



This video was created to assist our newer ALRA Officials in understanding the importance of a properly filled out game sheet and the steps to ensure that a game sheet is filled out correctly. As the game sheet is a legal document that the leagues will use as a reference for disciplinary action (if needed) it is vital that the game sheet is reviewed for any mistakes, and those mistakes corrected, prior to the Officials signing it and turning it back over to the teams. This video, and this supporting documentation, is welcomed to be used by any, and all, LGBs, clubs, and their volunteers that may feel this beneficial.

The video, although comprehensive, does not cover every possible situation however it should provide the necessary information for Officials/Minor Officials to be able to fill out a game sheet for the majority of minor lacrosse games throughout the province.

ALRA ALA Game Sheet Video Table of Contents and Times

- Introduction to the video > 0:00 – 0:25
- Introduction to an ALA game sheet > 0:26 – 1:03
- Top half of the game sheet > 1:04 – 1:39
- Bottom half of the game sheet > 1:40 – 1:59
- Date > 2:00 – 2:26
- Location > 2:27 – 3:00
- Level/Division > 3:01 – 3:37
- Game# > 3:38 – 4:03
- Home Team section > 4:04 – 4:46
 - o Home Team Players > 4:47 – 6:26
 - o Home Team Captains > 6:27 – 7:16 *#4 is labeled assistant captain, not #44
 - o Home Team Suspensions > 7:17 – 8:05
 - o Home Team Coaches > 8:06 – 8:45
- Visiting Team Section > 8:46 – 9:18
- Minor Officials (Off-Floor Volunteers) > 9:19 – 9:51
- Start Time > 9:52 – 10:16

- Visiting Team Goals > 9:52 – 10:41
- Home Team Goals > 10:42 – 10:56
- Visiting Team Penalties > 10:57 – 11:24
- Home Team Penalties > 11:25 – 11:39
- Visiting Team Goals Section (in detail) > 11:40 – 12:34
 - o Visiting team 1st goal with two assists > 12:35 – 13:26
- Home Team Goals Section > 13:26 – 13:28
 - o Home Team 1st goal with one assist > 13:29 – 14:03
 - o Home Team 2nd goal with no assists > 14:04 – 14:23
- Visiting Team Penalty Section (in detail) > 14:24 – 16:03
- Penalty Examples (note that the video mentions that there are acronyms on the back of the game sheet(s) however some newer game sheets do not have this feature, so we created a cheat sheet at the end of this document)
 - o Visiting Team 2 minute minor for Slashing – no goal scored by the Home Team during penalty time
 - o Home Team 2 minute minor for Holding – goal scored by the Visiting Team during penalty time > 17:33 – 18:59
 - o Visiting Team double 2 minute minor (4 minutes total) for Checking from Behind – no goals scored by the Home Team during the penalty time > 19:00 – 20:24
 - o Home Team double 2 minute minor (4 minutes total) for Checking from Behind – 1 goal scored by the Visiting Team during the first serving minor and 1 goal scored by the Visiting Team during the second serving minor penalty time > 20:25 – 22:39
 - o Visiting Team Coach 2 minute minor for a Bench Minor served by player – goal scored by the Home Team during the penalty time > 22:40 – 22:35
 - o Visiting Team 5 minute major for High Sticking – 1 goal scored by the Home team but the player is not released > 22:36 – 25:26
 - o Visiting Team 5 minute major for High Sticking – 1 goal scored by the Home team but the player is not released ... 2nd goal scored by the Home Team but the player is still not released as they need to serve their full penalty time ... player is released on the first dead-ball once their full time has been served > 25:27 – 27:49
 - o Visiting Team 2 minute minor for Unsportsmanlike Conduct – 5th penalty for player #44 therefore they are expelled from the game with another player having to serve the penalty for #44 > 27:50 – 28:45

- Home Team and Visiting Team 2 minute minors for each of them for Slashing – as these are minor penalties at the same time they do not cancel out and both are put on the clock, play restarts 4 on 4 > 28:46 – 29:26
 - Home Team 2 minute minor for Goaltender Interference (creates a 4 on 3 floor situation) – goal scored releases this penalty as it was the one that made the Home Team short-handed > 29:27 – 30:38
 - Home Team and Visiting Team 5 minute majors for each of them for Elbowing/Boarding respectively – as these are major penalties issued at the same time they do cancel out so they are not put on the clock, but must be recorded on the game sheet ... play restarts 5 on 5 > 30:39 – 32:13
 - Home Team and Visiting Team 5 minute majors and game misconducts for each of them for Fighting – as these are major penalties issued at the same time they do cancel out so they are not put on the clock, but must be recorded on the game sheet as with the game misconducts ... play restarts 5 on 5 > 32:14 – 33:01
 - Home Team 2 minute minor for Interference and 5 minute major for Face-masking – combined penalty for one player as there is no major penalty issued to the Visiting Team to cancel > 33:02 – 35:20
 - Home Team 5 minute major for Face-masking with Visiting Team 5 minute major for Face-masking and 2 minute minor for Unsportsmanlike Conduct during the same stoppage – the majors can cancel and then we need a different player from the Visiting Team to serve the 2 minute minor > 35:21 – 37:13
- Home Team calls Time-out > 38:35 – 39:15
 - End Time > 39:16 – 39:33
 - Post game game sheet responsibilities > 39:34 – 40:20

ALA Penalty Acronyms

2X5	2nd Major in the Game	FM	Facemasking	KN	Kneeing
ABO	Abuse of Officials	FOB	Falling on the Ball	LPBE	Leave Penalty Box Early
AGG	Aggressor	FI	Fighting	LPBE	Leaving Penalty Bench
BM	Bench Minor	GM	Game Misconduct	LB	Leaving the Bench
BDG	Boarding	GI	Goalie Interference	MP	Match Penalty
BST	Broken Stick	GRM	Gross Misconduct	M	Misconduct
BE	Butt End	HBH	Handling the Ball with Hands	PS	Penalty Shot
CHG	Charging	HB	Head Butt	PABO	Physical Abuse of an Official
CFB	Checking from Behind	HS	High Sticking	RO	Roughing
CIC	Checking in the Crease	HOL	Holding	SL	Slashing
CI	Crease Interference	HOS	Holding the Stick	SP	Spearing
CV	Crease Violation	HO	Hooking	3RD MAN	Third Man In
CC	Cross Checking	IE	Illegal Equipment	TS	Throwing the Stick
DOG	Delay of Game	IEG	Illegal Goalie Equipment	TMM	Too Many Men
ELB	Elbowing	INS	Instigator	TR	Tripping
EXP	Expulsion	INT	Interference	USC	Unsportsmanlike Conduct
		KP	Kicking Player	WA	Wrap Around

Coach: _____ signature: _____
 Coach/Trainer: _____ cert number: _____

Home/Color: North / White		GOALS				PENALTIES										
#	Player's Names	G	A	PIM	Pr	Time	Goal	Asst	Asst	Pr	#	Min	Reason	Off	Start	On
G	77	Aaron Bold														
G	-	-														
	2	Brett Mydske														
A	4	Kyle Rubisch														
	6	John Lintz														
	10	Riley Lowen														
	13	Jeff Cornwall														
C	16	Chris Corbeil														
	23	Jarret Davis														
	24	Ryan Dilks														
	27	Tyler Melnyk														
	33	John Lafontaine														
	42	Mark Matthews														
	47	Matt MacGrotty														
	61	Matthew Dinsdale														
	72	Adrian Sorichetti														
	79	Jeremy Thompson														
A	88	Zack Greer														
	90	Ben McIntosh														
	-	-														
Bench Penalties																
Game Totals																
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Coach: Derek Keenan signature: *Derek Keenan*
 Coach: Jimmy Quinlan signature: *Jimmy Quinlan*
 Coach: Jeff McComb signature: *Jeff McComb*
 Coach/Trainer: Leslie Ternes cert number: 1969874

Start Time: _____ End Time: _____ Referee 1: Level _____ Signature _____
 Timekeeper: Sean Smith Print Name _____ Referee 2: Level _____ Signature _____
 Scorekeeper: John Jones Print Name _____
 Phone #: 780-555-5555

Enter the starting goalie 1st, alternate goalie 2nd, the rest of the team in NUMERICAL order

White - League Yellow - Winning Team Pink - Losing Team