



# Alberta Lacrosse Association

*Enhance character, community, and culture through lacrosse.*



## Prairie Cup

### PARENT CODE OF CONDUCT

The Prairie Cup Tournament is a development program. We work to develop all aspects of our athletes including their conduct in and outside of the game. To support this goal, Alberta Lacrosse expects players, coaches, managers, and parents participating in our program to demonstrate respect for others and the rules of the game; inclusiveness; fair play; and ethical conduct always in keeping with the Mission, Vision, and Values of the Alberta Lacrosse Association and the principles of True Sport Canada.

Alberta Lacrosse recognizes the critical role that parents play in supporting athletes. Parent conduct directly influences athlete conduct. For your athlete to get the most out of their experience playing in the Prairie Cup, and for everyone to enjoy our game, parents must agree to uphold the Alberta Lacrosse Code of Conduct.

### CODE OF CONDUCT

Be a role model:

- I will be a positive role model for my athlete.
- I will demonstrate high personal conduct standards.
- I understand that it is my responsibility to maintain my composure and self-control at all times.
- I will refrain from the use of recreational drugs, tobacco, alcohol, and/or vape products while in the presence of athletes or while at Prairie Cup practices, games, and events.

Respect others:

- I will refrain from criticizing athletes, coaches, and officials.
- I will not make comments or behave in ways that are abusive, offensive, racist, sexist, or otherwise belittling or demeaning to others.
- I will not use profane, insulting, harassing, or otherwise offensive language.
- I will accept the decisions of officials and show them respect.
- I will uphold the Alberta Lacrosse Association's Social Media policy which is designed to support respect in sport.

Respect for sport:

- I will not condone, permit, defend, or engage in actions, on or off the field/floor which are inconsistent with good sportsmanship.
- I will honour and respect the spirit and traditions of lacrosse.

Play fair:

- I will encourage clean, honest play. I will not directly or indirectly encourage my athlete to play in ways that might endanger the safety of others.
- I will know and obey the rules of the game in both letter and spirit.
- I will not support the use of performance-enhancing and/or prohibited substances and/or strategies.

Include everyone:

- I will help to create an environment where everyone feels welcome, respected, and valued,
- I will include everyone, regardless of creed, ethnicity, gender, sexual orientation or ability.
- I will conduct myself in ways that allow others to feel safe, comfortable, and engaged in our sport.



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**Keep it fun:**

- I understand that the focus of the Prairie Cup is player development and fun.
- I will not pressure my athlete to participate in the Prairie Cup Tournament if they do not wish to do so.
- I will not ridicule or berate my athlete for making mistakes or for performing poorly.
- I will maintain a positive attitude.
- I will find ways to show my appreciation to everyone who supports the game of lacrosse and makes gameplay possible.

**Protect the athlete:**

- I will promote the emotional and physical well-being of my athlete.
- I understand that it is the responsibility of Prairie Cups Athletic Therapy staff and/or another regulated health professional to determine the conditions for return to play should an athlete become injured. I will not encourage, or pressure an injured athlete, or Prairie Cup coaches to permit a return to play until appropriate medical clearance has been offered.

**Comply with the policies of the Alberta Lacrosse Association:**

- I accept the policies and procedures of the Alberta Lacrosse Association.
- I will follow the reasonable direction of Prairie Cup staff, and Alberta Lacrosse Association staff.
- I recognize I am an ambassador for lacrosse and the Alberta Lacrosse Association and, as such, must conduct myself to a high standard. I will act with integrity at all times, both on and off the playing floor/field.
- I refrain from any actions that might bring the sport of lacrosse or the Alberta Lacrosse Association into disrepute.
- If I disagree with a coaching or Prairie Cup program decision, I will speak to the team manager or the Prairie Cup Staff directly to express my views in a courteous, respectful manner. I will wait at least 24 hours after any or event or decision has been made before bringing a concern forward to allow for reflection and de-escalation of emotion (24 Hour Rule).
- I understand that it is my responsibility to ensure that any guests or family members associated with my athlete demonstrate respect for others and good sportsmanship at all Prairie Cup games and events.

I understand that I may be removed from a game, practice, or facility if I should behave in a manner deemed unacceptable by the coaches and staff, game officials or Prairie Cup program staff.

Parent Name (Printed):

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Parent Signature:

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Date:

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