



<b>Title</b>	<b>U13</b>
<b>Policy #</b>	Divisional – 9.4
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<b>Owned By</b>	Executive Committee

## 1.0 OVERVIEW

This document will give guidance for the U13 division and how it will operate throughout the season.

The U13 divisions focus is to continue to promote a fun approach to hockey through focusing on the development of skills and fostering a lifelong passion for the sport.

The division is made up of age 11 and 12 year old's.

## 2.0 POLICY

At the U13 division, AMHA offers AA, Competitive and a City stream.

- AA team(s) will play in the South-Central Alberta Hockey League (SCAHL).
- Competitive teams will play in the Central Alberta Hockey League (CAHL).
- City teams will play in the Rockies Hockey League (RHL).

### 2.1 AA TEAM(S) – SCAHL

2.1.1 Team(s) will be coached by a paid non-parent coach, if possible.

2.1.2 Practices are mainly sole ice practices, with the possibility of some shared practices for development and are 60 minutes in length, up to 3 per week.

2.1.3 Games are played on full ice.

2.1.4 Games are 2 hours 15 minutes stop time with two ice cleans.

2.1.5 No drop clock

2.1.6 Players choosing to try out for AA will be evaluated and chosen by the coaching staff. Once released they will move to the Competitive and/or City Evaluations.

2.1.7 For more information, game format, specific rules and regulations of the South-Central Alberta Hockey League (SCAHL) please refer to their website:  
<http://www.scahl.com/>

## 2.2 COMPETITIVE TEAMS – CAHL

2.2.1 Teams will be coached by volunteer/parent coaches.

2.2.2 Practices are ice max shared practices with another team and are 90 minutes in length (30mins - 1st team, 30mins - both teams, 30mins - 2nd team) 2 per week, expect for the Tier 1 team, they have 60 min sole ice practices.

2.2.3 Games are played on full ice.

2.2.4 Games are 2 hours stop time with one ice clean.

2.2.5 In the event a game runs long, the referees may drop the clock at 5 minutes remaining down to 2 minutes.

2.2.6 During evaluations the U13 players that choose to try out for the competitive U13 stream will be ranked and placed on tiered teams. Depending on the number of registrations every season AMHA will determine how many tiered teams they will enter into CAHL.

2.2.7 CAHL will then complete a tiering round to determine where each of our teams fall, anywhere from T1 to T6 generally.

2.2.8 Those players that ranked lower than the number of players needed to complete the teams will be released to the U13 RHL league evaluations.

2.2.9 In the Competitive stream players will be expected to travel outside of Airdrie to games.

2.2.10 Competitive/CAHL teams can compete in tournaments outside of Airdrie.

2.2.11 For more information, game format, specific rules and regulations of the Central Alberta Hockey League (CAHL) please refer to their website:  
<http://cahlhockey.net/>

## 2.3 CITY TEAMS – RHL

2.3.1 Teams will be coached by volunteer/parent coaches.

2.3.2 Practices are shared ice max practices with another team and are 90 minutes in length (30mins - 1st team, 30mins - both teams, 30mins - 2nd team) 2 per week.

- 2.2.3 Games are played on full ice.
- 2.2.4 Games are 1 hour 30 minutes stop time with no ice cleans.
- 2.2.5 In the event a game runs long, the referees may drop the clock at 5 minutes remaining down to 2 minutes.
- 2.2.6 During evaluations the U13 players that were released from the competitive stream or the players that choose to try out for the RHL/City U13 stream will be ranked and placed on parity teams.
- 2.2.7 Depending on the number of registrations every season will determine how many teams AMHA will create. The total teams will be divided into 2 or 3 groups: Mountain, Rockie Mountain, and Rockie (Blue/Purple/Red).
- 2.2.10 The RHL/City Teams will travel from Airdrie to Banff, Canmore, Chestermere, Cochrane, Foothills, Indus and Okotoks to compete.
- 2.2.11 For more information, game format, specific rules and regulations of the Rockies Hockey League (RHL) please refer to their website:  
<http://rockieshockeyleague.com/index.php>
- 2.2.12 RHL teams can participate in tournaments outside of Airdrie.

### 3.0 U13 RULES

Rules follow the Hockey Canada and Hockey Alberta Rules for U13 hockey and specific rules associated with the individual leagues – SCAHL, CAHL and RHL.