

	Title	U11
	Policy #	Divisional – 9.3
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	Owned By	Executive Committee

## 1.0 OVERVIEW

This document will give guidance for the U11 division and how it will operate throughout the season.

The U11 divisions primary focus is to continue to promote a fun approach to hockey through focusing on the development of skills and fostering a lifelong passion for the sport. The program is based on a curriculum that incorporates all the appropriate skills for the age level. The division is made up of age 9 and 10 year olds.

## 2.0 POLICY

2.1 At the U11 division, AMHA offers both a competitive stream and a city stream.

2.1.1 U11 Competitive teams will play in the Central Alberta Hockey League (CAHL).

2.1.2 U11 City teams will play other U11 City teams in an AMHA league.

2.2 Teams will be coached by volunteer/parent coaches.

2.3 Practices are shared with another team and are 60 minutes in length, except for Tier 1 they will be given 60 minutes of sole ice practice.

2.4 Games are played on full ice.

2.5 Games are 90 minutes stop time with no ice cleans for both CAHL and City.

2.6 In the event a game runs long, the referees may drop the clock at 5 minutes remaining down to 2 minutes.

## 3.0 COMPETITIVE

3.1 During evaluations the U11 players that choose to try out for the competitive U11 stream will be ranked and based on numbers placed on the tiered teams. Depending on the number of registrations every season AMHA will determine how many tiered teams they will enter into CAHL (Central Alberta Hockey League). CAHL will then complete a tiering

round to determine where each of our teams fall, anywhere from Tier 1 to Tier 6 generally.

- 3.2 Those players that ranked lower than the number of players needed to complete the competitive teams will be released to the AMHA U11 City league.
- 3.3 In the Competitive stream players will be expected to travel outside of Airdrie to games.
- 3.4 Competitive/CAHL teams can compete in tournaments outside of Airdrie.
- 3.5 For more information, game format, specific rules and regulations of the Central Alberta Hockey League (CAHL) please refer to their website: <http://cahlhockey.net/>

#### 4.0 CITY

- 4.1 During evaluations in October the U11 players that were released from the competitive stream and/or the players that choose to try out for the City U11 stream will be ranked and placed on parity teams.
- 4.2 Depending on the number of registrations every season will determine how many teams AMHA will create. The total teams will be divided into 2 groups – Blue City and Red City.
- 4.3 The AMHA U11 City teams will play against other AMHA U11 City teams within the same colour category.
- 4.4 City teams can participate in tournaments outside of Airdrie.

#### 5.0 CITY RULES and GAME FORMAT

Rules follow the Hockey Canada and Hockey Alberta Rules for U11 hockey.

- 5.1 Full ice.
- 5.2 5 min warm up to start the game.
- 5.3 Goaltenders – full gear required, not supplied by AMHA.
- 5.4 When goalies are not in net for a game, they can play out at the discretion of their coach, league and association.
- 5.5 In order to play out the goalie would also have to have full player equipment.
- 5.6 5 on 5 hockey, players may rotate through both forward and defence.
- 5.7 Scoring and penalties are recorded.
- 5.8 Officials are used for games.
- 5.9 Affiliations are allowed from the Red to Blue but no affiliations to Red.