



## **CURLING ALBERTA LAUNCHES EXCEL SKILLS CAMPS**

Curling Alberta is pleased to launch six new Excel Skills Camps, which will take place in multiple locations across the province this season. Aimed at U15 and U18 curlers who have not yet qualified for the Excel Team Program, these innovative one-day camps have been designed to help aspiring competitive curlers build the technical and tactical foundation required to support their ongoing development.

“We’re excited to expand the opportunities available to our young curlers, and that these camps will be available through our Excel Training Centres at Okotoks, Saville, and Grande Prairie,” says Executive Director, Jill Richard. “It’s very important to us to provide impassioned young athletes with exposure to top training and coaching, and to do so in a way that promotes accessibility.”

The Excel Skills Camps initiative will be coordinated by 2012 Scotties champion, Beth Iskiw, who brings tremendous experience and insight to her role. “In the past there has been a lack of quality instruction available to U15 and U18 curlers, and especially to those looking to take the next step,” she notes. “We are convinced that our new Excel Skills Camps will help to fill that gap, however, and we’re all really looking forward to getting started.”

Joining Beth on the Excel Skills Camps coaching staff are defending Scotties champion Dana Ferguson (Saville), Renee and Les Sonnenberg (Grande Prairie), as well as Penny Duncan and Allison Earl (Okotoks). In an effort to enhance the learning environment, each Excel Skills Camp coach will work with a maximum of eight curlers at a time and will follow a carefully developed and cutting-edge curriculum.

For more information on Curling Alberta’s new Excel Skills Camps, or to register, please [click here](#).