



Alberta Lacrosse Association
Enhance character, community, and culture through lacrosse.

How to Become a Lacrosse Coach

Step One

Get your NCCP number.

You can have multiple sports profiles under one NCCP number. If you already have an NCCP number, you do not need another. Skip to step two.

1. Go to www.coach.ca
2. Click on the red tab called The Locker.
3. Click on "Don't have an account"?
4. Check the box "I agree."
5. Check the box "I want to create a Locker account for access to my transcript, eLearning opportunities, to sign up for coaching events, and more!"

Remember to write down your NCCP number and password.

Step Two

Register for a coaching clinic.

Stay tuned to your Local Governing Body and the Alberta Lacrosse Association for upcoming coaching clinics. The Lacrosse Coaching Pathway coaches should follow is attached.

Lacrosse Coaching Pathway

An outline of a lacrosse coach's certification journey

Community Development

1. Prerequisite: Aged 16 years or older
2. Complete course

Then you will be TRAINED

Recommended by Alberta Lacrosse Association

Complete Coach Initiation in Sport, Safe Sport, and Mental Health in Sport eLearning modules*

Competition Introduction

1. Prerequisite- TRAINED status in Community Development
2. Complete course



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Then you will be IN-TRAINING

1. **Complete** the multi-sport eLearning module Make Ethical Decisions.
2. **Complete** multi-sport eLearning module Making Head Way.

Then you will be TRAINED

1. Complete Make Ethical Decisions Online Evaluation, have practice evaluated in-person by Coach Evaluator.

Then you will be CERTIFIED**

Competition Development

Prerequisite- CERTIFIED in Competition Introduction

1. Complete Competition Development Workshops 1 and 2 (offered by Lacrosse Canada), complete multi-sport modules
2. Coaching and Leading Effectively, Developing Athletic Abilities, Leading Drug-Free Sport, Prevention and Recovery from Injury, and Psychology of Performance.

Then you will be IN-TRAINING

1. Create a coaching portfolio that includes managing a lacrosse program, designing a lacrosse program, planning lacrosse practice, analyzing performance, supporting the competitive experience, self-assessments, and year-end evaluations.

Then you will be TRAINED.

1. Have two practices and one game evaluated by Coach Evaluator

Then you will be CERTIFIED

* Coaches of any level can complete several recommended online coaching courses anytime. Visit the 'Elearning' tab of your Locker account for a list and access.

* **Be sure to select 'Multi-sport' from the drop-down list.**

** **To maintain active status**, Certified coaches must accumulate professional development (PD) points each five-year cycle. For information on PD points, visit coach.ca/maintenance-certification.



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What can you coach with that certification?

Community Development	TRAINED	U11 U13
Competition Introduction	TRAINED	U15 U17 U19 Junior Senior
Competition Development	TRAINED or CERTIFIED	Team Canada Canada Games
Competition Introduction	CERTIFIED	National Competition

Note:

All Alberta Lacrosse Association coaches must have a clean criminal record check, including a vulnerable sector search.

[REGULATION 13 - BENCH PERSONNEL CERTIFICATIONS](#)