



Alberta Lacrosse Association

Enhance character, community, and culture through lacrosse.



TEAM ALBERTA U19 WOMEN'S FIELD LACROSSE PROGRAM SCHEDULE

We are excited that after a delayed start, our Team Alberta U19 women's field lacrosse program is up and running and working toward a National Championship this August in Sherwood Park, Alberta.

TRY-OUTS

Saturday, May 14th
Calgary Soccer Centre, Calgary
11am – 1pm, 3:30 – 6pm

TRAINING DATES

Saturday, June 4th
Collicutt Centre, Red Deer
10am – 1pm, 2:30 – 5pm

Saturday, June 18th
Sister Annata Brockman School, Edmonton
10am – 1pm, 2:30 – 5pm

Saturday, July 16th
Collicutt Centre, Red Deer
10am – 1pm, 2:30 – 5pm

Saturday, July 23rd
Calgary Soccer Centre, Calgary
10am – 1pm, 2:30 – 5pm

Saturday, August 6th
Collicutt Centre, Red Deer
10am – 1pm, 2:30 – 5pm

Friday, August 12th – Sunday, August 14th
Sister Annata Brockman School, Edmonton
Friday 3pm – Sunday 3pm

COMPETITION DATES*

August 17th-19th
Sherwood Park, Strathcona County, AB
U19 Women's Field Lacrosse National Championships

**There is potential an additional competition date may be added. Games may also be part of training dates.*



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Team Alberta Player Eligibility:

- Players need to register to try-out, including players submitting film.
- Players must register as either a runner or goalie, but cannot register as both.
- Players must be registered and playing for a lacrosse club or team in the applicable sector that is under the jurisdiction of the Alberta Lacrosse Association (ALA) for the season in which Team Alberta is running.
- Players, Clubs, and Team Alberta coaches are strongly encouraged to work together to allow obligations athletes may have with their club team and their TAB team to be met. A workable balance is always achievable.
- If selected, players and parents are required to sign and adhere to the ALA Code of Conduct.
- Players are to follow the criteria and rules as set up by Lacrosse Canada.