



*Professional Development &*  
MAINTAINING  
CERTIFICATION

# WHAT IS MY STATUS AS A COACH?

To determine your coaching status, create a profile on the Canadian Association of Coaches (CAC) web page known as “The Locker.”

[thelocker.coach.ca/account/login](https://thelocker.coach.ca/account/login)

This is your “official” coaching transcript for coach levels and tracking Professional Development points.

# MAINTAINING CERTIFICATION

All Competitive Introduction CERTIFIED coaches must maintain their certification status.

Coaches cannot compile Professional Development points before they are CERTIFIED.

Your transcript would show that your “Certified” status has not been renewed. Your sport determines what a coach must do to reinstate their “Certified” status.

## **HOW MANY PROFESSIONAL DEVELOPMENT POINTS DO I NEED?**

Competitive Introduction: Twenty (20) Points over Five (5) Years

Competitive Development: Thirty (30) Points over Five (5) Years

## **HOW TO ACCUMULATE POINTS?**

Events that are organized by the Canadian Association of Coaches, your National Sport Organization or Provincial Sport Organization, or Provincial Coaching Representative will advertise the number of PD points associated with the event.

# POINT SYSTEM

NCCP training or evaluation events are worth 5 points;

Non-NCCP events are worth 1 point for each hour they last, up to a maximum of 3 points;

“Active coaching” will give you 1 point per year;

Through “Self-directed learning” you can earn a maximum of 3 points per five-year PD cycle.

\*You cannot carry forward any points into the next cycle

# SPORT-SPECIFIC TRAINING

Clinics ran by the Alberta Lacrosse Association that qualify for PD points Clinics must be preapproved by ALA and entered into CAC prior to the event.

Example – NLL Coach Mentorship Clinics

Contact [coach@albertalacrosse.com](mailto:coach@albertalacrosse.com) for further information



# EVENTS AND WORKSHOPS

Annual Conferences like the Petro-Canada Sport Leadership;  
Guest Speakers or Coaching Presentations delivered live or by webinar like  
Podium Series Coaching Presentations;  
Skill Development Workshops or Modules;  
Mentorship Programs;  
Coaching Symposiums like the OSSA Coaching Symposium;  
Training Camps;  
Technical Safety Courses;  
Apprenticeship Programs.

# MULTI-SPORT TRAINING

Aboriginal Coach Modules

Empower

Fundamental Movement Skills

Making Ethical Decisions

Planning a Practice

Nutrition

Resistance Training

Teaching and Learning

Design a Basic Sport Program

Basic Mental Skills

Coaches Leading Effectively

Managing Conflict

Leading a Drug Free Sport

Develop Athletic Abilities

Prevention and Recovery

Psychology of Performance



# CERTIFIED IN TWO SPORTS?

If you are certified in two sports, accumulated points will apply to both sports. The number of points required to maintain certification will be determined by whichever sport requires the highest number of PD points.

If you are coaching, two teams in one season, for a single sport, the coach will not receive duplicate points for each team

# ACTIVE COACH DECLARATION

Have you coached this year?

Log into your profile in The Locker to complete the Active Coaching Declaration and earn one PD point. Click on “selfreport” under “certification”.

<https://thelocker.coach.ca/account/login>