



AIRDRIE

RINGETTE

Team Assigned Goalie Coach Tasks

Requirements:

As part of the Airdrie Ringette Association Goalie Development Program and Goaltender Policy each team from U10 Step 3 to U19 will assign a coach or multiple coaches to share the role as the Team Goalie Coach. This will be an integral part of helping to develop the Airdrie Ringette Association (ARA) goaltenders.

Guidance for tasks throughout the season:

1. At the start of the season identify and designate a coach to volunteer as the Team Goalie Coach and advise the Director of Coach Development. Position can be shared amongst the assistant coaches as teams see fit.
2. Attend any webinars or training sessions hosted by ARA that are goalie specific
3. Highly recommend attending the ARA goalie training sessions when schedules allow-either on ice or viewing from stands.
4. U12 and Step 3: Schedule and track rotation of goalies for ALL games including league, exhibition and tournament game for the first half of season up to Dec 31 and second half of season after January 1.
5. Create goalie specific practice plans including warm ups, strength, agility with goalie specific skills. It is important that the goalie is not used for shooting practice - teams can use a shooter tutor as needed. The goalie will be involved in some of the team drills but will also have individual skills that they need to practice. See the resources on the ARA website. Work with the head coach to coordinate specific goalie drills and skater drills involving the goalie.
6. Work one on one with the goaltender(s) during practices and games.
7. Provide feedback and encouragement to the goalie before, during and after games.
8. When needed, make arrangements for an alternate goalie.
9. Communicate with other goalie coaches via the ARA Goalie Coach specific "Whats App" group.