



Alberta Lacrosse Association

Enhance character, community, and culture through lacrosse.



Prairie Cup

COACH/MANAGER CODE OF CONDUCT

The Prairie Cup is a player development program. We work to develop all aspects of our athletes including their conduct in and outside of the game. To support this goal, Alberta Lacrosse expects players, coaches, managers, and parents participating in our program to demonstrate respect for others and the rules of the game; inclusiveness; fair play; and ethical conduct at all times in keeping with the Mission, Vision, and Values of the Alberta Lacrosse Association and the principles of True Sport Canada.

It is a privilege to coach and/or manage the Prairie Cup. With privilege comes responsibilities. To participate in the Prairie Cup Lacrosse Tournament, coaches, and managers must agree to uphold the following Code of Conduct.

CODE OF CONDUCT

Be a role model:

- I will serve as a positive role model for the players on and off the playing field/floor.
- I will demonstrate high personal conduct standards.
- I understand that it is my responsibility to maintain my composure and self-control at all times.
- I will abstain from the use of recreational drugs, tobacco, alcohol, and/or vape products while in the presence of athletes or while at Prairie Cup practices, games, and events.

Respect others:

- I will communicate with players, coaches, officials, volunteers, parents, and spectators honestly, fairly and with respect.
- I will refrain from criticizing athletes, coaches, and officials.
- I will not make comments or behave in ways that are abusive, offensive, racist, sexist, or otherwise belittling or demeaning to others.
- I will not use profane, insulting, harassing, or otherwise offensive language.
- I will accept the decisions of officials and show them respect.
- I will uphold the Alberta Lacrosse Association's Social Media policy which is designed to support respect in sport.

Respect for sport:

- I will not condone, permit, defend, or engage in actions, on or off the field/floor which are inconsistent with good sportsmanship.
- I will honour and respect the spirit and traditions of lacrosse.

Play fair:

- I will encourage clean, honest play. I will not directly or indirectly encourage play that might endanger the safety of others.
- I will know and obey the rules of the game in both letter and spirit.
- I will comply with the requirements of the Canadian Center for Ethics in Sport (CCES) and will not support the use of performance-enhancing and/or prohibited substances and/or strategies.



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Include everyone:

- I will help to create an environment where everyone feels welcome, respected, and valued,
- I will include everyone, regardless of creed, ethnicity, gender, sexual orientation or ability.
- I will conduct myself in ways that allow others to feel safe, comfortable, and engaged in our sport.

Keep it fun:

- I will not ridicule or berate players for making mistakes or for performing poorly.
- I will maintain a positive attitude and look to make a positive difference, on the floor/field.
- I will protect players from practices such as hazing or rookie initiation.
- I will find ways to show my appreciation to everyone who supports the game of lacrosse and makes gameplay possible.
- I will look for opportunities to give back to the game and the lacrosse community.

Protect the athlete:

- I will take all reasonable steps to protect athlete physical and mental health.
- I will cooperate with regulated medical professionals in the overall management of the physical and mental health of the athletes I am working with.
- I understand that it is the responsibility of the Prairie Cups Athletic Therapy staff and/or another regulated health professional to determine the conditions for return to play should an athlete become injured. I will not encourage, or pressure an injured athlete, or their family to return to play until appropriate medical clearance has been offered.
- I will not condone or permit practices such as hazing or rookie initiation which have the potential to cause harm to an athlete.
- I will immediately report any suspicion of physical, psychological, or sexual abuse (and other situations when an athlete may require protection, such as neglect) to the authorities and advise the Prairie Cup Manager.

Comply with the policies of the Alberta Lacrosse Association

- I accept the policies and procedures of the Alberta Lacrosse Association.
- I will follow the reasonable direction of Prairie Cup program staff, and Alberta Lacrosse Association staff.
- I recognize I am an ambassador for lacrosse, the Alberta Lacrosse program, and the Alberta Lacrosse Association and, as such, must conduct myself to a high standard. I will act with integrity at all times, both on and off the playing floor/field.
- I refrain from any actions that might bring the sport of lacrosse or the Alberta Lacrosse Association into disrepute.

I understand that if I violate this Code of Conduct, I will be subject to consequences including removal from the Prairie Cup Team.

Coach Name (Printed):

Coach Signature:

Date:
