



# Coach/Parent/Player Contract

## High Performance – AA Teams

### Coaching Staff

As your coaching staff for a - AA team within Airdrie Minor Hockey, we will do all we can to ensure that we treat each player with individual attention and respect while developing their individual skill set, self-esteem and love for the game of hockey. We take our role very seriously and will model the behaviour we expect from our players. We will promote the following through the season creating a team-first culture where each player is safe, motivated and keeps wanting to come back. The following will be the focus for the team this season:

- The health & safety of all players
- Providing effective guidance and hockey knowledge to the team
- Lead through commitment and attendance of all practices, games, tournaments and team functions unless unforeseen circumstances arise.
- Encourage players to take responsibility for their own behaviour and performance
- Provide a well-structured, challenging, organized plan for the team for the season's growth and development
- Ensure I am prepared and have a plan for all practices that develop the player and team positively
- Actively demonstrating sportsmanship, winning and losing as a team with dignity
- Show unwavering respect for the players, officials and opponents
- Ensure that we arrive at the arena, at the same time or before, we expect the players to arrive
- Commitment to always give 100% effort and enthusiasm to continue to improve at all time
- Recognizing that we are part of a team and can only succeed as a team

### Parents

As a parent, you play a very valuable role to our team. To ensure we're creating a team culture on and off the ice, we ask that all parents adhere to the following team and Airdrie Minor Hockey (AMHA) expectations.

- I will ensure that my player arrives to hockey practices and games at the requested time of the coach. I understand that any tardiness may result in a loss of their playing time.
- I will ensure that my player has all the required equipment for each ice time. I understand that if they don't have the required equipment, they may not be able to go on the ice.
- I will correspond proactively by email or text to the head coach or team manager when I know in advance that we have conflicts and my player will be absent to games/practices. I understand that not making the coach or manager aware of my players absence(s) could affect their ice time for an upcoming game.
- I understand that day of correspondence regarding absences should be restricted to sudden illness or family emergencies. When corresponding day of, please email/text/call both the head coach and team manager.
- I will adhere to the 24-hour rule when I have concerns/questions about positions, playing time or my players role on the team. I will not communicate with coaches directly at the rink. I will communicate firstly by email and understand the coach will return my communication within 24 hours. Until such a time that the coaches can be contacted, and the issue can be considered, I will remain positive in the stands.

- I will cheer for each member of the team and will not coach the team from the stands. I agree to stay away from the players bench unless asked.
- I will treat all parents, officials, coaches and players with respect. I understand that I am a representative of AMHA and the team. My family will conduct themselves in the spirit of fair play and sportsmanship.
- I understand that by not adhering to the above expectations, the coaching staff has the right to bring my behaviour to the attention of the AMHA Board of Directors which may affect my players role with the team.

**Players**

- Unless there are extenuating circumstances, I will attend all practices, games and other team functions.
- I will give 100% effort during all hockey practices, other training and games.
- I will be 100% committed to my hockey team. If I plan to be involved in another sport or school activity that will inhibit my ability to fully commit to the HP team, I will make this known to the head coach at the time of tryout.
- I will maintain a high level of fitness level so that I am able to compete at the elite hockey level required for and to avoid injury.
- I will be respectful and well behaved when participating in games and tournaments.
- I will adhere to the team dress code.

Each AMHA HP team is expected to have a parent meeting at the start of the season or even before the team is selected to make the parents aware of the High-Performance hockey commitment and costs required and then another team meeting once the team is formed. A member of every family is expected to attend the parent meetings. If a family cannot attend the meeting, it is expected that a member of the absent family contacts the head coach to understand the team rules and expectations. During the parent meeting the following are a list of possible topics that may be discussed:

- AMHA Coach/Parent/Player Contract
- Team volunteer positions
- Specific team rules and expectations
- Review proposed budget
- Vote on team fundraising
- Vote on Tournament options for the season

By signing this contract, you confirm that a parent member of your family has attended the team meeting or been in contact with the head coach to understand the team rules and expectations prior to the start of the season. The expectations of being a member of a HP team is demanding, but they are necessary to be fair to the coaching staff and other teammates who are willing to make the 100% commitment.

I agree to follow and abide by the team rules and guidelines that were discussed in the team meeting. Failure to honor this contract may result in disciplinary action.

HEAD COACH NAME/SIGNATURE \_\_\_\_\_

PARENT NAME/SIGNATURE \_\_\_\_\_

PARENT NAME/SIGNATURE \_\_\_\_\_

PLAYER NAME/SIGNATURE \_\_\_\_\_

DATE SIGNED \_\_\_\_\_