



EXCEL TEAM PROGRAM 2019-2020

WHO?

The Excel Team Program is aimed at Alberta's top young teams, meaning those with demonstrated potential to compete at the national and international levels. In 2019-2020 a total of 15 teams will be included (i.e., U18: 3 male & 3 female, U21: 3 male & 3 female, and U26: 1 male, 1 female, & 1 mixed doubles). These teams will qualify through the Excel Points Race, which incorporates results from both playdowns and tour events. To find out more about the Excel Points Race please [click here](#).

WHAT?

Curling Alberta's Excel Team Program provides identified teams with a stage-appropriate range of benefits designed to maximize their performance both now and in the future. These benefits include on-ice training sessions, game observations, sport science support, special competition opportunities, and more. To find out more about the specific benefits that we will make available at the U18, U21, and U26 levels, please [click here](#).

WHERE?

In an effort to make our programming as accessible as possible, Excel Training Centres have been established at the following venues: Okotoks Curling Club, Saville Community Sports Centre, and Grande Prairie Curling Centre. All of these regional centres feature superior playing conditions, are equipped with advanced performance technology, and are staffed by expert coaches. To find out more about our Excel Coaching Staff, please [click here](#).

WHEN?

To reach their potential Excel teams need to train regularly under the guidance of their team and program coaches. For many of our teams this training will take place in the after-school/after-work timeframe at the Excel Training Centre in their region. However, teams that are unable to attend for geographical reasons will be accommodated through special training days on selected weekends. To find out more about the specific schedule at each Excel Training Centre, please [click here](#).

WHY?

Alberta has a proud curling history, but our province's past accomplishments will not guarantee our future success. Curling Alberta has established the Excel Team Program to ensure that we remain Canada's dominant curling province for many years to come. By providing our top U18, U21, and U26 teams and coaches with innovative training and competition opportunities, we are proactively investing in Alberta's major champions of the future.

For more information please contact Excel Program Director,
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