

Airdrie Minor Hockey Association

200 East Lake Crescent NE

PO Box 10218 Stn Main

Airdrie, AB T4Z 2HB

Date: \_\_\_\_\_\_

**Re: Breaking the 24 hour Rule**

To: \_\_\_\_\_\_\_

As mentioned to all families at the start of the season and in the Airdrie Minor Hockey Respect Matters Policy, Airdrie Minor Hockey Association members must adhere to the 24 hour rule.

*The 24 hour rule is a standard our association has put into play to prevent discussions that may be emotional in nature, such as playing time, positions, tactics, or general decisions, from happening immediately following a game or issue. It’s essentially a cool off period that removes emotion from the conversation which allows both parties to collect their thoughts prior to speaking about the events.*

(insert parent name), on (insert date and time of incident) you broke the 24 hour rule when you (insert details of the incident in question). Please be advised that breaking the 24 hour rule can result in disciplinary action, including a written warning and/or suspension.

Please refer to AMHA Respect Matters policy for additional information.

Sincerely,

(insert name)  
Head Coach/Manager

(insert team)