-3. The AGM will be held virtually on November 21. There will be division-planning meetings done virtually throughout the Fall.





ALA BOD,

The 2021 season was another difficult year for all our Associations. With no 2020 and 2021 seasons in our league, all of our associations ran at a deficit budget. Only one of our Associations had enough interest to run a Return to Play Program, that had players from throughout the league participate on.

We are hoping that the fears of the unknown and what COVID-19 has already brought us, will be over for the upcoming 2022 Season. We will be trying to start some winter programing and hopeful that some of our players will return to the game.

The Wheatland BOD knows that there will be lots of work ahead in the coming 6 months and longer to retain and gain as many players as possible. This will be a year where we may have to restructure some of our league (by combining towns) in order to maintain a league for the coming years.

Overall, Wheatland is hopeful and optimistic that we can have a successful season in the 2022, with kids smiling at the rink again.

*Mike Groves*

President – Wheatland Lacrosse Association



2021 was another Covid affected season, for the GELC and its member organizations. All clubs were engaged in planning for the upcoming season, each facing new difficulties with registering players and finding coaches due to the pandemic. I would like to commend the Titans organization who went full bore ahead and did a great job of recruiting and retaining players. After we were shut down in late March, we had no idea what kind of season we would be able to host. The decision of the board was to leave it up to each club to get sanctioned for any activities, 7 clubs pursued activity, The Posse had a one-day event, The Rams and Rebels did in club programming, The Titans, Raiders, Crush, and Blues played a series of exhibition games against each other. Hats off to the Titans Scheduler Amber Keller who worked along with the coordinators in the other clubs to get exhibition games underway. Clubs who did not do anything after we could return to play supported their players in releasing them to clubs doing programming for the short return to play.

These exhibition games were a much-needed positive Lacrosse experience, we would like to thank the ALRA for their support.

We held two successful days of Community Box outdoor on floor sessions to get coaches trained at Community Box, we only had a very few coaches over the last two years take Competitive Introduction and many of them need their on-floor sessions to complete the training.

In July the GELC decided to pursue some winter lacrosse 4x4 league programming from u10 thru u16, our registration numbers are growing each day, with a deadline of September 15<sup>th</sup> for registration, we are hoping for support in the coaching of this winter league coming from our area RMLL teams and interested parents. The goal is one game a week for 14 weeks on either Saturday or Sunday afternoons, .One of the issues that is coming from parents, is that the programming is in Beaumont and Leduc, but parents want programming in their local communities, Soccer appears to have a hold on available floors in most communities.

As an organization financially we have received the Canadian Wage Subsidy and rent subsidy, the Provincial restart grant of \$30,000, a \$2500.00 grant from the Makeadiff Sports organization to assist with administrative costs. We are awaiting news on a Jumpstart \$15,000 grant as well.

Our Executive Director Donna Haggstrom has moved to part time employment with us starting on September 1, she will be working 15 hours a week approximately, we will be looking for a replacement sometime in the next few months. Donna and the Executive will be working on a job posting

Best,

Sean Aggus

President, Greater Edmonton Lacrosse Council

Cc: GELC Board



## CALL President's Report

September 8, 2021

Greetings from the Central Alberta Lacrosse League! We know that the last two Box Seasons have been less than ideal, but we are hopeful (I feel that I'm repeating myself each year now...) for the next year, and that a full lacrosse season will be able to be enjoyed by our players, our families and our many fans.

Within CALL, our 2021 season was being constantly interrupted with covid shut downs, changing AHS protocols and ever changing interpretations within individual municipalities. Some clubs were able to hold practices, while others had their arenas shut down as they were hitting the floor. Frustrations were extremely high, but our Club Volunteers (Coaches, managers, board members and the like) strived to keep sticks in hands, despite the challenges. We salute those members who brought their A games to our B league and hope to see all return for the next season.

As for our 2021 season recap, we saw all teams who were wanting to participate, compete in at least two games on the final weekends of June. It was certainly not the season we had hoped for, but with the help of our ALRA members, we were able to get some game action for these kids before the end of the school year. We also had teams from the Red Deer Orangemen and Lacoka Gators participate in the Alberta Field Lacrosse Association games throughout the summer, and we are grateful for these many volunteers and their time given.

Moving forward, CALL is hosting a Winter Camp in Red Deer starting in October and running into December. We have spots available for players born between 2005-2012, with several of our coaches from NAIG, Summer Games, and Team Alberta on the floor.

Our CALL AGM will be held in late October, where we will be holding elections for all posts, to conform with our new Bylaws, which have received approval from AGLC and Alberta Societies. We will also be making slight amendments, most particularly to our Executive Term length for the Past President position, solidifying it as a "mentorship" role, non-voting, with a one year term expiration. Our hope is to meet in person for this AGM, but we have retained our Zoom subscription, and will hold our meeting online, if need be.

As CALL has always been a proponent of the LTAD models, we will be looking at offering some form of intermediate programming for those players, over the 16U age division, wishing to remain in minor. We always encourage players to move on to the next levels of competition both in Minor and in Major lacrosse, and hope that by having programming available (whether that be a more relaxed opportunity for overage participation, recreational programs, or others), we can keep these players in the game. We are flexible, as a small LGB, and our Club Presidents

usually know all their players by name, so we hope to have all players made aware of the many options available to them within this game.

We also have a great amount of enthusiasm to build the Female Lacrosse game throughout Central Alberta, and are lucky to have several champions of the game stepping up to create programming and opportunities for girls of all ages in our area. We are currently promoting the Fury Lacrosse/Sport Calgary initiative to encourage new players to try Lacrosse for a day. And have had discussions with clubs from GELC about possible day camps and exhibition play, similar to a “parity plus” type program, aimed at having girls only competition and learning opportunities.

All of these plans are both exciting and terrifying! With Covid still on the minds of us all, there is a bit of a cloud looming over all youth sport, and the exhaustion of our members, physically and mentally, has most definitely been felt. Our total registrations in 2019 were 1055 players (100 of which were female), while this 2021 season saw our participants drop to 729 (70 female). So we most definitely have our work (and cheerleading skills) cut out for us in order to rebuild going forward. But, with our truly cohesive CALL Executive, our ever-vigilant Club Presidents and Boards, we remain hopeful. (there’s that word again.)

Yours in the Spirit of Lacrosse,

Kim Smyth  
President-Central Alberta Lacrosse League



president@centralalbertalacrosse.com  
403-741-8262



## CDLA 2021 Season Report

This past season was supposed to be a 'normal' season as we all hoped the worst of the pandemic was behind us. What we got in return was probably one of the busiest seasons of all having to constantly reassess the impacts of the pandemic and change our programs accordingly.

CDLA clubs as a whole worked hard to provide our players with 'some sort of program'. Almost all our clubs setup indoor physically distanced programs in March or April. We were soon told to move outdoors, and our clubs followed suit. We then moved back indoors towards the end of the season. I hope this toll on our volunteers, parents and players hasn't been too much and that they return next season.

At the end of the season, things opened up and the CDLA ran a 'Lacrosse Relaunch' program. Our intent was to finish with a mini season that would create some momentum for next year. Here are the team numbers we had for this initiative.

	Fury	SC	Ax	Hn	Ok	Str	HR	Kn	Leth	M	All
6U											
8U					1	1				2	2
10U 1	2	1	1					1		3	5
10U 2		1	1	1	1	1	0	1		6	6
10U 3		1	1							2	2
12U A		1	1		1			1		4	4
12 U A2										0	0
12U B	5	2	1	1	1	1	1	1		8	13
12U C		1	2							3	3
14U A	3	1	1	1	1					4	7
14U B	2	2	1		1	1	1	2		8	10
14U C										0	0
16U A	4	1	1	1				1	1	5	9
16U B	3	2	1			1	0	1		5	8
16U C											0
	19	13	11	4	6	5	2	8	1	50	69

The Fury did a fantastic job at running programs and ending the year with an all female initiative. As you can see in the chart above, they had the most teams of any club!

The CDLA held a meeting in June to deal with some administrative aspects of the league as well as to discuss next season. The board was in full agreement that the priority for next season needs to be on marketing and promoting the sport in order to get people back. As such, the CDLA's submission for the Canada Games funding focuses on marketing and promotion with a suggestion that this possibly be the priority for all LGB's in the province.

Over the course of the season, the CDLA was able to obtain funding and grants from the following organizations to help keep the lights on for the organization:

- Calgary Roughnecks - \$24,500 for local club projects and ticket sales from last year
- Canadian Women in Sport – Gender Equity Initiative - \$1,000
- Alberta Gov't Small Business Initiatives Grant - \$30,000

Finally, we would like to acknowledge the contributions of Frank Natt in his years of serving as VP and President of the CDLA. Frank resigned as president in July and has moved to Montana where he is working for the local municipality as a safety coordinator. We wish him the best of luck.

Kevin Murray  
Executive Director



## **Presidents Report 2021**

Well 2021 was way better than 2020!

### **The Good**

SALA as a whole started practicing around the beginning of April with a clubs holding out until latter in the spring.

Once we were allowed to play games. We were All In. We managed to schedule 65 gms in over 7 weekends. It was great to see kids back on the floor and fans back in the stands. With the free agent rules for players, it allowed us to maximize the kids we had on the floor. Any child that wanted to play was found a team and got in the game.

Our few refs managed to keep their legs going over those 7 weekends and we can't thank them enough for all their dedication. Big thank you to Tyrel White for finding refs for all the games!

With several winter programs trying to go this winter we hope to keep sticks in the hands of kids until next spring.

### **The Bad**

SALA was down about 40% over 2019. So, it is going to take a massive effort over the winter to get kids and parents back thinking lacrosse. This will have to start with getting into as many schools as possible as soon as we are allowed to.

Sean Yeaman

SALA President





## Presidents Report – AFLA

As it was with all LGB's and Members of the ALA it was an interesting year. Although the initial seasons for Box were modified, we were hopeful that we would still be able to have some sort of a season in field.

Due to Low Registration Numbers and modified restrictions we decided to keep as much local as possible and limit travel.

As a result, we had inter Scrimmage games with local clubs and two "Festivals" where we all played games in Red Deer. The festivals were set up as a "Sticks in the Middle" Event where we mixed teams from all clubs.

The festivals were a success for this year.

We are planning on implementing League play next season, God and Government Willing.

It is Still my belief that non-Sanctioned Clubs continue to be the largest issue the ALA is facing in regard to registration numbers, we need to come up with a plan to work with these entities so that we can both be successful, or Offer programing to compete with what is being offered at there level.

The ALA needs to continue to work on their programming and offer programming for both Grass Roots and high-level Players.

Don Payne  
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Alberta Field Lacrosse Association  
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Web: <https://albertafieldlacrosse.net/>

**Field Lacrosse – Play OUTSIDE the Box!**

