

	Title	Recreation
	Policy #	Divisional – 9.9
	Draft Date	June 22, 2020
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	Revised Date	January 7, 2022
	Owned By	Executive Committee

1.0 OVERVIEW

This document will give guidance for the Recreation league and how it will operate throughout the season.

The Recreation leagues primary focus is to provide a program to introduce hockey to players that may have never played before as well as those players who know how to play and are looking for a fun, low commitment option. The program is open to players aged 7 to 11-year-old.

2.0 POLICY

- 2.1 In the Recreation league, AMHA will create parity teams based on registration numbers, which may include players from all ages (7 to 11).
- 2.2 Teams will be coached by volunteer/parent coaches.
- 2.3 Practices/Games are shared with another team and are a total of 60 minutes in length, once a week.
- 2.4 Games are played on ½, ¾ or full ice.
- 2.5 No ice cleans.
- 2.6 One ice time per week excluding special event weekends/dates (i.e. Christmas, tournament weekends, etc.) starting in October and going until mid-March.

3.0 PRACTICE and GAME FORMAT

- 3.1 Rules loosely follow the Hockey Canada and Hockey Alberta Rules for hockey.
- 3.2 ½, ¾ or full ice will be used during the season. This can change throughout the season depending on how the coach wants to structure the ice times and the player's needs.

- 3.3 30 min practice followed by a 30 min game for each ice time and this may shift throughout the season.
- 3.4 Goaltenders – full gear required, supplied by AMHA.
- 3.5 Players can rotate through the Goaltender position throughout the season.
- 3.6 Players must be in full Hockey Alberta mandated player hockey equipment.
- 3.7 5 on 5 hockey, players may rotate through both forward and defence.
- 3.8 Scoring and penalties are not officially recorded.
- 3.9 No officials are used for games; assistant coaches can help to referee games.
- 4.0 Other
 - 4.1 Ice times at the beginning of the year will be used to evaluate the players, to divide them up onto parity teams.
 - 4.2 There will be social events planned throughout the season, such as: Halloween party, Christmas Party, skate with the Thunder or attend a Thunder Junior B game, etc.
 - 4.3 Each player will receive a Jersey that they can keep at the end of the season.