

# 2022 ALA

## Tournament Guidelines

Welcome to the ALA Tournament Guide for 2022. We hope this guide helps you plan and execute your tournaments. If you have questions, please email us at [info@albertalacrosse.com](mailto:info@albertalacrosse.com)

ALA Tournament play (Invitational and Provincial Championships) will follow rules as set forth in the Lacrosse Canada Rulebook and the ALA Bylaws and Regulations.



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### **TOURNAMENT CHECKLIST**

1.  Club to set up tournament committee, including Tournament Chair and discipline committee
2.  Club to assure appropriate floor time can be secured
3.  Club to apply to the ALA for Tournament Sanction as per deadlines in ALA Regulations (prior to November 1<sup>st</sup>)
4.  After receiving confirmation of sanctioning, request assignment of Referee in Chief from ALRA
5.  Draft schedule based on floor time acquired (see Regulation 28 for details)
6.  Draft tournament package to circulate to interested teams – including fees, ALA rules, location, and hotels
7.  Promote tournament and recruit teams to attend
8.  Order trophies and awards and merchandise
9.  Schedule Volunteers – administrative volunteers, merchandise, gaming, and timekeepers
10.  Communicate tournament updates to teams attending- including ALA rules, sponsors, hotels, and restaurants
11.  Program printing, including tournament rules
12.  Assure ALA approved balls and game sheets are in stock
13.  Identify lead volunteers
14.  Develop an Emergency Action Plan for the tournament and circulate to teams attending
15.  Assure rosters are as per ALA Registration System and affiliations follow regulations (Regulation 28)
16.  Use media for promotion and results
17.  Assure team managers leave cell phone numbers for emergency contacts
18.  Submit Tournament Standing report, Discipline Log and game sheets to ALA Office within 48 hrs of completion of the tournament ([info@albertalacrosse.com](mailto:info@albertalacrosse.com))

**TEAM INFORMATION**

Teams are required to meet and adhere to ALA Regulations

Rosters are as per the ALA Registration System

Affiliations as per Regulation 28

Overaged Players are not permitted unless granted an exception from ALA Executive (written proof required)

- tournaments permitting overaged players without an exception will be fined \$750 per player

Players are required to be registered with the ALA; out of province players are not permitted on ALA teams

Coaches required to meet Lacrosse Canada minimum coaching standards

Trainers required to meet ALA requirements (Regulation 26)

Out of province teams required to have a valid travel permit

### **HOST RESPONSIBILITIES**

- The role of the **Tournament Chair** is to oversee the operations of the ALA Sanctioned Tournament by supervising registrations and ensuring ALA rules of play are followed.
- All hosting applicants must ensure that tournament rules as per ALA Regulations are sent out with the application forms. The rules are to comply with the Lacrosse Canada rulebook and ALA Bylaws and Regulation. All tournaments follow ALA Regulation 28 for game play. Failure to comply will result in a \$750.00 fine.
- All Hosts must clearly indicate the level of tournament to interested teams.
  - example - A, B Parity, B Tiered, C
- A completed schedule sent to the ALA ([info@albertalacrosse.com](mailto:info@albertalacrosse.com)) at least two weeks prior to the start of the first game of the tournament and to the ALRA RIC assigned to your tournament.
- The host organization will provide all arena officials. Only appointed officials will be permitted in the time box.
- Refer to on-site assigned ALRA RIC for questions regarding:
  - game rules interpretation
  - complaints regarding referee conduct
  - problems with timekeeping
- Ensure that game structure, overtime rules, and suspension guidelines as per ALA Regulation 28 have been posted in an accessible spot adjacent to the scoreboard.
- Scoresheets to be completed for all team players and bench personnel. If a team chooses to use stickers they need to be placed on all three copies.
- Request ALRA RIC to advise timekeeping officials that copies of scoresheet must be returned to registrar's desk.
- Upon completion of tournament, make sure the Discipline Chair ensures that the following information is sent to the ALA office within 48 hrs after the final game of the tournament.
  - all Game Sheets
  - Discipline Log and Committee Report

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- Upon competition of tournament, make sure the Tournament Chair ensures the Tournament Standing report is provided to the ALA office within 48 hrs after the final game of the tournament.
- The sale or provision of alcoholic beverages or spirits by the sponsoring club or hosting organization at any minor event sanctioned must be pre-approved by the ALA Office

### **GAME SHEETS**

Only ALA game sheets are to be used for all tournaments. ALA game sheets can be ordered through the ALA for a \$ 8.25 for packages of 15. As the game sheet is the legal record of the event, ensure it is filled out clearly and concisely.

Use the following procedures for game sheets:

- Number game sheets
- Players ordered numerically, according to sweaters
- Prepared 15 minutes prior to the scheduled game time
- Make available at the Host Table prior to each game
- Rosters are to maximum 18 runners and 2 goalies
- List all bench personnel
- Print first and last names of players
- Both referees sign game sheet at conclusion of game
- Report incidents to Host Chair
- Mark Team Captain and/or Assistants (Captain - 'C', Assistant - 'A').
- Approved affiliated players to be listed as "AP"
- Home team changes jerseys, if team colors are similar
- In situations where an organization has more than one team operating within an age category, clearly indicate which team the game sheet covers
- Referees will check the completed game sheet to ensure it is accurate. Only when the referees are sure the game sheet is complete and accurate, should they sign it. The accuracy of a game sheet is the responsibility of the referees. This includes but not limited to the number of players on the floor and bench personal on the bench.

## **DISCIPLINE PROCEDURES**

All infractions to be dealt with at the tournament.

“Match Penalty – Abuse of an Official” will automatically be a suspension until dealt with by the team’s LGB.

Major penalties are to be handled by the discipline committee. This committee will be made up of the Tournament Chair, RIC, and one other volunteer from the host committee. Please see ALA regulation 20 for automatic suspensions.

All 5-minute penalties and suspensions must be reported to the ALA Office within 48 hours. Email the ALA office - [info@albertalacrosse.com](mailto:info@albertalacrosse.com)

### **ALA SUSPENSION GUIDELINES – AS PER ALA REGULATION 21**

Everyone must realize that for our game to grow, we must deal with the players and bench personnel in a manner that will make it evident that any deviation from good sport conduct and the rules of the game will not be tolerated.

Suspensions are to be served consecutively (Tournament-League- Provincials), and for the team that the suspension was given.

The use of a suspended or ineligible player(s) will result in a forfeiture of the game plus a referral to ALA discipline.

### **SUSPENSION INFORMATION**

- See ALA Regulation 21 for details
- Players and/or Bench Personnel who have received penalties calling for suspensions will be dealt with at the earliest possible time following the game.
- The Discipline Committee will conduct such interviews as may be necessary and render a decision as to the length of a suspension.
- The result of any decision must be communicated to the suspended party and their coach at the tournament by the Discipline Chair.
- Teams who have person(s) serving suspension need to indicate their names on the game sheet.
- Suspensions levied by the Tournament Discipline Committee must be reported to the ALA within 24 hours



## **REFEREES AND GAME OFFICIALS**

All referees must be currently carded ALRA officials.

For Invitational Tournament play, the assigned Referee-in-Chief (RIC) will appoint referees for the approved competition.

Fees as per ALA Regulation 32.

ALRA Invoices are to be paid within 10 days of receipt of invoice.

## **GAME STRUCTURE**

### Schedule

- Maximum games allowed per team and / or player in a single day is 3
- Teams cannot be scheduled for more than 3 game in any given day, and need to have at least 2-hour break between each scheduled game

### Length of Games

- 6U - as per Lacrosse Canada Rulebook Option L
- 8U - games will be 3 fifteen-minute runtime periods, no clock stoppage (1 hr time allowance)
- 10U - games will be 3 fifteen-minute runtime periods, no clock stoppage (1 hr time allowance)
- 12U - games will be 2 fifteen-minute and 1 twenty-minute stop time periods, (1.25 hr time allowance)
- 14U and 16U - games will be 3 twenty-minute stop time periods (1.5 hr time allowance)

### Mercy Rule

- If a goal differential of 6 or more goals is present at any time during the game, at the next whistle to start play, the clock will run at straight time. If the goal differential is brought within 4 goals, the clock shall return to stop time at that time.

### Game Officials

- Timekeeper will be provided by the Home team
- Scorekeeper will be provided by the Visitor team
- Both teams will provide penalty box personnel

### Overtime

- In Round Robin there will be five-minute sudden victory periods until a goal is scored. There will be one-minute rest period between each five-minute period.
- In Medal games only as per Lacrosse Canada
  - Rule 20: exception is made to rest time between periods, which will be five minutes.

### Tie Breaker

- In the event of a tie in point standings in a competition, final standings shall be determined as follows:
  - If two teams are tied, the winner of the game or games between the two teams advances. If a tie still exists, the goal average formula listed below will be used.

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- If three or more teams are tied, and if one team has defeated the other teams with which it is tied after round robin play, the team shall advance.
- Otherwise, GOAL AVERAGE FORMULA: Only the goals scored in games between the tied teams are used in the goal average formula for tie breaking. Team with the highest ratio advances
- Otherwise, GOALS AVERAGE FORMULA: Only the goals scored in games between each other plus common opponents are used in the goal average for tie breaking. The team with the highest ratio advances.
- Otherwise, GOALS AGAINST FORMULA: Using goals for and against in all games played by the tied teams.

$$\frac{\text{GOALS FOR}}{\text{GOALS FOR} + \text{GOALS AGAINST}}$$

The formula is applied once to rank all tied teams

**COURTESY BETWEEN COMPETITORS**

Team management will not permit any of their players to enter the playing surface while any players from the previous game remain on the floor.

Any players entering the playing surface between scheduled games shall wear CSA approved helmets and facemask or will be subject to a fine as per ALA Regulations.

**PROTESTS**

To place an appeal, the appealing team must put a \$300 non-refundable bond forward.

The appeal must be made in writing and must be received no later than 30 minutes after the conclusion of the game.

If game conclusion time is missing from the game sheet the scheduled game time conclusion shall be used.

If the appeal is won the fee will be refunded.

If any game or portion thereof is to be replayed, the refund will be given after that conclusion.

**6U and 8U DIVISION**  
**INVITATIONAL TOURNAMENT GUIDELINES**

Game Play as per Lacrosse Canada Rulebook Option L.

All individual players to be recognized in the same way.

- example – trophies, medals, hats

Team achievement and performance not to be recognized

- example – no need for a victor lap with trophies.

Tournament competition structures are non-seeded, round-robin formats.

- no advancement to a playoff rounds or championship final
- no ratings structure in place

Remember, the focus at this age is about fun, simply playing the game, and skill development.

Affiliated played movement is not allowed.

3 and 4 year old participants are developmental.

Thank you for your understanding and cooperation with these tournament guidelines.

If you have inquiries, please email the ALA office ([info@albertalacrosse.com](mailto:info@albertalacrosse.com))