



Airdrie Minor Hockey Association

#AMHASafetyFirst
Office: 403 912-2680

Return to Play Policy - Significant Injury (not concussion)

To be followed when a player leaves the ice with serious injury or is removed for the duration of the icetime, at the discretion of the Team Safety Coach/Trainer, following an on-ice incident that results in injury.

CALL 911 if player is unconscious, has decreased consciousness, has a suspected neck/spine injury or life threatening injury.

1. Safety Coach/Trainer performs on-ice injury assessment and safely removes the player.
2. If injured, the player should return to the dressing room with Safety Coach and parent, or call 911 if unable to be removed from ice
3. Safety Coach/Trainer completes the **AMHA Injury Report** (addendum). Send a copy (photo) of it to AMHA Safety Coordinator (safetycoordinator@airdriehockey.com). The original stays with the injured athlete/parent.
4. Safety Coach/Trainer provides the **Return to Play** form to parents/player prior to leaving the rink.
5. Player sees a Physician and/or Health Care professional for assessment and treatment.
6. Either the player is injured or not
 - If, after visiting a medical professional, there is no injury requiring missed time, the player may return to team ice times UPON SUBMISSION OF COMPLETED **RETURN TO PLAY** FORM (or similar documentation) showing clearance from medical professional.
 - If, after visiting a medical professional, there is a significant injury then the player follows the treatment plan prescribed until cleared for return to full hockey activities. At the advice of a medical professional, the player may gradually return to play. When healed, the player may return to play UPON SUBMISSION OF COMPLETED **RETURN TO PLAY** FORM (or similar documentation)
7. Safety Coach/Trainer submits **Return to Play** form to AMHA Safety Coordinator email